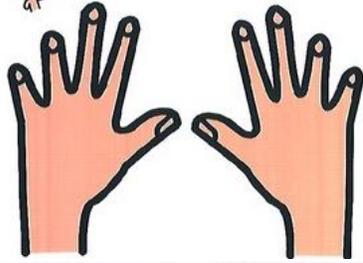


 Quiet Hands



**Helping
Hands**

**Listening
Ears**

**Looking
Eyes**

**Quiet
Voices**

**Walking
Feet**



quiet



Calm body