



Breakfast Menu Rye HS

7:30am-10:30am Service

Daily Breakfast Selections Include:

Hot Breakfast Items Offered on a Rotating Basis. Menu Subject to Change Due to Seasonal Availability of Ingredients.

Assorted Cereals (gluten free available) Small \$1.25 Large \$2.25
Cheerios, Apple Cheerios, Honey, Rice Chex and Rice Krispies

Cage Free Brown Eggs Made to Order
Omelet/Sandwich/Wrap \$3.50-\$4.50

RYE GARNET BAR \$2.50

Made from scratch granola bar with clean ingredients

Pancakes (2)/ Belgium Waffles (2)/ Challah Bread French Toast (1) \$3.00
Made to order

Yogurt Parfait \$4.25

Nut Free Granola Fresh Blueberries and/or Strawberries
Assorted Greek Yogurt \$2.25

Toasted Bagel Bar \$3.50+ Additional items

Made on site Veggie/Scallion Cream Cheese
Smoked Salmon/Lettuce/Tomato/Capers/Red Onion
Gluten Free Bread available for Toasting

Fresh Baked Muffins/Banana Bread Slice \$2.50

Fresh Baked Whole Grain Cider Donuts \$1.50

Made Fresh on site Over Night Oats

9oz/12oz available with our Fresh Fruit Toppings and Peanut Free Granola
\$3.25-\$4.25

Fresh Fruit Cup 9oz \$2.50
Pineapple, Strawberry, Melon, Grapes
Seasonal Whole Fruit \$1.00

Coffee, Tea, Decaf Coffee, Hot Chocolate and French Vanilla Iced Coffee Available
Small \$2.00/Large \$2.50 Ice Coffee: \$3.50

Fresh Smoothies made daily 12oz \$5.00

Menus Subject to Change: We try our best to serve our menus as posted; however, sometimes last-minute changes occur and supply chain issues. Please check with the cafe manager prior to the meal if you have any concerns.



Milk is antibiotic and hormone free

We offer

Skim, 1%,2%, Whole and Fat Free Chocolate Milk Price 8oz \$.75

Poland Spring 16oz Water \$1.50

Poland Spring Seltzer \$2.00

Naked Smoothie \$2.50-\$5.00

Tropicana 100% Juice 12oz \$2.75

Apple and Orange

OUR OWN OATMEAL BAR:

Quaker Oats with choice of toppings:
Granola, Chia/Flax Seed, Cinnamon Sugar,
Choc Chips, Brown Sugar/Agave \$3.00



Questions or Concerns contact:
Foodservice@ryeschools.org

To learn more about
mySchoolbucks.com, go to:
MySchoolbucks.com Parent Training Center

Please read the parent letter before using myschoolbucks.

To access your child's cafeteria account, click here:

www.myschoolbucks.com

Pay For Your Student's Meals Online!
QUICK & CONVENIENT

YOU CAN:
→ Set Up Recurring Payments
→ Track & Review Meal History
→ Create Low Balance Alerts
...and more!

SIGN UP NOW

Register for your mySchoolBucks FREE account!