WHAT IS A REIMBURSABLE MEAL?

A reimbursable meal is mandated by USDA and every school participating in the National School Lunch and/or Breakfast Program must offer certain components to students every day. Below are the component requirements set by USDA based on meal and grade.

Breakfast K- 12th Grade

- Fruit – 1 cup
- Grains – 1 to 2 oz. equivalents
- Milk – 1 cup

Lunch K - 8th Grade

- Fruit - 1/2 cup
- Vegetables - 3/4 cup
- Grains - 1 oz. equivalent
- Meat/Meat Alternate - 1 oz.
- Milk - 1 cup

9th - 12th Grade

- Fruit - 1 cup
- Vegetables - 1 cup
- Grains - 2 oz. equivalents
- Meat/Meat Alternate - 2 oz.
- Milk - 1 cup

For lunches, each student must have at least 3 components, and 1 component must be a fruit or vegetable to be counted as* Reimbursable*. If the plate does not contain these items, the student will be charged ala carte pricing.