

Health Science Practicum Certified Nursing Assistant

Local Course #: 81816

State Course ID: 13020500

Course Description:

Health Science Practicum: Certified Nursing Assistant (CNA) is designed to provide students with the knowledge and skills necessary to perform basic care services such as Personal Care skills and Activities of Daily Living (ADLs) for residents in the Long-Term Care setting. It prepares students to function in the role of Nursing Assistant under the supervision of a Registered Nurse (RN) or Licensed Practical Nurse (LPN). This course is designed to meet the curriculum requirements of Texas Health and Human Services (HHS) for Nurse Aide Training and Competency Programs (NATCEPS) in the state of Texas. Texas HHS requires student to complete a minimum of 60 Classroom Instruction hours and 40 Clinical Training hours in a Long-Term Care facility. Satisfactory completion of the course provides eligibility to take the state-approved Certified Nursing Assistant (CNA) examination with both Written and Clinical Skills components.

Link to TEKS:

[https://texas-sos.appianportalsgov.com/rules-and-meetings?\\$locale=en_US&interface=VIEW_TAC_SUMMARY&queryAsDate=08%2F05%2F2025&recordId=225584](https://texas-sos.appianportalsgov.com/rules-and-meetings?$locale=en_US&interface=VIEW_TAC_SUMMARY&queryAsDate=08%2F05%2F2025&recordId=225584)

First 9 Weeks Major Topics:

Introduction to Long-Term Care

Communication

Social Skills

Infection Control

Safety and Emergency Care

Resident's Environment

Second 9 Weeks Major Topics:

Personal Care Skills

Basic Nursing Skills

Nutrition and Hydration

Elimination Care

Prevention of Pressure Ulcers

Third 9 Weeks Major Topics:

Mental Health and Social Service Needs

Restorative Services

Caring for Resident Death

Clinical Training in the Long-Term Care Facility

Fourth 9 Weeks Major Topics:

State Certification Testing

How to Maintain "Active" Status in the Nurse Aide Registry

HHS Texas Nurse Aide In-Service Education