

## SEPTEMBER MENU MIDDLE/HIGH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	DAILY OFFERINGS
1	2	3	4	5	<b>BREAKFAST DAILY</b> CEREAL FRUIT JUICE CHOICE OF MILK  <b>LUNCH DAILY</b>  CHOICE OF MILK CHEF SALADS
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	
LABOR DAY HOLIDAY	Breakfast Pizza Pineapple	Breakfast Rounds Yogurt Mixed Fruit	Chicken Fried Steak Biscuit White Gravy Banana	Chocolate Swirl Pears	
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	
LABOR DAY HOLIDAY	Beef Tips and Rice Cheezy Hots Turnip Greens Field Peas Apples/Strawberries Cornbread	Oven Fried Chicken Cheeseburger/LTP Cheesy Mashed Potatoes Lima Beans (Canned) Grapes/Mandarin Oranges Roll	Chili Mac Chicken Nuggets Romaine Salad Green Beans Tropical Fruit/Cantaloupe Roll	Pizza / Marinara Cup Hot dog/ Chili Cheese Dog Corn Carrots with Ranch Pears/ Frozen Fruit Cup	
				National Cheese Pizza Day	
8	9	10	11	12	<b>BREAKFAST DAILY</b> CEREAL FRUIT JUICE CHOICE OF MILK  <b>LUNCH DAILY</b>  CHOICE OF MILK CHEF SALADS
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	
Poptarts Oranges	Chicken Biscuit Banana	Breakfast Bar Toast Grapes	Eggstravaganza Toast Peaches	Cinnamon Roll Sausage Link Sliced Apples	
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	
Orange Chicken Lo Mein Noodles Hot Ham and Cheese Steamed Broccoli Peas/Carrots Oranges/Tropical Fruit	Tacos/ Taco cup Chicken and Cheese Quesadilla Refried Beans Salsa Cup Strawberries/ Banana Sweet Potato Bread	Spicy Chicken Sandwich/LTP BBQ Ribette Romaine Salad Tomato/Cucumber Cup Tater Tots Jeweled Pears/ Apples	BBQ/Baked Chicken Corn dog Baked Beans Roasted Vegetables Cinnamon Apples/Grapes Roll	Jambalaya Fish Sticks Candied Sweet Potatoes Green Beans Mixed Fruit/Tangerines Garlic Toast	
15	16	17	18	19	<b>BREAKFAST DAILY</b> CEREAL FRUIT JUICE CHOICE OF MILK  <b>LUNCH DAILY</b>  CHOICE OF MILK CHEF SALADS
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	
Cinnamon French Toast Sausage Link Sliced Peaches	Waffle Sandwich Tropical Fruit	Pancake on a Stick Tropical Fruit	Oatmeal Toast Smoked Sausage Banana	Cereal Bar Maybe Yogurt Mixed Fruit	
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	
Grilled Nuggets Taco Snack Burrito/ Salsa Field Peas Sliced Carrots Mac N Cheese Frozen Fruit Cup/Pear Roll	Frito Pie Pizza/Marinara Chili Beans Corn Banana/Mandarin Oranges	Steak Fingers Chicken Wrap Mashed Potatoes/ Gravy Romaine Salad Applesauce/Honeydew Roll	Spaghetti Grilled Chicken Sandwich Green Beans Roasted Squash Peaches/Green Apples Garlic Toast	Cheeseburger/ LTP Buffalo Chicken Hot Pocket Tater Tots Broccoli/Ranch Watermelon/Mixed Fruit	
22	23	24	25	26	<b>BREAKFAST DAILY</b> CEREAL FRUIT JUICE CHOICE OF MILK  <b>LUNCH DAILY</b>  CHOICE OF MILK CHEF SALADS
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	
NO STUDENTS	Breakfast Burrito Salsa pack Banana	Donut Sausage Link Tangerines	Scrambled Eggs 1/2c Toast 1oz Grits Plum	Sausage Biscuit Applesauce	
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	
NO STUDENTS	Red Beans and Rice Sausage Taco Stick/Salsa Sliced Carrots Mixed Fruit/Strawberries Cornbread	Chicken Nuggets Fish Sandwich Cheesy Potatoes Green Beans Oranges/Plums Roll	Nachos Crispitos/Salsa Salsa/Taco Cup Chili Beans Apples/Tropical Fruit	Spicy Tenders Pizza / Marinara Cup Corn Romaine Salad Pears/Tangerine	
			National Quesadilla Day	National Pancake Day	
29	30				<b>BREAKFAST DAILY</b> CEREAL FRUIT JUICE CHOICE OF MILK  <b>LUNCH DAILY</b>  CHOICE OF MILK CHEF SALADS
<b>BREAKFAST</b>	<b>BREAKFAST</b>				
Muffins/Muffin Tops Sausage Link Strawberries	Sausage/Cheese Croissant Orange Wedges				
<b>LUNCH</b>	<b>LUNCH</b>				
Asian Dumplings Fried Rice Hot Ham and Cheese Steamed Broccoli Peas/Carrots Mandarin Oranges/ Cinnamon Apples	Tacos/ taco cup Chili cheese Burrito Pinto Beans Salsa Peaches/ Grapes Cinnamon Roll				

This institution is an equal opportunity provider.  
This menu is subject to change based on availability.