




Lunch—West FCLC



Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
11	12	13	14	15
		Beef Soft Taco Pinto Beans Mandarin Oranges	Spaghetti & Meatballs Green Beans Banana	Wild Mike's Pizza Slice cheese Glazed Carrots Watermelon
18 Chicken Nuggets Waffle Fries Peas & Carrots Cinnamon Applesauce	19 Hamburger or Cheeseburger Smiley Fries Glazed Carrots Honeydew	20 Chicken Soft Taco Ranch Style Beans Pineapple cup	21 Macaroni & Cheese Steamed Broccoli Cantaloupe	22 Wild Mike's Cheese Bites Green Beans Peach Cup
25 Chicken & Waffle Green Beans Strawberries & Blueberries	26 BBQ Chicken Sandwich Sweet Potato Fries Peach Applesauce	27 Beef Soft Taco Pinto Beans Mandarin Oranges	28 Breakfast for Lunch -Omelet & 3 pancakes Roasted Potatoes Banana	29 Wild Mike's Pizza Slice pepperoni Steamed Broccoli Watermelon

Welcome back! We are so excited to serve you this school year.

All meals are served with a choice of milk: 1% White, or Lactose Free.

BearPack is Grape or Strawberry Uncrustable with Cheese Stick and Pretzels. Salads & **Baked Potatoes** are served with whole grain roll or breadstick. Students must also choose a fruit and/or vegetable.

To view our monthly menus, meal prices, charge policy, nutrition and allergy information, and free/ reduced meal program guidelines go to www.wsisd.com
 Download the app or visit www.schoolcafe.com

Please call the Child Nutrition office if you have any questions
817-367-1310

Items do not contain pork unless otherwise noted.

This institution is an equal opportunity provider. Menus are subject to change.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER