

The Nebraska Early Development Network

We provide early intervention services for families with children birth to age three, or special education services for children three to five years of age with developmental delays and/or health care needs, and help connect families to needed services.



Developmental Milestones

0-1 Years Old

- Smiles when spoken to or smiled at, by 2 months
- Holds head up by 4 months
- Reaches to grab a toy by 6 months
- Makes different sounds like “Mamama” and “Bababa” by 9 months
- Walks, holding on to furniture by 12 months

1-2 Years Old

- Hugs stuffed doll or other toy by 15 months
- Helps get dressed by pushing arm through sleeve by 18 months
- Walks without holding on to anyone or anything by 18 months
- Tries to say three or more words besides “Mama” or “Dada” by 18 months
- Points to at least two body parts when asked by 2 years
- Eats with a spoon by 2 years

3 Years Old

- Balances on one foot briefly
- Throws ball with direction
- Matches six colors
- Counts to five
- Uses toilet independently
- Washes and dries hands unassisted
- Plays with other children
- Engages in dramatic and pretend play
- Responds to two-step directions
- Answers “What,” and “When” questions

4 Years Old

- Walks up and down stairs, alternating feet
- Cuts on line
- Points to and names three shapes
- Tells story by looking at pictures
- Plays and interacts with other children
- Responds verbally to “Hi,” and “How Are You?”
- Talks about event using past and future tenses

5 Years Old

- Skips
- Cuts out simple shapes
- Copies their own first name
- Counts by rote to ten
- Dresses oneself completely
- Brushes teeth
- Plays simple board games
- Engages in cooperative play with other children
- Uses complex sentences



**SCAN QR CODE TO
MAKE A REFERRAL!**

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