

# **Practicum in Health Science Patient Care Technician (PCT)**

**Local Course #:** 0

**State Course ID:** 13020500, 13020510

## **Course Description:**

As a Certified Patient Care Technician/Assistant (CPCT/A), students will be trained to perform hands-on assistance to serve patients' basic needs under the supervision of licensed health professionals. Some procedures and responsibilities include: assisting the nurse or physician, providing physical patient care including vital signs, performing basic lab tests and phlebotomy, administering cardiac monitoring tests such as EKG's, and assisting the patient with basic care such as bathing and mobility.

Students have the opportunity to obtain the American Heart Association Basic Life Support (CPR) certification. A strong emphasis will be placed on ethics, accountability, professionalism, and each individuals' commitment to pursue lifelong personal and professional development. Students are expected to have professional behavior at all times while preparing for and participating in this experience and must commit to protecting patient privacy.

Students will also have an opportunity to further develop their clinical skills by rotating to a local hospital for clinicals internships. They will be able to work under a mentor and shadow nurses and PCT's as they care for patients admitted to the hospital.

## **Link to TEKS:**

<https://tea.texas.gov/about-tea/laws-and-rules/sboe-rules-tac/sboe-tac-currently-in-effect/ch130h.pdf>

## **First 9 Weeks Major Topics:**

Nursing Assisting Skills: NHA Module 1: overview of most common diseases, body systems, vital signs, basic bedside care

## **Second 9 Weeks Major Topics:**

NHA Module 2: compliance, regulations, scope of practice, medical terminology review; NHA Module 3: Infection Control, handwashing, infection prevention, use of PPE

## **Third 9 Weeks Major Topics:**

NHA Module 4: Phlebotomy Skills: safety, prevention of complications, venipuncture, order of draw, non-blood specimen collection

## **Fourth 9 Weeks Major Topics:**

NHA Module 5: EKG skills: placement of EKG leads, administration of EKG, patient comfort and safety, reading EKG strips and reporting up abnormals and emergencies