

Mental Health Resources

FACE TO FACE



Mental Health Professionals available to all BCPS students on campus include:

- School Counselors
- Social Workers
- School Psychologists
- Family Therapists



Family Counseling Program

The Family Counseling Program provides free therapy to all students and families addressing academic, social and emotional issues. Family Therapists are available in every BCPS region.

For more information or to make an appointment, call **754-321-1590**.



Mental Health Supports & Resources

24-hour helplines available to speak to trained crisis counselors



Call or text 988



Mobile Response Team for Crisis: **954-463-0911**



Call 211 or text 89811

CALL/TEXT

Apps Available on Every Students' Clever Dashboard for Free Access



Guided mindful practices, strategies to increase peace & emotional regulation



TELL ANOTHER • LISTENING IS KEY

T.A.L.K. App: Connects students to a BCPS mental health professional

APPS

