

# MEET THE COACHES NIGHT

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MONOMOY REGIONAL HIGH SCHOOL



# WELCOME AND INTRODUCTIONS

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ATHLETIC DIRECTOR – Karen Guillemette, CAA

FALL HEAD COACHES:

- Football – Rob Sliney
- Cheer – Robbin Kelley
- Boys Soccer – Keith Clark
- Girls Soccer – Jenn Peterson
- Field Hockey – Kyle Cappallo
- Cross Country – Phil Wright
- Boys Golf – John Anderson
- Unified Basketball – Shana Grogan
- Girls Volleyball – Lindsey Hooper

# ATHLETIC DEPARTMENT PHILOSOPHY

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STUDENT ATHLETES REPRESENT OUR SCHOOL

GOOD SPORTSMANSHIP IS EXPECTED

EVERY STUDENT ATHLETE KNOWS THEIR ROLE AND HAS A POSITIVE EXPERIENCE

# EXPECTATIONS OF PARENTS AND FANS

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BE RESPECTFUL AT ALL TIMES OF OFFICIALS AND OTHER FANS

BE POSITIVE AND ENCOURAGING TO THE STUDENT ATHLETES

ALL POSITIVE, ALL THE TIME!!

HAVE FUN!

# CHAIN OF COMMAND

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COACH

ATHLETIC DIRECTOR

PRINCIPAL

SUPERINTENDENT

# MIAA AND MONOMOY: KEY RULES

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**BONAFIDE TEAM MEMBER RULE:** WHICH STATES STUDENT ATHLETES CAN NOT MISS A HIGH SCHOOL PRACTICE OR GAME TO PLAY ANOTHER SPORT

**SUBSTANCE ABUSE:** MIAA POLICY IS 25% OF THE SEASON. SCHOOL POLICY HAS BEEN UPDATED SO PLEASE READ THE HANDBOOK CAREFULLY. SUMMARY – IF THE STUDENT CHOOSES THE HEALTHY CHOICES OPTION, THEY ONLY SERVE THE 25% OF THE SEASON ATHLETIC SANCTION. NEW VAPING RULES AS WELL, ALL VAPING VIOLATIONS WILL SERVE THE MIAA SANCTIONS AND STUDENTS WILL BE REQUIRED TO PARTICIPATE IN AN 8 WEEK PROJECT CONNECT COURSE. IF A STUDENT HAS 3 VIOLATIONS IN THE SAME SCHOOL YEAR THEY ARE INELIGIBLE FOR SPORTS THE REMAINDER OF THE YEAR

**VACATION POLICY:** Any student who plans to be absent for an extended period of time due to vacation or a planned extended absence, should discuss this situation with the coach prior to trying out for the team. Any student-athlete who misses scheduled games due to vacations, family trips, etc. will be ineligible for participation until they make up the number of games missed. Any missed scheduled practices will be handled by the coach of each of the respective teams. Mandatory school sanctioned trips are considered excused absences. Exceptions to this rule can only be approved by the Principal and/or the Athletic Director prior to the anticipated absence. p52

**HAZING:** INFORMATION AND SIGN OFF IS ON FAMILY ID

**ATTENDANCE POLICY:** SAME AS SCHOOL ATTENDANCE POLICY

**ELIGIBILITY:** READ THE ATHLETICS HANDBOOK FOR DETAILS ON ELIGIBILITY. GENERAL ACADEMIC ELIGIBILITY REQUIREMENTS ARE STUDENTS MUST BE PASSING AT LEAST 6 COURSES IN ORDER TO REMAIN ELIGIBLE. ONLY QUARTER GRADES CAN DETERMINE ELIGIBILITY.

**TRANSPORTATION:** ALL STUDENT ATHLETES ARE EXPECTED TO RIDE THE BUS TO AND FROM ALL AWAY GAMES. IN EXTENUATING CIRCUMSTANCES A TRANSPORTATION WAIVER MUST BE FILLED OUT AND TURNED IN 48 HOURS BEFORE THE DAY OF THE GAME. THEY ARE LOCATED ON THE WEB SITE.

# TRANSPORTATION RULE

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TRANSPORTATION: ALL STUDENT ATHLETES ARE EXPECTED TO RIDE THE BUS TO AND FROM ALL AWAY GAMES. IN EXTENUATING CIRCUMSTANCES A TRANSPORTATION WAIVER MUST BE FILLED OUT AND TURNED IN 48 HOURS BEFORE THE DAY OF THE GAME. THEY ARE LOCATED ON THE WEB SITE.

HOWEVER, DUE TO THE BUS DRIVER SHORTAGE WE MAY HAVE GAMES WHERE WE ARE ASKING PLAYERS TO GET TO THE DESTINATION ON THEIR OWN VIA A PARENT OR DRIVING THEMSELVES. PLAYERS ARE NOT ALLOWED TO DRIVE OTHER PLAYERS UNLESS THEY ARE SIBLINGS. THESE INSTANCES WILL ALSO REQUIRE A SIGNED TRANSPORTATION WAIVER.

WE APOLOGIZE IN ADVANCE FOR THE INCONVENIENCE.

# ONLINE TICKETING

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My School Bucks online ticketing will be in effect again this year for all home Varsity Football and Varsity Basketball games. Please familiarize yourselves with this website and set up an account.

# ATHLETIC TRAINING SERVICES

## TAYLOR SLINEY

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IN ORDER TO PARTICIPATE ON DAY 1 ALL STUDENT ATHLETES MUST:

- BE REGISTERED ON FAMILY ID
- HAVE AN UPDATED PHYSICAL ON FILE
- HAVE HAD AN UPDATED IMPACT TEST
- COMPLETE AND SUBMIT PREPARTICIPATION HEAD INJURY FORM

CONCUSSION PROTOCOL

BASIC INJURY PROTOCOL

OPIOID PREVENTION INFORMATION: AVAILABLE ON FAMILY ID AND MONOMOY HIGH SCHOOL WEB SITE

# ALL SPORTS BOOSTER CLUB

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ANTHONY BOWERS – BOOSTER CLUB PRESIDENT

FUNDRAISING EFFORTS

ROLE OF THE BOOSTER CLUB IS TO SUPPORT OUR ATHLETIC TEAMS

PRESS BOX UPDATE!!

# WEB SITE

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MONOMOY REGIONAL HIGH SCHOOL, ATHLETICS, FALL, WINTER OR SPRING SPORTS, CHOOSE TEAM

ALL NOTIFICATIONS WILL BE MADE THROUGH OUR MASS COMMUNICATION SYSTEM AND THE REACHMYTEACH APP

ReachMyTeach app should be downloaded to your phones for the most up to date communication from coaches and admin.

Follow us on Instagram @MonomoyAthletics

**CALENDAR NOTE: Fall Sports Awards Night Monday November 17th at 6:00pm in the Auditorium**

# Break Out Rooms

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Football A 165

Cheer A 163

Girls Soccer A 161

Boys Soccer A 160

Field Hockey A 159

Volleyball A 144

Boys Golf A 231

Cross Country A 140

Unified Basketball A 154