



GRISWOLD PUBLIC SCHOOLS

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griswoldpublicschools.org

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"Power up with breakfast ... Eat breakfast at school to boost your brain and body power!"

08/12/25

Dear Griswold Public Schools Families:

As we all recognize that hungry children cannot learn, the first step is ensuring that all students begin the school day with a nutritious breakfast at home or at school. The **School Breakfast Program** helps to make sure all of our students start the school day alert, well-fed, and ready to learn.

The School Breakfast Program is available to all students every school day in the morning, starting at 7:00 a.m. at GHS, 7:15 a.m. at GMS, and 8:45 a.m. at GES. Your child can attend every day or occasionally. These supervised meals provide your child with one-fourth of their nutritional needs each day.

School breakfast is tasty and nutritious. School breakfast is an ideal solution on mornings when kids are running late or parents have early commitments. It is also a wonderful way to make sure your children have a balanced meal to start each day. Try breakfast at school today!

Children from households whose income is at or below the levels set by the Federal Government may be eligible for either free or reduced-price meals. To apply, please contact your child's school Main Office for an application or visit the Food Services webpage on the GPS website at <https://www.griswoldpublicschools.org/departments/food-services>

The 2025-2026 full cost of a breakfast meal is \$2.50; a reduced breakfast meal is 0.30 cents.

Sincerely,

Tom O'Connor
Food Service Director
Griswold Public Schools