


# TISD High School Fall Menu 2025-2026

Top Cat Line Weekly:				
Monday	Taco Tuesday	Wednesday	Thursday	Friday
<b>Chicken Pasta Bowl</b> (with Marinara or Alfredo Sauce) <b>Beef Meatball Pasta Bowl</b> (with Marinara or Alfredo Sauce) <b>Fruit &amp; Yogurt Plate</b> Garlic Toast Green Beans Carrot Coins Fresh Garden Salad Fresh & Chilled Fruit Milk* (+ "Pink Milk Monday" once per month)	<b>Beef Nacho Bowl or Chicken Fajita Nacho Bowl or Beef Tamales or Chicken Popper Salad or</b> Charro Beans Seasoned Rice Fajita Style Peppers & Onions Salsa Fresh Garden Salad Fresh & Chilled Fruit Milk	<b>**Orange Chicken Noodle Bowl</b> <b>**Teriyaki Chicken Noodle Bowl</b> <b>*Chicken Eggroll Noodle Bowl or Chicken Popper Salad or</b> Steamed Broccoli Carrot Coins Fresh Garden Salad Fresh & Chilled Fruit Good Fortune Frozen Treat Fortune Cookie Milk	<b>Week 1 -Build a Salad Bowl: Turkey Breast or Cheese Cubes With Lettuce and/or Spinach And Choice of the following:</b> Breadstick, Broccoli, Carrots, Cucumber, Garbanzo Beans, Grape Tomatoes, & Croutons, with your choice of dressing Fresh & Chilled Fruit Baby Carrots & Ranch, Milk <b>Week 2 -Build a Sub Sandwich: Turkey Breast or Turkey Ham With Lettuce and/or Spinach And Choice of the following:</b> Carrots, Cucumber, Tomatoes, Pretzels, Fresh & Chilled Fruit Baby Carrots & Ranch, Milk	<b>Chicken Spicy Bites Bowl w/Roll or Steak Finger Bowl w/Roll or Chicken Tender Bowl w/Roll or Fruit &amp; Yogurt Plate or</b> Mashed Potatoes Golden Corn Country Gravy Fresh Garden Salad Fresh & Chilled Fruit Milk
Italian Line Weekly:				
<b>Pizza by the Slice</b> <b>Bosco Sticks &amp; Marinara</b> <b>Fruit &amp; Yogurt Plate</b> Broccoli Florets & Ranch Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	<b>Pizza by the Slice</b> <b>Bosco Sticks &amp; Marinara</b> <b>Chicken Popper Salad</b> Oven Baked Fries Celery Sticks & Hummus Fresh Garden Salad Fresh & Chilled Fruit Milk	<b>Pizza by the Slice</b> <b>Bosco Sticks &amp; Marinara</b> <b>Chicken Popper Salad</b> Broccoli Florets & Ranch Marinara Dip Cup Fresh Garden Salad Fresh & Chilled Fruit Frozen Fruit Treat Milk	<b>Pizza by the Slice</b> <b>Bosco Sticks &amp; Marinara</b> <b>Chicken Popper Salad</b> Oven Baked Fries Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	<b>Pizza by the Slice</b> <b>Bosco Sticks &amp; Marinara</b> <b>Chicken Popper Salad</b> Baby Carrots & Ranch Celery Sticks & Hummus Fresh Garden Salad Fresh & Chilled Fruit Milk
Express Line Weekly:				
<b>Cheeseburger</b> <b>Chicken Sandwich</b> <b>Spicy Chicken Sandwich</b> <b>Fruit &amp; Yogurt Plate</b> Oven Baked Fries Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	<b>Chicken Bites w/breadstick</b> <b>Spicy Chicken Bites w/breadstick</b> <b>Chicken Popper Salad</b> Oven Baked Fries Celery Sticks & Hummus Fresh Garden Salad Fresh & Chilled Fruit Milk	<b>Cheeseburger</b> <b>Chicken Sandwich</b> <b>Spicy Chicken Sandwich</b> <b>Chicken Popper Salad</b> Oven Baked Sweet Potato Fries Broccoli Florets & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk	<b>Cheeseburger</b> <b>**Chicken Wings</b> <b>**Spicy Chicken Wings</b> <b>Chicken Popper Salad</b> Oven Baked Fries Celery Sticks & Hummus Fresh Garden Salad Fresh & Chilled Fruit Milk	<b>Cheeseburger</b> <b>Chicken Sandwich</b> <b>Spicy Chicken Sandwich</b> <b>Chicken Popper Salad</b> Oven Baked Fries Baby Carrots & Ranch Fresh Garden Salad Fresh & Chilled Fruit Milk
Menu Information				
Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable, Milk	 All lunch rolls, tortillas, pastas, and other bread items contain at least 51% whole grain  <b>Peanut Butter &amp; Jelly Sandwich entrée available daily upon request.</b>	Our unit lunch offer consists of 3 or more components, one must be a fruit or vegetable. Entrée choices are in <b>bold</b> print  <b>Menus subject to change.</b>	Tomball High School & Tomball Memorial High School  <b>Student Lunch: \$3.25    Premium \$3.75    Premium Plus \$4.00</b>  <b>Adult Lunch: \$5.15    *\$5.65 Premium    **\$5.90 Premium Plus</b>	

Tomball ISD Child Nutrition Services uses bar code scanners at the serving line point of sale.  
 A bar code is scanned on the student's I.D. card, Each TISD student is provided a student ID number and badge when enrolled.  
 Students are required to use their ID number/badge for every cafeteria transaction



**Students and Parents can get the SchoolCafe app!**



# TISD High School Fall Menu 2025-2026

Weekly Breakfast Menu					All Menus Subject to Change
Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Biscuit &amp; Sausage or Yogurt Meal Kit or Cereal or Pastry</b> Fruit Variety Milk Variety	<b>Egg &amp; Cheese Croissant or Yogurt Meal Kit or Cereal or Pastry</b> Fruit Variety Milk Variety	<b>Breakfast Pizza or Yogurt Meal Kit or Cereal or Pastry</b> Fruit Variety Milk Variety	<b>Chicken &amp; Waffles or Yogurt Meal Kit or Cereal or Pastry</b> Fruit Variety Milk Variety	<b>Glazed Whole Grain Donut or Yogurt Meal Kit or Cereal or Pastry</b> Fruit Variety Milk Variety	
Breakfast: Student - \$2.00 Adult - \$3.50	Our unit breakfast offering includes an entrée (in bold), and choice of sides	(A minimum of 3 menu items must be selected, including 1 serving of fruit; items in bold count towards two items)	☞ Breakfast cereals and pastries contain at least 51% whole grain	1% White Milk & Fat-Free Chocolate Milk Offered Daily at Breakfast and Lunch	
<p>In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <a href="https://www.usda.gov/sites/default/files/documents/ad-3027.pdf">https://www.usda.gov/sites/default/files/documents/ad-3027.pdf</a>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2. fax: (833) 256-1665 or (202) 690-7442; or 3. email: <a href="mailto:Program.Intake@usda.gov">Program.Intake@usda.gov</a> This institution is an equal opportunity provider. 2/14/25</p>					
<p><b>PAYMENT PROCEDURES</b> Money may be deposited into student accounts with cash, check, online at <a href="http://www.schoolcafe.com">www.schoolcafe.com</a> OR through the School Cafe App</p> <p><b>STUDENT CHARGES (BORROWING/GRACE PERIOD)</b> Students may charge <u>meals</u> up to the value of two breakfasts and two lunches (\$10.50 for High School). An automated phone call occurs when a negative balance appears on a student's account. If a student account exhausts the grace period/charge limit, the student must select a peanut butter and jelly or toasted cheese sandwich entree for lunch and/or a cereal entrée for breakfast until the negative balance is paid. A la Carte / snack items are <u>not</u> available for charging.</p> <p><b>FREE/REDUCED-PRICE MEAL PROGRAM</b> We encourage you to complete the USDA free/reduced price meal application if you feel economic hardship exists. Applications expire each year and must be submitted each year. Applications can be submitted online at <a href="http://www.schoolcafe.com">www.schoolcafe.com</a> or through the SchoolCafe app on your mobile device to determine if you qualify for benefits. Hardcopy applications may be found at the school's front office, if needed, or at the Child Nutrition office located at 1110 Baker Dr. Tomball, TX 77375. Eligibility decisions are based on federally established income and household size guidelines without regard to race, sex, color, national origin, age, or disability.</p>					

**You can apply to qualify for free or reduced priced meals at**

**<https://www.schoolcafe.com/>**

Tomball ISD offers a la carte choices to purchase. Money may be deposited into student accounts with cash, check, or online at [www.schoolcafe.com](http://www.schoolcafe.com). A la Carte / snacks are not available for charging. Contact either your school cafeteria manager or the Child Nutrition Department for information or questions regarding the above payment procedures.

There is a third party fee to deposit money online to student accounts. It is always free to deposit with cash or check at the school cafeteria. Please send cash or check in sealed envelope with your student's name and ID number.

