



**2025 FALL ODYSSEY TRIP**  
**September 29 - October 1, 2025**  
**Packing List**

The weather in western Washington in late September can vary considerably. It is imperative that clothing / equipment is adequate and that you are prepared for whatever weather comes our way. With the proper equipment, the conditions can be enjoyable and safe. With improper equipment, they can be uncomfortable and possibly hazardous. Plan to be outside and active in a variety of conditions. The list below includes essential items you must include in your preparation. Please reach out with any questions about gear and packing!

This list may seem long, but a lot of this gear can be borrowed within your groups. Once the groups and leaders are set in late August, the leaders will help coordinate lending gear within the group. There are certain items you will have to provide for yourself - sources for gear: [REI](#), [Sierra Trading Post](#), [Wonderland Gear Exchange](#), [Navy Surplus](#), [Ascent Outdoors](#), [Goodwill](#), [Value Village](#), [Whistle Workwear](#), [Carhartt](#), [Play it Again Sports](#), [Costco](#), [Carhartt Reworked](#), [Patagonia Worn Wear](#).

- **A gear check will take place during advisory and/or lunchtime on **Thursday, September 25, 2025**.** Students will bring their gear to school to make sure they have what they need. The gear will then be stored on campus until departure.
  - SAAS will supply all stoves and other group gear. If you have extra backpacking gear or a tent, please consider lending your gear to your child's group.
  - Should your student need to borrow gear, please fill out this [form](#).

**WHAT TO BRING:**

The following gear is **mandatory**

- Backpacking Pack** or **Soft-Sided Duffle** (*we won't be hiking long distances, but you do need to be able to carry your gear up to a half a mile to your campsite*)
- Sleeping bag:** 30 degrees (or below) with a [compression stuff sack](#). Your bag can be down or synthetic, but not cotton. Be cautious with older sleeping bags that aren't as warm as their rating, as they lose insulation over time. Sleeping bag options: [SYNTHETIC](#) [DOWN](#). There are a finite number of school sleeping bags to borrow. *Optional:* inflatable pillow, sleeping bag liner.
- Sleeping pad** - Any style of sleeping pad used for camping, including folding or rolled [foam](#), or [inflatable](#).
- Wet-weather, **WATERPROOF Footwear** (Hiking boots, rain boots)
- Camp Shoes** (sneakers, crocs, trail runners/ durable sneakers)
- Small Daypack** (school backpack is sufficient!)
- Bowl, spoon, fork, cup/mug** with lid
- 1 water bottle** (1 liter)
- Medications** (prescription or over-the-counter—adult leaders cannot dispense medicine) and **personal first aid items** (aspirin, ibuprofen, band-aids, blister care).
- Flashlight** or **headlamp** w/extra batteries



- ❑ **2 large plastic garbage bags** (can be used for extra waterproofing and/or duffel organization)
- ❑ **Waterproof pants** - Gore-Tex, coated nylon, and waterproof ski parka/bibs are all options. Examples of REI rain [pants](#) and coated nylon [bibs](#)
- ❑ **Waterproof jacket**
- ❑ **Warm jackets** - Down, synthetic, or insulated canvas. Options that can be easily packed and compressed are ideal. Down [example](#). Synthetic [example](#). Canvas [example](#). (1 or 2 if your student tends to run cold)
- ❑ **Fleece or wool pants** - Warm (or layered) water-resistant pants or bibs suitable for outdoor activities in various weather conditions. Examples include: snow [pants](#) or [bibs](#), insulated [Carhatt](#), [insulated winter hiking pants](#), and [wool](#) pants
- ❑ **Long hiking pants** - 1 pair of synthetic (non cotton) long pants, “[quick dry](#)” are great, but [these](#) also work
- ❑ **Long underwear/base layers** (tops and bottoms) - Synthetic (usually some variety of Polypropylene) and/or merino wool. One top layer and one bottom layer of midweight and/or heavyweight rating. [Smartwool](#) is popular. [Under Armour](#) has cold-weather gear at a competitive price point. REI brand has several [options](#).
- ❑ **2-pairs of wool or synthetic** (non-cotton) **socks** [Example](#).
- ❑ **Warm hat** - fleece or wool
- ❑ **Sun hat** - baseball cap or similar
- ❑ **Fleece or wool gloves** (1-2 pairs) - [example](#)
- ❑ **1-pair shorts**
- ❑ **1 t-shirt**
- ❑ **Sunglasses**
- ❑ **Extra underwear**
- ❑ **Personal Toiletries.** Packing small and portable is best. Some favorite hygiene products are:
  - ❑ Hand sanitizer (two 3 oz bottles)
  - ❑ Personal wipes like [these](#), and [these](#).
  - ❑ Biodegradable [soap](#).
  - ❑ Small quick dry camp [towel](#).
  - ❑ Travel [sunscreen](#)
  - ❑ [Chapstick](#)
  - ❑ Travel [toothbrush](#)
  - ❑ Ear plugs (optional)

### **Group Gear needs:**

SAAS will be providing each group with the group camping equipment they need. This includes tents, cooking sets, stoves, tarps, etc. If you have extra backpacks, tents, sleeping bags, or sleeping pads that you could lend to your advisory, please let the advisor know.

### **SAAS Gear Library:**

The school does have a limited supply of backpacks, sleeping bags, ground pads, and a few other items. Please let your advisor know if you need to borrow any of these items, and we will make them



available to the extent that we have them. Please try to borrow as much as you can before requesting gear from SAAS as our supply is very limited.

**Food:**

Students should bring a sack lunch on the first day (Sep 29). Food will be provided for all other meals. Please make sure you reach out to the student's advisor with any allergies or dietary restrictions.

**DO NOT BRING:**

- **Cell phones**, or other electronics (*if brought, will be collected at the bus*)
- Alcohol/Drugs/Tobacco products
- Knives or hatchets
- Lighters
- Candy or junk food