

Hampton High School
2025-2026

Bell Schedule

Period	Time	Minutes
Breakfast	7:45 am - 8:05 am	20 minutes
Transition	8:05 am - 8:15 am	10 minutes
1st Block	8:15 am - 9:50 am (Including Morning Announcements)	95 minutes
2nd Block	9:55 am - 12:10 pm	135 minutes
LUNCH TIME		
A Lunch	10:45 am – 11:10 am	25 minutes
B Lunch	11:15 am - 11:40 am	25 minutes
C Lunch	11:45 am – 12:10 pm	25 minutes
3rd Block	12:15 pm – 1:45 pm	90 minutes
4th Block	1:50 pm - 3:15 pm (3:10pm-3:15pm afternoon announcements)	90 minutes