



JARRELL ISD

**ATHLETIC POLICY
HANDBOOK
2025-2026**

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Jarrell Independent School District

I. PHILOSOPHY

We believe that an exemplary athletic program is an extension of the classroom. As such, athletics offers students an opportunity to develop and grow physically, intellectually, emotionally, and socially. The positive benefits that participation in athletics offers include but are not limited to self-esteem, self-discipline, self-confidence, and the development of team spirit. Further, participants learn the values associated with competition and benefit from the experience of both winning and losing.

For the participating athletes, these experiences provide an integral part of the foundation needed to be a productive citizen capable of leading a full and enriching life.

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II. INTRODUCTION

The athletic program is an integral part of the total school experience for both boys and girls. It offers a variety of sports and activities to all students who have the potential, skill, and desire to participate.

The policies, procedures, and regulations in this handbook comply with school board policies and administrative procedures. They are designed to provide for successful experiences for students and the efficient operation of the athletic program.

This handbook is an extension of the student handbook and shall be used by all principals, coaches, and players in grades 7-12.

You, the student-athlete, are accountable and responsible for all policies contained within this handbook. Individual coaches within their sport may add additional rules as long as they adhere to school policy.

III. PARTICIPATION

It is the goal of this athletic program to offer the opportunity to participate to every student who has the ability and desire to do so. However, no student is obligated to take part in athletics, nor is participation in athletics required. **It is also stressed that participation in the Jarrell ISD athletic program is a privilege, not a right.** Since it is a privilege, the coaching staff, in accordance with Jarrell ISD policy and due process procedures, has the authority to suspend or revoke the privilege when the rules and standards of this athletic program are not followed.

***Jarrell ISD is not allowing home school students to participate in the Jarrell ISD Athletic Program for the 2025-2026 school year. This policy will be reviewed annually.**

IV. AVAILABLE SPORTS

The following sports are available for athletics grades 7-12:

Football:	7, 8, 9, JV, Varsity
Volleyball:	7, 8, 9, JV, Varsity
Cross Country:	7, 8, JV, Varsity
Basketball:	7, 8, 9, JV, Varsity
Powerlifting:	JV, Varsity
Soccer:	7, 8, JV, Varsity
Baseball:	9, JV, Varsity
Softball:	JV, Varsity
Golf:	7, 8, JV, Varsity
Tennis:	7, 8, JV, Varsity
Track and Field:	7, 8, JV, Varsity

V. GENERAL POLICIES: Responsibilities of an Athlete

All athletes have a responsibility to give their best, play to win, follow training guidelines, and exhibit good conduct and fair play at all times to be a credit to their school. Athletes, as well as coaches, are always on display. We are judged by the company we keep. Our actions in everyday life, both private and public, are a direct reflection of this athletic program and our school.

During a competition, an athlete:

1. Learns that both winning and losing are part of the game and learns to accept both. Be modest in victory; be gracious in defeat.
2. Does not use illegal tactics in an attempt to defeat the opponent or to beat the rules of the game.
3. Has complete control of himself/herself at all times. Horseplay, displays of temper, use of profanity, and disrespect for coaches or officials will result in disciplinary action from the coach or athletic director.
4. Will respect the decisions of officials. The breaks of the game may go against you, but the officiating is not to blame. Officials are human beings who are doing their best to see that a contest is being run smoothly and honestly and being conducted in accordance with the established rules.

In the classroom, an athlete:

1. Must realize that he/she is a student first, an athlete second. The student-athlete must give time and energy to classroom studies to insure good, acceptable grades that meet the UIL requirements for participation.
2. Must maintain a satisfactory citizenship and behavior record.

On-campus, an athlete:

1. Must maintain proper dress and appearance, good grooming, and personal cleanliness in accordance with the school dress code policies. You are a leader, and you have only one chance to make a good first impression.
2. Will refrain from fighting, scuffling, horseplay, and juvenile behavior in and around the school building.
3. If suspended from school, the student-athlete will not be permitted to work out with, travel with, or participate with the team. Eligibility for subsequent contests will be left to the discretion of the coach and of administration.

*** “Suspended” includes DAEP assignments, as well as suspensions assigned by administrative personnel.**

During the athletic period and during before or after school practices, an athlete will: Notify the coach if he/she needs to miss a game or practice session that is scheduled after school hours. Absence from athletic period practices should be handled according to school guidelines. Contact number: 512-746-2188 EXT 4609

1. Be prompt for roll call. Tardiness to our class period is as inexcusable as it is to any other class.
2. Maintain neat and clean locker space. Be proud of your dressing area and keep it neat.
3. Take a shower for hygiene purposes and for aiding the body in its temperature adjustment after a workout. Roughhousing, towel popping, or throwing objects is not allowed in the shower or dressing room.
4. Dress decently as he/she leaves the dressing room.

During team travel, an athlete will:

1. Travel to and from all out-of-town contests with the team. If for some reason, you need to ride home with your parents, you must clear this with the coach **before leaving the contest**; their parents or legal guardian must sign out athletes. Under no circumstances will you be released to ride with anyone other than your parents or legal guardian.
2. Dress neatly and properly on all trips. Coaches will advise you regarding the proper attire.
3. Conduct himself/herself properly on the bus or in any school vehicle. He/she will follow the printed rules for bus riders that govern JISD bus riders.
4. Receive permission from the coach before bringing any radios, electronic games, etc., aboard the bus.
5. Be informed of departure and return times for each trip by a notice posted on the bulletin board or chalkboard. It is your responsibility to be on time for all departures and inform your parents of the time to pick you up after the contest. Every effort will be made by the coaching staff to notify proper personnel as to unexpected changes in arrival time.
6. Not be allowed to bring parents, family members, or friends on the bus trips. The principal and athletic director will decide on any exception to this rule.
7. Dress for all home contests according to the school and team dress policies. Your appearance before and after home games is as important as it is on out-of-town trips.

VI. GUIDELINES FOR JARRELL ISD ATHLETES

- (1) ALL athletes are required by law to pass all classes every 6 and 9 weeks. (NO PASS-NO PLAY) Athletes that fail three consecutive 9-week periods may be removed from athletics for the next semester or until grades have improved.
- (2) ALL athletes will be dressed and ready to meet with coaches at the assigned athletic time.
- (3) ALL athletes will dress out and wear school-issued uniforms unless the

- athlete has a verifiable medical note.
- (4) ALL athletes will ride to and from contests in school vehicles unless written and verbal communication with a parent has been completed. A parent or legal guardian must sign out the athlete.
 - (5) ALL athletes will dress in an appropriate manner as decided by the Head Coach within school policy.
 - (6) Never question the coach openly. Meet after practice in private.
 - (7) Never show temper in a contest and draw an unsportsmanlike foul.
 - (8) Never question the officials. Captains and the Head Coach will confer with officials.
 - (9) When the coach is speaking, keep your eyes and ears open and your mouth closed.
 - (10) Athletes are expected to answer all coaches, teachers, and adults with "yes sir, no sir, yes ma'am, no ma'am."
 - (11) Never criticize your teammates.
 - (12) Never talk and visit with people in stands during contests.
 - (13) Never make excuses for mistakes or cast blame on teammates or anyone but yourself.
 - (14) Athletes will be disciplined for the use of profanity, and it will not be tolerated.
 - (15) Athletes will be disciplined for smoking and dipping tobacco.
 - (16) ANY athlete knowingly in possession of or using alcohol or drugs will face possible suspension or other disciplinary procedures depending on the offense.
 - (17) ALL athletes will be enrolled in the athletic conditioning class if they play one of the following sports: (volleyball, football, basketball, baseball, cross country and track). The Athletic Director can approve exceptions.
 - (18) Students shall use the lockers provided and lock them.
 - (19) ALL athletes are subject to rules and the disciplinary measures that we use in our department as set up by the Athletic Director.
 - OFI (Opportunities For Improvement)

Being an athlete is special and requires extreme sacrifice. Young people in the community watch each Cougar and Lady Cougar. We must set an excellent example for our future athletes. These simple guidelines will help you become a better student athlete. The coaches trust that each one of you will follow these GUIDELINES.

**Each of us will be treated the way we treat others.
If we are respectful, positive, and caring, then we will be treated that way!**

Each incident will be recorded in a discipline log. Coaches will contact parents when the athlete is not following program guidelines.

VII. ELIGIBILITY AND REGULATIONS

Eligibility:

A student in grades 7-12 may participate in extracurricular activities on or off-campus at the beginning of the school year only if the student has earned the cumulative number of credits in state-approved courses indicated.

1. At the beginning of the 7th grade year, the student must have been promoted from 6th to 7th grade.
2. At the beginning of the 8th grade year, the student must have been promoted from 7th to 8th grade.
3. At the beginning of the 9th grade year, the student must have been promoted from the 8th to the 9th grade.
4. At the beginning of the 10th grade year, the student must have at least five credits toward graduation.
5. At the beginning of the 11th grade year, the student must have at least ten credits toward graduation or have passed five credits during the past 12 months.
6. At the beginning of the 12th grade year, the student must have at least fifteen credits toward graduation or have passed five credits during the past 12 months.

VIII. DISCIPLINARY PROCEDURES

Suspension:

The athletic director will have the authority to suspend or place on probation from athletics any student-athlete for major and minor infractions of the rules.

Any student suspended from athletics must be given:

1. The reason(s) for the suspension.
2. The time and provisions of the suspension.
3. The procedures for re-entering the program.
4. Information on class schedule changes or options, and
5. The opportunity to appeal.

Appeal:

The student and/or parent shall have the right to appeal any decision to suspend a student, expel a student, or place a student on probation from the athletic program.

Appeal process: Followed in this order, or the appeal will be denied.

1. Personal conference with the coach.
2. Personal conference with the athletic director.
3. Personal conference with the principal.
4. Personal conference with the superintendent.
5. Personal conference with the school board.

The appropriate school personnel, not on the basis of individual judgment(s), but on the basis of (see 1-3), shall consider an appeal by the student and/or parent of suspension, expulsion, or probation from athletics:

1. Variation from printed policy, administrative procedures, regulations or, rules and standards for memberships and participation in athletics.
2. Failure to establish reasonable documentation that the student's conduct/behavior has violated the standards for suspension or expulsion from athletics, and
3. Failure to give the student/parent due process (notice of the facts being alleged) about the conduct/behavior and opportunity to refute the charges.

Cell Phones:

Cell phones may be used on bus trips if permission is granted by the supervising coach.

IX. ATHLETIC DISCIPLINE MANAGEMENT**GRADING POLICY:**

- Failure for 1 six weeks: mandatory tutorials in the class you have failed.
- Failure for 2 consecutive nine week periods: mandatory tutorials and put on a contract stating you will be removed from athletics for a third consecutive failing period.
- Failure for 3 consecutive nine-week periods: removal from athletics until a nine weeks is passed

QUITTING A SPORT:

If an athlete quits a sport after the first week, he/she may not begin the other sport until the season is completed on the sport they quit. He/she may begin the other sport if the coaches agree to let the athlete start the new sport.

NOT IN ATHLETIC PERIOD:

All athletes must be in the athletic period in order to participate in athletics unless the

athlete is only in tennis, golf or powerlifting. The only exception that may be made is if the athlete needs to recover credits or is a senior in a work-release program. The athletic director and high school principal will make the determination on who will receive exceptions.

MISSING PRACTICE:

All athletes are expected to be at practice. Failing a class and injury does not preclude an athlete from practice. If an athlete fails to call in, he/she will have extra running. Call 512-746-2188 EXT 4609 and leave a message on the voice mail or contact your coach personally.

MINOR OFFENSE:

- Arguing With Coach
- Excessive Tardiness
- Unexcused Absence
- ISS Assignment
- Lunch Detentions
- Office Referrals
- Use Of Profanity
- On-Field Altercations with No Bodily Injury
- Horseplay
- Being Disrespectful

CONSEQUENCES:

- Individual Coach's Determine Punishment
- Persistent Misbehavior Could Result in Possible Removal from the Athletic Program

MAJOR OFFENSE:

- Stealing
- Fighting
- Vandalism
- Sexual Misconduct
- Drug, Alcohol, Or Tobacco Possession (Must Be Seen by School Official)

CONSEQUENCES:

- Possible Removal from Athletic Program Up to A Year (These Must Be Turned Into The Principal's Office)

*** THE ATHLETIC DIRECTOR AND COACHES RESERVE THE RIGHT TO DEVIATE FROM THE GUIDE WHEN FACED WITH VARIOUS CIRCUMSTANCES THAT MUST BE CONSIDERED.**

X. TOBACCO, ALCOHOL, AND DRUGS

The following rules apply to all Jarrell ISD athletes during non-school activities during the calendar year.

1. No smoking, vaping, or use of any tobacco products.
2. No drinking or possession of alcoholic beverages.
3. No use or possession of illegal drugs.

If an athlete is caught by a law enforcement officer, administrator, or faculty member violating the above rules, the athlete will be disciplined as followed:

The respective coach, in cooperation with the athletic director, will handle the violations of the above rules. The athlete who violates the above rules will be subject to the following:

The District reserves the right to require a student who participates in athletics to submit to drug testing when the District has reasonable suspicion to believe that the student is under the influence of an illegal substance.

The purposes of this drug-testing policy are to prevent and deter the use of illegal drugs both within the District's schools and in the community generally; to prevent injury to student-athletes, as well as the physical and psychological harm that results from drug use; to give students a valid reason to reject peer pressure to use illegal drugs, and to ensure that the District maintains a learning environment free of illegal drug use and its effects. The District reserves the right to require a student who participates in athletics to submit to drug testing when the District has reasonable suspicion to believe that the student is under the influence of an illegal substance. Only a District employee who has received specific training regarding the detection of drug use may prohibit a student from participating in athletic activities and require testing for an illegal substance. The determination of reasonable suspicion shall be based on specific observations of the appearance, behavior, speech, or body odors of the student whose motor ability, emotional equilibrium, or mental acuity seems to be impaired. When a determination has been made that reasonable suspicion exists, the employee who made that determination shall, within 24 hours of the observed behavior, make a signed, written record documenting the observations leading to a controlled substance reasonable suspicion test. Students who test positive for an illegal substance shall be immediately suspended from participation in athletic activities.

Testing shall consist of urine testing for five illegal substances as defined by the National Institute on Drug Abuse (NIDA). These illegal substances include marijuana, cocaine, amphetamines, opiates, and phencyclidine (PCP).

XI. DROPPING A SPORT

There may be a time when an athlete finds it necessary to quit playing a sport before, during, or after the season. Whatever the reason, the athlete must follow the steps listed below:

1. The athlete should think the whole situation through before reaching a final decision.
2. The athlete should talk to the coach to see if a solution can be reached without having to quit. A conference between the parents, athlete, and coach or any combination thereof may be required and is highly recommended before an athlete will be permitted to quit.
3. If an athlete decides to quit, he/she must check out of the sport just as he/she would check out of any academic class.
4. All equipment must be turned in clean. Also, an athlete must pay for any equipment not returned.
5. If an athlete wants to return to a sport, he/she must consult the appropriate coach. The decision as to whether the athlete will be allowed to return to that sport shall be the decision of the individual coach and Athletic Director.
6. If the athlete decides to quit one sport and join another, the athlete must receive permission from the coach and Athletic Director in order to join the other sport.
7. No athlete will be permitted to quit more than once during a school year. Any attempt to do so will result in the athlete possibly being dismissed from the athletic program.

XII. AWARDS AND LETTERING

The school letter is among the highest awards the school bestows; the highest, of course, is the diploma. Athletes may receive from the school only one major award (a jacket) during their high school career. In order to letter, you must be on a varsity team and satisfy the requirements stated below. After receiving the one major award, plaques, letter certificates, or similar awards (called minor awards by the UIL) shall be given by the respective coach each time an athlete letters in any sport. All athletes will receive plaques provided they are recommended for the award by their coach as a result of having completed a sport, shown good citizenship and character, attitude, and attendance, in addition to having adhered to the policies contained with this handbook.

Sub Varsity/Varsity Recognition and Awards:

All Athletes will be eligible to receive plaques for fall sports and a plaque for spring sports. In order to receive a plaque and be recognized at any Athletic Banquet, the athlete must complete the season with the assigned team and be recommended by the

Head coach of that sport to the Athletic Director. Athletes that fail 9 weeks at the end of a season may still receive a plaque and are recognized provided they continue to support and practice with the assigned team. Athletes that will not receive an award for failing, discipline issues, quitting etc., will be contacted in person by the Head Coach of that sport.

Head Coaches will provide a list of letter winners and award winners to the Athletic Director at an assigned time.

Varsity Teams:

Awards for the varsity teams will consist of letter jackets. These major awards will be furnished by the school to each athlete who meets the qualifications for lettering.

Guidelines to be followed:

1. UIL rules will be followed in regard to the cost of the jacket.
2. No participant will receive more than one letter jacket.
3. Athletes will receive a jacket in the sport in which they letter first.
4. The jacket will have no markings or patches on it except the letter. All other patches will be the responsibility of the athlete.
5. Letter jackets will be the same for all sports.
6. Freshmen who letter will have their jackets ordered the next year.

Qualifications to Letter:

Each coach will keep records of student participation in each sport. Such records will be used as a basis for determining whether a student qualifies for a letter. The athlete must complete the sport in order to letter or receive any post district awards. A participant may letter at the coach's discretion if the participant is considered to have been of exceptional value to the team.

Exceptions to lettering qualifications:

Exceptions **may** include but are not limited to playing on a team for four years and never lettering, a letterman who is injured and is unable to complete the season, a specialist of some type, a student-athlete that failed part of the season but continued to practice and support the team throughout the season. All exceptions will be discussed between the Head Coach and the Athletic director so that all students are treated fairly.

Note: The assigned Head Coach when there is an award and or lettering issue will notify parents in a timely manner.

XIII. ATHLETIC PASSES

It shall be the policy of the Jarrell ISD Athletic Program to issue Player Passes to those athletes participating in each sport, which requires an admission charge. The following stipulations shall apply to the passes.

1. Only the player whose name appears on the pass may use it. Free admission is allowed only when the pass is presented. Failure to furnish a pass means the athlete must pay the standard student admission charge.
2. Identification may be required.
3. Use of the pass may be revoked if an unauthorized person uses the pass or the holder of the pass displays unsportsmanlike conduct at any contest.
4. Passes will be issued to admit athletes to Jarrell ISD athletic events only.
5. If an athlete drops from a sport or fails a grading period the coach of that athlete must take up the player pass as a part of the issued equipment.

XIV. MEDICAL AND INSURANCE REQUIREMENTS FOR ATHLETES

Jarrell ISD provides athletic insurance. It is the intention and purpose of this policy to provide secondary or “excess” coverage in the event of an athletic injury. Primary coverage is the responsibility of the athlete’s family. This coverage is only available while the student is participating in an athletic practice, event or travel.

In the event of an athletic injury, the student should immediately report the injury to his/her supervising coach for proper procedure and documentation. The coach will make a notation of the time and date of the injury for the insurance claim. If medical attention is necessary, it is the responsibility of the parents or guardians of the student to obtain a claim form from the district. The head athletic trainer will have the form available in his office once the supervising coach has notified them. At that time, the proper procedure for filing a claim will be reviewed with the parent or guardian. Please note that the insurance policy explicitly states that medical care must be sought within 90 days of the initial injury for consideration for payment.

XV. PROCEDURES WHEN ILL OR INJURED

Your health is of utmost concern to your team and coaches. Without healthy athletes, the whole team will suffer. It is imperative that the student-athlete takes care of his/her body at all times and seeks medical attention when necessary. Great care and expense have been taken to help accommodate health concerns for the student-athlete, and it is imperative that proper procedure be followed.

In the event that you begin to feel ill, seek medical attention at school from the school nurse immediately. If the condition is not remedied, becomes worse, or is prolonged,

seek the advice of a physician for further diagnosis/care. Make sure you bring a note from the doctor about your condition and status of participation.

An injury could hamper your ability to participate in athletics. All injuries should be immediately reported to your supervising coach. If severe enough, you will be referred to a nurse or a doctor. If it is an emergency, proper first aid will be provided for you, and professional care will be summoned in accordance with the Campus Emergency Plan of JISD. Most injuries will be minor in nature and can be taken care of at practice and will allow you to continue to participate. You will receive specific instructions on how to care for your injury by school personnel upon evaluation and /or treatment.

If you feel that you need to seek the consultation of a physician about an injury, please go through the proper channels first (supervising coach and head athletic trainer). Many times significant time and money can be saved by seeing the supervising coach and trainer first.

When ill or injured, make sure you call the head coach of your sport. If you call, there will be makeup work to be done, just as if you missed a day in an academic class. If you do not call, you will be considered skipping practice, and disciplinary action could be taken.

XVI. ATHLETIC TRAINING ROOM RULES

1. Athletes will report at the time prescribed by the Athletic trainer.
2. Cleats, spikes, pads, and other equipment are not permitted in the training room.
3. After practice, shower and dry off before coming into the training room.
4. Do not dress, undress or change clothes in the training room.
5. All athletes must be clothed in gym shorts and T-shirts for treatment.
6. The training room is not a lounge.
7. **ASK!** Nothing is to be taken without permission.
8. Horseplay and foul language will not be tolerated.
9. Drinks, food, and gum are not permitted in the training room.
10. Help keep the training room clean.
11. Return all wraps, braces, and pads.
12. Do not bring in shoes, books, purses, coats, and other items.

XVII. SOCIAL MEDIA USE POLICY

1. Assume nothing is private, ever. If you are putting your thoughts on the Internet or in a text, there is no “invasion of privacy.”
2. Remember that your audience is vast and unknowable. You have no idea who will ever see what you text or write on the Internet. Anyone from your best friend on the team, to your head coach, to your biggest rival, to your teachers, can see what you post. Keep in mind that what you say can be seen by the world. Be wise.
3. Never post pictures or videos from the locker room, practice, or game without the written permission of the Athletic Director or Athletic Coordinators.
4. Do not post, text, or like any inappropriate pictures or videos. (This includes any photo and/or video of a suggestive nature.)
5. Do not tweet, retweet, post, repost, text, or like any foul language or sexually explicit comments.
6. Publicly complaining about your coaches or teammates will NOT solve anything. Talk to them directly to solve problems to make yourself and your team better.
7. Do not talk about your opponents in a negative fashion. Stay away from trash-talking about your past, present, or future opponents.
8. Your texts, tweets, and posts can be permanent. They are a permanent record. You can't take back what you put out on the Internet for everyone to see.
9. If you retweet, repost or like something, you are communicating that you agree with it and promote it. Keep this in mind.
10. Have a password-protected profile and only allow people you actually know to have access to your posts, tweets, and pictures. It is recommended that your parents have access to any and all social media used by you. This precaution is the first step to education and accountability.
11. Do not discuss injuries, either yours or that of any of your teammates.
12. Do not post information that should be communicated to your coaches and team.

***Student-athletes who violate the Jarrell Athletic Department Social Media Policy may be subject to disciplinary action, including temporary or permanent suspension from the team, as determined by the Athletic Director and Head Coach.**

XVIII. RESOURCES

Parents are encouraged to contact the appropriate school personnel when questions and concerns arise regarding athletics. Please feel free to contact them during the school day. Listed below are athletic personnel and their area of responsibility.

District Website: <http://www.jarrellisd.org>

Alan Haire	Athletic Director/Head Football - 512-746-2188 EXT 4609
Betty Peralta	Administrative Assistant – 512-746-2188
Marlena Brown	Girls Coordinator - 512-746-2188
Andrew Sumner	Boys Coordinator – 512-746-2188
Recruiting Coordinator	Chance Sherrill
S&C Coordinator	Chance Sherrill
Emily Clark	Volleyball
Megan Murphy	Girls Cross Country
Jaime Coy	Boys Cross Country
Marlena Brown	Girls Basketball
Drew Summer	Boys Basketball
Caleb Perez	Girls Powerlifting
Chance Sherrill	Boys Powerlifting
Megan Murphy	Girls Soccer
Bryce Stratton	Boys Soccer
Sommer Wilson	Softball
Thomas Umberger	Baseball
Jaime Coy	Girls Track
Andrew Summer	Boys Track
KC Hayes	Golf
Melissa Hyer	Tennis
Caroline Zoretic	Cheer
Emily Gist	JMS Girls
Rickey Lambert	JMS Boys
Anissa Peralta	JRMS Girls
Randall Hugg	JRMS Boys

Jarrell ISD Acknowledgement of Athletic Policy Signature Page

Athletes and Parents: Make sure you read and understand the Athletic Policy Handbook. Retain the Handbook for your reference, sign and date the signature page and return it to the proper coach.

I have read and understand the Athletic Policy Handbook.

Student Name

Grade

Date

Student Signature

Parent or Legal Guardian Signature
