

# **Counseling and Mental Health**

**Local Course #:** 82102

**State Course ID:** §127.616

**Course Description:**

Students model the knowledge and skills necessary to pursue a counseling and mental health career through simulated environments. Students are expected to apply knowledge of ethical and legal responsibilities, limitations, and the implications of their actions. Professional integrity in counseling and mental health care is dependent on acceptance of ethical and legal responsibilities.

**Link to TEKS:**

[https://texas-sos.appianportalsgov.com/rules-and-meetings?\\$locale=en\\_US&interface=VIEW\\_TAC\\_SUMMARY&queryAsDate=08%2F05%2F2025&recordId=225604](https://texas-sos.appianportalsgov.com/rules-and-meetings?$locale=en_US&interface=VIEW_TAC_SUMMARY&queryAsDate=08%2F05%2F2025&recordId=225604)

**First 9 Weeks Major Topics:**

Unit 1 - Careers in Mental Health

Unit 2 - Societal Perspective of Mental Health

Unit 3 - Lifespan Development

**Second 9 Weeks Major Topics:**

Unit 4 - Nervous System

Unit 5 - Disorders & Modalities

**Third 9 Weeks Major Topics:**

Unit 6 - Skills of Mental Health Professionals

Unit 7 - Mental Health Environment

**Fourth 9 Weeks Major Topics:**

Unit 8 - Counseling Ethics & Client Rights

Unit 9 - Technology and Information Management in Mental Health