

2025-2026 PARENTAL CONSENT FOR SPORTS PARTICIPATION

I hereby give my son/daughter, _____, permission
student's name
to participate in all school sports that he/she decides to try out for at the Holbrook School.*

I am aware that in order for my child to try out for a sport and to participate in sports programs he/she must have a physical and an annual *Holbrook School Annual Student Health Report* form completed and on file.**

I am aware that playing or practicing to play/participate in any sport can be a dangerous activity involving many risks or injury. I understand that the dangers and risks of playing or practicing to play/participate in any sport include, but are not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, and serious injury or impairment to other aspects of my body, general health and well-being. I understand that the dangers and risks of playing or practicing to play/participate in any sport may result not only in serious injury, but in a serious impairment of my future abilities to earn a living and to engage in other business, social, and recreational activities.

Because of the dangers of participating in any sport, I recognize the importance of following coaches' instructions regarding playing and training technique, team rules, etc., and agree to obey such instructions.

*School policy **JJIF Management of Concussions and Other Head Injuries** states that a student suspected of having sustained a concussion or other head injury during a school activity, including but not limited to participation in interscholastic sports, must be removed from the activity immediately. A student and his/her parent(s)/guardian(s) will be informed of the need for an evaluation for brain injury before the student is allowed to return to full participation in school activities, including learning. No student is permitted to return to the activity or to participate in other school activities on the day of the suspected concussion. For the complete concussion policy, please see the policy on the RSU 63 website.*

In consideration of the Holbrook School Department's permitting me to play sports and engage in all activities related to the team, including, but not limited to, practicing or playing any sport, I hereby assume all the risks associated with such participation. I agree to report all of my injuries to my coach within 24 hours of their occurrence.

Signature of student _____ Date _____

Signature of parent/guardian _____ Date _____

Signature of parent/guardian _____ Date _____

*Currently sports offered at Holbrook are: baseball, basketball, cheerleading, soccer, cross country, softball, and track.

** Students are required to have a physical every other year, for example: in Grade 5 & 7; a Holbrook School Annual Student Health Report is required annually. Students who have not had a physical in 5th grade are required to have a physical prior to tryouts and participation in any sport.