

Elementary September 2025

Nutrition Corner



Gluten Free

**Rolls, Cereal, Pizza/Pasta
Chicken Nuggets/Carrot/Cucumber
Sushi**

MEAL OF THE DAY \$4.00

INCLUDES

*Vegetable, Fresh Whole Fruit, 100%
Fruit Juice (6oz)*

*Hormone/Antibiotic Free Skim, Low
Fat Choc, 1%, and Whole Milk
Fresh Fruit Basket offered Daily*

Pre-Made Sandwiches offered daily with Boar's Head Meats

Turkey, Ham, Salami, Buffalo Chicken
Cheddar/American/Provolone Cheese
Sun Butter and Jelly Sandwich
Bagel with Butter/Cream Cheese
Pre-Wrapped Roll with Butter


Pre-Made Salads Available:

Chicken Caesar Salad/Caesar Salad
Garden Salad/Greek
Large: \$5.50-\$6.25 Small \$3.25-\$5.25

À la Carte Prices

Mini 8oz Poland Spring Water \$1.25
Poland Spring Water 16oz \$1.50
Horizon Organic Milk \$2.50
Soy Milk \$2.50
Baked Snack Varieties \$1.50-\$2.75
Fresh Fruit Purchase \$1.00
Fruit Cup 9oz \$2.50
Baked Cookie \$1.25 (Wednesdays)
Ice Cream \$1.75-\$2.75 (Fridays Only)

*Strawberry/Banana Smoothies made fresh at
your school*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2 Oven Baked Chicken Tenders (4) Sauteed Green Beans (Local NJ Farm) Fresh Apple 100% Fruit Juice Hormone Free Milk	3 Barilla Shell Baked Macaroni and Cheese (Buttered pasta available) Cucumber/Tomato Salad Cantaloupe Slice 100% Fruit Juice Hormone Free Milk	4 Yogurt/Acai Bar Greek Yogurt or Acai choice of toppings: Strawberry/Banana Local NJ Blueberries Mini Bagel Butter/CC Nut Free Granola Chia Seed and Agave 100% Juice and Milk	5 Pizza Day Garden Salad Sliced Packaged Apples (Peterson Farms) Assorted 6oz Juice Hormone Free Milk Piazza Pizza at Milton
8 Grilled Chicken Quinoa Salad Roasted Zucchini and Yellow Squash (Local Jersey Farm) Honey Dew Slices 100% Fruit Juice Hormone Free Milk	9 Penne Pasta Rosé With Chicken Fresh Basil (Local NY Farm) Choice of Pink Sauce or Butter Toasted Garlic Bread Roasted Broccoli Fresh Grapes 100% Fruit Juice Hormone Free Milk	10 Cheese Quesadilla Seasoned Black Beans with Brown Rice Pico de Gallo Sour Cream/Guacamole Apple Sauce (Peterson Farms) 100% Fruit Juice Hormone Free Milk	11 Brunch for Lunch Challah Bread French Toast Potato Rounds Sausage Patty Orange Wedges 100% Fruit Juice Hormone Free Milk	12 Pizza Day Caesar Salad Sliced Packaged Apples (Peterson Farms) 100% Fruit Juice Hormone Free Milk Piazza Pizza at Osborn
15 Angus Burger or Cheeseburger Brioche Roll Lettuce/Tomato/Pickle Baked Steak Cut Potato Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk	16 Brunch for Lunch Waffle or Pancake Hard Boiled Egg Hash Brown Potato Fresh Banana Green Bell Pepper Slices (Local Jersey Farm) 100% Fruit Juice Hormone Free Milk	17 Barilla Rotini Pasta with Marinara, Meat or Butter Sauce Toasted Garlic Bread Sautéed Spinach Garden Salad 100% Fruit Juice Hormone Free Milk Sushi California Roll Cucumber Carrot \$6.75	18 TACO BOWL Seasoned Taco Meat Fluffy White Rice Shredded cheddar/lettuce Pico De Gallo Sour Cream/Guacamole 100% Fruit Juice Hormone Free Milk Kindergarten bring your parent to lunch at Osborn	19 Pizza Day Greek Salad with Feta Sliced Packaged Apples (Peterson Farms) 100% Fruit Juice Hormone Free Milk Piazza Pizza at Midland Kindergarten bring your parent to lunch Midland School
22 Boneless Chicken Wings With BBQ or Honey Mustard Roasted Kale (Local Jersey Farm) Veggie Pasta Salad 100% Fruit Juice Hormone Free Milk	23 School Closed 	24 Try our Own Fresh Made Hummus With Pretzels or Carrot/ Celery Sticks Greek Yogurt Parfit Nut Free Granola Strawberries Blueberries (Local NJ Farms)	25 Raman Noodle Bowl Yakisoba Noodles GF Rice Noodle Available Grilled Chicken Grilled Tofu Shelled Edamame Steamed Broccoli Fortune Cookie Orange Slices	26 Pizza Day Baby Carrots Sliced Packaged Apples (Peterson Farms) Fresh Fruit 100% Fruit Juice Hormone Free Milk Piazza Pizza at Milton Kindergarten Bring parent to lunch Milton School

We try our best to serve our menus as posted; however, sometimes last-minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns. Rye accepts checks made payable to the Rye City Schools to avoid fees associated with myschoolbucks. Please include child's name in memo.