Michigan City Area Schools 2025 Fall Elementary Menu

Office of Food Services • 1100 S. Woodland Ave. • Michigan City, IN 46360 • (219) 873-2131
www.mcas.k12.in.us/food • Britney Rodriguez, Director • Visit us on Facebook

All MCAS Students Receive Breakfast and Lunch at No Charge. All meals include low fat milk.

Cycle Week 1

MONDAY
Popcorn Chicken
Dinner Roll
Mashed Potatoes/Gravy
Corn
Sliced Peaches

TUESDAY
Turkey Sub
Sun Chips
Baby Carrots/
Cauliflower & Dip
Diced Pears

WEDNESDAY
Beef Hot Dog
Waffle Fries
Spicy Baked Beans
Fresh Fruit

THURSDAY
Ravioli
Garlic Bread
Steamed Broccoli
Side Salad
Grapes

FRIDAY ★ ▲
Cheese or Pepperoni Pizza
Super Salad
Green Beans
Apple Slices

Cycle Week 2

MONDAY
Chicken Leg
Dinner Roll
Mashed Potatoes/Gravy
Green Beans
Diced Peaches

TUESDAY
★ Pancakes
Sausage Patty
Hashbrowns
Fruitable Juice
Hot Cinnamon Apples

WEDNESDAY
Sloppy Joe Sandwich
Crinkle Cut Pickle Chips
Veggie Cup
Orange Wedges

THURSDAY ★
Nachos w/Meat &/or Cheese
Refried Beans
Salsa
Pepper Strips
Frozen Fruit Cup

FRIDAY ★
French Bread Cheese Pizza
Roasted Corn
Fresh Broccoli
Pineapple

Cycle Week 3

MONDAY
Chicken Sandwich
Sidewinder Potatoes
Steamed Peas
Fruit Cup

TUESDAY
Macaroni & Cheese ★
Cornbread Loaf
Steamed Broccoli
Baby Carrots
Applesauce Cup

WEDNESDAY
Hamburger or
Cheeseburger
Crinkle Cut Pickle Chips
Tater Tots
Spicy Baked Beans
Frozen Fruit Cup

THURSDAY
Tangerine Chicken
Vegetable Fried Rice
Super Salad
Mandarin Oranges

★ **FRIDAY** ▲
Cheese or Pepperoni Pizza
Side Salad
Roasted Corn
Frozen Slush Cup

Fuel Up With Breakfast!

Monday
Pull Apart Donuts ★

Tuesday
Breakfast Pizza

Wednesday
Sausage, Egg & Cheese
on
English Muffin

Thursday
Confetti Pancakes ★

Friday
Omelet ★
With
Turkey Sausage Link

Breakfast includes 100% juice, fruit & low fat milk

Reduced Sugar/Whole Grain Cereal offered as a second choice every morning!

What Makes a Meal?

Choose at least 3 colors to make a full meal!

Grains
Meat or Meat Alternate
Milk
Fruits
Vegetables

One item must be a fruit or vegetable!

★ Meatless Entrée
▲ May Contain Pork
Ⓞ May Contain Nuts

AVAILABLE AS A SECOND CHOICE ENTRÉE
INCLUDES THE REGULAR MENU SIDE DISHES AND MILK
★Ⓞ PBJ Sandwich Combo-Monday, Wednesday, Friday
★ Yogurt Combo-Tuesday, Thursday

August					September					October					November					December				
M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F
				1	1	2	3	4	5			1	2	3	3	4	5	6	7	1	2	3	4	5
4	5	6	7	8	8	9	10	11	12	6	7	8	9	10	10	11	12	13	14	8	9	10	11	12
11	12	13	14	15	15	16	17	18	19	13	14	15	16	17	17	18	19	20	21	15	16	17	18	19
18	19	20	21	22	22	23	24	25	26	20	21	22	23	24	24	25	26	27	28	22	23	24	25	26
25	26	27	28	29	29	30				27	28	29	30	31						29	30	31		

January					February					March					April					May				
M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F
			1	2						2	3	4	5	6			1	2	3					1
5	6	7	8	9	2	3	4	5	6	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
12	13	14	15	16	9	10	11	12	13	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
19	20	21	22	23	16	17	18	19	20	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
26	27	28	29	30	23	24	25	26	27	30	31				27	28	29	30		25	26	27	28	29

This institution is an equal opportunity provider. **Menu subject to change without notice due to product availability**