





**Taipei
American
School**

Athletics Parent Meeting

2025-2026





TAS & Athletics Mission Statements

TAS: To cultivate an enduring commitment to learning, personal well-being, and service.

We provide a broad American-based education with a global perspective that develops students of character who are committed to making the world a better place.

TAS ATHLETICS: To develop future leaders by cultivating an environment that promotes education, healthy competition, and personal growth through athletics.



Vision for the year

- **Better Athletes, Better People (PCA)**
 - Compete in the right way
 - Compete in a healthy way
 - Navigate the highs and lows of competition
- **Moments of Perfection**
 - Striving for personal and team MOP
 - How can we be better than we were yesterday?
- **Team Culture**
 - Sense of belonging within a team and community
 - Being each others 'people'



2025-2026

**Athletics
Department**



Athletics Department

(Rm 1H26)

- **Mr. Craig Wislang – Director of Athletics**
- **Mr. Ron Reduta – Associate AD**
- **Mr. Greg Garrison - Associate AD**
- **Mr. Taylor Stevens - Assistant AD**
- **Ms. Sherry Liang – Athletics Secretary**
- **Mr. Yohannes Tsai – Athletics Scheduler**
- **Ms. Kally Sheng – Athletics/PE/Aquatics Admin Assist.**



SPORTS MEDICINE

(Tiger Health & Wellness Center & 2C33A)



Mr. Caleb Lott

Head Athletic Trainer



Ms. TK Edwards

Assistant Athletic Trainer





T | **SPORTS
MEDICINE**



Middle School Sports

Last year:

Fall-277 Student Athletes

Winter-233 Student Athletes

Spring-318 Student Athletes

54 Coaches



MS Program Key Points



- **Separate programs for Grade 6 and Grades 7 & 8**
- **No cuts**
- **Four competitive seasons (1-4)**
January-Fun/Fitness/Games
(Activities offering)



Athletic Participation

Guidelines

- Only one sport per season
- Only one sports activity per day
- Three athletic sessions Mon-Fri:
 - 2:50-3:50 (6th Gr./Gold)
 - 3:50-5:15pm OR
5:15-6:45pm(games)
 - Saturday AM sessions
(TBD/TBA)
 - MS: 2-3 contacts/week
inclusive of practice and
games





Program Overview

MS Competitive Sports (Grade 6)



S1: 18 Aug - 3 Oct

Badminton (B), Baseball,
Cross Country, Soccer (G)

S2: Oct 15-Dec 12

Rugby, Badminton (G),
Touch



S3: Feb 4-Mar 27

Basketball, Swimming,
Track and Field

S4: Apr 8-May 22

Soccer (B), Volleyball,
Golf



Program Overview

MS Competitive Sports (Grade 7 & 8)

S1: Aug 18-Oct 3

Cross Country, Soccer (G),
Tennis (G), Basketball (B), Golf

S2: Oct 15-Dec 12

Rugby, Swimming, Touch,
Softball

S3: Feb 4-Mar 27

Volleyball, Tennis (B), Track
and Field

S4: Apr 8-May 22

Badminton, Baseball,
Soccer (B), Basketball (G)





Upper School Sports

538 Student Athletes

58 Coaches



IASAS Conference

Interscholastic Association of Southeast Asian Schools

- ❑ International School Manila (ISM)
- ❑ International School Bangkok (ISB)
- ❑ International School Kuala Lumpur (ISKL)
- ❑ Jakarta Intercultural School (JIS)
- ❑ Singapore American School (SAS)

Season 1	Season 2	Season 3
Cross Country Soccer Volleyball	Basketball Rugby Swimming Tennis Touch	Badminton Baseball Golf Softball Track & Field





Program Overview

US Competitive Sports

S1: 18 Aug - 18 Oct; IASAS 16-18 Oct:

Cross Country, Volleyball, Soccer,
S2 SSTs

S2: 27 Oct - 31 Jan; IASAS 29-31 Jan:

Basketball, Touch, Rugby,
Swimming, Tennis, S3 SSTs

S3: 9 Feb - 11 Apr; IASAS 9-11 Apr:

Track and Field, Badminton,
Baseball, Softball, Golf

S4: 15 Apr - 20 May:

S1 SSTs (Cross Country, Volleyball,
Soccer)





Program Overview

Sport Specific Training (US Only)

- **Seasonal Sport SST only offered in the season leading up to the sports competitive season. Example: Rugby SST in Season 1/Competitive Rugby Season 2**
- **Emphasizes fundamental skills and fitness**
- **TAS program coach organizes and leads each SST session**





Program Overview

Sport Specific Training (US Only)



- SST scheduling may vary depending on participation numbers. In general, US students receive 2 sessions per week. Offered in US Seasons 1, 2, & 4
- Attendance is Mandatory. An excused absence is permitted.



Participation Reminders

Sign up for Athletics!

Housing - Required to house visiting IASAS students for invitationals and IASAS events at TAS

- We will need 222 host families across the 4 events that are taking place on campus this year
- 1 season of participation = 1 hosting requirement
- Housing form coming next week with more information

School Travel - Official school travel will be purchased with foreign (non-Taiwan) passport information

?’s Please email: StevensT@tas.edu.tw



Athletics Program Culture

Focus on what we CAN CONTROL
(coaches and athletes)

- ✓ Preparation
- ✓ Fitness
- ✓ Effort/Attitude
- ✓ Communicate





Role of Parents

- Support your athlete(s), team, coaching staff, PTA Boosters
- Positive communication; Cheer! (Positively)
- Do not coach from the sidelines - your role is to support the team
- Attend competitions / IASAS events (you are invited!)
- Speak to the team coach in an appropriate setting and manner if issues relating to your child's well-being.





PTA Boosters

Booster Club Connection



Mrs. Reed Aitken



Mr. Steven Yao

pta_booster@pta.tas.tw



Athletics Resources

Please visit the TAS Athletics web page

www.tas.edu.tw/parent-zone/athletics

- Schedules, Team Rosters, Photos
- [Athletics Handbook](#)
- & More!
- athletics@tas.edu.tw



Instagram: @tasathletics



*Facebook: Taipei Tigers
facebook.com/TASathletics*



Questions?

