

# ARGYLE ISD

## WHAT MAKES A MEAL?



### K-5 BREAKFAST MEAL INCLUDES:

Choice of 1 Breakfast Entree (Provides Grains and/or Protein)

Up to 2 Fruit Sides (no duplicates)

Milk (optional)

*A meal must include at least 1 serving of fruit and 2 additional items, otherwise a la carte prices will be charged.*

### K-5 LUNCH MEAL INCLUDES:

Choice of 1 Entree (Provides Protein & Grain)

Up to 2 Vegetable Sides (no duplicates)

Up to 2 Fruit Sides (no duplicates)

Milk (optional)

*A complete meal must include at least 1 serving of Fruit or Vegetable and 2 additional components (ie Grain & Protein), otherwise a la carte prices will be charged*

### 6-12 BREAKFAST MEAL INCLUDES:

Choice of 1 Breakfast Entree from the Traditional Menu

Up to 2 sides (no duplicates)

- 1/2 cup of garden bar & other self-serve sides counts as 1 unless otherwise indicated.

Milk (optional)

*A complete meal must have an entree and at least 1 side; otherwise, a la carte prices will be charged.*

### 6-12 LUNCH MEAL INCLUDES:

Choice of 1 Entree from the Traditional, Deli, or Chefs Table Menu

Up to 3 sides (no duplicates)

- 1/2 cup of garden bar & other self-serve sides counts as 1 unless otherwise indicated.

Milk (optional)

*A complete meal must have an entree and at least 1 side; otherwise, a la carte prices will be charged.*

*All items sold at Snack Bar and Coffee Bar are sold a la carte.*

