

— Get to know your —

MINNETONKA HIGH SCHOOL COUNSELING STAFF



BRAD BURNHAM

A-Bir
Office Phone:
952-401-5816



SARAH SELDON

Bis-Clan
Office Phone:
952-401-5818



THERESA EXENBERGER

Clao-Fae
Office Phone:
952-401-5824



KENNETH ZIMMERMAN

Faf-Hage
Office Phone:
952-401-5829



CONOR MAHER

Hagf-Jern
Office Phone:
952-401-5819



CHRISTINA TAYLOR

Jero-Laf
Office Phone:
952-401-5821



CASSIE KLEIN

Lai-McKe
Office Phone:
952-401-5822



MONICA JONES

McKf-Osb
Office Phone:
952-401-5828



AMANDA WAVRIN

Osc-Rolfe
Office Phone:
952-401-5817



TONY TRUDEAU

Rolff-Sommerf
Office Phone:
952-401-5830



ERIN WEAR

Sommerg-Verb
Office Phone:
952-401-5823



DAVID BIERLY

Verc-Z
Office Phone:
952-401-5820



LAURA HERBST

*Advanced
Learning Coord.*
Office Phone:
952-401-5897



NORMA GUTIERREZ

*Post Secondary
Counselor*
Office Phone:
952-401-5746



CAREINO (RENO) GURLEY

*Student
Achievement Specialist*
Office Phone:
952-401-4050



SHANIA CASTILLO

*Student
Achievement Specialist*
Office Phone:
952-401-4051



MEGAN DURBIN

School Psychologist
Office Phone:
952-401-5825



TROY DVORAK

School Psychologist
Office Phone:
952-401-5769



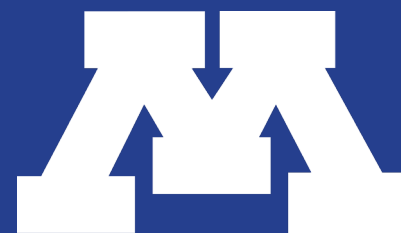
PEG HILBRANDS

School Psychologist
Office Phone:
952-401-5763



JONNA HIRSCH

School Psychologist
Office Phone:
952-401-5969



To schedule
a counseling
appointment,
call the office:

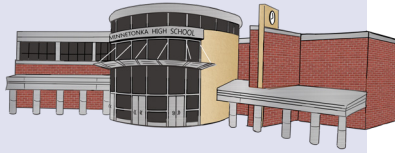
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Visit minnetonkaschools.org/wellbeing

Check out the District's well-being website and download the Well-Being Guide for helpful information, including contact information for our community partners. As always, remember to dial 911 in an emergency.



Principal Jeff Erickson
Minnetonka High School
18301 Highway 7
Minnetonka, MN 55345



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HOW TO CONNECT WITH YOUR MHS COUNSELOR:

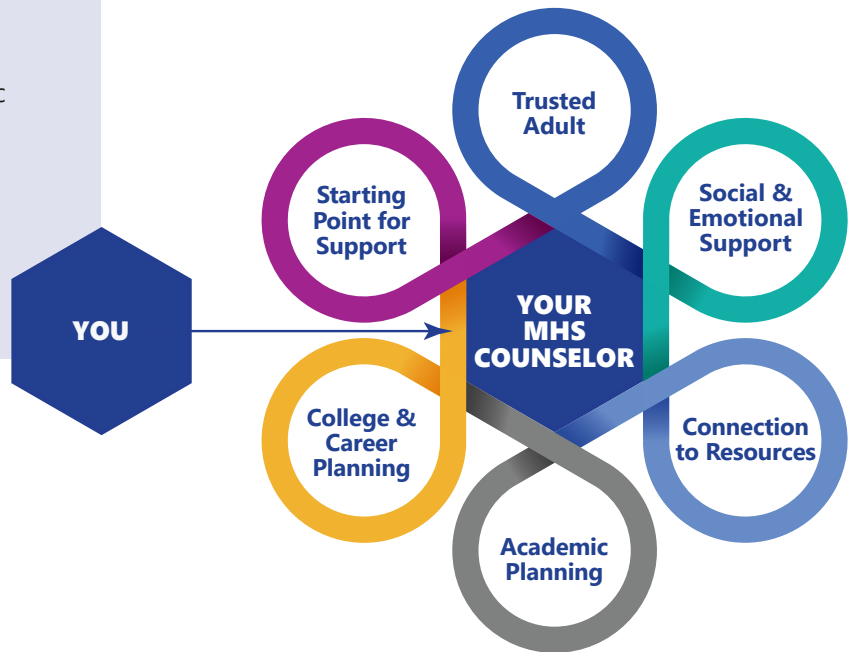
- **Stop by the Counseling office** during in-person walk-in hours
- **Send a Schoology message** to your counselor
- **Email** your counselor
- **Call** your counselor

Your Minnetonka High School counselor is available to support your social and emotional well-being and to help you reach your academic planning and post-graduation goals.

Your counselor can be your advocate, collaborating with you, your parents and your teachers to ensure your success. **Don't wait. Don't hesitate. Connect with us!**

START HERE

- Confused or concerned? Connect with us! A trusted adult is always available to discuss an urgent matter or answer a quick question. You are always welcome in the Counseling office.
- Or... schedule an appointment to meet with your counselor in person or over the phone. The best way to do that is emailing your counselor so they can send you a link to schedule a meeting with them.
- Know a friend in crisis? Please refer them to the Counseling office. Reaching out to your counselor or the student of concern's counselor is a great first move.



SUPPORT

- Are you struggling with your courses, grades or other personal issues? Connect with your school counselor early on to set sail in the right direction, maintain your confidence and succeed.
- Need to find balance? Let's discuss strategies for staying focused and on-track to reach your personal goals.

CONNECTIONS

- There are experts all around us to help you with deeper issues.
- MHS Counselors can refer you to community partners with expertise in wellness and healthcare.
- Get well so you can stay well!

PLANNING

- MHS is your school of opportunities! We can help you make course selections that align with the level of rigor you need, your passions and your plans.
- Wondering about college applications, letters of recommendation and post-graduation plans? Counselors and the College and Career Center are here for you.