



# Alabama State Department of Education Child Nutrition Program



## Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

### Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

### Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

### Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

## Policy Assessment: 2025 Tri Geneva County Board of Education (5/2025)

### District: GENEVA COUNTY

Congratulations! You have completed the WellSAT Policy Assessment. You can see your Policy scores for each item below. Please note if you are missing any of the federal requirements in Section 1. Items with a rating of "0" (item not addressed in the policy) or "1" (weak statement addressing the item) can be improved by referring to the links at [wellsat.org/resources](https://wellsat.org/resources).


#### Section 1. Federal Requirements

<b>FR1</b>	Includes goals for nutrition education that are designed to promote student wellness.	<b>2</b>
<b>FR2</b>	Assures compliance with USDA nutrition standards for reimbursable school meals.	<b>2</b>
<b>FR3</b>	District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	<b>2</b>
<b>FR4</b>	Free drinking water is available during meals.	<b>2</b>
<b>FR5</b>	Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	<b>2</b>
<b>FR6</b>	Addresses compliance with USDA nutrition standards (Smart Snacks) for all food and beverages sold to students during the school day.	<b>2</b>
<b>FR7</b>	Regulates food and beverages sold in a la carte.	<b>2</b>
<b>FR8</b>	Regulates food and beverages sold in vending machines.	<b>1</b>
<b>FR9</b>	Regulates food and beverages sold in school stores.	<b>2</b>
<b>FR10</b>	Addresses fundraising with food to be consumed during the school day.	<b>2</b>
<b>FR11</b>	Regulates food and beverages served at class parties and other school celebrations in elementary schools. Use N/A if no elementary schools in district.	<b>1</b>
<b>FR12</b>	Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	<b>2</b>
<b>FR13</b>	Addresses how all relevant groups will participate.	<b>2</b>

**Policy Assessment: 2025 Tri Geneva County Board of Education (5/2025)**  
**District: GENEVA COUNTY**

<b>FR14</b>	Identifies the officials responsible for compliance with all components of the local wellness policy in each school.	<b>2</b>
<b>FR15</b>	Addresses making the wellness policy available to the public.	<b>2</b>
<b>FR16</b>	Addresses the assessment of district implementation of the local wellness policy at least once every three years.	<b>2</b>
<b>FR17</b>	Addresses making triennial assessment results available to the public and specifies what will be included.	<b>2</b>
<b>FR18</b>	Addresses a plan for updating policy based on results of the triennial assessment.	<b>2</b>


**Section 2. Nutrition Environment and Services**

<b>NES1</b>	Addresses access to the USDA School Breakfast Program.	<b>2</b>
<b>NES2</b>	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	<b>2</b>
<b>NES3</b>	Specifies how families are provided information about determining eligibility for free/reduced price meals.	<b>NA</b>
<b>NES4</b>	Specifies strategies to increase participation in school meal programs.	<b>2</b>
<b>NES5</b>	Specifies marketing to promote healthy food and beverage choices.	<b>2</b>
<b>NES6</b>	Addresses the amount of "seat time" students have to eat school meals.	<b>2</b>
<b>NES7</b>	 Addresses purchasing local foods for the school meals program.	<b>1</b>
<b>NES8</b>	USDA Smart Snack standards are easily accessed in the policy.	<b>2</b>
<b>NES9</b>	Exemptions for infrequent school-sponsored fundraisers.	<b>1</b>
<b>NES10</b>	Addresses foods and beverages containing caffeine at the high school level.	<b>0</b>


**Policy Assessment: 2025 Tri Geneva County Board of Education (5/2025)**  
**District: GENEVA COUNTY**

<b>NES11</b>	Addresses nutrition standards for all foods and beverages SERVED to students after the school day, including aftercare on school grounds, clubs, and after-school programming.	<b>2</b>
<b>NES12</b>	Addresses nutrition standards for all foods and beverages SOLD to students after the school day, including aftercare on school grounds, clubs, and after-school programming.	<b>1</b>
<b>NES13</b>	Addresses food not being used as a reward.	<b>2</b>
<b>NES14</b>	Addresses availability of free drinking water throughout the school day.	<b>2</b>





**Section 3. Nutrition Education**

<b>NE1</b>	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	<b>2</b>
<b>NE2</b>	All elementary school students receive sequential and comprehensive nutrition education.	<b>2</b>
<b>NE3</b>	All middle school students receive sequential and comprehensive nutrition education.	<b>1</b>
<b>NE4</b>	All high school students receive sequential and comprehensive nutrition education.	<b>1</b>
<b>NE5</b>	Nutrition education is integrated into other subjects beyond health education.	<b>2</b>
<b>NE6</b>	Links nutrition education with the food environment.	<b>2</b>
<b>NE7</b>	 Nutrition education addresses agriculture and the food system.	<b>1</b>

**Section 4. Physical Education and Physical Activity**

<b>PEPA1</b>	 There is a written physical education curriculum for grades K-12.	<b>2</b>
<b>PEPA2</b>	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	<b>1</b>


**Policy Assessment: 2025 Tri Geneva County Board of Education (5/2025)**  
**District: GENEVA COUNTY**

<b>PEPA3</b>	Physical education promotes a physically active lifestyle.	<b>2</b>
<b>PEPA4</b>	Addresses time per week of physical education instruction for all elementary school students.	<b>2</b>
<b>PEPA5</b>	Addresses time per week of physical education instruction for all middle school students.	<b>2</b>
<b>PEPA6</b>	Addresses time per week of physical education instruction for all high school students.	<b>1</b>
<b>PEPA7</b>	Addresses qualifications for physical education teachers for grades K-12.	<b>2</b>
<b>PEPA8</b>	Addresses providing physical education training for physical education teachers.	<b>2</b>
<b>PEPA9</b>	Addresses physical education exemption requirements for all students.	<b>0</b>
<b>PEPA10</b>	Addresses physical education substitution for all students.	<b>0</b>
<b>PEPA11</b>	 Addresses family and community engagement in physical activity opportunities at all schools.	<b>1</b>
<b>PEPA12</b>	 Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	<b>2</b>
<b>PEPA13</b>	Addresses recess for all elementary school students.	<b>2</b>
<b>PEPA14</b>	 Addresses physical activity breaks during school.	<b>2</b>
<b>PEPA15</b>	Joint or shared-use agreements for physical activity participation at all schools.	<b>2</b>
<b>PEPA16</b>	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	<b>2</b>
<b>PEPA17</b>	 Addresses using physical activity as a reward.	<b>2</b>
<b>PEPA18</b>	Addresses physical activity not being used as a punishment.	<b>1</b>

**Policy Assessment: 2025 Tri Geneva County Board of Education (5/2025)**  
**District: GENEVA COUNTY**

<b>PEPA19</b>	Addresses physical activity not being withheld as a punishment.	<b>1</b>
---------------	---	----------

**Section 5. Employee Wellness**

<b>EW1</b>	 Addresses strategies to support employee wellness.	<b>2</b>
<b>EW2</b>	Encourages staff to model healthy eating and physical activity behaviors.	<b>1</b>

**Section 6. Integration and Coordination**

<b>IC1</b>	Addresses the establishment of an ongoing district wellness committee.	<b>2</b>
<b>IC2</b>	Addresses the establishment of an ongoing school building-level wellness committee.	<b>1</b>

**Overall District Policy Score**

<b>Total Comprehensiveness</b>	<b>District Score 97</b>
<b>Total Strength</b>	<b>District Score 63</b>



## Your District's Scorecard

Practice Assessment Name: **2025  
Tri Geneva County Board of  
Education (5/2025)**

District Name: **GENEVA COUNTY**

Congratulations! You have completed the WellSAT Policy Assessment and the WellSAT Practice Assessment. You can see your Policy and Practice scores for each item below. Each pair of responses is compared and linked to an outcome. These are explained below.



**Strong Policies and Aligned Practices** - District has a strong policy and is fully implementing practices that align with the policy



**Create Practice Implementation Plan** - District has a strong or weak policy, but practice implementation is either absent or limited



**Update Policies Update Policies** - District is fully implementing a practice but there is no or only weak language in the written policy, or the district is partially implementing practices and there is no language in the policy



**Opportunities for Growth** - District has either not addressed the topic in policy or practice; or has only addressed the topic in a very limited way

If you would like a scorecard that sorts the items by outcome, click here:



## Policy Practice Score Score

### Section 1. Federal Requirements

FR1

Does the district have  
specific goals for  
nutrition education

2

2



## Policy Practice Score Score

designed to promote  
student wellness?

	Do your National School Lunch Program meals (and, if applicable, School Breakfast Program meals) meet all federal standards for meal patterns, nutrient levels, and calorie requirements for the grade levels served?	2	2	☆
FR2				
	Does your school take steps to protect the privacy of students who qualify for free or reduced-price meals?	2	2	☆
FR3				
	Is free (i.e., no cost to students) drinking water available to students during meals?	2	2	☆
FR4				
	Do all school nutrition program directors, managers, and staff meet or exceed the annual continuing education/training hours required by the USDA's Professional Standards requirements?	2	2	☆
FR5				
	Do all competitive foods and beverages sold to students <u>during the school day</u> meet or exceed the USDA's	2	2	☆
FR6				



## Policy Practice Score Score

nutrition standards,  
commonly called Smart  
Snacks?

FR7	Do all a la carte foods and beverages sold in the cafeteria meet Smart Snacks standards?	2	2	★
FR8	Do all foods and beverages sold in vending machines meet Smart Snack standards?	1	1	
FR9	Do all foods and beverages sold in school stores during the school day meet Smart Snack standards?	2	2	★
FR10	Are there fundraisers that sell foods or beverages to be consumed during the school day? If yes, do the foods and beverages sold meet Smart Snacks standards?	2	2	★
FR11	Does your district regulate foods and beverages served at class parties and other school celebrations in elementary schools?	1	1	
FR12	Is there food or beverage marketing on the school campus	2	2	★

## Policy Practice Score Score

	during the school day? If yes, do the marketed items meet Smart Snacks criteria?			
FR13	Which groups are represented on the district-level wellness committee?	2	2	☆
FR14	Is there an official who is responsible for the implementation and compliance with the wellness policy at the building level for each school?	2	2	☆
FR15	How is the wellness policy made available to the public?	2	2	☆
FR16	Is wellness policy implementation evaluated every three years?	2	2	☆
FR17	What is included in the triennial assessment report to the public?	2	2	☆
FR18	Has the wellness policy been revised based on the previous triennial assessment?	2	2	☆

## Section 2. Nutrition Environment and Services




NES1	Does the district offer breakfast every day to	2	2	☆
------	---	---	---	---

## Policy Practice Score Score

all students?



NES2	Does your school take steps to address feeding students with unpaid meal balances without stigmatizing them?	2	2	☆
NES3	Does your school or district provide information to families about eligibility for free or reduced-price meals?	NA	NA	
NES4	Does your school use strategies to maximize participation in the school breakfast program and/or school lunch program?	2	2	☆
NES5	Are marketing strategies used to promote healthy food and beverage choices in school?	2	2	☆
NES6	Do students have at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch, counting from the time they are seated?	2	2	☆
NES7	🔊 In your district, is it a priority to procure locally produced foods for school meals?	1	1	📈

## Policy Practice Score Score





NES8	Do you know where to access the USDA Smart Snacks nutrition standards to check and see if an item can be sold in school during the school day?	2	2	★
NES9	Are you familiar with any state laws allowing exemptions for school-sponsored fundraisers during which foods and beverages do not have to meet Smart Snacks?	1	1	
NES10	Are foods or beverages containing caffeine sold at the high school level?	0	0	
NES11	Do all foods or beverages <b>SERVED</b> (not sold) to students after the school day on school grounds (including aftercare, clubs, and afterschool programming) meet federal nutrition standards (e.g., CACFP or Smart Snacks)?	2	2	★
NES12	Do all foods or beverages <b>SOLD</b> (not served) to students after the school day on school grounds (including aftercare, clubs, and afterschool programming) meet federal nutrition	1	1	

## Policy Practice Score Score


standards (e.g., CACFP  
or Smart Snacks)?

NES13	Do teachers or school staff give students food as a reward?	2	1	
NES14	Do students have consistent and easy access to free drinking water throughout the school day?	2	2	


## Section 3. Nutrition Education

NE1	Are skills-based, behavior-focused, and interactive/participatory methods used in nutrition education to develop student skills?	2	2	
NE2	Do all elementary school students receive sequential and comprehensive nutrition education?	2	2	
NE3	Do all middle school students receive sequential and comprehensive nutrition education?	1	1	
NE4	Do all high school students receive sequential and comprehensive nutrition education?	1	1	

## Policy Practice Score Score



NE5	Is nutrition education integrated into other subjects beyond health education?	2	2	☆
NE6	Do school nutrition services staff members use the following methods to collaborate with teachers to reinforce nutrition education lessons taught in the classroom?	2	2	☆
NE7	Does nutrition education address agriculture and the food system?	1	1	

## Section 4. Physical Education and Physical Activity













PEPA1	Does the district have a written physical education curriculum that is implemented consistently for every grade?	2	2	☆
PEPA2	Does the district have a written physical education curriculum that is aligned with national and/or state standards?	1	1	



## Policy Practice Score Score



PEPA3	How does your physical education program promote a physically active lifestyle?	2	2	☆
PEPA4	How many minutes per week of PE does each grade in elementary school receive?	2	2	☆
PEPA5	How many minutes per week of PE does each grade in middle school receive?	2	2	☆
PEPA6	How many minutes per week of PE does each grade in high school receive?	1	1	
PEPA7	Are all physical education classes taught by state certified/licensed teachers who are endorsed to teach physical education?	2	2	☆
PEPA8	Is ongoing professional development offered every year for PE teachers that is relevant and specific to physical education?	2	2	☆
PEPA9	What percentage of students do you estimate do not take PE each year due to exemptions?	0	0	

## Policy Practice Score Score



PEPA10	What percentage of students do you estimate do not take PE each year due to substitutions?	0	0	
PEPA11	 Are there opportunities for families and community members to engage in physical activity at school?	1	1	
PEPA12	 Are there opportunities for all students to engage in physical activity before and after school?	2	1	
PEPA13	Is there daily recess for all grades in elementary school?	2	2	
PEPA14	 Do teachers provide regular physical activity breaks for students in the classroom?	2	2	
PEPA15	Does the district have "joint-use" or "shared-use" agreements?	2	2	
PEPA16	What proportion of students walk or bike to school?	2	2	
PEPA17	 Are teachers encouraged to use physical activity as a reward for students?	2	2	



## Policy Practice Score Score

PEPA18	Do teachers ever use physical activity as a punishment?	1	1	
PEPA19	Do teachers ever withhold physical activity as a classroom management tool?	1	1	

## Section 5. Employee Wellness

EW1	<del>Are</del> Are there strategies used by the school to support employee wellness?	2	2	
EW2	Are school staff encouraged to model healthy eating and physical activity behaviors in front of students?	1	2	

## Section 6. Integration and Coordination

IC1	Is there an active district-level wellness committee?	2	2	
IC2	Is there an active school-level wellness committee?	1	2	

