



Lunch — High



	Monday	Tuesday	Wednesday	Thursday	Friday
The Grill	Brisket Sandwich Corn Dog Sweet Potato Fries Veggie Beans	Hamburger/ Cheeseburger BBQ Chicken Sandwich Sandwich Salad Curly Fires Corn	Chicken Sandwich Sandwich Salad Baby Carrots Waffle Fries	Hamburger/ Cheeseburger Hot Dog w/ Chili Sandwich Salad Broccoli Ranch Beans	Spicy Chicken Sandwich Sandwich Salad Wedge Fries Glazed Carrots
Build A Bowl	Ramen Bowl— Shoyu or Tonkotsu* broth Choice of Protein Yakisoba noodles Bean Sprouts Mushrooms	Pasta Bowl Choice of Pasta, Sauce, Protein Lil' Caesar Salad Green Beans	Chipotle Bowl Choice of Rice, Protein Peppers & Onions Fiesta Corn & Black Beans	Potato Bowl Choice of Baked Potato or Fries & Protein w/ Toppings Steamed Broccoli Ranch Beans	Asian Bowl Choice of Rice, Protein, Sauce Vegetable Egg Roll Glazed Carrots
Bear Zone	Beef Nachos Lettuce & Diced Tomatoes Pinto Beans	Crispitos Corn Caesar Salad	Beef Nachos Sliced Cucumbers Baby Carrots	Walking Doritos Beef Nachos Lettuce & Diced Tomatoes Broccoli	Beef Nachos Lettuce & Diced Tomatoes Refried Beans
Dining Den	Not Fried Chicken & Biscuit Uncrustable Baby Carrots Veggie Beans	Beef Nuggets Uncrustable Corn Mashed Potatoes w/ gravy	Chicken Tenders w/ Mac N Cheese Uncrustable Steamed Broccoli Sliced Cucumbers	Spicy/ Chicken Nuggets w/ Breadstick Uncrustable Broccoli Waffle Fries	Chicken & Waffle Uncrustable Glazed Carrots Green Beans
Pizza	Pepperoni Pizza Pepperoni & Jalapeno Pizza Wild Mike's Cheese Bites Baby Carrots Veggie Beans	Pepperoni Pizza Meat Eaters Pizza Wild Mike's Cheese Sticks Corn Lil' Caesar Salad	Cheese Pizza Pepperoni & Jalapeno Pizza Chicken Wings & Breadstick Baby Carrots Celery Sticks	Pepperoni Pizza Buffalo Chicken Pizza French Bread Garlic Pizza Broccoli Ranch Beans	Pepperoni Pizza Ranchero Pizza Wild Mike's Jalapeno Cheese Bites Glazed Carrots Green Beans
Sub/ Salad	Build A Sub Sandwich Ham or Turkey Provolone or Cheddar Cheese Vegetable Toppings	Salad Bar Spicy or Grilled Chicken Salad Toppings	Grilled Chicken Caesar Wrap Buffalo Chicken Wrap Baby Carrots Sliced Cucumbers	Salad Bar Ham or Chicken Nuggets Salad Toppings	Build A Sub Sandwich Ham or Turkey Provolone or Cheddar Cheese Vegetable Toppings
Fruit	Fruit Punch Juice Strawberries & Blueberries Grapefruit Craisins	Grape Juice Red Grapes Honeydew Mandarin cup	Berry Blend Juice Pineapple Orange Fruit Pop	Apple Cherry Juice Banana Cantaloupe Applesauce	Orange Juice Watermelon Green Grapes Peach cup

Welcome back! We are so excited to serve you this school year.

All meals are served with a choice of milk: Chocolate, White, or Lactose Free. To view our monthly menus, meal prices, charge policy, nutrition and allergy information, and free/ reduced meal program guidelines go to www.wsisd.com. Download the app or visit www.schoolcafe.com. Please call the Child Nutrition office if you have any questions at 817-367-1310

Items do not contain pork unless otherwise noted with *

This institution is an equal opportunity provider. Menus are subject to change.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER