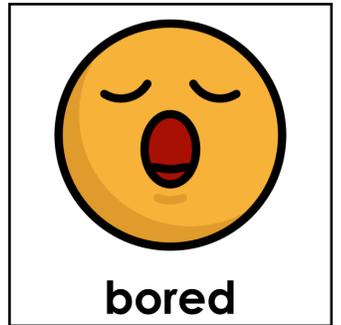
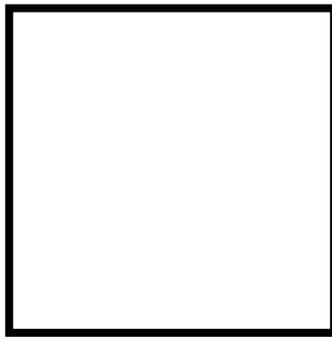
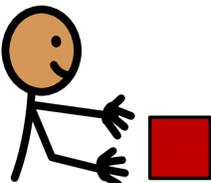
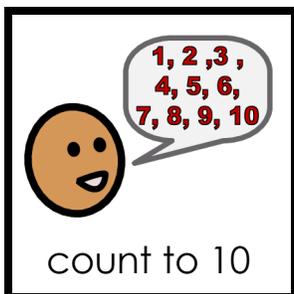
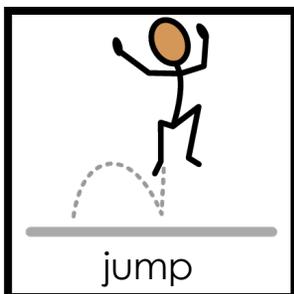
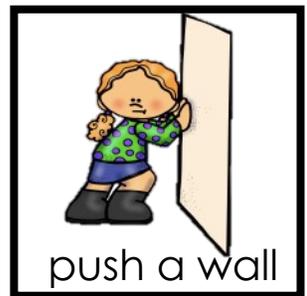
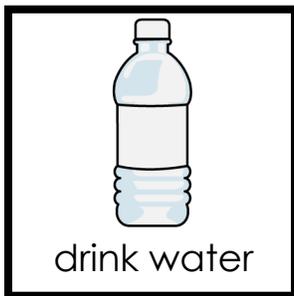
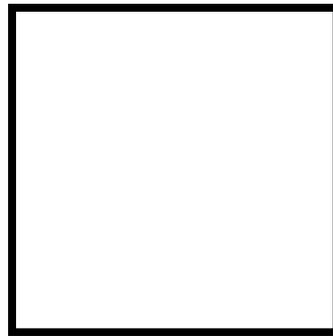
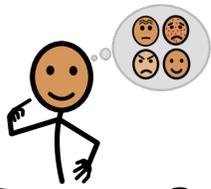
  
**I feel...**

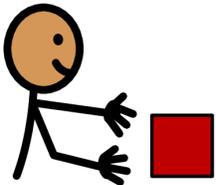
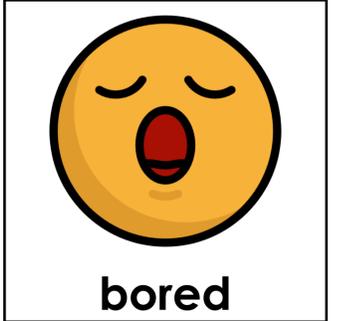
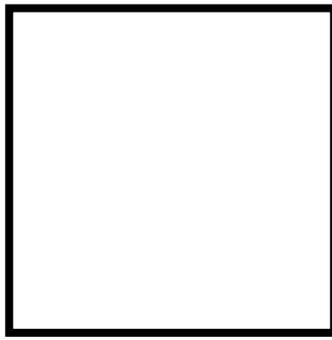


  
**I need...**

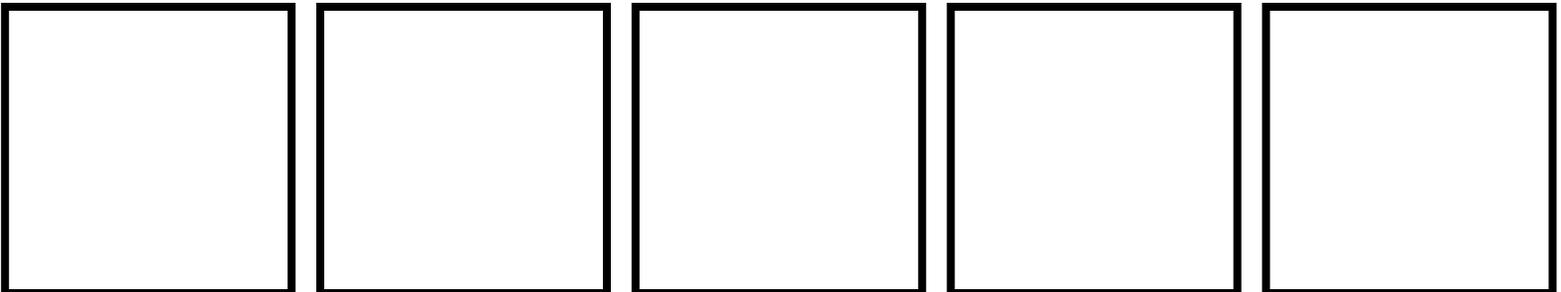
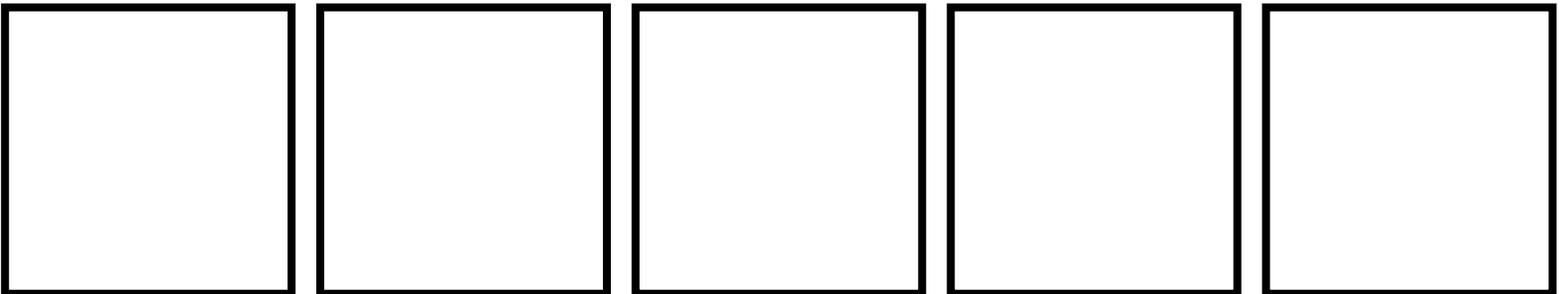
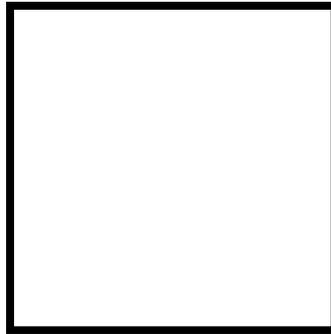


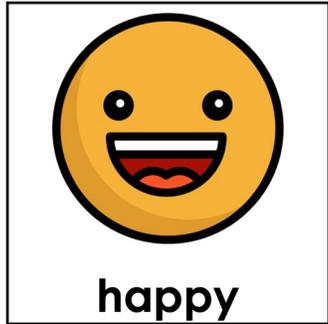


**I feel...**



**I need...**





happy



angry



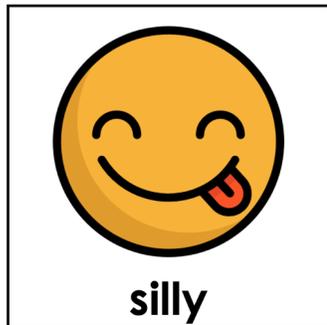
sad



scared



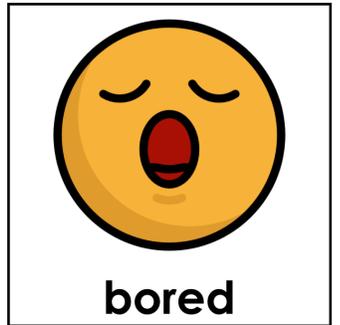
sick



silly



tired



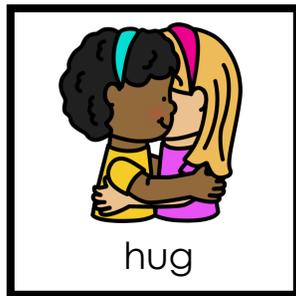
bored



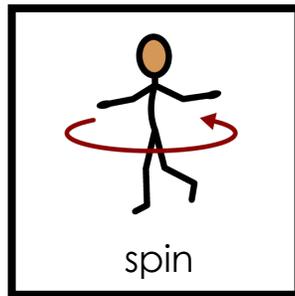
yoga



take a walk



hug



spin



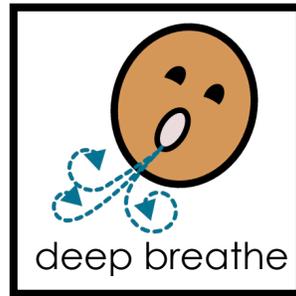
a job to do



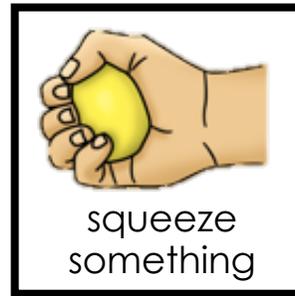
take a break



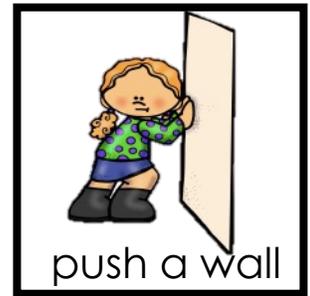
drink water



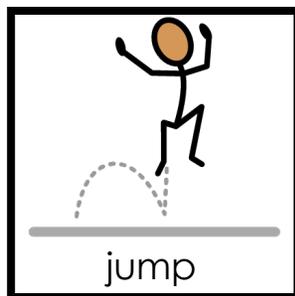
deep breathe



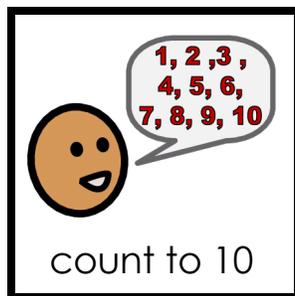
squeeze something



push a wall



jump



count to 10



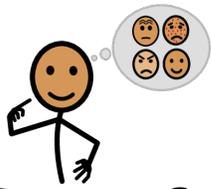
go to the nurse



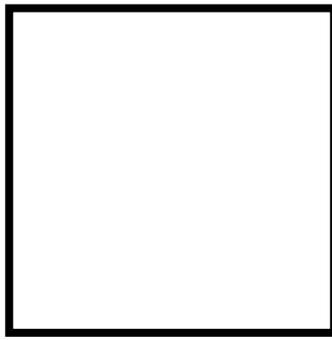
ask for help



dance



# I feel...



happy



angry



sad



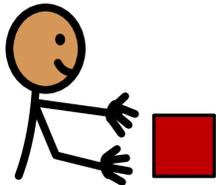
sick



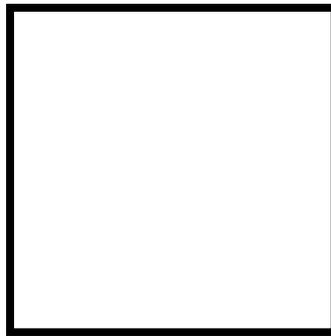
silly



tired



# I need...



take a break



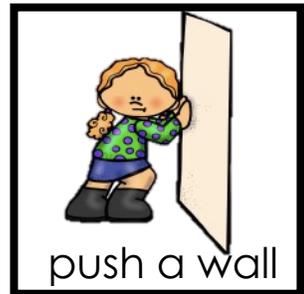
drink water



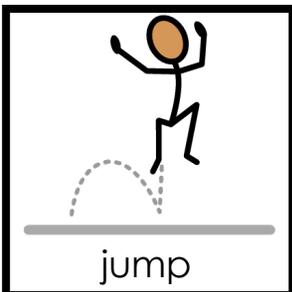
deep breathe



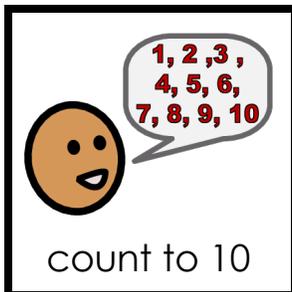
squeeze something



push a wall



jump



count to 10



go to the nurse



ask for help



dance



happy



angry



sad



sick



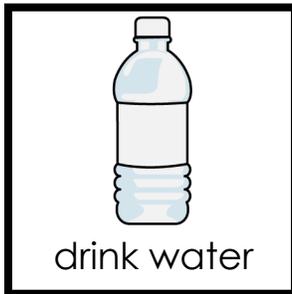
silly



tired



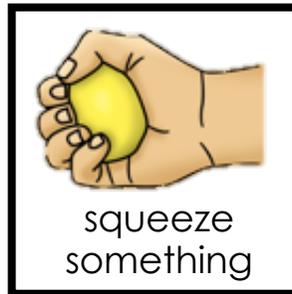
take a break



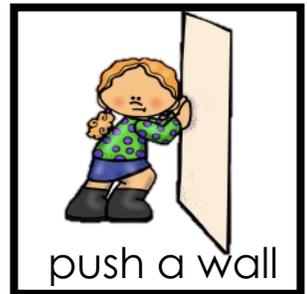
drink water



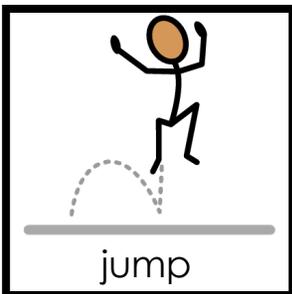
deep breathe



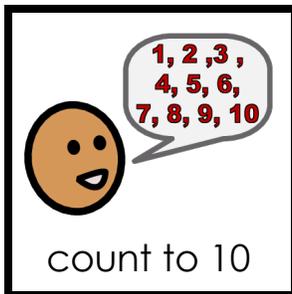
squeeze something



push a wall



jump



count to 10



go to the nurse



ask for help



dance

Thank you for shopping



**SYD IN SPED**



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## CREDITS

