



Period 1	7:45 – 8:20
Period 2	8:25 – 8:55
Period 3	9:00 – 9:30
Break	9:30 – 9:40
Period 4	9:45 – 10:15
Period 5	10:20 – 10:50
Period 6	10:55 – 11:25
Period 7	11:30 – 12:00
Lunch	12:00 – 12:15

**Daily Bulletin**

**Thursday, August 14th, 2025**

**Today we will be on a Minimum Day Schedule. You will attend Period 1-3 before break, and periods 4-7 after break. Lunch will take place at 12:00, and busses will depart promptly at 12:15.**

**NO SCHOOL TOMORROW. Enjoy your 3-day weekend!**

**Fall Sports Tryouts start next week!** You must be signed up on SportsNet by the end of the week – Friday, August 15<sup>th</sup> in order to participate in Volleyball, Soccer, Cheerleading or Cross-Country tryouts next week. The **SportsNet** link is found on our school website under the **ATHLETICS** tab. We are unable to accept late SportsNet Registration, so make sure your parents have signed you up on **SportsNet** before Friday.

**7<sup>th</sup> or 8<sup>th</sup> Grade Girl's Volleyball Tryouts** will take place after school on Monday and Tuesday from 3-5pm.

**All Boys Volleyball Tryouts** will take place next Wednesday and Thursday,

**6<sup>th</sup> Grade Girls Tryouts** will be held on August 27 and 28.

**All Soccer Tryouts** will be held Tuesday, August 19 through Thursday, August 21.

**Cross Country Practice** will begin on Monday, August 25.

**For a complete list of all Fall Sports Tryout dates and times, please visit our webpage and click on ATHLETICS.**

**Do you have the spirit to join the CMS Cheer Team?** We're opening the **2025–2026 Cheer squad** to new members – but only at the start of the year! If you want to cheer at all this school year, you must have a parent complete the **SportsNet** signup under our **ATHLETICS** tab on our website by TOMORROW afternoon, and attend our mandatory meeting and practice on Monday, August 18th from 3:00 to 3:30pm. You'll learn about the commitment, sign your contract, and take one home for a family signature. Questions? See Coach Hanes in the Library. **Let's go Cougars!**

**Get ready CMS! Next week is our Back-to-School Spirit Week Grade Level Competition.** In order to become the **Spirit Week Champions**, you simply need to dress up for all of the spirit days and participate in the lunchtime activities. Just so you are clear, this is a grade-level competition. Each day you will be able to earn spirit points for your sixth, seventh, or eighth grade class. For instance, if you dress up for a spirit day, you will automatically earn a point for your grade level. Please be sure that ALL outfits are school-appropriate. On **Monday - Pajama Day!** Don't forget that we have Carmel PJ's for sale in the front office. **Tuesday - Summer Vacation - Beach Day.** Pull out your board shorts and Hawaiian shirts for this spirit day. Then on **Wednesday - Dress Your Best for Picture Day.** This dress-up day will help you prepare for the BEST school picture ever. "Dress Your Best" on Wednesday and put a big smile on your face! **Thursday - Sport Your Favorite Sports Day.** Pull out your favorite team's jersey or dress up in your favorite sports uniform. Finally, on **Friday - Cougar Pride Day.** Wear our school colors or LOTS of Carmel gear so you can earn spirit points on the final day of the week.

**Join the newest club at CMS!** Come to room S2 on MONDAY to learn about the **Video News and Podcast Club!** Want to report on CMS news and activities? Want to record an interview podcast with your friends? This is your chance to use awesome video production equipment and new MacBooks to make epic videos. See you Monday at lunch time!

**Today's Menus: Breakfast:** Everything Bagel w/Cream Cheese, UBR Bar, and Cinnamon Toast Crunch.

**Lunch:** Breaded Chicken Drumstick & Cornbread, Cheeseburger, Spaghetti & Roll, or a Yogurt Parfait w/ Granola.

**Happy Birthday to:** \_\_\_\_\_ Also, Happy Birthday to everyone celebrating over the 3-Day weekend, including: \_\_\_\_\_