

PROCEDURE - CATHETERIZATION

3417P

A. The State Department of Health has established the following rules:

1. The student's medical file will contain a written request from the parent(s) or guardian for the clean, intermittent catheterization of the student.
2. The student's medical file will contain written permission from the parent(s) or guardian for the performance of the clean, intermittent catheterization (CIC) procedure by the non-licensed school employee.
3. The student's medical file will contain a current written order for CIC from the student's physician and shall include written instruction for the procedure. The order will be reviewed and/or revised each school year.
4. The service will be offered to all disabled students and may be offered to the non-disabled students, at the discretion of the school board.
5. A licensed registered nurse will develop instructions specific for the needs of the student. These will be made available to the non-licensed school employee and will be updated each school year.
6. The supervision of the self-catheterizing student will be based on the needs of the student and the skill of the non-licensed school employee.
7. A licensed registered nurse, designated by the school board, will be responsible for the training of the non-licensed school employees who are assigned to perform CIC of the students.
8. The training of the non-licensed school employee will include but not be limited to:
 - a. An initial in-service training, of a length to be determined by the licensed registered nurse.
 - b. An update of the instructions and a review of the procedure each school year.
 - c. Anatomy, physiology, and pathophysiology of the urinary system including common anomalies for the age group served by the employee.
 - d. Techniques common to the urinary catheterization procedure.
 - e. Identification and care of the required equipment.
 - f. Common signs and symptoms of infection and recommended procedures to prevent the development of infections.
 - g. Identification of the psychosocial needs of the parent or guardian and the student with emphasis on the need for privacy and confidentiality.
 - h. Documentation requirements.
 - i. Communication skills including the requirements for reporting to the registered nurse or the physician.
 - j. Medications commonly prescribed for the CIC patient and their side effects.
 - k. Contraindications for CIC and the procedure to be followed if the non-licensed school employee is unable to catheterize the student.
 - l. Training in catheterization specific to the student's needs.
 - m. Developmental growth patterns of the age group served by the employee.

- n. Utilization of a teaching model to demonstrate catheterization techniques with return demonstration performed by the non-licensed school employee, if a model is available.
- o. The training of the non-licensed school employee will be documented in the employee's permanent file.

B. The district will record the names of individuals receiving the catheterization training and the training dates. These records will be kept available for audits.

Implemented:	December 17, 1990	North Thurston School District
Amended:	June 25, 2007	
Reviewed:	October 20, 2009	North Thurston Public Schools Board of Directors
Updated:	August 14, 2025	NTPS Cabinet