

# General Information from the WMS Nurse's Office School Year 2025-2026

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## Physicals and Immunizations



**Sports-** Students playing sports must have a physical completed in the past year on file in the health office to be eligible to try out.

**7th grade-** Tdap and Meningococcal vaccines must be on file for the start of school or your child will be excluded from school.

**Physicals-** Remember to send a copy of your child's yearly physical as soon as possible to keep it up to date in the school health record to keep above requirements completed.

## Parent Communication



We welcome and appreciate any communication you have about your student. Please include us on any health updates that arise, so we can best serve your student(s).

You can reach us on Class DOJO, email, or phone. Please understand that we check our messages only during school hours, and will respond as quickly as possible.

Cold/Allergies are a difficult time for a lot of students. Unfortunately, there is little that the school nurses can do to help other than education and comfort care (tissues, water, cough drops). We cannot give allergy/cold medication. While symptoms like nasal congestion, sore throat, or other mild symptoms are irritating, **if they do not have a fever or other significant health concerns, there is no need for them to stay home.** Cold and allergy seasons can last a while and change over the course of the year. I encourage students to bring water and take allergy medications or decongestants prior to coming to school.



## Sick guidelines for staying home or Nursing dismissals

- Temperature of 100 or higher. Your child must be fever free for 24 hours without medication before returning to school.
- Vomiting or diarrhea present during the past 24 hours. Your child must be free of vomiting or diarrhea for 24 hours before returning to school.
- If on an antibiotic for a contagious illness (such as strep throat or pink eye), the child must be on the medication for 24 hours before returning to school.
- If a student becomes ill or injured at school, he or she should report to the nurse's office. Students must not leave the building because of illness without authorization. If the nurse is not available, students are to report to the main office.



## Medication Policy



School nurse must receive all requirements below to administer medications at school

- Doctor's order
- Signed Webster Public Schools parent and physician consent
- Pharmacy labeled medication bottle or in original packaging for over the counter medications
- Medications to be brought into school by an adult
- Daily medications should be administered at home outside of school hours.



## State Mandated Screenings

Screening will be conducted throughout the school year starting in mid-September 2025

Grade 5- Hearing , Vision  
Grade 7- Hearing , Vision, BMI, SBIRT  
Grades 6 & 8- Hearing and vision will be done if screening time allows - these are not mandated.

**\*A written request must be submitted to opt-out prior to the start of screenings\***