



# LINCOLN HIGH SCHOOL

Mrs. Kayla Lian – Principal

Mrs. Carrie Anderson – Dean of Students

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August 12, 2025

Dear Students and Parents/Guardians of Lincoln High School:

I'm honored and grateful to serve as the principal of Lincoln High School. It's hard to believe this is already my third year back at Lincoln. I'm married to my wonderful husband, Chris, who teaches social studies at FMS. Together, we have five sons: Kellen (6th grade), Everett and Jackson (4th grade), Beckett (2nd grade), and Declan (3 years old). Prowler Pride runs deep in our family—both Chris and I are proud Lincoln alumni, and our boys love wearing their blues and golds. This marks my 16th year in education, and I'm just as passionate today as I was on my very first day. I'm proud to call Thief River Falls home and to be part of the leadership team here at Lincoln High School.

I'm also thrilled to share that Carrie Anderson is returning to our administrative team as Dean of Students. She will oversee attendance and student discipline. Before joining LHS, Carrie taught at CES and brings 15 years of diverse experience in education. Like me, she is beginning her 16th year in the field. Carrie and her husband, Kyle, have four children: Cooper (LHS Class of '24), Marley (12th grade), Spencer (11th grade), and Weston (7th grade). I'm excited to continue working alongside Carrie and grateful for her leadership at LHS.

To our returning students: you are truly an incredible group. You consistently show kindness, compassion, and what it means to live “*The Prowler Way*” – and no, that's not just about wearing blue and gold on Fridays (though we love that too). Your positive energy and leadership help make Lincoln a place we're all proud to call home. To our incoming freshmen and new students: get ready. You're about to join something pretty special. Lincoln is a one-of-a-kind place with amazing opportunities inside and outside the classroom. My advice? Jump in. Try new things. Join a sport, pick up an instrument, run for student council. Try a class you never thought you'd be interested in. Getting involved is one of the best ways to make the most of your high school years – and, bonus, it makes Mondays slightly more bearable. The more you invest in your school and your community, the more prepared you'll be for whatever exciting adventures come next. So take a deep breath, grab your iPads, and let's make this an unforgettable year. We're so glad you're here!

### **Action Required: Update Student Information Before School Starts**

Thief River Falls Public Schools is asking all parents/guardians to update their student(s)' information through the **ParentVUE** section of the TRF Schools website. This update includes:

- Address and phone number changes
- **Student** cell phone numbers
- Emergency contact updates
- Parent/guardian information
- Immunization records
- Transportation needs
- Application for Educational Benefits (Free and Reduced Lunch)

**This is required for all students and must be completed before the start of the school year.** Thank you for helping us keep your student's information accurate and up to date!

### **iPad + Info Packet Handout for Grades 9-12 – Tuesday, August 12 | 9:00 AM – 4:00 PM | LHS Commons**

iPad pick-up will look a little different this year. Students in grades 9–12 can pick up their iPads anytime between 9:00 AM and 4:00 PM on Tuesday, August 12th in the LHS Commons. **Before receiving your iPad, the following must be completed:**

- All required forms filled out online
- \$60 insurance fee paid
- Any outstanding technology fees (for lost/damaged items) paid in full

If you're eligible for free or reduced lunch, *your insurance fee may be reduced or waived*. You can complete the Application for Educational Benefits online at [www.lunchapplication.com](http://www.lunchapplication.com). We encourage families to use the online application for faster processing. If you missed the iPad handout, you will be called down during the 1st period on Tuesday, 9/2 to receive it.

### **Freshmen & New Student Orientation – August 19-21**

Orientation sessions for freshmen and new students will be held August 19–21. If you haven't signed up yet, please call **218-681-8672** to schedule a session – space is limited for each time slot. During orientation, students will:

- Receive their class schedules and devices
- Review LHS expectations
- Tour the building

We ask that **at least one parent or guardian** attend with their student. We look forward to welcoming you to Lincoln High School!

### **Lincoln High School Open House – Wednesday, August 27th | 4:30–6:30 PM**

Students and parents are invited to explore the building, walk through class schedules, set up lockers, and meet teachers. We encourage **all students** to attend—it's a great way to get ready for the school year!

### **Communication**

Staying connected is important! Throughout the school year, please visit our website [lhs.trfschools.org](https://lhs.trfschools.org) for the latest information. You'll find:

- Teacher lesson plans
- Access to **ParentVUE** for grades and attendance
- School announcements
- A calendar of events
- Updates from our counseling and activities offices

You can also stay informed by following us on social media: **Facebook:** [facebook.com/LHSTRF](https://facebook.com/LHSTRF) & **Instagram:** @LHS\_TRF

All **LHS newsletters** will be sent via email and will be available on our website. We encourage you to check in regularly to stay up to date!

### **Start/End Time Reminder**

The school day will begin at 8:15 AM and end at 3:06 PM. Please note that we are moving away from the traditional 4-block schedule. This year, we will be using an 8-period – modified block schedule. Both the Daily Schedule and Block Schedule are included in this packet for your reference. On Wednesdays, you will meet with your odd period classes and on Thursdays, you will meet with your even period classes.

### **25/26 LHS Schedule Change Requests**

As Lincoln High School transitions to a schedule made up of semester and year-long courses, there are fewer opportunities to rearrange schedules once the year begins. Because of this, schedule changes will only be considered for specific academic reasons. If you need to request a change, please use the official form provided by the counselor's office, and make sure your parent/guardian gives permission. Counselors will review submissions and respond by email during the designated review windows. Students must follow the schedule listed in Synergy/StudentVUE unless a change is confirmed. The deadline to request a schedule change for Semester 1 and year-long classes is **August 28**. More information attached, along with the QR code for access to the form.

### **Parking & Student Pick-Up**

All students who drive to school – including motorcycles and ATVs – are required to purchase a parking permit. The permit costs **\$10** and helps us easily identify vehicles in our lot, ensuring a safer parking environment for everyone. Permits can be purchased in the main office. Students who do not follow parking rules may receive parking tickets. Please drive responsibly while in the parking lot.

**Parent Pick-Up:** To reduce congestion near the main entrance, parents are asked to pick up students on the **east** side of the building, which is closer to student lockers and reduces the congestion at the main entrance.

**Student Reminder:** If you do not have after-school activities or other school business, please avoid loitering inside the building and have a plan once the 3:15 bell rings.

Thank you for helping us keep everyone safe and our campus running smoothly!

### **Prowler Hour is BACK!!**

From the end of September through May, LHS proudly offers **free tutoring** for all students every Monday and Wednesday from 3:10 to 4:10 PM in the Media Center. Teachers are available to support students who need help catching up in classes, working on a research project, or those who simply want a quiet place to work with access to assistance. **No sign-up needed – just show up when you need some help!**

### CCR Update

As part of our ongoing college and career reading efforts, we are updating how CCR (College/Career Readiness) is delivered at Lincoln High School. Beginning this year, there will no longer be a separate CCR course. Instead, we will implement our CCR fundamentals through **Freshmen and Sophomore Seminar** and **Junior and Senior Focus** courses. These classes will incorporate the core elements of college and career readiness—academic, admissions, career, financial literacy, and social/emotional learning in order to provide a well-rounded foundation for life beyond high school. We're excited about this new structure and the opportunities it creates to better support our students in grades 9–12 as they plan for their futures.

### Welcome New LHS Staff

We are excited to welcome several new members to our Prowler family:

- Linda Fellman (Paraprofessional)
- Nathan Hruby (SPED Teacher)
- Khloe Lund (Administrative Assistant to the Activities Director)
- Tanya Mickolio (SPED Teacher)
- Rachel Moore (Paraprofessional)
- Martha Rivera (Paraprofessional)
- Danielle Schantz (Reading Interventionist)
- Luke Stavos (Academic Student Resource Coordinator)
- Kenton Wolford (Freshman Seminar Teacher)

We're thrilled to have them join our team. When you see them around, please give them a warm Lincoln High School welcome! They are wonderful additions to our school community.

### Policy Reminders

As we continue to foster a safe, respectful, and positive environment at Lincoln High School, we want to remind you of some key policies that remain in place, and a few clarifications based on feedback from last year. For full details, please refer to the updated LHS Handbook available on our website. Here are the main points to keep in mind:

- **Lockers:** Students are permitted to bring backpacks to and from school. However, for safety reasons, backpacks, coats, personal belongings, and any academic materials not currently in use must be stored in lockers during the school day. These items are not allowed in classrooms.
- **Cell Phones:** Students are required to place their cell phones in the classroom caddies at the start of each class period and are not allowed to carry phones on their person during class. This also applies when students are in the office; phones must be placed in the office caddy.
- **Earbuds/Headphones:** Use of earbuds or headphones in class is allowed only with teacher permission. To ensure communication and safety, students should keep both ears free while in the hallways.
- **Hoods and Hats:** Wearing hoods on heads inside the building is not allowed. Hats may be worn as long as they comply with the student dress code, though individual teachers may restrict hats in their classrooms at their discretion.

Thank you for your continued support in helping us maintain a positive and focused learning environment!

Our LHS staff and I are genuinely excited to kick off another great school year! Students – enjoy every last minute of summer. Soak up the sun, eat the extra scoop of ice cream, and sleep in while you still can. As always, if you have further questions, don't hesitate to reach out; we will do our best to answer them. We can't wait to see you soon!

### LHS Contact Numbers

Main Office: 681-7432

Attendance Line: 681-8671

Activities Office: 681-7140

Counseling Office: 681-8672

*The Prowler Way,*



Mrs. Kayla Lian

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