



# SKAGIT Clubhouse

OPPORTUNITY | RESOURCES | MENTAL HEALTH RECOVERY | INTENTIONAL COMMUNITY

## What is a clubhouse?

A Clubhouse is a community-based mental health service that empowers adults with mental illness to take control of their recovery and thrive through access to opportunities for employment, socialization, education, skill development, housing and improved wellness. People who participate are known as “Members.”



## How do I become a member?

1. To be a member you must be 18 or older and have a history of mental illness.
2. Come tour Skagit Clubhouse and learn about psychosocial rehabilitation through the clubhouse model.
3. Attend an orientation! Participate in the work-ordered day, have lunch with members and staff, and complete paperwork.



### DISCLAIMER

The Stanwood-Camano School District has neither reviewed nor approved the program, personnel, activities or organizations announced in this flier, and undertakes no responsibility to supervise these events. This information is provided as a community service at the request of the event sponsor and organizer. This is not a district sponsored or endorsed event.

## Get support today

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SCAN FOR MORE INFO

