



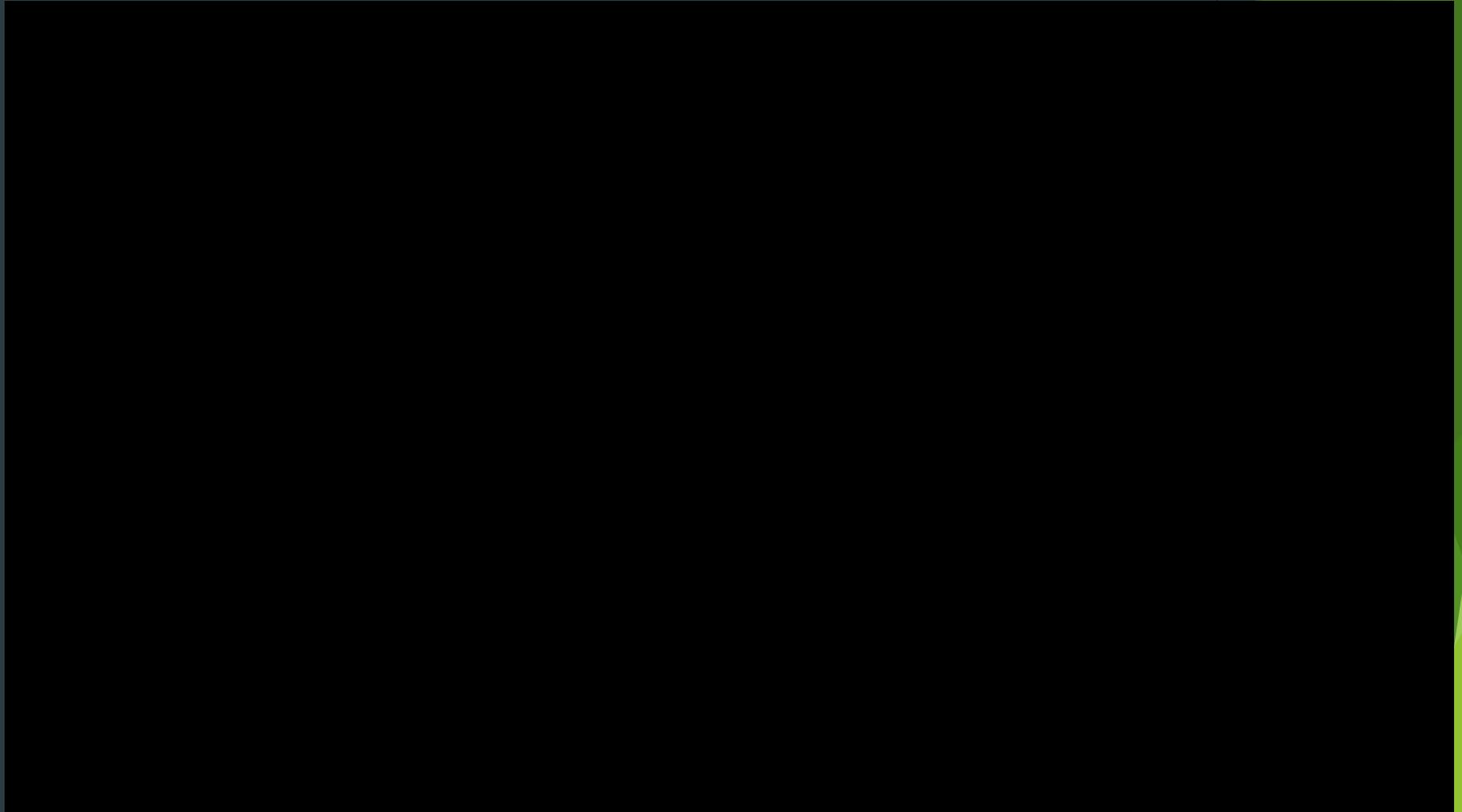
# Freshmen Parent Greenhorn Meeting

Livermore High School 2025-2026

[Instagram Montage 24-25](#)



# More than a Hometown



# LHS Administrators

- Vice Principal- Dan Musselman, Student Last Names A-F
- Vice Principal- David Martinez, Student Last Names G-L
- Vice Principal- Alyson Noble, Student Last Names M-R
- Vice Principal- Lisa Keck, Student Last Names S-Z
- Principal- Roxana Mohammed



# LHS Counselors

## Academic Counselors

Elaina Edwards- Student Last Names A-G

Edress Waziri- Student Last Names H-O

Jade Bohl- Student Last Names P-Z

## Wellness Center Counselor

Zach Radecke

## Career Center Counselor

Paula-Ann Cabading



## Mission and Vision

Livermore High School's mission is to provide a well-rounded, rigorous curriculum in a safe and supportive learning environment that promotes the intellectual, physical, social, and emotional growth of all students.

Livermore High School's vision is to foster the academic, social, emotional, and physical growth of every student. All students acknowledge their own and others' unique qualities, act with dignity and integrity, and graduate ready for college and/or a career.

# Vision Goals

Goals: The LHS faculty, staff, students, and parents/ guardians will work together to make the vision a reality through the accomplishment of the following 3 overarching goals:

1. Increase percentage of students who have the skills and knowledge to graduate college and/or are career ready.
1. Provide an engaging, clean, healthy, physically and emotionally safe, and inclusive environment to support learning at the highest levels.
1. Strengthen parent/guardian and community engagement and communication.

# Strengthen Parent and Community Engagement and Communication

Consider participating in PTSA, School Site Council, Booster groups (Athletics and Band), and/or our English Learner Advisory Council (ELAC) to be regularly involved with the school.

See our website for information: <https://www.livermoreschools.org/livermorehigh>

Click on [For Families](#) to get information on PTSA and volunteer opportunities

Click on [Athletics](#) for information on the Athletic Boosters

Click on [Student Life](#) and then click on [Instrumental Music](#) for more information about our music program. Scroll down the instrumental music home page and click on [Parent Boosters](#) for information on how to help support our program.

Click on [Our School](#) for information on School Site Council

Information on the English Learner Advisory Council (ELAC) will be sent to parents of EL students



# Semester System

LVJUSD operates on a semester system:

- The school year is divided into two 18-week semesters.
- All semester courses earn 5 credits unless noted otherwise.
- With 240 credits needed for graduation, students should take at least 60 credits per year, which is 30 credits per semester (6 courses per semester).



# Livermore High Bell Schedule

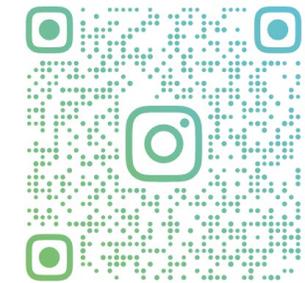


## LIVERMORE HIGH SCHOOL 2025-2026 BELL SCHEDULE



MONDAY / TUESDAY Anchor Day			WEDNESDAY Block Day Odd			THURSDAY Block Day Even			FRIDAY Anchor Day		
PERIOD	BEGINS	ENDS	PERIOD	BEGINS	ENDS	PERIOD	BEGINS	ENDS	PERIOD	BEGINS	ENDS
A	7:17AM	8:22AM				A	7:17AM	8:22AM	A	7:17AM	8:22AM
1	8:30AM	9:25AM	1	8:30AM	10:05AM	2	8:30AM	10:05AM	1	8:30AM	9:25AM
2	9:33 AM	10:28AM							2	9:33AM	10:28AM
3	10:36AM	11:31AM	3	10:13AM	11:48AM	4	10:13AM	11:48AM	3	10:36AM	11:31AM
4	11:39AM	12:34PM	CAP	11:56AM	12:26PM				4	11:39AM	12:34PM
LUNCH	12:34PM	1:04PM	LUNCH	12:26PM	12:56PM	LUNCH	11:48AM	12:18PM	LUNCH	12:34PM	1:04PM
5	1:12PM	2:07PM	5	1:04PM	2:39PM	CAP	12:26PM	1:21PM	5	1:12PM	2:07PM
6	2:15PM	3:10PM				6	1:29PM	3:04PM	6	2:15PM	3:10PM
B	3:18PM	4:23PM				B	3:12PM	4:17PM	B	3:18PM	4:23PM

HOME OF THE COWBOYS!



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# CAP

## What is CAP for?

CAP (Cowboy Access Period) is a required period for 30 minutes on Wednesdays and 55 minutes on Thursdays for student support and intervention. On Wednesdays, student will engage in PBIS (Positive Behavior Interventions and Supports)/SEL (Social Emotional Learning) curriculum for part of the 30 minutes.

## Best ways to use CAP:

- Catch up on late or missing work
- Retake a test
- Get together with partners for a group project
- Make an appointment with your counselor
- Tutoring with teachers



# Schoology Learning Management System

Logging in will provide access to information students and parents/guardians will need, including:

- Classroom information/expectations
- Assignments and Grades

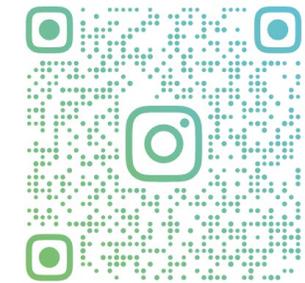
Parents/Guardians can [make a Schoology account](#) by using an access code that will be emailed to you by early September (parents/guardians can track student's assignments and grades)

- If you already have an LHS parent account, you do not need to make a new one

# LHS Graduation and UC/CSU Requirements

## Graduation & College Entrance Requirements

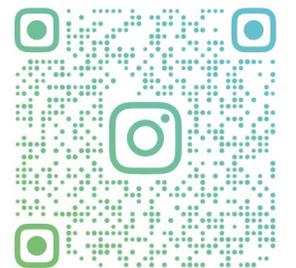
<b>SUBJECT</b>	<b>LIVERMORE HIGH</b>	<b>UC/CSU</b>
<b>Social Science &amp; History</b>	<b>35 Credits</b> Social Science 9 A World History 10 A/B U.S. History 11 A/B 1 trimester Civics 12 1 trimester Economics 12	<b>(a) 20 Credits</b> World History 10 A/B U.S. History 11 A/B
<b>English</b>	<b>40 Credits</b> English 9 A/B English 10 A/B English 11 A/B English 12 A/B	<b>(b) 40 Credits</b> English 9 A/B English 10 A/B English 11 A/B English 12 A/B
<b>Mathematics</b>	<b>30 Credits</b> Must include completion of Algebra I	<b>(c) 30 Credits</b> Algebra I A/B Geometry A/B Algebra II A/B (UC recommends 4 years/levels)
<b>Science</b>	<b>20 Credits</b> Physical Science A/B Life Science A/B May be lab or non-lab sciences.	<b>(d) 20 Credits</b> 2 years of lab science, 1 life & 1 physical. (3 years recommended)
<b>Career Technical Education</b>	<b>30 Credits</b> 2 trimesters Career Technical Ed. or 2 trimesters World Language or 2 trimesters Visual/Performing Arts In at least 2 of the 3 categories	Not counted in UC/CSU GPA
<b>World Language</b>		<b>(e) 20 Credits</b> 4 trimesters (mastery of Level 2) of the same World Language (UC recommends Level 3)
<b>Visual &amp; Performing Arts</b>		<b>(f) 10 Credits</b> 2 trimesters of the same VAPA
<b>Physical Education</b>	<b>20 Credits</b> PE 1 A/B PE 2 A/B	Not counted in UC/CSU GPA
<b>Health</b>	<b>5 Credits</b> 1 trimester Health	<b>(g) 5 Credits</b>
<b>Electives</b>	<b>70 Credits</b> 16 trimesters of electives	<b>(g) 10 Credits</b> from "g" category
<b>Required Tests</b>		The UC/CSU systems are test-blind. (Students should check the SAT/ ACT policy at private or out-of-state institutions)  * 11 of the required 15 courses must be completed by the end of Junior year.



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# Academic Counseling

- Our 3 academic counselors are divided according to student last name alpha ranges.
  - Elaina Edwards - student last names A-G
  - Edress Waziri - student last names H-O
  - Jade Bohl - student last names P-Z
- Academic counselors are here to help students plan their program of study and guide them in achieving success.



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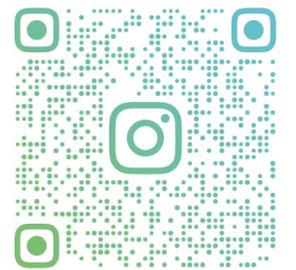
# Programs of Study

- Various programs include:

Honors Courses: for students who are interested in a more rigorous course of study and who plan on taking Advanced Placement (AP) courses in future years.

## Advanced Placement (AP) Courses

- With completion of an AP course and exam, students can earn college credit, earn advanced placement, and be more competitive in the admission process.



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# Programs of Study

## Career Technical Education (CTE) Pathways

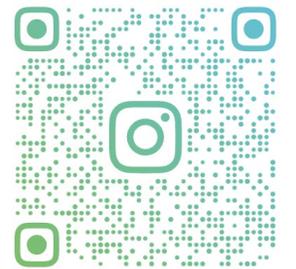
- Our CTE Department consists of:

Agriculture Program

Business Program

Industrial Technologies Program

- Pathways involve multi-year course sequences that integrate core academic knowledge with technical/occupational knowledge to provide pathways to post-secondary education and careers. We have 26 pathways.

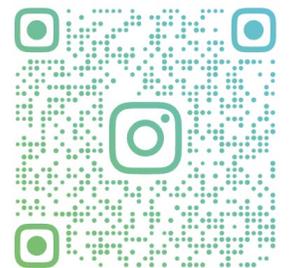


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# Programs of Study

## Tri-Valley Regional Occupational Program (ROP)

- Program to explore careers and/or college majors and develop job skills.
- Open to seniors, juniors, sophomores, some courses for frosh. Juniors and seniors have priority in enrolling in ROP courses.
- Some classes are at other high school sites in the Tri-Valley.

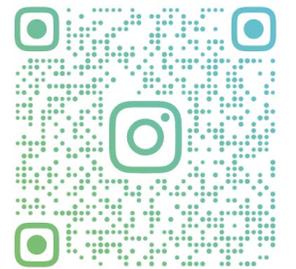


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# Programs of Study

## Middle College

- A junior and senior program that provides dual enrollment in both high school and college courses (Las Positas)
- Operated by the Tri-Valley Regional Occupational Program (ROP)
- For students in Livermore, Pleasanton, and Dublin

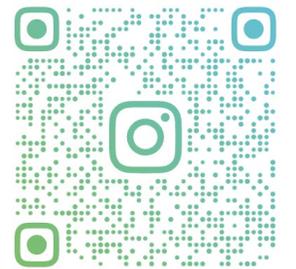


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# Programs of Study

## Green Engineering Academy

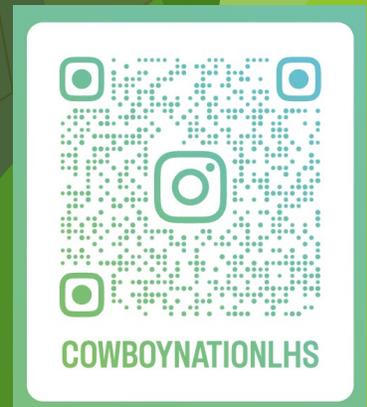
- The GEA is a 4-year California Partnership Academy with a focus on engineering.
- Students take courses in a cohort within LHS.
- Students apply while in 8<sup>th</sup> grade for admittance in 9<sup>th</sup> grade.



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# Library and Career Center

- Library:
  - Our library is open to students for checking out and returning books and chromebooks
  - For more information visit our website, click on Academics, then Library
- Career Center:
  - Staff are available in the Career Center portion of the Library.
- Presentations are given to help students plan for life after high school.



# LHS Wellness Center

## Rooms 105-107

### Goal:

- The goal of the Wellness Center is to provide a physical space for the establishment of mental health supports and the social culture needed for all students to thrive academically, socially, and emotionally.

### Highlighted Program Components:

- Individual and group counseling
- Relaxation, mindfulness, and meditation tools
- Skill acquisition focused
- Social Emotional Learning (SEL) resources
- Culture Keeper Program
- Conflict mediation
- Teen Mental Health First Aid (tMHFA)
- Community support resources and referrals
- Brief intervention
- Crisis support
- Toolkits for parents and guardians



# Sports

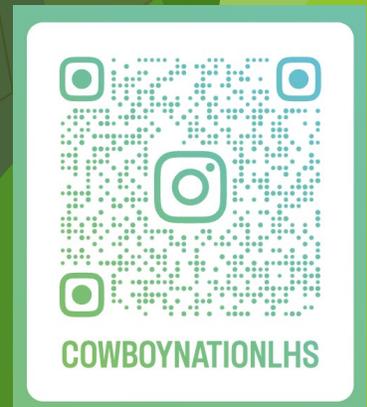
<b>Fall</b>	<b>Winter</b>	<b>Spring</b>
Football	Girls Basketball	Boys Golf
Boys Water Polo	Boys Basketball	Softball
Girls Water Polo	Girls Soccer	Girls Lacrosse
Cross Country	Boys Soccer	Boys Lacross
Girls Tennis	Wrestling	Baseball
Girls Golf		Swimming and Diving
Girls Volleyball		Boys Tennis
Girls Flag Football		Track and Field
		Boys Volleyball
		Stunt Cheer



# Student Clubs

- There are a plethora of clubs for students to choose from:
  - Academic focus
  - Equity/Cultural Awareness focus
  - Community Service focus
  - Special Interest focus
- We highly recommend that freshmen join a club and/or participate in a sport.
- All clubs are listed on our website under Student Life, Clubs, Current Club List.

Students are encouraged to start their own club if they want to share their interests with other students.



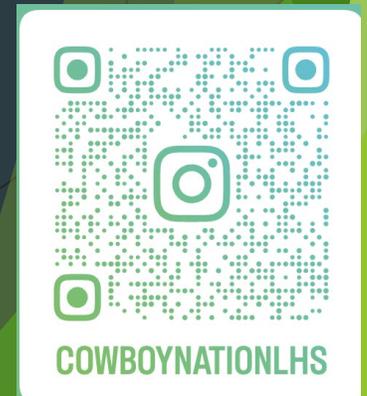
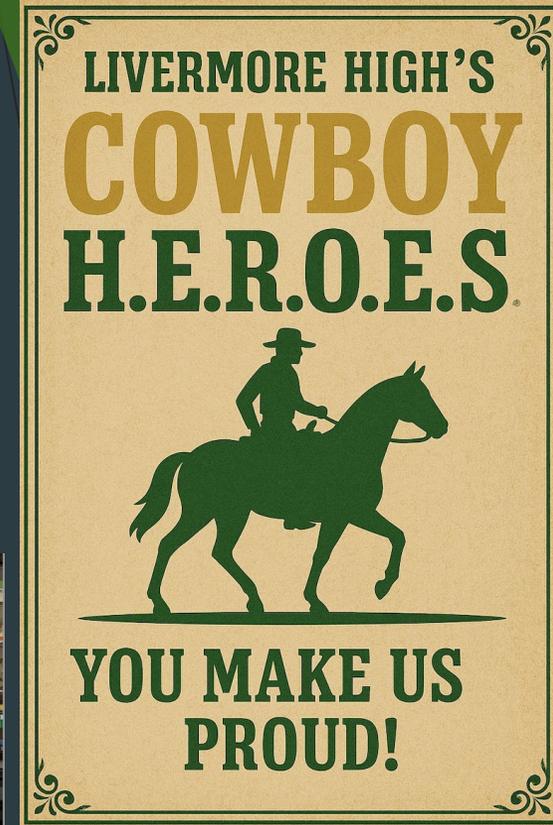
# Behavioral Expectations Cowboy “HEROES”

The acronym for our School-wide Behavioral Expectations is HEROES:

- Honor Education
- be Respectful
- be Open-minded
- be Engaged
- be Safe



The definition of each of these, as well as the expected behaviors for the various areas of campus are available on our website at <https://www.livermoreschools.org/Page/161>



# To attend any of our school functions, a student must be in good standing Standing

The definition of “good standing” is:

## Academic

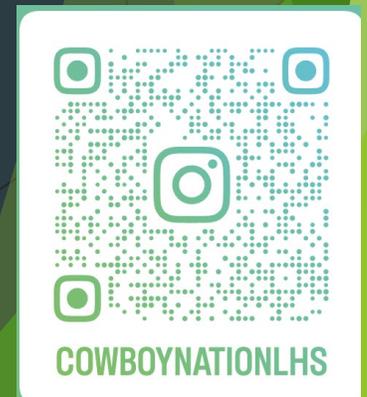
- No **F's** on the semester report card before the event
- No **F's** at the time of ticket purchase

## Attendance

- No more than **5 unexcused class periods** in the current semester
- No more than **10 unexcused tardies** when ticket sales begin
- No more than **2 unexcused tardies** during the week of the event

## Citizenship

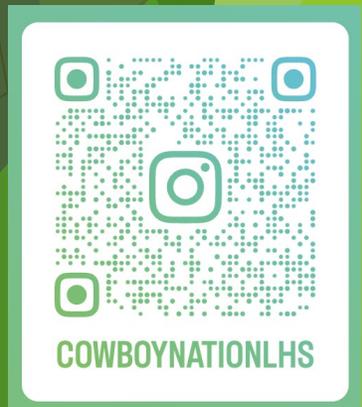
- No suspensions
- No more than **2 School Expectations Violations**
- No more than **1 Level 1 Behavior Violation**  
(See *Secondary School Discipline Policy*)



# Cell Phone Use

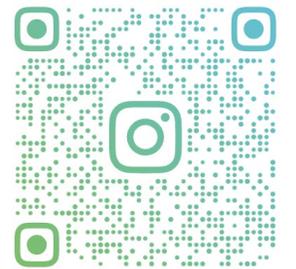
Students may use cell phones during free periods, before or after school, passing periods, lunch breaks, or when explicitly permitted by the teacher for academic purposes.

However, cell phone use during regular class time should be avoided to ensure an optimal learning environment.



# Family Resource Center

The purpose of the Family Resource Center is to provide access to essential services and resources at school and within the community. The center promotes family engagement in their student's education by offering guidance and assistance for various needs.



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# Questions?

