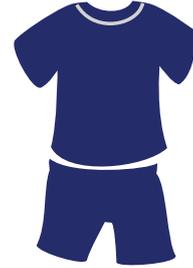


Fitness Center Expectations



Sign in Every Time with ID

**Proper Attire Required
(Athletic top & bottom)**



**Athletic Footwear Only
(NO Crocs, Slides, or
Barefoot)**

**Phones Stay in Yellow Bin
& No Backpacks**



Safety First

**Use clips/collars on
all barbells**

Re-rack weights

**Use a spotter for
heavy/overhead lifts**

**Sanitize equipment
after use**