



Breakfast—High



Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
11	12	13 Ham Egg & Cheese Croissant Chocolate or Blueberry Muffin Cereal— Lucky Charms, Cinnamon Toast Crunch, or Trix Apple Mixed Berry Fruit Pop Orange Juice	14 Sausage Biscuit Yogurt Parfait Cereal— Lucky Charms, Honey Nut Cheerios, or Cocoa Puffs Orange Pineapple Cup Grape Juice	15 Cinnamon Roll Brown Sugar Cinnamon Oatmeal Cereal— Honey Nut Cheerios, Cinnamon Toast Crunch, or Trix Blueberries Strawberry Craisins Fruit Punch Juice
18 Sausage Egg & Cheese Croissant Mini Strawberry Cream Cheese Bagels Cereal— Lucky Charms, Cinnamon Toast Crunch, or Trix Pineapple Tropical Fruit Cup Apple Cherry Juice	19 Eggo Mini Waffles w/ Sausage Link Yogurt & Graham Crackers Cereal— Lucky Charms, Honey Nut Cheerios, or Cocoa Puffs Banana Peach Applesauce Berry Blend Juice	20 Chicken Biscuit Chocolate or Blueberry Muffin Cereal— Lucky Charms, Cinnamon Toast Crunch, or Trix Apple Mixed Berry Fruit Pop Orange Juice	21 Pancake Sausage Stick Yogurt Parfait Cereal— Lucky Charms, Honey Nut Cheerios, or Cocoa Puffs Orange Pineapple Cup Grape Juice	22 Cinnamon Roll Brown Sugar Cinnamon Oatmeal Cereal— Honey Nut Cheerios, Cinnamon Toast Crunch, or Trix Blueberries Strawberry Craisins Fruit Punch Juice
25 French Toast w/ Sausage Link Mini Strawberry Cream Cheese Bagels Cereal— Lucky Charms, Cinnamon Toast Crunch, or Trix Pineapple Tropical Fruit Cup Apple Cherry Juice	26 Pancake Sausage Bites Yogurt & Graham Crackers Cereal— Lucky Charms, Honey Nut Cheerios, or Cocoa Puffs Banana Peach Applesauce Berry Blend Juice	27 Ham Egg & Cheese Croissant Chocolate or Blueberry Muffin Cereal— Lucky Charms, Cinnamon Toast Crunch, or Trix Apple Mixed Berry Fruit Pop Orange Juice	28 Sausage Biscuit Yogurt Parfait Cereal— Lucky Charms, Honey Nut Cheerios, or Cocoa Puffs Orange Pineapple Cup Grape Juice	29 Cinnamon Roll Brown Sugar Cinnamon Oatmeal Cereal— Honey Nut Cheerios, Cinnamon Toast Crunch, or Trix Blueberries Strawberry Craisins Fruit Punch Juice

Welcome back! We are so excited to serve you this school year.

All meals are served with a choice of milk: Chocolate, White, or Lactose Free.

To view our monthly menus, meal prices, charge policy, nutrition and allergy information, and free/ reduced meal program guidelines go to www.wsisd.com
Download the app or visit www.schoolcafe.com

Please call the Child Nutrition office if you have any questions 817-367-1310

Items do not contain pork unless otherwise noted.

This institution is an equal opportunity provider. Menus are subject to change.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER