

Community Resources

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*** Note:** Some resources may be listed more than once depending on the variety/scope of services provided. Please contact providers for most up to date information.

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Government Agencies

State of Tennessee

[Tennessee State Government - Children and Families](https://www.tn.gov/children-and-families.html)

<https://www.tn.gov/children-and-families.html>

- Services:
 - Adopt A Child
 - Adult Protective Services
 - Child Care Services
 - Child Support
 - Children and Youth with Special Health Care Needs
 - Certified Peer Recovery Specialist Program
 - Commission on Aging and Disability
 - CoverKids
 - Crisis Services
 - Evidence Based Home Visiting Programs
 - Families First
 - Nutrition Programs
 - Supplemental Nutrition Assistance Program (SNAP)
 - TennCare
 - Tennessee Human Rights Act and Disability Act
 - TN Disability Pathfinder
 - TNFosters
 - Women, Infants and Children

Tennessee State Government - Department of Human Services

<https://www.tn.gov/humanservices.html>

- P-EBT
- Emergency Cash Assistance
- SNAP
- Families First
- Child Support
- Child Care
- Adult Protective Services
- Vocational Rehabilitation
- Healthy Customer Service Practices and COVID-19

Tennessee State Government- Department of Labor and Workforce Development

<https://www.tn.gov/workforce.html>

- Unemployment
- Employers
- ApprenticeshipTN
- Jobs & Education
- Injuries at Work
- Jobs4TN
- Employees
- Adult Education

Tennessee State Government -Department of Mental Health and Substance Abuse

<https://www.tn.gov/behavioral-health>

- Crisis Services-network of 13 Crisis Services providers are located across the state. From a 24/7/365 crisis line to statewide mobile crisis, crisis walk-in centers, and crisis stabilization units, the crisis continuum serves both adults and youth.
- Behavioral Health Safety Net
- Criminal Justice Services
- Mental Health Services- The department administers services for people of all ages living with mental illness, co-occurring disorders, or serious emotional disturbances. Services include housing, crisis services, suicide prevention, and peer recovery.
- Children, Young Adults, and Families
- Prevention
- Substance Abuse Services- The department plans, develops, administers, and evaluates a statewide system of prevention, treatment, and recovery support services for people at risk of or experiencing substance use disorder.
- Housing & Homeless Services

- Licensing
- Hospital Services-The department operates four Regional Mental Health Institutes in Nashville, Memphis, Chattanooga, and Bolivar and contracts for emergency psychiatric admissions at three private hospitals in East Tennessee.
- Peer Recovery Services
- Planning

Shelby County Community Services

[Aging Commission of the Mid-South](#)

<https://shelbycountyttn.gov/Aging-Commission-of-the-Mid-South>

- 901-222-4111
- Meals, CHOICES, Public Guardianship, SHIP, SNAP, Family Caregiver Services. Each call is handled on a case-by-case basis with care.

[Crime Victims and Rape Crisis Center](#)

<https://shelbycountyttn.gov/Crime-Victims-Rape-Crisis-Center>

- 901-222-3950
 - (Sexual Assault Hotline: 901-222-4350)
- For trauma counseling, victim compensation, orders of protection, support groups. 24/7 Sexual Assault Forensic Exams will still be provided in partnership with law enforcement.

[Office of Community Engagement and Outreach](#)

<https://shelbycountyttn.gov/249/Office-of-Community-Engagement-and-Outreach>

- 901-222-3991
 - Available for phone and web outreach.

[Shelby County Community Services Agency](#)

www.shelbycountycsa.org

- 901-222-4212
- Utility Assistance, Rent/Mortgage Assistance, Prescription Assistance and Family Support; Apply by email or mail.

[Office of Justice Initiatives](#)

<https://shelbycountyttn.gov/Justice-Initiatives>

- 901-222-4000
- Pretrial Services and Behavioral Health are available.

[Veterans Services Office](#)

<https://shelbycountyttn.gov/220/Veterans-Services>

- 901-222-4237
-

Health Resources

Dental

[Christ Community Health Services](#)

www.christcommunityhealth.org

- **Administrative and Outreach Offices:**
 - 2595 Central Ave., Memphis, TN 38112
 - (901) 260-8500
- Services: Medical care, Case management, SID Screening, HIV counseling and testing, HIV/STD prevention. Pregnancy-related, Psychological Services, Religious/Spiritual,
- Other: Dental Clinic available at the Third Street Health Center
- Christ Community Health Services, Broad Ave. Health Center
 - Address: 2861 Broad Ave., Memphis, TN 38112
 - Phone: (901) 701-2520
 - (901) 701-2720 (Dental) 2953 Broad
- Christ Community Health Services, Frayser Health Center
 - Address: 969 Frayser Blvd., Memphis, TN 38127
 - Phone: (901) 701-2540
- Christ Community Health Services, Orange Mound Health Center
 - Address: 2569 Douglass Ave., Memphis, TN 38114
 - Phone: (901) 701-2550
- Christ Community Health Services, Third Street Health Center
 - Address: 3362 S. Third St., Memphis, TN 38109
 - Phone: (901) 701-2510
 - (901) 701-2710 (Dental)
- Christ Community Health Services, Hickory Hill Health Center
 - Address: 5366 Winchester Road, Memphis, TN 38115
 - Phone: (901) 701-2560
 - (901) 701-2730 (Dental)
- Christ Community Health Services, Women's Health Center
 - Address: 2400 Poplar Ste. 501, Memphis, TN 38112
 - Phone: (901) 701-2580

[Church Health Center](#)

www.churchhealthcenter.org

- (901) 272-0003

info@churchhealthcenter.org

- 1350 Concourse Ave., Ste. 142 Memphis, TN 38104
- Services: Medical Care, Religious/Spiritual: Pastoral counseling, Dental services and pharmacy
- **COVID UPDATE:** Must call for an appointment. Walk-ins have been temporarily suspended. Dietician Service are available through Telehealth (901) 701-2220
- Behavioral Health Clinic will have on-site crisis consultants as well as consultants available by phone.

Memphis Health Center

<https://memphishealthcenter.org>

- Main:
 - 360 E. H. Crump Blvd., Memphis, TN 38126
 - (901) 267-2000
- Whitehaven:
 - 4593 Elvis Presley Blvd., Ste 101 Memphis, TN 38116
 - (901) 261-7338
- Services: Adult Medicine, Behavioral Health, Laboratory, Mammography / Radiology, Nephrology, Obstetrics/Gynecology (Women's Health), Oral Health, Pediatric/Adolescent (Children's Health), Pharmacy, Podiatry, School and Sports Physicals, Social Support/Enabling, Vision

University of Tennessee College of Dentistry

- Address: 875 Union Ave., Memphis, TN 38163
- Phone: 901-448-6220
 - Fax: 901-448-6211
- Website: <http://www.uthsc.edu/dentistry>
- Services: Other: Dental services including emergency dental clinic
- Mission: to improve human health through education, research clinical care and public service.

Disability Assistance

Aging Commission of the Mid-South

<http://www.agingcommission.org/home0.aspx>

- (901) 222-4111
- 2670 Union Ave Extended Memphis, TN 38112
- We offer programs that make a difference in the lives of all older adults and adults living with disabilities. From the older person who can remain at home if they receive the right services to those who are healthy and can benefit from the activities and socialization provided by our community-based programs, such as senior centers, we're here to help.

The Arc Mid-South

thearcmidsouth.org

(901) 327.2473

info@thearcmidsouth.org

- 3485 Poplar Avenue, Suite 210 Memphis, TN 38111
- Empowering individuals with intellectual and developmental disabilities to achieve their full potential. We are committed to providing advocacy and services which enable individuals with disabilities to realize their uniqueness, worth, and full inclusion in society. We offer a wide variety of programs and services for individuals with disabilities, such as

autism, cerebral palsy, Down syndrome, muscular dystrophy, and other developmental and intellectual disabilities.

Autism Society of the Mid-South

<http://www.autismsocietymidsouth.org/>

- (901) 251-5556

info@autismsocietymidsouth.org/

- 6000 Poplar Ave. Ste. 250, Memphis, TN 38119
- Provides support, advocacy, & education for all affected by autism. Our mission is to provide resources and support to help improve the lives of people living with Autism and their families here in the Mid-South.

Disability Law and Advocacy Center of Tennessee

www.dlactn.org

- (901) 458-6013

gethelp@disabilityrightstn.org

- 2670 Union Ave. Ext., Ste. 900, Memphis, TN 38112
- Services: Training and technical assistance regarding disabilities in the areas of abuse and neglect, discrimination access to programs and vocational rehabilitation services.
- Disability Law and Advocacy Center of Tennessee (DLAC) advocates for the rights of Tennesseans with disabilities to ensure they have an equal opportunity to be productive and respected

Dyslexia Foundation of Memphis

<http://www.memphisdyslexia.org>

- (901) 373-7218
- P.O. Box:
 - 240792 Memphis, TN 38124-0792
- General information E-mail address: webmaster@memphisdyslexia.org
- Testing information Email address: testing@memphisdyslexia.org
- Service: Tutoring program for all children with disabilities, Information and referral, Learning Disability Resources and support groups, and Testing and evaluations for dyslexia, ADHD and other learning disabilities.

Harwood Center Inc.

<https://harwoodcenter.org/>

- (901) 584-8281
- 8500 Walnut Grove Rd. Cordova, TN 38018
- Services: Autism Resources, Behavior Resources, Developmental Assessment, Early Intervention Program for Young Children, Newsletter Available, Public Awareness and Community Education Program, Home Instruction Services for birth to 3 years, Year-round day school for children ages 18 months to 5 years, and Inclusion model.

Interpreting Services for the Deaf

<http://www.deafconnectmidsouth.org/services/>

- Phone: (901) 278-9307

- TTY: (901) 278-9308
- Video Phone (VP): (901) 620-6062
- Text: (901) 300-9306
- 6045 Shelby Oaks Dr. Memphis, TN 38134
- Services: Deafness and Hearing impairment Program, Specific Disability Information, Advocacy Services, Job Assistance, Sign Language classes available, Community Healing Aid Bank, and Provides free hearing test and hearing aid.

[Live It Up Inc.](#)

<https://www.livitupinc.org/>

- (901) 761-4277
- 6949 Appling Farms Parkway Suite 112, Memphis, TN 38133
- Services: Adult care enrichment- Day Services, and Camp LivItUp. Livitup, Inc., formerly United Cerebral Palsy of the Mid-South (UCP), is a grassroots agency that has worked for close to 30 years on behalf of disabled individuals and their families across the Mid-south. As a significant provider of Social Services programs for our community, Livitup touches clients with a variety of diagnoses, including cerebral palsy, down syndrome, mental retardation and other physical and cognitive challenges. Our core programs teach and promote the development of independence

[Lupus Foundation of America, Inc](#)

<https://www.lupus.org/midsouth/the-latest-alabama-kentucky-tennessee>

- Lupus Foundation of America, Mid-South Chapter
- (615) 298-2273
- (877) 865-8787

info@lupusmidsouth.org

- P. O. Box:
 - 59361 Nashville, TN 37205
- Services: Newsletter Available, Public Awareness and Community Education, and Specific Disability Information.

[Memphis Center for Independent Living](#)

www.mcil.org

- (901) 726-6404

info@mcil.org

- Support Group-Youth in Preparation for Independence PALs and Rockers and Rollers is designed to bring together youth with disabilities to share important concerns about day-to-day issues and coping strategies, Peer education, Advocacy for people with disabilities. Computer skills and travel training, Information and Referrals

[Memphis Oral School for the Deaf](#)

<http://www.mosdkids.org>

- (901) 758-2228
- 7901 Poplar Ave., Germantown, TN 38138
- Services: Deafness and Hearing Impairment for Young Children, Newsletter Available Before and After School daycare Half-day summer program Aural Rehab/Cochlear

Implant Therapy, Speech/language therapy, Parent/Infant training program (birth-3) and Day School (ages 2-8).

Multiple Sclerosis Society

<https://www.nationalmssociety.org>

- Mid-South Office
 - 214 Overlook Circle, Suite 153 Brentwood, TN 37027
 - (800)-344-4867
- Service: Advocacy Services, Assistive Technology Purchase Assistance, Counseling and/or Mental Health Services, Information and Referral – Specific Disability, and wellness Program-Information Support/Self Help Groups.

Muscular Dystrophy Association

<https://www.mda.org/office/western-tn>

- Address:
 - 3149 Players Club Parkway, Memphis, TN 38115
- (901) 748-3036

Memphis@mdausa.org

- 3149 Players Club Parkway, Memphis, TN 38115
- Services: Camps and/or Summer Programs (21 and younger), Specific Disability Information, Support Groups, Weekly MDA clinic in Memphis, Orthopedic equipment including braces and wheelchairs, and One week summer camp program.

Tennessee Disability Pathfinder

<https://vkc.mc.vanderbilt.edu/pathsearch/>

- Tennessee Disability Pathfinder offers a statewide database of services including everything from social service agencies to low-income medical clinics to recreational programs. You can search the updated database by region or service type or narrow it further via our advanced search feature. This function will allow you to filter by categories like age, type of disability and funds accepted.
- If you need more one-on-one attention, Call our helpline at [1-800-640-4636](tel:1-800-640-4636).

Social Security Administration

www.ssa.gov

- Social Security Offices Will Only Offer Phone Service** Online Services Remain Available ** [Social Security Offices COVID Media Press Release 3/17/2020](#)
- Our secure and convenient online services remain available at www.socialsecurity.gov. Local offices will also continue to provide critical services over the phone.

SRVS

<http://www.srvs.org>

- (901) 869-7787

information@srvs.org

- 3971 Knight Arnold Road Memphis, TN 38118
- **Programs:**
- SRVS Community Employment Services-

- The Employment Services program provides opportunities for individuals with disabilities to be employed in the Memphis and Shelby County community through funding from the Tennessee Department of Human Services, Division of Rehabilitation Services.
- SRVS Kids & Families –
 - SK&F provides family-centered programs and services that address the unique abilities and challenges of young children with special needs from birth to age 14. Programs include early intervention, Play Do Learn Preschool and multiple therapy services.
- SRVS Community Based Services -
 - A city-wide day service designed to provide meaningful, person-centered activities for people supported by SRVS at settings in the community.
- SRVS Community Living-
 - SRVS currently provides 80 locations of residential housing for SRVS individuals with disabilities.
- SRVS Family Support-
 - SRVS Family Support program strives to empower individuals with severe disabilities and their families to live independently. Assistance is provided in the form of respite, before and after school care, specialized equipment and supplies, education and home vehicle modification.
- SRVS Elderly and Adult Disability Services-
 - SRVS Elder and Adult Disability services is a network of home and community-based services designed to assist the elderly and adults with disabilities enabling them to live independently for as long as possible. The program is built on a solid reputation of providing quality service to each and every individual.
- Employment and Community First (ECF) –
 - A new service for people not currently receiving services geared toward supporting integrated, competitive employment and independent living as the first and preferred option for people with intellectual and developmental disabilities.

[TN STEP: Support and Training for Exceptional Parents](https://tnstep.org/)

<https://tnstep.org/>

- TN STEP mission is to empower parents through information, training, and support to become effective partners with professionals in planning appropriate educational programs for their children.

[Click here for TN Step resources in Spanish](#)

Medical & Prescription Assistance

[A Step Ahead Foundation](#)

- P.O. Box 41601 Memphis, TN 38174
- Phone: (901)320-7837
- Email: [Email](#)

- A Step Ahead Foundation provides women of Memphis and Shelby County with FREE long-acting reversible contraception (LARC), the most effective reversible methods of birth control, with the goal of preventing unplanned pregnancies.

Adult Special Care Clinic

<http://www.regionalonehealth.org/outpatient-center-2/adult-special-care/>

- (901) 545-7446
- MedPlex Ambulatory Care Center:
 - 880 Madison Avenue, Memphis, TN 38103
- Primary and specialty medical care, Nephrology care, Mental health care, Clinical pharmacy consultation services and medication adherence counseling, Nutritional counseling, medical case management, including referrals to other agencies providing HIV-related services, and Assessing eligibility for and enrollment in Ryan White programs.

CancerCare Co-Payment Assistance Foundation - Prescription Payment Assistance

www.cancercarecopay.org

- (866) 552-6729
- Hours: Mon - Thu 9:00 am - 7:00 pm; Fri 9:00 am - 5:00 pm EST
- Intake Process: Call (866) 552-6729 for application.
- No Fee
- Organization addresses the needs of individuals who cannot afford their insurance co-payments to cover the cost of medications for treating cancer.
- Eligibility: Individuals or families with incomes of up to 500 times the federal poverty level; Must be diagnosed with one of the following types of cancer: breast, colon, glioblastoma, head & neck, non-small cell lung, or pancreatic; Diagnosis must be verified by a doctor - doctor must complete and sign physician verification form; and applicants must receive treatment within the United States. Funds available for diagnoses on website.
- *Medication prescribed must be approved by the FDA for cancer.
- *Must be covered by private insurance or an employer-sponsored health plan or have Medicare Part B, Medicare Part D, Medicare Supplemental Insurance, or Medicare Advantage Plan.

City of Memphis Prescription Discount Card

www.caremark.com/nlc

- Main:
 - (888) 620-1749
- Pharmacy Information:
 - (800) 364-6331
- 125 N Main Street #700 Memphis, TN 38103
- Hours: Mon - Fri 9:00 am - 5:00 pm
- Partners with National Association of Cities to provide free prescription discount cards. Cards (or text) may be used unlimited times to save an average of 20% off regular retail price of prescription drugs. May be used anytime a prescription is not covered by

insurance. Cards honored at most major pharmacies including Walgreens, Rite-Aid, Super-D, Kroger and others. Call or go online to locate the nearest participating pharmacy. Savings may vary by drug and by pharmacy. Prescription claims through this program will not be eligible for reimbursement through Medicaid, Medicare, or any other government program. Pet medications also used to treat human conditions are covered.

- Intake Process: Text NLCRx2 to 96362 or cards available at all branches of Memphis Public Libraries and City Hall Benefits Office #438, 125 N Main St (M-F 9:00am-5:00pm). May be downloaded from the website or ordered by phone. Give the pharmacist the card or show them a text when you submit a prescription.
- Program Fees: Discounts may vary by drug and pharmacy.
- Eligibility: Anyone. Call (888) 620-1749 to locate participating pharmacy or check online

[CHANT: Community Health Access and Navigation in Tennessee](#)

Referral Form

- Community Health Access and Navigation in Tennessee (CHANT) teams provide enhanced patient-centered **engagement, navigation** of medical and social services referrals, and **impact** pregnancy, child and maternal health outcomes.
- Referral forms may be submitted to Carolyn Nelms carolyn.nelms@shelbycountyttn.gov or Octavia Lockett octavia.lockett@shelbycountyttn.gov

[Christ Community Health Services](#)

www.christcommunityhealth.org

- **Administrative and Outreach Offices**
 - 2595 Central Ave., Memphis, TN 38112
 - (901) 260-8500
- Services: Medical care, Case management, SID Screening, HIV counseling and testing, HIV/STD prevention. Pregnancy-related, Psychological Services, Religious/Spiritual,
- Other: Dental Clinic available at the Third Street Health Center
- Christ Community Health Services, Broad Ave. Health Center
 - Address: 2861 Broad Ave., Memphis, TN 38112
 - Phone: (901) 701-2520
 - (901) 701-2720 (Dental) 2953 Broad
- Christ Community Health Services, Frayser Health Center
 - Address: 969 Frayser Blvd., Memphis, TN 38127
 - Phone: (901) 701-2540
- Christ Community Health Services, Orange Mound Health Center
 - Address: 2569 Douglass Ave., Memphis, TN 38114
 - Phone: (901) 701-2550
- Christ Community Health Services, Third Street Health Center
 - Address: 3362 S. Third St., Memphis, TN 38109
 - Phone: (901) 701-2510
 - (901) 701-2710 (Dental)
- Christ Community Health Services, Hickory Hill Health Center
 - Address: 5366 Winchester Road, Memphis, TN 38115
 - Phone: (901) 701-2560
 - (901) 701-2730 (Dental)
- Christ Community Health Services, Women's Health Center
 - Address: 2400 Poplar Ste. 501, Memphis, TN 38112

- Phone: (901) 701-2580

Church Health Center

www.churchhealthcenter.org

- (901) 272-0003

info@churchhealthcenter.org

- 1350 Concourse Ave., Ste. 142 Memphis, TN 38104
- Services: Medical Care, Religious/Spiritual: Pastoral counseling, Dental services and pharmacy
- **COVID UPDATE:** Must call for an appointment. Walk-ins have been temporarily suspended. Dietician Service are available through Telehealth (901) 701-2220
- Behavioral Health Clinic will have on-site crisis consultants as well as consultants available by phone.

CoverRx - Prescription Discounts for TN Residents

www.tn.gov/tenncare/coverrx

- CoverRx is a prescription drug program designed to assist those who have no pharmacy coverage but have a need for medication. CoverRx provides participants affordable access to more than 200 generic medications in addition to some name brands of insulin, mental health medications, and naloxone products.
- CoverRx is not health insurance and will not cover doctor's visits or hospitalizations. CoverRx has no monthly premiums, just affordable copays (See Benefits Tab on website for detail).
- Only individuals, ages 18-64, with incomes at or below 138% of the federal poverty level are eligible for CoverRx benefits.
- The CoverRx Prescription Benefit Manager (PBM) is OptumRx. Please contact OptumRx, 800-424-5815, for assistance with enrollment; questions about prescription services or membership; and to update your profile. OptumRx Mail Service Pharmacy is available to members. Call: 1-800-356-3477 if you need this service. [Application](#) is available online.

Eli Lilly and Company - LillyCares

www.lillycares.com

- (800) 545-6962
- Monday through Friday 8 a.m. - 6 p.m.
- A patient assistance program, which is free of charge for qualifying U.S. residents who need temporary assistance in obtaining their Lilly or Dista medications. To apply for the program, the patient and physician must complete an application that can be mailed or filled online
- Intake Process: Call 1-800-545-6962 or complete an application on-line at www.lillycares.com
- Program Fees: Fees may apply from third parties but not from the Lilly cares program
- Eligibility: Patients must be U.S. residents. Eligibility is determined on a case-by-case basis in consultation with each prescribing physician. Eligibility is based on the patient's inability to pay and lack of third-party drug payment assistance, including insurance, Medicaid, government-subsidized clinics, and other government, community, or private programs. Those who can obtain drug reimbursement from any source are not eligible.

Income must be less than 200% of the Federal Poverty Guideline and cannot have or be eligible for any other prescription insurance coverage.

[Express Scripts - Rx Outreach](#)

www.rxoutreach.org

- Rx Outreach is a patient assistance program that offers a safe, affordable, and easy way for people of all ages to get medicines they need. Rx Outreach is a fully licensed nonprofit mail order pharmacy. It provides more than 50 FDA-approved generic medicines to treat ongoing health conditions. There is no limit to the number of different medications you can order. You have your choice of ordering a 3-month supply or a 6-month supply of each medication. Prescriptions are shipped to the address that a patient chooses.

[FamilyWize Community Services Partnership - Prescription Discount Card](#)

www.FamilyWize.org

- General Information: (800) 222-2818
- For Cardholders: (866) 810-3784
- Pharmacy Locator: (877) 435-7977

info@familywize.org

- Provides a prescription discount card for medications not covered by insurance at participating pharmacies, with an average savings of 30% off the pharmacy's usual retail price of prescription drugs, with the highest savings on generic drugs. In TN, the card is distributed through most United Way organizations. This is not insurance, nor is it intended to replace insurance.
- Contact your local United Way for a card or print a card off from the website. To be certain you receive the maximum benefit, you need to show your card each time you have your prescriptions filled and be sure to choose generic brands if possible.
- In Memphis, contact the United Way of the Mid-South for a card, or pick one up from the Community Resource Room of the Memphis Central Public Library, 2nd floor, 3030 Poplar Ave, Memphis, TN 38111.

[Friends for Life Corporation](#)

www.fflmemphis.org/

- (901) 272-0855
- 43 N Cleveland Street, Memphis, TN 38104
- Friends For Life offers our services through an integrated model that provides a wide variety of support under one roof. Many clients have co-occurring disorders, including mental health and substance abuse issues. Others suffer from poor nutrition and physical disabilities. Additionally, local stigma around HIV status has impacted the great majority of our clients, often leading to homelessness, the loss of a job, dismissal by their chosen faith community and other social issues. All programs coordinate to combat the negative effects of stigma while addressing complex needs of each client.

[Friends For Life - Pharmacy Services](#)

www.fflmemphis.org/

- (901) 272-0855
- 43 N Cleveland Street, Memphis, TN 38104

- Contacts:
 - Diane Duke-Primary Contact/Executive Director
 - Allison Greven-Clinical Services Manager
- Hours: Mon - Thu 8:30 am - 5:00 pm; Fri 8:30 am - 4:00 pm
- Provides pharmacy services with prescription assistance for eligible persons on-site for people needing medication for HIV/AIDS. Pharmacists are available every weekday during FFL's opening hours. Prescriptions will be filled through the Kroger's Pharmacy on Cleveland and Poplar in Memphis and returned to Friends for Life for pickup.

[Good Shepherd Pharmacy - Discounted Prescriptions](#)

www.GoodShepHealth.com

- (877) 521-6337
- 1256 Union Avenue 3rd Floor, Memphis, TN 38104
- Contacts: Phil Baker-Primary Contact-CEO, Head Pharmacist-
Info@GoodShepHealth.com
- Mon - Fri 9:00 am - 4:00 pm
- Call or apply online for membership
- Provides a non-profit mail order pharmacy that offers at cost or free prescriptions based on age/income with a membership to the program (some prescriptions may be free for persons who are uninsured, based on income at or below 200% of the Federal poverty level). This program does not bill insurance, as pharmaceutical companies do not allow prescriptions to be sold at wholesale cost. Agency staff can analyze your current cost and situation on a case-by-case basis to see if the program is a good fit for you. If you do not save money, staff will not encourage the membership. Membership fees are \$40.00/month for individuals and \$70.00/month for families. This program is generally beneficial for those who are currently paying more than \$100.00/month out of pocket cost for prescriptions and who qualify for savings through this pharmacy.
- This program is registered as a mail order pharmacy in Tennessee so is available throughout this state.
- Program Fees: Membership fees: For Individual: \$50.00/Month. Many prescriptions may be free for uninsured persons whose income is no more than 200% of the Federal poverty level
- Languages: Spanish
- Eligibility: Anyone; generally, benefits persons who are paying \$100.00 or more/month for their medicine; available throughout the state of TN as a mail order pharmacy

[HealthWell Foundation - Co-Pay & Premium Payments Assistance](#)

www.healthwellfoundation.org

support@healthwellfoundation.org

- Hours: Mon - Fri 9:00 am - 5:00 pm EST
- Nationwide foundation assists low-income individuals with health insurance who cannot afford co-pays, premiums or medications for important medical treatments. Provides financial assistance in paying insurance co-payments, prescription assistance and help paying premiums to patients with insurance who have selected disease conditions; assistance is available only after insurance is paid by the patient. Only certain diseases are covered; call or check the website for details on covered diseases.
- Intake Process: Call or see website for information; may apply online through the website

- Eligibility: Must meet income guidelines; can only assist patients receiving treatment for selected diseases; check website for a current list of all diseases covered. Organization considers an individual's financial, medical and insurance situation. Individuals covered by private insurance, employer-sponsored plans, Medicare or Medicaid may be eligible ONLY IF their diseases are covered by the foundation.

[HealthWell Foundation - Prescription Assistance](#)

www.healthwellfoundation.org

- Provides prescription assistance for selected disease conditions in patients with insurance.
- (800) 675-8416
- Hours: Mon - Fri 9:00 am - 5:00 pm EST
- Eligibility: Must meet income guidelines. Can only assist patients receiving treatment for selected diseases such as breast cancer, rheumatoid arthritis, asthma, age-related macular degeneration, etc. Go to the website or a complete list of all diseases covered. Organization considers an individual's financial, medical, and insurance situation. Individuals who are covered by private insurance, employer-sponsored plans, Medicare, or Medicaid may be eligible.

[Leukemia & Lymphoma Society - TN Chapter](#)

www.lls.org

- Phone Numbers:
 - Toll Free- (800) 955-4572
 - Main- (615) 331-2980
 - Patient Financial Assistance- (877) 557-2672
 - Volunteer Support- (833) 204-2927
- Mon - Fri 9:00 am - 5:00 pm
- The Leukemia & Lymphoma Society's Tennessee Chapter was founded in 1981 to serve residents who have been touched by one of the blood cancers: leukemia, lymphoma and myeloma. The chapter serves 95 counties in the state of Tennessee. Services available to patients with leukemia, lymphoma, Hodgkin's disease or myeloma, their families and friends, or medical personnel who serve these patients.
- Services include:
 - Health/Disability Related Support Groups, Information and Referral, Medical Expense Assistance, Non-emergency Medical Transportation, Peer to Peer Networking, Prescription Expense Assistance and Volunteer Opportunities.
- Contacts:
 - Barbara Burk-Primary Contact-Patient Aid Coordinator/ Administrative Assistant- (615) 331-2980 x1741 barbara.burk@lls.org
 - Jeff Parsley- Executive Director- (615) 258-5483 Jeff.Parsley@lls.org
 - Kim Patterson- Area Director- (615) 258-5492 Kim.Patterson@lls.org

[Medicine Assistance Tool \(Formerly Partnership for Prescription Assistance - PPARX\)](#)

www.mat.org

- Directs uninsured people to the public or private programs most likely to meet their prescription assistance needs. Also helps patients contact government programs that may help pay for medication, like Medicare and Medicaid.
- Contacts- Tina Como- PhRMA Consultant tcomo@phrma.org
- Apply or contact through the website; website offers information on how to apply for different pharmaceutical companies' assistance programs and does not provide direct assistance, just I&R on how to get help with prescriptions
- Program Fees: Some prescriptions are free; others are discounted
- Eligibility: Uninsured people needing prescription assistance should check the website. Qualifications vary by program.

[Merck and Co., Inc. - Merck Patient Assistance Program](#)

www.merck.com

- (800) 727-5400
- Monday through Friday, 8 AM to 8 PM ET
- Patient assistance program offering medicine free for up to one year to eligible individuals who do not have prescription drug coverage and who could not afford needed Merck medicines.
- Intake Process: Call 1-800-727-5400 for more information.
- Program Fees: Fees may apply.

[Merck and Co., Inc. - Merck Prescription Discount Program](#)

www.merckuninsured.com

- (800) 727-5400
- Prescription Discount Program allows those who are eligible the ability to receive savings of 15 to 40 percent off many Merck medicines, regardless of age or income.
- Intake Process: Call 1-800-506-3725 for more information.
- Program Fees: Fees may apply.
- Eligibility: People without prescription drug coverage.

[Memphis Health Center](#)

<https://memphishealthcenter.org>

- Main:
 - 360 E. H. Crump Blvd., Memphis, TN 38126
 - (901) 267-2000
- Whitehaven:
 - 4593 Elvis Presley Blvd., Ste 101 Memphis, TN 38116
 - (901) 261-7338
- Services: Adult Medicine, Behavioral Health, Laboratory, Mammography / Radiology, Nephrology, Obstetrics/Gynecology (Women's Health), Oral Health, Pediatric/Adolescent (Children's Health), Pharmacy, Podiatry, School and Sports Physicals, Social Support/Enabling, Vision

[Memphis Muslim Medical Clinic](#)

<http://memphismuslims.org/memphis-muslim-medical-clinic/>

- 901-685-3901

- Muslim Society of Memphis, 1065 Stratford Rd., Memphis, TN 38122
- Established in 2005 with the help of the Muslim Community in the mid-south in general and Muslim Healthcare professionals in particular. This clinic is located at the premises of Muslim Society of Memphis but was established as a completely separate non-profit organization. This is a weekend clinic operated by volunteer doctors and hired office/medical staff. Primary goal of this organization is to provide quality healthcare to individuals and families, irrespective of their race, nationality, health condition or ability to pay, while conducting itself, at all times, in accordance with the Islamic values and principles.

[NACO Prescription Discount Card Program](#)

www.nacorx.org

- Provides a free discount prescription card for Shelby County residents which offers discounts on prescription medicine not covered by insurance (including some prescriptions for pets). Check the website to see which local pharmacies accept the card. May print off a card at the website or pick up a card at participating pharmacies.
- NACO Prescription Card - Customer Service- (877) 321-2651
- Intake Process: Print off card from website or pick one up from participating pharmacies; call or visit website for list of participating providers and pharmacies. Present card at pharmacies or healthcare facility for discounts.
- Eligibility: Shelby County residents 18 and over (parents/guardians may use the card for prescriptions and other needs for children under 18)

[National Foundation for Transplants - Organ Transplant Advocacy & Medical Expense Assistance](#)

www.transplants.org

- Phone Numbers:
 - Main- (800) 489-3863
 - Front Desk- (901) 684-1697
- 5350 Poplar Avenue Suite 850, Memphis, TN 38119
- Mon - Fri 8:30 am - 4:30 pm
- Provides financial assistance, fundraising, and advocacy services for organ transplant recipients and candidates, and living donor assistance nationwide. Spanish speaking staff available.
- Contacts:
 - Karen Ehrlich-Patient Coordinator info@transplants.org
 - Ailene Perez- Executive Assistant (901) 680-5672
 - Michelle Gilchrist- President/CEO
- Intake Process: Call for information or visit website
- Eligibility: Any transplant candidate who needs information on fundraising or financial assistance for help with medical bills and prescriptions

[National Kidney Foundation Serving West TN - Memphis Office](#)

www.nkfwtn.org

- Main Office - Memphis (901) 683-6185
 - 857 Mount Moriah Road Suite 201, Memphis, TN 38117

- Contacts:
 - Mable Barringer- Executive Director info@nkfwtn.org
- Mon - Fri 8:30 am - 4:30 pm
- The National Kidney Foundation of Memphis provides free screenings to identify persons at increased risk for kidney disease; limited financial assistance to kidney patients with no resources; provides kidney disease information/referral, educational literature, and educational programs on kidney-related topics; supports legislation on both federal and state levels to support persons living with kidney disease; accepts donated vehicles which are then sold at auction or for parts so that proceeds can be used to provide services to patients and the community; supports a summer camp for children ages 6-18 on dialysis or those who have had kidney transplants. Prescription Expense Assistance is also available.
- Intake Process: Call or visit website.
- Eligibility: Residents of West TN or Crittenden County, AR on dialysis, patients treated in Memphis dialysis centers and kidney transplant patients. Persons wishing to donate a vehicle should call for an application packet. Free screenings available to persons 18 years or older who have a family member with diabetes, high blood pressure or chronic kidney failure or who have high blood pressure or diabetes themselves.

[National Organization for Rare Disorders - Rare Diseases Information & Referral/Prescription Help](#)

www.rarediseases.org

- Phone Numbers:
 - Tollfree- (800) 999-6673
 - Main Office- (203) 744-0100
- Hours: Patient Assistance: Mon - Thu 9:00 am - 7:00 pm; Fri 9:00 am - 6:00 pm (EST)
 - Office Hours: Mon - Fri 9:00 am - 5:00 pm
- Provides information and referrals for rare diseases and prescription assistance programs for individuals with rare disorders.
- Intake Process: Call or visit website for information to see which diseases are covered
- Eligibility: Anyone with rare disorder or disease

[NeedyMeds](#)

www.NeedyMeds.org

- Phone Numbers
 - Toll Free: (800) 503-6897
- General Email: info@NeedyMeds.org
- Mon - Fri 9:00 am - 5:00 pm
- Provides an online information resource of programs that assists individuals who are unable to afford medications and health care costs. The resources include patient assistance programs, free to low-cost clinics and medical bill mediation. The information is free, and registration is not required to access the information.
- Intake Process: Call or go online to determine what programs are available. When accessing the website, hover over "Getting Started" then click on "Using the NeedyMeds Website."

Shelby County Community Services Agency: Medical Prescription Program

- Community Services Agency Medical Prescription Program can help with prescriptions that your insurance doesn't cover, or if you don't have prescription health coverage. Those who are eligible can be served up to \$1,000 once per year per household. Printable Application is online.
- **COVID UPDATE:** Must download application from website and email or mail application and supporting documents. See website for instructions.

Shelby County Health Department-Community Health

<http://www.shelbytnhealth.com/189/Community-Health>

- (901) 222-9069
- 814 Jefferson Avenue Memphis, TN 38105
- Public Health services for this bureau include:
 - Breastfeeding Support, Childhood Lead Poisoning and Prevention, Children Special Services, Commodity Supplemental Food Program (CSFP), Early Periodic Screening Diagnosis and Treatment (EPSD&T) Well Child Exams, Family Planning, Home Visitation Services, Immunizations, Infant Health, Nutrition Services, Pediatric Dentistry, Public Health Clinics, Women, Infants and Children

Shelby County Health Dept - Ryan White Part A Program

www.hivmemphis.org

- Phone Numbers-
 - Main- (901) 222-8999
 - Shelby County Health Dept Receptionist- (901) 222-9000
- 814 Jefferson Ave Suite 207, Memphis, TN 38105
- Mon - Fri 8:00 am - 4:30 pm
- Provides federally funded programs which offer HIV related health care services to eligible individuals infected with HIV/AIDS. Services include outpatient medical care, prescription drug assistance, oral health care, early intervention services, mental health counseling, medical nutrition therapy, medical case management, substance abuse counseling, emergency financial assistance, food bank, housing, medical transportation and psychosocial support.
- Intake Process: Call to determine eligibility.
- Eligibility: Services available to eligible residents of Crittenden County, AR; DeSoto, Marshall, Tate and Tunica counties in MS; and Fayette, Shelby and Tipton counties in TN. Clients must have an income at or below 300% of the federal poverty level and must either have no insurance or be underinsured. Persons with health insurance are eligible for medical and support services not covered by their insurance.

St. Peter Villa Rehabilitation and Nursing Center

(901) 276-2021

support@stpetervilla.org

- 141 N. Mclean Blvd., Memphis, TN 38104
- Services: Medical care:

- Speech pathology, Physical and Occupational Therapy, IV Therapy, Respiratory care, State of the art wound care and Skilled Nursing Care, Support group for caregivers, Religious/Spiritual

SisterReach

- 2725 Kirby Road Suite #15, Memphis, TN 38119
contactus@sisterreach.org
- Phone: (901) 614-9906
- SisterReach is committed to empowering women and teens of color, poor and rural, LGBTQ+ and gender non-conforming individuals, and their families from all walks of life, ethnicities, genders, and faith beliefs.
- We believe that people are most empowered when they have access to all information regarding their health and well-being. We support a person's right to lead a healthy life, raise a healthy family, and live in a healthy and sustainable community. We do not discriminate against individuals or families in need based on their socio-economic standing, sexual orientation, age, religion, sexual orientation, ability, or race.

TennCare Medicaid

- TennCare is the state of Tennessee's Medicaid program. It provides healthcare to mostly low-income pregnant women, parents or caretakers of a minor child, children and individuals who are elderly or have a disability. To get Medicaid, you must meet the income and resource limits. You can apply anytime for TennCare.
- To apply, please visit tenncareconnect.tn.gov

The PAN Foundation

<https://www.panfoundation.org/>

- (866) 316-7263
info@panfoundation.org
- Mon - Fri 8:00 am - 6:00 pm
- The PAN Foundation helps underinsured people with life-threatening, chronic and rare diseases get the medications and treatments they need by assisting with their out-of-pocket costs and advocating for improved access and affordability.
- Intake Process: Verify there is an open assistance program for your diagnosis, collect your documents, and apply online or call. Caregivers, pharmacists, and providers may apply on a patient's behalf. Required information includes: diagnosis and medication name; patient demographics: Name, address, Social Security Number and phone number; income: adjusted gross income applicable for the patient and all members of the patient's household; insurance: health insurance and pharmacy card(s); and physician demographics: prescribing physician name, phone number and facility address.
- Eligibility: The patient must be getting treatment for the disease named in the assistance program to which he or she is applying; must have health insurance that covers his or her qualifying medication or product; patient's medication or product must be listed on PAN's list of covered medications; patient's income must fall at or below the Federal Poverty Level specified by the assistance program; and the patient must reside and receive treatment in the United States or U.S. territories. (U.S. citizenship is not a requirement.).

Together Rx Access - Prescription Assistance Program

www.togetherrxaccess.com

- (800) 444-4106
 - Savings program for qualified individuals and families without prescription coverage. Our website connects you with resources about access to coverage options and more. With Together Rx Access, uninsured Americans gain access to immediate savings on prescription products right at their neighborhood pharmacies AND resources that help people take care of what's most important to their health.
 - Intake Process: Call 1-800-444-4106 for information.
 - Program Fees: Fees may apply.
 - Eligibility: People who are not eligible for Medicaid, who have no prescription drug coverage, are a legal US resident. Call for additional information concerning household income requirements.
-

Mental Health and Substance Abuse

Adult Special Care Clinic

<http://www.regionalonehealth.org/outpatient-center-2/adult-special-care/>

- (901) 545-7446
- MedPlex Ambulatory Care Center, 880 Madison Avenue, Memphis, TN 38103
- Primary and specialty medical care, Nephrology care, Mental health care, Clinical pharmacy consultation services and medication adherence counseling, Nutritional counseling, medical case management, including referrals to other agencies providing HIV-related services, and Assessing eligibility for and enrollment in Ryan White programs.

AGAPE Child and Family Services, Inc

www.agapemeanslove.org

- (901) 323-3600

info@agapemeanslove.org

- 3160 Directors Row Memphis, Tennessee 38131
- Services: Professional Mental Health Care, Substance abuse, Shelter/Housing, Emergency care/crisis, Case management, support families throughout the pre-adoptive and post-adoptive process.

Al-Anon/ALATEEN

www.memphisareaal-anon.org

- Phone: 901-323-0321

info@memphisareaal-anon.org

- Services: Substance Abuse Support groups
- Al-Anon and ALATEEN Family Groups hold weekly meetings for the relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve

problems associated with the family disease of alcoholism. We believe the disease affects all members of the family, and that changed attitudes can aid recovery.

[Boling Center for Developmental Disabilities](#)

<http://www.uthsc.edu/bcdd>

- (901) 448-6511
- 711 Jefferson Ave., Memphis, TN 38105
- Services: Professional Mental Health Care: Behavioral Therapy. Psychiatric Evaluations, Emergency care/crisis, Child Care Program, Other: Referrals for Children in State Custody, Developmental Pediatric Clinic for children with developmental problems, Newborn Screening and Inborn Errors of Metabolism

[CAAP Inc. \(Cocaine and Alcohol Awareness Program\)](#)

www.caapincorporated.com

- (901) 360-0442

caapinc@bellouth.net

- 4041 Lamar Ave., Memphis, TN 38118
- Services: Substance abuse: Residential and outpatient treatment, provides time flexible programs with treatment ranging from 6 months to 2 years

[Catholic Charities of West Tennessee](#)

www.ccwtn.org

- (901) 722-4700
- 1325 Jefferson Ave., Memphis, TN 38104
- Services: Information and Referrals, Adoption and Maternity Services, Child Care Services, Community Outreach, Employment Services, Homeless Services, and Refugee and Immigration Services.

[Christian Psychological Center](#)

www.cpcmemphis.net

- (901) 458-6291
- 3950 Central Ave., Memphis, TN 38111
- Services: Individual, group and family therapy, testing and educational placement, education and prevention programs, training and consultation.

[Compass Intervention](#)

<http://www.compassinterventioncenter.net>

- (901) 758-2002
- 7900 Lowrance Rd., Memphis. TN 38125
- Services: Professional Mental Health Care, Substance abuse: Inpatient residential treatment for youth ages 5-17, services are provided for adolescents with a long history of psychiatric disorders, including self-injurious behavior such as cutting or suicidal thoughts, depression, bipolar disorder, anxiety disorder and consistent substance abuse issues.

Comprehensive Counseling Network

https://uwmidsouth.galaxydigital.com/agency/detail/?agency_id=67319

- (901) 353-5440

janet@ccnmemphis.org

- 2150 Whitney Ave., Memphis, TN 38127
- Comprehensive Counseling Network is a non-profit, community-based mental health center which provides mental health services to individuals of all ages. Services provided include, but are not limited to, the following: intake assessment, psychiatric evaluation and medication management, individual, family and group therapy, alcohol and drug abuse therapy, home and community-based case management, and supported housing services.

The Kindred Place

<https://kindred-place.org/>

- (901) 276-2200

info@kindred-place.org

- 2180 Union Ave., Memphis, TN 38104
- Services: Professional Mental Health Care, Outreach, Youth Development/Leadership, Vocational/Job Assistance, Emergency care/crisis Domestic violence programs for children 4-18 and adults, Group and individual counseling, psychological assessments, Anger management, parenting education and life skills classes
- **COVID Update:** For the safety of our clients, staff, and visitors, all in-person sessions and classes are suspended until further notice as part of the public health response to COVID-19. Our counselors are available by phone Monday-Thursday, 9-5 and Fridays 9-noon. We have tele-health options available and an online co-parenting class. Please call 901-276-2200 for more information or send an email to info@kindred-place.org.

First Congregational Church

www.firstcongo.com

- (901) 278-6786
- 1000 S. Cooper St., Memphis, TN 38104
- Services: Professional Mental Health Care: Provided through the Pilgrim Center. The Pilgrim Center provides psychological, social and spiritual counseling to members of the congregation, members of the immediate neighborhood, and to the city at large.

The Oaks at Lakeside

www.lapalomatreatment.com

- (901) 377-4733
- Lakeside Behavioral Health System, 2911 Brunswick Road, Memphis, Tennessee 38133
- Services: Professional Mental Health Care, Substance abuse: Inpatient residential facility for dual diagnosis, Intensive outpatient, Case management

Fresh Start

<https://memphisaddictionhelp.org/places/memphis/residential/lighthouse-mission-ministries-fresh-start/>

- (901) 937-8077

- 3647 Orchi Rd. 38108
- Services: Substance abuse, Shelter/Housing: Shelter for women in crisis including women dealing with substance abuse and women who are victims of domestic violence, Inpatient and outpatient services available including recovery skills, relapse prevention, parenting skills, budgeting and vocational assistance, Emergency care/crisis, Residents can stay 6 months or longer

Grace House of Memphis

<https://gracehouseofmemphis.org/>

- (901) 722-8460
- 329 N. Bellevue Blvd., Memphis, TN 38105
- Services: Substance abuse: Residential treatment facility for women 18 and older

Jewish Family Service

<http://www.jccmemphis.org/jfs/jfs/>

- (901)-767-8511
- Memphis Jewish Community Center, 6560 Poplar Ave., Memphis, TN 38138
- Services: Professional Mental Health, Emergency care/crisis: Rent and utility assistance for clients of Jewish community, Adoption services

Lakeside Behavioral Health System

www.lakesidebhs.com

- (901) 377-4700
- 2911 Brunswick Rd., Memphis, TN 38133
- Services: Professional Mental Health Care, Substance abuse: Residential, Day and Outpatient treatment, Impaired Professionals Program

Memphis and Shelby County Community Services Agency

<https://www.shelbycountyttn.gov/247/Community-Services-Agency>

- (901) 222-4200
- 2670 Union Extended, Ste. 500, Memphis, TN 38112
- Services: Outreach, Education, Professional Mental Health Care, Medical Care, Case management, Substance use, Emergency care/ crisis, Shelter/Housing, Food/Clothing, Vocational/Job Assistance

Memphis Child Advocacy Center

www.memphiscac.org

- (901) 525-2377

info@memphiscac.org

- 1085 Poplar Ave., Memphis, TN 38105
- Services: Professional Mental Health: Counseling for children who are victims of sexual and severe physical abuse; Individual and group sessions for parents, Emergency care/crisis, Education: Community education to professionals that serve children. Forensic Interviews

Memphis Mental Health Institute (MMHI)

<http://tn.gov/mental/mhs/MemphisMHI.html>

- (901) 577-1800
- 951 Court Ave., Memphis, TN 38103
- Services: Professional Mental Health: Memphis Mental Health Institute (MMHI) offers acute inpatient psychiatric services for adults 18 years of age and older. This level of care is designed to provide psychiatric diagnosis, stabilization, and individual treatment as designated by the patient's treatment team to assist them in acquiring new skills for a better transition back to the community. Memphis Mental Health Institute assists patients who are not typically served by the private service sector and have no other inpatient treatment resources available to them. Most patients have a severe and persistent mental illness and are hospitalized on an emergency, involuntary basis. The hospital is an authorized provider under TennCare.

Mental Health Resources

www.mhrmemphis.com

- (901) 682-6136
- Locations:
 - 1037 Cresthaven Rd. Memphis, TN 38119
 - 2198 Judicial Drive, Germantown, TN 38138
 - 8046 N. Brother Blvd., Ste. 103, Bartlett, TN 38133
- Services: Professional Mental Health, Substance abuse, Emergency care/crisis, Other: Intensive Outpatient Program, Counselors and Therapists for Marriage Problems, Family and Personal Struggles, Anxiety and Depression Issues, Personality Disorders and Many Others
- **COVID UPDATE:** Teletherapy Available

Professional Care Services

www.pcswn.org

- (901) 873-0305
- - 5281 Navy Road, Millington, TN 38053
- Services: Professional Mental Health Care, Case management
- **COVID UPDATE:** If you are not currently a client of PCS and are currently experiencing symptoms of anxiety, depression, or if you need someone to help you understand the emotions and feelings you are having, contact our Call Center at 1.844.727.2778, Monday-Thursday from 12:30-2:30pm. Our Call Center will gather information and documents via Doxy.me and then provide you with a timeframe in which a therapist will contact you for an intake. This intake will take place from the safety and comfort of your home via Doxy.me.

The Healing Word Counseling Center

www.memphishealingcenter.com

- (901) 370-4673

contact@memphishealingcenter.com

- 3885 Tchulahoma Road Memphis, TN 38118
- Services: Counseling and various services

University of Memphis, Psychological Services Center

<https://www.memphis.edu/psychology/centers/psc.php>

- (901) 678-2147
- University of Memphis, 202 Psychology Bldg., Room 126, Memphis, TN 38152
- Services: Professional Mental Health, Vocational/Job assistance
- **COVID UPDATE:** therapists are currently teleworking and see both existing and new clients via virtual therapy sessions. The administrative staff is in office on Monday, Wednesday, and Friday from 8:30am to 4:30pm. On Tuesday and Thursday our office staff teleworks and checks voicemails hourly and will answer emails remotely from 8:30am to 4:30pm. Therapists are on duty remotely during operating hours to handle emergency situations.

UT Medical Group, Division of Child and Adolescent Psychiatry

<https://www.uthsc.edu/cdd/services/child-adolescent-psychiatry.php#:~:text=The%20Division%20of%20Child%20and,psychiatric%20problems%20and%20their%20families.>

- (901) 448-5944
- 711 Jefferson Ave., Memphis, TN 38105
- Services: Professional Mental Health Care-Evaluation and Psychotherapy

Youth Villages

www.youthvillages.org

- (901) 251-5000
- 3320 Brothers Blvd., Memphis, TN 38133
- Services: Professional Mental Health Care, Shelter/Housing: Residential treatment, Group homes, Transitional living, Emergency care/crisis, foster care, Special needs adoption

Basic Needs

Food and Clothing

Birthright of Memphis

www.birthrightofmemphis.org

- 24/7 confidential helpline: 1-800-550-4900

info@bothrightofmemphis.org

- 115 Alexander ST. Memphis, TN 38111 -Appointment Only (901) 327-8109
 - Monday–Thursday / 9:00 a.m.—5p.m. (last appt. 4 p.m.)
 - Friday 9:00 a.m.—12 p.m. (last appt. 11 a.m.)
- Hickory Ridge Mall, entrance 4, 6075 Winchester Road Memphis, TN 38115- Walk Ins

- Monday & Thursday / 10:00 a.m.—3:30 p.m.
 - Tuesday / 10:00 a.m.—1:30 p.m.
- Services: Pregnancy-related: Counseling and testing, Clothing: Provided for mother and baby on an as needed basis for qualified clients

Catholic Charities of West Tennessee

www.ccwtn.org

- (901) 722-4700
- 1325 Jefferson Ave., Memphis, TN 38104
- Services: Information and Referrals, Adoption and Maternity Services, Child Care Services, Community Outreach, Employment Services, Homeless Services, and Refugee and Immigration Services.

Emmanuel Center

<http://www.emmanuelcentermemphis.org/>

- (901) 523-2617
- 604 St. Paul Ave., Memphis, TN 38126
- Services: Tutoring/Education Assistance, Youth Development/ Leadership, Religious/Spiritual, Other: Career development and recreation, Food (distribution on Wednesday morning)

Friends for Life

www.fflmemphis.org

- (901) 272-0855
- 43 N. Cleveland St., Memphis, TN 38104
- Services: Education, Outreach, Case Management, Alternative therapy/treatment, HIV counseling and testing. HIV/STD prevention programs, Shelter/Housing, Food, Tutoring/Educational Assistance, Vocational/Job Assistance, Emergency care/crisis, Other: Support-groups and coffee shops in the community to reduce isolation among those infected with HIV, Summer picnic sat Overton Park to encourage support systems and reduce isolation.

Life Choices

www.lifechoicesmemphis.org

- (901) 388-6262

lchoices@bellsouth.net

- 5575 Raleigh-LaGrange Rd., Memphis, TN 38134
- Services: Outreach: Abstinence education in some schools, free pregnancy testing. Religious/Spiritual, Other: State licensed adoption agency, Post abortion counseling, Clothing: Maternity and baby items, Medical and legal referrals

Memphis and Shelby County Community Services Agency

<https://www.shelbycountyttn.gov/247/Community-Services-Agency>

- (901) 222-4200
- 2670 Union Extended, Ste. 500, Memphis, TN 38112

- Services: Outreach, Education, Professional Mental Health Care, Medical Care, Case management, Substance use, Emergency care/ crisis, Shelter/Housing, Food/Clothing, Vocational/Job Assistance

[Mid-South Food Bank](#)

<http://www.midsouthfoodbank.org>

- COVID/Mobile Panty Locations: <https://www.midsouthfoodbank.org/mobile-pantry>
Updated Daily
- (901) 527-0841
- 239 S. Dudley St., Memphis, TN 38104
- Services: Collecting and Distributing Donated Food to Charitable Agencies, and feeding the needy, and Infants.

[MIFA-Metropolitan Inter-faith Association](#)

www.mifa.org

- (901) 527-0208

jseacat@mifa.org

- 910 Vance Ave., Memphis, TN 38126
- Services: Outreach, Education. Medical care, Case management, HIV/STD prevention, Family planning, Emergency care/crisis, Shelter/Housing: Transitional homeless shelter for women/men with children under the age of 18. Call for criteria. Food/Clothing, Youth Development/Leadership, Tutoring/Educational Assistance, Vocational/Job Assistance: Offers employment opportunities for 15-year-olds from the inner city. The teens learn job skills and earn money year-round, as well as receive mentoring, educational support and life skills training.
- **COVID UPDATE:** Applications for Emergency Assistance/Shelter are online

[Neighborhood Christian Center](#)

www.ncclife.org

- 901-881-6013

ncc@ncclife.org

- 785 Jackson Ave., Memphis, TN 38107
- Services: Outreach, Education, Emergency care/crisis: Assists with utilities and rent, Shelter/Housing, Food/Clothing, Youth Development/Leadership, Tutoring/Educational Assistance, Religious/Spiritual

[Shelby County Relative Caregiver Program](#)

<http://www.uthsc.edu/bcdd/services/demonstration/rcp/index.php>

- (901) 448-3133
- 711 Jefferson Ave., Memphis, TN 38105
- Services: Education: Support services, Case management, Emergency care/crisis, Food/Clothing, Youth development/ Leadership, Other: Recreation, Support groups for caregivers and youth

[St. Patrick's Center](#)

http://stpatsmemphis.org/?page_id=213

- (901) 543-9924
- 277 S. Fourth St. Memphis, TN 38126
- Services: Tutoring/Education Assistance: GED program and after school program, Food/Clothing (MIFA Food Pantry for the homeless), Substance Use (AA Meetings)

Urban Family Ministries

<https://ufmcdc.org/>

- (901) 323-8400
 - 2174 Lamar Ave., Memphis, TN 38114
 - Services: Outreach, Education, Case management, HIV/STD Prevention, Substance abuse, Shelter/Housing, Food/Clothing, Youth Development/Leadership, Tutoring/Educational Assistance, Vocational/Job Assistance, religious/Spiritual Alcohol/Drug Recovery Support & Intensive Outreach Clinic, Adolescent & Adult Group & Individual Counseling, Intensive Case Management, (Community-Based) (Office-Based), Family and Relationship Support, Parenting Support, Recovery Support, Trauma Counseling, Mental Health Pre-Assessments, Transportation for sessions. TN DHS Off Site, Drug Testing, HIV & HEP C Testing Education, Teen Substance Abuse Treatment Program, Domestic Violence Counseling, Anger Management Counseling, Aftercare Services, Relapse Prevention, Nutritional Support Classes, Spiritual Support, Pastoral Support
 - Group Counseling Sessions: Tuesday, Wednesday, Thursday 10am to 1pm & 6pm to 9pm
 - A State of Tennessee licensed faith-based outpatient treatment facility focused on the combination of addiction and mental health issues (co-occurring disorders).
 - **Additional Services available depending on client assessment. Contact us for more information**
-

Shelter/Housing

AGAPE Child and Family Services, Inc

www.agapemeanslove.org

- (901) 323-3600

info@agapemeanslove.org

- 3160 Directors Row Memphis, Tennessee 38131
- Services: Professional Mental Health Care, Substance abuse, Shelter/Housing, Emergency care/crisis, Case management, support families throughout the pre-adoptive and post-adoptive process.

Alpha Omega Veterans Services, Inc.

www.alphaomegaveterans.org

- (901) 726-5066
- 1183 Madison Ave., Memphis, TN 38104
- Services: Transitional Housing, Emergency Housing, Support Services, Job Training, Individual Counseling, Group Counseling, Life Skills Education and Money Management Training.

Barron Heights Community Development Center

www.bhcdc.com

- (901) 785-5873
- 1385 Lamar Ave., Memphis, TN 38104
- Services: Serving Veterans-Transitional Housing (up to 2 years), Housing provided 24 hours a day, with 3 meals served a day, Information and Referral, Vocational Counseling and Job Readiness, Support services, and Life skills training

Bethany Christian Services

<http://www.bethany.org/memphis>

- (901) 818-9996
- 1255 Lynnfield Road, Suite 236, Memphis, TN 38119
- Services: Outreach, Education, HIV/STD Prevention: Provides abstinence and STD education, Pregnancy-related, Shelter/ Housing: Can assist with finding housing for pregnant females, Religious/Spiritual, provides counseling to men and women who are expecting around adoption and foster care issues; Assistance with finding a home for children in foster care in and out of state; Support group.

Calvary Rescue Mission

<http://www.calvaryrescuemission.org>

- (901) 775-2570

calvaryrescue@att.net

- 960 S. Third St, Memphis, TN 38106
- Services: Shelter/Housing: Night shelter for men 21 years and up, must have picture ID and no vehicle, Can stay indefinitely

Catholic Charities of West Tennessee

www.ccwtn.org

- (901) 722-4700
- 1325 Jefferson Ave., Memphis, TN 38104
- Services: Information and Referrals, Adoption and Maternity Services, Child Care Services, Community Outreach, Employment Services, Homeless Services, and Refugee and Immigration Services.

Dorothy Day House of Hospitality

<http://dorothydaymemphis.org>

- (901) 726-6760
- P.O. Box 40269, Memphis, TN 38174-0269
- Services: provides temporary housing and support services for homeless families in Memphis, keeps homeless families together. Assists with food, clothing, and shelter; educational resources and guidance; employment counseling; transportation; case management; advocacy; access to sources of permanent housing; referrals for childcare

Friends for Life

www.fflmemphis.org

- (901) 272-0855
- 43 N Cleveland Street
- Services: Education, Outreach, Case Management, Alternative therapy/treatment, HIV counseling and testing. HIV/STD prevention programs, Shelter/Housing, Food, Tutoring/Educational Assistance, Vocational/Job Assistance, Emergency care/crisis, Other: Support-groups and coffee shops in the community to reduce isolation among those infected with HIV, Summer picnic sat Overton Park to encourage support systems and reduce isolation.

[Habitat for Humanity of Greater Memphis](#)

www.memphishabitat.com

- (901) 761-4771
- 7136 Winchester Rd., Memphis, TN 38125
- Services: Permanent Housing
- **COVID UPDATE:** Due to COVID-19, the Memphis Habitat staff are still working remotely, and volunteer activities are on hold. We're sharing updates on changes to specific programs and events on our website as they become available.

[Habitat for Humanity Restore](#)

www.memphisrestore.com

- (901) 737-8673
- 7130 Winchester Rd., Memphis, TN 38125
- Open Tuesday-Saturday 11 a.m.-5 p.m.
- Services: The ReStore provides an affordable way to furnish or improve your home or business and helps fund the mission of Habitat for Humanity of Greater Memphis to end poverty housing in our city.

[Karat Place Inc.](#)

www.karatplace.org

- (901) 525-4055

leakemc@karatplace.org

- 558 Boyd St, Memphis, TN 38126
- Services: Transitional Housing, Education and Vocational Resources, Counseling, and Parenting Skills Training for ex-women offenders.

[Shelby County Community Services Agency](#)

www.shelbycountycsa.org

- (901) 222-4212
- Utility Assistance, Rent/Mortgage Assistance, Prescription Assistance and Family Support; Apply by email or mail

[Memphis Housing Authority](#)

<http://www.memphisha.org>

- (901) 544-1100
- 700 Adams Ave., Memphis, TN 38105

- Services: Shelter/Housing: Includes Section 8, Case management available to residents, Hope VI Project, Uptown Project

Memphis Interfaith Hospitality Network

https://uwmidsouth.galaxydigital.com/agency/detail/?agency_id=67327

- (901) 452-6446
- Jennifer Taylor jennifer@familypromiseofmemphis.org
- 200 E. Parkway Memphis, TN 38112
- Services: Provides housing for homeless families on a case-by-case basis for up to 30 nights including three meals per day and separate day site with address and phone number for use in seeking permanent housing and/or employment. We service up to four families at a time (total of fourteen people including children). Husband and wife stay in the same room. Provides intensive case management, life skills programs and food pantry, clothes closet and furniture donations for families receiving assistance

Memphis Leadership Foundation

www.memphisleadershipfoundation.org

- (901) 729-2931
- 2400 Poplar Ave. Stec 318, Memphis, TN 38104
- Services: Education, Outreach, Shelter/Housing, Tutoring/ Educational Assistance. Youth Development/Leadership, Vocational/Job Assistance, Religious/Spiritual, Other: Camp/ Retreat

Memphis Union Mission

www.memphisunionmission.org

- (901) 526-8403-Main Office
- (901) 526-8434-Shelter

info@memphisunionmission.org

- Services: Shelter/Housing: Emergency shelter for men Mission: Memphis Union Mission ministers to the physical, Spiritual, and emotional needs of men, women and children who are homeless, addicted, and in crisis.
- Locations:
 - MEN'S EMERGENCY SHELTER-383 Poplar Ave, Memphis, TN, 38105
 - WRIGHT TRANSITIONAL HOUSE/ADMINISTRATION OFFICE-170 Tillman Street, Memphis, TN, 38111
 - CALVARY COLONY-4535 Benjestown Rd, Memphis, TN, 38127
 - INTACT FAMILY MINISTRY-4535 Benjestown Rd, Memphis, TN, 38127
 - OPPORTUNITY CENTER-600 Poplar Avenue, Memphis, TN, 38105

MIFA-Metropolitan Inter-faith Association

www.mifa.org

- (901) 527-0208

jseacat@mifa.org

- 910 Vance Ave., Memphis, TN 38126

- Services: Outreach, Education. Medical care, Case management, HIV/STD prevention, Family planning, Emergency care/crisis, Shelter/Housing: Transitional homeless shelter for women/men with children under the age of 18. Call for criteria. Food/Clothing, Youth Development/Leadership, Tutoring/Educational Assistance, Vocational/Job Assistance: Offers employment opportunities for 15-year-olds from the inner city. The teens learn job skills and earn money year-round, as well as receive mentoring, educational support and life skills training.
- **COVID UPDATE:** Applications for Emergency Assistance/Shelter are online

Moriah House

<https://www.memphisunionmission.org/womens-programs>

- (901) 526-8434
- Address: PO Box 330, Memphis, TN 38103
- Services: Substance abuse, Shelter/Housing: Safe house and discipleship program for women and their children whose lives have been wrecked by domestic violence, substance abuse, crisis pregnancy, prostitution and clinical depression; Program provided through Memphis Union Mission, Religious/Spiritual

Neighborhood Christian Center

www.ncclife.org

- (901)-881-6013

ncc@ncclife.org

- 785 Jackson Ave., Memphis, TN 38107
- Services: Outreach, Education, Emergency care/crisis: Assists with utilities and rent, Shelter/Housing, Food/Clothing, Youth Development/Leadership, Tutoring/Educational Assistance, Religious/Spiritual

Porter- Leath

www.porterleath.org

- (901) 577-2500
- 3400 Prescott Road, Memphis, TN 38118
- Services: Preschool, Early Head Start, Connections, Foster Care, Runaway Homeless Youth Shelter, Home Visitation, Earn benefits, Family Rewards, Parents As Teachers, AmeriCorps, Foster Grandparents, Retired and Senior Volunteer Program, and a Child and Adult Food Care Program

SHIELD Inc.

www.shieldmidsouth.org

- (901) 454-9755
- 2552 Poplar Ave., Ste. 215, Memphis, TN 38112
- Services: Shelter/Housing: Accept women with children including male children 11 and older and males with children including male children of any age. Shelter Care Plus (Miracle Manor) provides supportive housing for mentally ill adults. Destiny House provides assistance with permanent housing to youth ages 18-21 that have aged out of foster care, Case management, Vocational/Job assistance, Emergency care/crisis

United Way of the Mid-South

www.uwmidsouth.org

- (901) 433-4300
- 1005 Tillman St. Memphis, TN 38112
- Services: Charitable organization that supports programs that help provide a nurturing environment for children, job skills for people who want to work, health care for seniors who might otherwise go without, food and shelter for those facing tough times, safe havens from physical and psychological abuse, therapy for those coping with special challenges and so much more.

YWCA of Greater Memphis, Crisis Shelter

www.memphisywca.org

- (901) 323-2211
- 766 S. Highland St., Memphis, TN 38111
- 24-Hour Hotline: 901-725-4277
- Services: Shelter/Housing: Emergency shelter to abused women and their children, Education: Community education on abuse, Emergency care/crisis: Shelter and Hotline, Vocational/Job Assistance, Other: Court advocacy, Immigrant women services, Childcare programs

Rent/Utility Assistance

Jewish Family Service

<http://www.jccmemphis.org/jfs/jfs/>

- 901-767-8511
- Memphis Jewish Community Center
- 6560 Poplar Ave., Memphis, TN 38138
- Services: Professional Mental Health, Emergency care/crisis: Rent and utility assistance for clients of Jewish community, Adoption services

Memphis Light Gas and Water (MLGW)

www.mlgw.com

- (901) 544-MLGW (6549)
- 220 South Main St. Memphis, TN 38103
- Main Office Address: 245 S. Main St., Memphis, TN
- N. Community Office Address: 2424 Summer Ave., Memphis, TN
- S. Community Office Address: 2935 Lamar Ave., Memphis, TN
- Whitehaven Office Address: 1111 East Shelby Drive, Memphis, TN
- Millington Office Address: 5131 Navy Road, Millington, TN
- Services: Other: Memphis Light, Gas and Water is the nation's largest three-service municipal utility, serving more than 420,000 customers. Payment assistance programs available.

MIFA-Metropolitan Inter-faith Association

www.mifa.org

- (901) 527-0208

jseacat@mifa.org

- 910 Vance Ave., Memphis, TN 38126
- Services: Outreach, Education. Medical care, Case management, HIV/STD prevention, Family planning, Emergency care/crisis, Shelter/Housing: Transitional homeless shelter for women/men with children under the age of 18. Call for criteria. Food/Clothing, Youth Development/Leadership, Tutoring/Educational Assistance, Vocational/Job Assistance: Offers employment opportunities for 15-year-olds from the inner city. The teens learn job skills and earn money year-round, as well as receive mentoring, educational support and life skills training.
- **COVID UPDATE:** Applications for Emergency Assistance/Shelter are online

Neighborhood Christian Center

www.ncclife.org

- 901-881-6013

ncc@ncclife.org

- 785 Jackson Ave., Memphis, TN 38107
- Services: Outreach, Education, Emergency care/crisis: Assists with utilities and rent, Shelter/Housing, Food/Clothing, Youth Development/Leadership, Tutoring/Educational Assistance, Religious/Spiritual

Transportation

Dorothy Day House of Hospitality

<http://dorothydaymemphis.org>

- (901) 726-6760
- P.O. Box 40269, Memphis, TN 38174-0269
- Services: provides temporary housing and support services for homeless families in Memphis, keeps homeless families together. Assists with food, clothing, and shelter; educational resources and guidance; employment counseling; transportation; case management; advocacy; access to sources of permanent housing; referrals for child care

Memphis Area Transit Authority (MATA)

www.matatransit.com

- (901) 274-6282 (Routes and Schedule information)
- Our specialists are available: Monday - Friday: 6 a.m.-6 p.m.
 - Saturday: 7:30 a.m.-4:30 p.m.
 - Sunday: Closed
 - Holiday Hours Vary
- Services: Local bus transportation

- **William Hudson Transit Center**
 - 444 N.Main St., 2nd Floor, Memphis,TN 38105
 - (901) 523-8134
 - Services: Photo identification cards for youth, seniors and people with disabilities, FastPass purchases, Route and schedule information, Personal Trip Planning
 - Counter Customer Service Hours: Monday-Friday: 7:00am-6:00pm
 - Saturday: 8:00am-4:00pm
 - Sunday: Closed
- Customer Lobby Hours: Monday-Friday: 5:30am - 11:00pm
 - Saturday: 7:00am -9:00 pm
 - Sunday: 9:00am -6:00 pm
- **American Way Transit Center**
 - 3912 American Way Memphis, TN 38118
 - (901) 722-0322
 - Services: Fast Pass purchases, Route and schedule information, Personal Trip Planning
 - Counter Customer Service Hours: Monday-Friday: 7am-6 pm Weekends: Closed
 - Customer Lobby Hours: Monday-Friday: 6:45am-12:00 Midnight
 - Saturday: 7:00am - 12:00 Midnight
 - Sunday: 7:00am -7:00 pm
- **Airways Transit Center**
 - 3033 Airways Blvd., Memphis, TN 38131
 - (901) 722-7080
 - Services: Photo identification cards for youth, seniors and people with disabilities, Fast Pass purchases, Route and schedule information, Personal Trip Planning
 - Counter Customer Service Hours: Monday-Friday: 8:00am-12:00pm
 - Customer Lobby Hours: 24 hours a day, 7 days a week

Case Management

[AGAPE Child and Family Services, Inc](#)

www.agapemeanslove.org

- (901) 323-3600

info@agapemeanslove.org

- 3160 Directors Row Memphis, Tennessee 38131
- Services: Professional Mental Health Care, Substance abuse, Shelter/Housing, Emergency care/crisis, Case management, support families throughout the pre-adoptive and post-adoptive process.

[Catholic Charities of West Tennessee](#)

www.ccwtn.org

- (901) 722-4700
- 1325 Jefferson Ave., Memphis, TN 38104
- Services: Information and Referrals, Adoption and Maternity Services, Child Care Services, Community Outreach, Employment Services, Homeless Services, and Refugee and Immigration Services.

Christ Community Health Services

www.christcommunityhealth.org

- **Administrative and Outreach Offices**
 - 2595 Central Ave., Memphis, TN 38112
 - (901) 260-8500
 - Services: Medical care, Case management, SID Screening, HIV counseling and testing, HIV/STD prevention. Pregnancy-related, Psychological Services, Religious/Spiritual, Other: Dental Clinic available at the Third Street Health Center
- Christ Community Health Services, Broad Ave. Health Center
 - Address: 2861 Broad Ave., Memphis, TN 38112
 - Phone: (901) 701-2520
 - (901) 701-2720 (Dental) 2953 Broad
- Christ Community Health Services, Frayser Health Center
 - Address: 969 Frayser Blvd., Memphis, TN 38127
 - Phone: (901) 701-2540
- Christ Community Health Services, Orange Mound Health Center
 - Address: 2569 Douglass Ave., Memphis, TN 38114
 - Phone: (901) 701-2550
- Christ Community Health Services, Third Street Health Center
 - Address: 3362 S. Third St., Memphis, TN 38109
 - Phone: (901) 701-2510
 - (901) 701-2710 (Dental)
- Christ Community Health Services, Hickory Hill Health Center
 - Address: 5366 Winchester Road, Memphis, TN 38115
 - Phone: (901) 701-2560
 - (901) 701-2730 (Dental)
- Christ Community Health Services, Women's Health Center
 - Address: 2400 Poplar Ste. 501, Memphis, TN 38112
 - Phone: (901) 701-2580

Community HIV Network

<https://www.lebonheur.org/our-services/le-bonheur-in-the-community/community-hiv-network/>

- (901) 287-4750
- 2400 Poplar Ave., Ste. 500, Memphis, TN 38112
- Services: HIV/STD prevention, Education, Outreach, HIV counseling and testing, Case management, Medical Care

Dorothy Day House of Hospitality

<http://dorothydaymemphis.org>

- (901) 726-6760
- P.O. Box 40269, Memphis, TN 38174-0269
- Services: provides temporary housing and support services for homeless families in Memphis, keeps homeless families together. Assists with food, clothing, and shelter; educational resources and guidance; employment counseling; transportation; case management; advocacy; access to sources of permanent housing; referrals for childcare

The Oaks at Lakeside

www.lapalomatreatment.com

- (901) 377-4733
- Lakeside Behavioral Health System, 2911 Brunswick Road, Memphis, Tennessee 38133
- Services: Professional Mental Health Care, Substance abuse: Inpatient residential facility for dual diagnosis, Intensive outpatient, Case management

Friends for Life

www.fflmemphis.org

- (901) 272-0855
- 43 N. Cleveland St., Memphis, TN 38104
- Services: Education, Outreach, Case Management, Alternative therapy/treatment, HIV counseling and testing. HIV/STD prevention programs, Shelter/Housing, Food, Tutoring/Educational Assistance, Vocational/Job Assistance, Emergency care/crisis, Other: Support-groups and coffee shops in the community to reduce isolation among those infected with HIV, Summer picnic sat Overton Park to encourage support systems and reduce isolation.

Memphis and Shelby County Community Services Agency

<https://www.shelbycountyttn.gov/247/Community-Services-Agency>

- (901) 222-4200
- 2670 Union Extended, Ste. 500, Memphis, TN 38112
- Services: Outreach, Education, Professional Mental Health Care, Medical Care, Case management, Substance use, Emergency care/ crisis, Shelter/Housing, Food/Clothing, Vocational/Job Assistance

Memphis Health Center

<https://memphishealthcenter.org>

- Main: 360 E. H. Crump Blvd., Memphis, TN 38126 (901) 267-2000
- Whitehaven: 4593 Elvis Presley Blvd., Ste 101 Memphis, TN 38116
- (901) 261-7338
- Services: Medical Care, HIV counseling, and testing; STD screening, Family Planning. Case management

Memphis Housing Authority

<http://www.memphisha.org>

- (901) 544-1100
- 700 Adams Ave., Memphis, 1N 38105
- Services: Shelter/Housing: Includes Section 8, Case management available to residents, Hope VI Project, Uptown Project

Memphis Interfaith Hospitality Network

https://uwmidsouth.galaxydigital.com/agency/detail/?agency_id=67327

- (901) 452-6446
- Jennifer Taylor jennifer@familypromiseofmemphis.org

- 200 E. Parkway Memphis, TN 38112
- Services: Provides housing for homeless families on a case-by-case basis for up to 30 nights including three meals per day and separate day site with address and phone number for use in seeking permanent housing and/or employment. We service up to four families at a time (total of fourteen people including children). Husband and wife stay in the same room. Provides intensive case management, life skills programs and food pantry, clothes closet and furniture donations for families receiving assistance

Meritan

www.meritan.org

- (901) 766-0600
- 345 Adams Avenue Memphis, TN 38103
- Services: Advocacy Services- Information and Referral, In-Home Assistance- Senior Citizen Services, H.O.M.E.-Program is a long-term alternative care program for frail individuals needing assistance and care must be Medicaid eligible foster care for special need children, Personal case management and Employment for older workers.
- Meritan is also a member of the Memphis area Coordinated Response to Elder Abuse team and a Care Coordination Hub for the United Way of the Mid-South's Driving the Dream program, working to help people out of poverty in Shelby County.

MIFA-Metropolitan Inter-faith Association

www.mifa.org

- (901) 527-0208

jseacat@mifa.org

- 910 Vance Ave., Memphis, TN 38126
- Services: Outreach, Education. Medical care, Case management, HIV/STD prevention, Family planning, Emergency care/crisis, Shelter/Housing: Transitional homeless shelter for women/men with children under the age of 18. Call for criteria. Food/Clothing, Youth Development/Leadership, Tutoring/Educational Assistance, Vocational/Job Assistance: Offers employment opportunities for 15-year-olds from the inner city. The teens learn job skills and earn money year-round, as well as receive mentoring, educational support and life skills training.
- **COVID UPDATE:** Applications for Emergency Assistance/Shelter are online

Shelby County Relative Caregiver Program

<http://www.uthsc.edu/bcdd/services/demonstration/rcp/index.php>

- (901) 448-3133
- 711 Jefferson Ave., Memphis, TN 38105
- Services: Education: Support services, Case management, Emergency care/crisis, Food/Clothing, Youth development/ Leadership, Other: Recreation, Support groups for caregivers and youth

HIV/STD Screening, Counseling and Support

Adult Special Care Clinic

<https://www.regionalonehealth.org/outpatient-clinics/adult-special-care/>

- (901) 545-7446
- MedPlex Ambulatory Care Center, 880 Madison Avenue, Memphis, TN 38103
- Services: Primary and specialty medical care, Nephrology care, Mental health care, Clinical pharmacy consultation services and medication adherence counseling, Nutritional counseling, medical case management, including referrals to other agencies providing HIV-related services, and Assessing eligibility for and enrollment in Ryan White programs.

Bethany Christian Services

<http://www.bethany.org/memphis>

- (901) 818-9996
- 1255 Lynnfield Road, Suite 236, Memphis, TN 38119
- Services: Outreach, Education, HIV/STD Prevention: Provides abstinence and STD education, Pregnancy-related, Shelter/ Housing: Can assist with finding housing for pregnant females, Religious/Spiritual, provides counseling to men and women who are expecting around adoption and foster care issues; Assistance with finding a home for children in foster care in and out of state; Support group.

CHOICES-Memphis Center for Reproductive Health

<http://memphischoices.org>

- (901) 274-3550
- 1726 Poplar Ave., Memphis, TN 38104
- Services: Medical Care: Abortions (First Trimester), Community Education, Outreach, STD screening, HIV counseling and testing, HIV/STD prevention programs, Family-planning and contraception

Christ Community Health Services

www.christcommunityhealth.org

- **Administrative and Outreach Offices**
 - 2595 Central Ave., Memphis, TN 38112
 - (901) 260-8500
- Services: Medical care, Case management, SID Screening, HIV counseling and testing, HIV/STD prevention. Pregnancy-related, Psychological Services, Religious/Spiritual, Other: Dental Clinic available at the Third Street Health Center
- Christ Community Health Services, Broad Ave. Health Center
 - Address: 2861 Broad Ave., Memphis, TN 38112
 - Phone: (901) 701-2520
 - (901) 701-2720 (Dental) 2953 Broad
- Christ Community Health Services, Frayser Health Center
 - Address: 969 Frayser Blvd., Memphis, TN 38127
 - Phone: (901) 701-2540
- Christ Community Health Services, Orange Mound Health Center
 - Address: 2569 Douglass Ave., Memphis, TN 38114
 - Phone: (901) 701-2550
- Christ Community Health Services, Third Street Health Center
 - Address: 3362 S. Third St., Memphis, TN 38109
 - Phone: (901) 701-2510

- (901) 701-2710 (Dental)
- Christ Community Health Services, Hickory Hill Health Center
 - Address: 5366 Winchester Road, Memphis, TN 38115
 - Phone: (901) 701-2560
 - (901) 701-2730 (Dental)
- Christ Community Health Services, Women's Health Center
 - Address: 2400 Poplar Ste. 501, Memphis, TN 38112
 - Phone: (901) 701-2580

Community HIV Network

<https://www.lebonheur.org/our-services/le-bonheur-in-the-community/community-hiv-network/>

- (901) 287-4750
- 2400 Poplar Ave., Ste. 500, Memphis, TN 38112
- Services: HIV/STD prevention, Education, Outreach, HIV counseling and testing, Case management, Medical Care

Friends for Life

www.fflmemphis.org

- (901) 272-0855
- 43 N. Cleveland St., Memphis, TN 38104
- Services: Education, Outreach, Case Management, Alternative therapy/treatment, HIV counseling and testing. HIV/STD prevention programs, Shelter/Housing, Food, Tutoring/Educational Assistance, Vocational/Job Assistance, Emergency care/crisis, Other: Support-groups and coffee shops in the community to reduce isolation among those infected with HIV, Summer picnic sat Overton Park to encourage support systems and reduce isolation.

Hope House Day Care Center

www.hopehousememphis.org

- (901) 272-2702
- 23 S. Idlewild Street Memphis, TN 38104
- Services: Daycare: Provide childcare for HIV infected parents needing daily care for their children, Respite Care: Short-term respite care, Medical Support: LPN on staff in the event of an emergency, Caregiver and Parent training

MIFA-Metropolitan Inter-faith Association

www.mifa.org

- (901) 527-0208

jseacat@mifa.org

- 910 Vance Ave., Memphis, TN 38126
- Services: Outreach, Education. Medical care, Case management, HIV/STD prevention, Family planning, Emergency care/crisis, Shelter/Housing: Transitional homeless shelter for women/men with children under the age of 18. Call for criteria. Food/Clothing, Youth Development/Leadership, Tutoring/Educational Assistance, Vocational/Job Assistance: Offers employment opportunities for 15-year-olds from the inner city. The teens learn job

skills and earn money year-round, as well as receive mentoring, educational support and life skills training.

- **COVID UPDATE:** Applications for Emergency Assistance/Shelter are online

Regional One Health- Primary Care Locations

<https://www.regionalonehealth.org/primary-care/>

- Services: Medical Care: Primary medical care including family planning, pregnancy testing, Dermatology and immunizations, HIV counseling and testing, and STD screening. Managed by the Regional Medical Center at Memphis (The MED)
- Primary Care Specialists 3109 Walnut Grove Road Memphis, TN 38111 (901) 515-4800
- Guthrie Primary Care 1064 Breedlove St., Memphis, TN 38107 (901) 515-5400
- Hollywood 2800 Peres Ave., Memphis, TN 38108 (901) 515-5400
- Kirby Primary Care 2725 Kirby Road, Suite 1 Memphis, TN 38119 (901) 515-5350
- South Third 1955 Third St., Memphis, TN 38109 (901) 515-5800
- Harbor of Health 718 Harbor Bend Road Memphis, TN 38103 (901) 515-4200

Shelby County Health Department

<http://tn-shelbycountyhealth.civicplus.com/185/STD-HIV-Information>

- (901) 222-9000
- 814 Jefferson Ave., Memphis, TN 38105
- Services: HIV counseling and testing. STD screening, HIV/STD prevention program, other: Partner Notification, Community Referrals, Access to Ryan White Programs for eligible HIV positive clients

Shelby County Health Dept - Ryan White Part A Program

www.hivmemphis.org

- Phone Numbers- Main- (901) 222-8999
 - Shelby County Health Dept Receptionist- (901) 222-9000
- 814 Jefferson Ave Suite 207 Memphis, TN 38105
- Mon - Fri 8:00 am - 4:30 pm
- Provides a federally funded program which offers HIV related health care services to eligible individuals infected with HIV/AIDS. Services include outpatient medical care, prescription drug assistance, oral health care, early intervention services, mental health counseling, medical nutrition therapy, medical case management, substance abuse counseling, emergency financial assistance, food bank, housing, medical transportation and psychosocial support.
- Intake Process: Call to determine eligibility.
- Eligibility: Services available to eligible residents of Crittenden County, AR; DeSoto, Marshall, Tate and Tunica counties in MS; and Fayette, Shelby and Tipton counties in TN. Clients must have an income at or below 300% of the federal poverty level and must either have no insurance or be underinsured. Persons with health insurance are eligible for medical and support services not covered by their insurance.

Tennessee AIDS Education and Training Center (AETC)

<https://www.seaetc.com/state-partner-information/tennessee-aetc/>

- Jamie Russell-Bell, MA, BSN, RN, Memphis Consultant

- (901) 218-0693
jamie.russell.bell@gmail.com

- Vanderbilt Health at 100 Oaks 719 Thompson Lane, Suite 37189, Nashville, TN 37204
 - Services: Education: The AIDS Education and Training Centers (AETC) Program of the Ryan White CARE Act is funded to provide education, training and clinical support to health care providers of persons living with HIV/AIDS in Tennessee.
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Community Outreach and Engagement

Adult Education and Youth Development

Big Brothers Big Sisters of Greater Memphis

<http://www.msmentor.org/>

- (901) 323-5440

info@bbbsmidsouth.org

- 5050 Poplar Ave., Suite 528 Memphis, TN 38157
- Services: Youth development/Leadership: One-to-one mentoring

Boys and Girls Club

- Administration office

<http://www.bgcm.org>

- (901) 278-2947

info@bgcm.org

- 44 South Rembert Memphis, TN 38104
- Services: Education: Abstinence education, Youth Development/ Leadership, Vocational/Job Assistance, Tutoring/Educational Assistance
- Downtown Porter
 - 620 S. Lauderdale St., Memphis, TN 38126
 - (901) 946-9222
- Oakhaven
 - 3900 Tchulahoma, Memphis, TN 38116
 - (901) 946-9222
- Ira Samelson Jr.
 - 894 Isabelle St., Memphis, TN 38122
 - (901) 324-5763
- John Dustin Buckman
 - 1100 Vollintine Ave., Memphis, TN 38 107
 - (901) 527-7994
- Bernal E. Smith, Sr
 - 4299 Ross Rd., Memphis, TN 38141
 - (901) 542-9605
- Sycamore View
 - 1910 Sycamore View Memphis, TN 38134
 - (901) 388-2087

Bridges

www.bridgesusa.org

- (901) 452-5600

info@bridgesusa.org

- 477 N. 5th St., Memphis, TN 38105
- Services: Education, Youth Development/Leadership, Bridge Builders, Peace Jam, Future Builders and AmeriCorps

DeNeuille Learning Center

www.deneuillecenter.org

- (901) 726-5902

deneuille@deneuillecenter.org

- 190 S. Cooper St., Memphis, TN 38104
- Services: Education, Tutoring/Educational Assistance, Vocational/ Job Assistance, Religious/Spiritual, Other: Parenting, anger management, individual and couple counseling; Citizenship test preparation; English as a second language; Computer studies

Diversity Memphis

www.diversitymemphis.com

- (901)-308-8376

info@diversitymemphis.org

contact@diversitymemphis.org

- Services: Education, Youth Development/Leadership, Religious/ Spiritual, Other: Youth Camp brings together high school students from diverse backgrounds to provide opportunities for leadership, learning and social engagement.

Dyslexia Foundation of Memphis

<http://www.memphisdyslexia.org>

- (901) 373-7218
- General information E-mail address: webmaster@memphisdyslexia.org
- Testing information Email address: testing@memphisdyslexia.org
- P.O. Box 240792 Memphis, TN 38124-0792
- Service: Tutoring program for all children with disabilities, Information and referral, Learning Disability Resources and support groups, and Testing and evaluations for dyslexia, ADHD and other learning disabilities.

Emmanuel Center

<http://www.emmanuelcentermemphis.org/>

- (901) 523-2617
- 604 St. Paul Ave., Memphis, TN 38126
- Services: Tutoring/Education Assistance, Youth Development/ Leadership, Religious/Spiritual, Other: Career development and recreation, Food (distribution on Wednesday morning)

Fresh Start

<https://freshstartwomenscenter.org>

- (901) 359-4356
- 3035 East Holmes Road, Suite 100, Memphis, Tennessee 38118
- Services: Fresh Start Women's Center is dedicated to the personal, educational and economic development of women. Fresh Start Women's Center will incorporate a holistic approach to assist the women.

Hope Works

www.whwhyhopeworks.org

- (901) 272-3700
- 3337 Summer Ave, Memphis, TN 38122
- Services: Vocational/Job Assistance: Personal and career development classes, Emergency/Crisis: Nonfood items, Baby items, Personal hygiene items, Cleaning supplies, School supplies. Some over-the-counter medications

Interpreting Services for the Deaf

<http://www.deafconnectmidsouth.org/services/>

- Phone: (901) 278-9307
- TTY: (901) 278-9308
- Video Phone (VP): (901) 620-6062
- Text: (901) 300-9306
- 6045 Shelby Oaks Dr. Memphis, TN 38134
- Services: Deafness and Hearing impairment Program, Specific Disability Information, Advocacy Services, Job Assistance, Sign Language classes available, Community Healing Aid Bank, and Provides free hearing test and hearing aid.

Juvenile Intervention and Faith-based Follow-up (JIFF)

<https://www.jiffyouth.org/>

- (901) 522-8502
- 254 S. Lauderdale St., Memphis, TN 38126
- Services: Education, Youth Development/Leadership, Religious/ Spiritual, Vocational/Job Assistance, Other: Faith based work with male youth ages 12-18 that are referred by Juvenile Court. Re-entry program focuses on helping youth reintegrate back into their home and school environment with a goal of helping them to pursue productive and pro-social activities instead of repeating criminal offenses.

Karat Place Inc.

www.karatplace.org

- (901) 525-4055

leakemc@karatplace.org

- 558 Boyd St, Memphis, TN 38126
- Services: Transitional Housing, Education and Vocational Resources, Counseling, and Parenting Skills Training for ex-women offenders.

Knowledge Quest

<https://www.knowledgequest.org/>

- (901) 942-1512
- 590 Jennette Place, Memphis, TN 38126
- Services: vigorously equip youth to maximize their potential through intellectual and character development.

Latino Memphis Inc.

www.latinomemphis.org

- (901) 366-5882

hola@latinomemphis.org

- 6041 Mt. Moriah Ext. 16, Memphis TN 38115
- Services: Youth Development Leadership, Tutoring/Education Assistance: Abriendo Puertas (Opening Doors)-Youth development program aimed at addressing the growing need for academic support, individual guidance and direction among Latino youth in Memphis, Other: Community Center, Advocacy, Support to businesses

Lindamood Bell Services

www.lindamoodbell.com

- (901) 767-2605

memphis.center@lindamoodbell.com

- 699 Oakleaf Lane, Suite 200, Memphis, TN 38117
- Services: Help for children and adults of all ages experiencing literacy difficulties. Services for those with ASD, dyslexia, ADHD, hyperlexia, and learning disabilities

Memphis Aardvarks (Music for Aardvarks Memphis)

<http://www.memphisaardvarks.com>

- (901)871-0227

info@memphisaardvarks.com

- Virtual Classes will be on Fridays and Tuesdays 10am
- Services: a refreshing alternative to the traditional music class for kids ages 8 months to 5 years old. Song, dance, and rhythm combine for a rocking good time. It's a foot stomping, jingle shaking, drum drumming hullabaloo for both kids and their parents!
- **COVID UPDATE: All classes are virtual at this time**

Memphis Leadership Foundation

www.memphisleadershipfoundation.org

- (901) 729-2931
- 2400 Poplar Ave. Stec 318, Memphis, TN 38104
- Services: Education, Outreach, Shelter/Housing, Tutoring/ Educational Assistance. Youth Development/Leadership, Vocational/Job Assistance, Religious/Spiritual, Other: Camp/ Retreat

Neighborhood Christian Center

www.ncclife.org

- 901-881-6013

ncc@ncclife.org

- 785 Jackson Ave., Memphis, TN 38107
- Services: Outreach, Education, Emergency care/crisis: Assists with utilities and rent, Shelter/Housing, Food/Clothing, Youth Development/Leadership, Tutoring/Educational Assistance, Religious/Spiritual

Playhouse on the Square, Summer Youth Conservatory

<http://playhouseonthesquare.org/education.html>

- (901) 725-0776

info@playhouseonthesquare.org

- 66 South Cooper St., Memphis, TN 38104
- Services: Other: Recreational--Summer Youth Theatre Conservatory, After School Acting Program (ASAP), Teens in Theatre (TNT)

RISE (Responsibility, Initiative, Solutions and Empowerment)

www.risememphis.org

- (901) 507-6644
- 1355 Lynnfield Rd Building B, Suite 10, Memphis, Tennessee 38119
- Services: Youth Development/Leadership: Financial Education to residents of public housing

South Memphis Alliance

www.smaweb.org

- 901-774-9582

turnage@smaweb.org

- 1048 S. Bellevue Blvd., Memphis, TN 38106
- In contractual collaboration with the Department of Children's Services SMA provides case management services to young adults from ages 18 – 25 who were once in foster care. These services include:
 - an Individual Development Account (IDA) where we match dollar-for-dollar up to three thousand dollars for payment on an apartment, college/trade school tuition, transportation or business venture.
 - Parenting Classes, Financial Literacy, Behavioral Modification Sessions, and Job Training
 - Mother Center provides \$50,000 in baby supplies. Teen parents are able to pay for these items by earning credit for taking parenting classes, good grades in school and volunteering to be Supporters for other parents.

STEP Memphis- Support and Training for Exceptional Parents

<http://www.tnstep.org>

- (901) 726-4334

information@tnstep.org

- <http://www.tnstep.org>
- 2157 Madison Ave., Suite 204, Memphis, TN 38104

- Services: workshops for parents on making educational decisions, conferences, 1 on 1 assistance; help parents to navigate the special education and IEP system

Streets Ministries

www.streetsministries.org

- (901) 525-7380

info@streetsministries.org

- Downtown- 430 Vance Avenue Memphis, TN 38126
- Graham Heights- 1304 N. Graham Street Memphis, TN 38122
- Services: Tutoring/Educational Assistance, Youth Development/ Leadership, Religious/Spiritual, Recreation

Vocational Rehabilitation Services

- Tennessee State Gov. Human Services

<https://www.tn.gov/humanservices/ds/vocational-rehabilitation.html>

- (615) 313-4891
- Vocational Rehabilitation Services, James K. Polk State Office Building, 15th floor, 505 Deaderick Street Nashville, TN 37243
- Services: Vocational/Job Assistance: The Division of Rehabilitation Services is responsible for the Vocational Rehabilitation (VR) Services program, which includes determination of eligibility, determination of the nature and scope of VR services and the provision of employment-focused rehabilitation services for individuals with disabilities consistent with their strengths, priorities, and resources.

YMCA

www.ymcamemphis.org

- Church Health
 - 1350 Concourse Ave. Suite 241, Memphis, TN 38104
 - (901) 505-0910
- Cordova Family
 - 7950 Club Center Cordova, TN 38016
 - (901) 755-2123
- Davis Family
 - 4727 Elvis Presley Boulevard Memphis, TN 38116
 - (901) 398-2366
- Fogelman Downtown
 - 245 Madison Ave., Memphis, TN 38103
 - (901) 527-9622
- Millington Family
 - 7725 E. Navy Circle Millington, TN 38053
 - (901) 873-1434
- Ric Nuber
 - 5885 Quince Road Memphis, TN 38119
 - (901) 682-8025
 - **CLOSED until further notice**
- Sweeney
 - 5959 Park Avenue Memphis, TN 38119

- (901) 765-3105
 - Services: Tutoring/Educational Assistance: After school programs, Youth Development/Leadership, Religious/Spiritual, Other: Recreation/Sports
 - **COVID UPDATE:** Programs are limited at this time due to the COVID-19 social distancing.
-

Religious and Spiritual

[Arkwings](#)

www.arkwings.com

- (901) 240-4668
- 2034 James Rd., Memphis, TN 38127
- Services: Religious/Spiritual, Recreational, Alternative; The program uses a systems approach to learning and practicing wellness in mind, body and spirit through intense hands-on program activities, retreats and adventures in unique urban and wilderness environments.

[Bethany Christian Services](#)

<http://www.bethany.org/memphis>

- (901) 818-9996
- 1255 Lynnfield Road, Suite 236, Memphis, TN 38119
- Services: Outreach, Education, HIV/STD Prevention: Provides abstinence and STD education, Pregnancy-related, Shelter/ Housing: Can assist with finding housing for pregnant females, Religious/Spiritual, provides counseling to men and women who are expecting around adoption and foster care issues; Assistance with finding a home for children in foster care in and out of state; Support group.

[Catholic Charities of West Tennessee](#)

www.ccwtn.org

- (901) 722-4700
- 1325 Jefferson Ave., Memphis, TN 38104
- Services: Information and Referrals, Adoption and Maternity Services, Child Care Services, Community Outreach, Employment Services, Homeless Services, and Refugee and Immigration Services.

[Christ Community Health Services](#)

www.christcommunityhealth.org

- **Administrative and Outreach Offices**
 - 2595 Central Ave., Memphis, TN 38112
 - (901) 260-8500

- Services: Medical care, Case management, SID Screening, HIV counseling and testing, HIV/STD prevention. Pregnancy-related, Psychological Services, Religious/Spiritual, Other: Dental Clinic available at the Third Street Health Center
- Christ Community Health Services, Broad Ave. Health Center
 - Address: 2861 Broad Ave., Memphis, TN 38112
 - Phone: (901) 701-2520
 - (901) 701-2720 (Dental) 2953 Broad
- Christ Community Health Services, Frayser Health Center
 - Address: 969 Frayser Blvd., Memphis, TN 38127
 - Phone: (901) 701-2540
- Christ Community Health Services, Orange Mound Health Center
 - Address: 2569 Douglass Ave., Memphis, TN 38114
 - Phone: (901) 701-2550
- Christ Community Health Services, Third Street Health Center
 - Address: 3362 S. Third St., Memphis, TN 38109
 - Phone: (901) 701-2510
 - (901) 701-2710 (Dental)
- Christ Community Health Services, Hickory Hill Health Center
 - Address: 5366 Winchester Road, Memphis, TN 38115
 - Phone: (901) 701-2560
 - (901) 701-2730 (Dental)
- Christ Community Health Services, Women's Health Center
 - Address: 2400 Poplar Ste. 501, Memphis, TN 38112
 - Phone: (901) 701-2580

Christian Psychological Center

www.cpcmemphis.net

- (901) 458-6291
- 3950 Central Ave., Memphis, TN 38111
- Services: Individual, group and family therapy, testing and educational placement, education and prevention programs, training and consultation

Church Health Center

www.churchhealthcenter.org

- (901) 272-0003

info@churchhealthcenter.org

- 1350 Concourse Ave., Ste. 142 Memphis, TN 38104
- Services: Medical Care, Religious/Spiritual: Pastoral counseling, Dental services and pharmacy
- **COVID UPDATE:** Must call for an appointment. Walk-ins have been temporarily suspended. Dietician Service are available through Telehealth (901) 701-2220 Behavioral Health Clinic will have on-site crisis consultants as well as consultants available by phone.

Emmanuel Center

<http://www.emmanuelcentermemphis.org/>

- (901) 523-2617

- 604 St. Paul Ave., Memphis, TN 38126
- Services: Tutoring/Education Assistance, Youth Development/ Leadership, Religious/Spiritual, Other: Career development and recreation, Food (distribution on Wednesday morning)

First Congregational Church

www.firstcongo.com

- (901) 278-6786
- 1000 S. Cooper St., Memphis, TN 38104
- Services: Professional Mental Health Care: Provided through the Pilgrim Center. The Pilgrim Center provides psychological, social and spiritual counseling to members of the congregation, members of the immediate neighborhood, and to the city at large.

Juvenile Intervention and Faith-based Follow-up (JIFF)

<https://www.jiffyouth.org/>

- (901) 522-8502
- 254 S. Lauderdale St., Memphis, TN 38126
- Services: Education, Youth Development/Leadership, Religious/ Spiritual, Vocational/Job Assistance, Other: Faith based work with male youth ages 12-18 that are referred by Juvenile Court. Re-entry program focuses on helping youth reintegrate back into their home and school environment with a goal of helping them to pursue productive and pro-social activities instead of repeating criminal offenses.

Memphis Leadership Foundation

www.memphisleadershipfoundation.org

- (901) 729-2931
- 2400 Poplar Ave. Stec 318, Memphis, TN 38104
- Services: Education, Outreach, Shelter/Housing, Tutoring/ Educational Assistance. Youth Development/Leadership, Vocational/Job Assistance, Religious/Spiritual, Other: Camp/ Retreat

Moriah House

<https://www.memphisunionmission.org/womens-programs>

- (901) 526-8434
- Address: PO Box 330, Memphis, TN 38103
- Services: Substance abuse, Shelter/Housing: Safe house and discipleship program for women and their children whose lives have been wrecked by domestic violence, substance abuse, crisis pregnancy, prostitution and clinical depression; Program provided through Memphis Union Mission, Religious/Spiritual

Muslim Society of Memphis

<http://memphismuslims.org>

- (901) 685-8906
- 1065 Stratford Rd., Memphis, TN 38122

- Mission: To help the Muslim community of Memphis. Services: Medical clinic, Mother's Day Out, religious, educational, and social Islamic activities

Neighborhood Christian Center

www.ncclife.org

- 901-881-6013

ncc@ncclife.org

- 785 Jackson Ave., Memphis, TN 38107
- Services: Outreach, Education, Emergency care/crisis: Assists with utilities and rent, Shelter/Housing, Food/Clothing, Youth Development/Leadership, Tutoring/Educational Assistance, Religious/Spiritual

Streets Ministries

www.streetsministries.org

- (901) 525-7380

info@streetsministries.org

- Downtown- 430 Vance Avenue Memphis, TN 38126
- Graham Heights- 1304 N. Graham Street Memphis, TN 38122
- Services: Tutoring/Educational Assistance, Youth Development/ Leadership, Religious/Spiritual, Recreation

YMCA

www.ymcamemphis.org

- Church Health
 - 1350 Concourse Ave. Suite 241, Memphis, TN 38104
 - (901) 505-0910
- Cordova Family
 - 7950 Club Center Cordova, TN 38016
 - (901) 755-2123
- Davis Family
 - 4727 Elvis Presley Boulevard Memphis, TN 38116
 - (901) 398-2366
- Fogelman Downtown
 - 245 Madison Ave., Memphis, TN 38103
 - (901) 527-9622
- Millington Family
 - 7725 E. Navy Circle Millington, TN 38053
 - (901) 873-1434
- Sweeney
 - 5959 Park Avenue Memphis, TN 38119
 - (901) 765-3105
- Services: Tutoring/Educational Assistance: After school programs, Youth Development/Leadership, Religious/Spiritual, Other: Recreation/Sports
- **COVID UPDATE:** Programs are limited at this time due to the COVID-19 social distancing.

Adoption/Foster Care/Day Care

[AGAPE Child and Family Services, Inc](#)

www.agapemeanslove.org

- (901) 323-3600

info@agapemeanslove.org

- 3160 Directors Row Memphis, Tennessee 38131
- Services: Professional Mental Health Care, Substance abuse, Shelter/Housing, Emergency care/crisis, Case management, support families throughout the pre-adoptive and post-adoptive process.

[Bethany Christian Services](#)

<http://www.bethany.org/memphis>

- (901) 818-9996
- 1255 Lynnfield Road, Suite 236, Memphis, TN 38119
- Services: Outreach, Education, HIV/STD Prevention: Provides abstinence and STD education, Pregnancy-related, Shelter/ Housing: Can assist with finding housing for pregnant females, Religious/Spiritual, provides counseling to men and women who are expecting around adoption and foster care issues; Assistance with finding a home for children in foster care in and out of state; Support group.

[Catholic Charities of West Tennessee](#)

www.ccwtn.org

- (901) 722-4700
- 1325 Jefferson Ave., Memphis, TN 38104
- Services: Information and Referrals, Adoption and Maternity Services, Child Care Services, Community Outreach, Employment Services, Homeless Services, and Refugee and Immigration Services.

[Harwood Center Inc.](#)

<https://harwoodcenter.org/>

- (901) 584-8281
- Mailing Address: P.O. Box 1417 Cordova, TN 38088
- Services: Autism Resources, Behavior Resources, Developmental Assessment, Early Intervention Program for Young Children, Newsletter Available, Public Awareness and Community Education Program, Home Instruction Services for birth to 3 years, Year-round day school for children ages 18 months to 5 years, and Inclusion model. Harwood Center currently operates three locations in Memphis: Hope Church in Cordova, Aspire Hanley Elementary in Orange Mound, and Promise Academy Springhill Elementary in Raleigh.

Hope House Day Care Center

www.hopehousememphis.org

- (901) 272-2702
- 23 S. Idlewild Street Memphis, TN 38104
- Services: Daycare: Provide childcare for HIV infected parents needing daily care for their children, Respite Care: Short-term respite care, Medical Support: LPN on staff in the event of an emergency, Caregiver and Parent training

Jewish Family Service

<http://www.jccmemphis.org/jfs/jfs/>

- 901-767-8511
- Memphis Jewish Community Center
- 6560 Poplar Ave., Memphis, TN 38138
- Services: Professional Mental Health, Emergency care/crisis: Rent and utility assistance for clients of Jewish community, Adoption services

Life Choices

www.lifechoicesmemphis.org

- (901) 388-6262

lchoices@bellsouth.net

- 5575 Raleigh-LaGrange Rd., Memphis, TN 38134
- Services: Outreach: Abstinence education in some schools, free pregnancy testing. Religious/Spiritual, Other: State licensed adoption agency, Post abortion counseling, Clothing: Maternity and baby items, Medical and legal referrals

Memphis Oral School for the Deaf

<http://www.mosdkids.org/>

- (901) 758-2228
- 7901 Poplar Ave., Germantown, TN 38138
- Services: Deafness and Hearing Impairment for Young Children, Newsletter Available Before and After School daycare Half-day summer program Aural Rehab/Cochlear Implant Therapy, Speech/language therapy, Parent/Infant training program (birth-3) and Day School (ages 2-8).

Meritan

www.meritan.org

- (901) 766-0600
- 345 Adams Avenue Memphis, TN 38103
- Services: Advocacy Services- Information and Referral, In-Home Assistance- Senior Citizen Services, H.O.M.E.-Program is a long-term alternative care program for frail individuals needing assistance and care must be Medicaid eligible foster care for special need children, Personal case management and Employment for older workers.
- Meritan is also a member of the Memphis area Coordinated Response to Elder Abuse team and a Care Coordination Hub for the United Way of the Mid-South's Driving the Dream program, working to help people out of poverty in Shelby County.

Omni Visions Inc.

www.omnivisions.com

- (901) 372-1172
- West Tennessee Regional Office
- 2725 Kirby Pkwy. Suite 11 Memphis, TN 38119
- Services: Other: Comprehensive provider of services for children, special needs adults and families; Therapeutic foster care, Adoption assistance, independent living/support for the developmentally disabled, Services to provide intervention strategies with youth who are at risk of out-of-home placement. Outpatient behavioral health support available.

Porter- Leath

www.porterleath.org

- (901) 577-2500
- 3400 Prescott Road, Memphis, TN 38118
- Services: Preschool, Early Head Start, Connections, Foster Care, Runaway Homeless Youth Shelter, Home Visitation, Earnbenefits, Family Rewards, Parents As Teachers, Americorps, Foster GrandParents, Retired and Senior Volunteer Program, and a Child and Adult Food Care Program

Tennessee State Government - Children and Families

<https://www.tn.gov/children-and-families.html>

- Services:
 - Adopt A Child
 - Adult Protective Services
 - Child Care Services
 - Child Support
 - Children and Youth with Special Health Care Needs
 - Certified Peer Recovery Specialist Program
 - Commission on Aging and Disability
 - CoverKids
 - Crisis Services
 - Evidence Based Home Visiting Programs
 - Families First
 - Nutrition Programs
 - Supplemental Nutrition Assistance Program (SNAP)
 - TennCare
 - Tennessee Human Rights Act and Disability Act
 - TN Disability Pathfinder
 - TNFosters
 - Women, Infants and Children

LGBTQ+ Services

[Memphis Center for Reproductive Health](#)

<https://memphischoices.org/medical-services/lgbtq-health-services/>

- (901) 274-3550
- 1726 Poplar Ave., Memphis, TN 38104
- Choices is proud to provide comprehensive, non-judgmental sexual and reproductive health services to everyone, including the LGBTQ+ community. Our goal is to provide you with all the information and resources you need to protect your health and make informed decisions. We will always respect your sexual health decisions and your need for privacy and confidentiality.
- If you have specific questions about our services, please feel free to call our Patient Services Coordinator, Nicole Quinones, at 901-410-4256 or email her at quinones@MemphisChoices.org

[OUTMemphis](#)

<https://www.outmemphis.org/>

- (901) 278-6422

info@outmemphis.org

- Community Center- 892 S Cooper St.
 - Monday - Friday 2pm - 9pm
- Admin/Donation Center- 832 Virginia Run Cove
 - Friday 10am - 4pm
- Youth Emergency Center- 2055 Southern Avenue
 - Drop-In Daily 7am - 11am & 2pm - 10pm
- OUTMemphis empowers, connects, educates, and advocates for the LGBTQ community of the Mid-South.

[The Trevor Project](#)

<https://www.thetrevorproject.org/>

- Call: (866)488-7386
- Text: 678678
- Online chat: [thetrevorproject.org](https://www.thetrevorproject.org)
- Our Mission: To end suicide among lesbian, gay, bisexual, transgender, queer, & questioning young people.
- Services: crisis services, peer support, research, public education, and advocacy

Legal Services

Community Legal Center

www.clcmemphis.com

- (901) 543-3395

info@clcmemphis.org

- 243 Adams Avenue, Memphis, TN 38103
- Office Hours: Mon-Fri 9:00 AM to 5:00 PM
- Services: Other: Legal assistance to the working poor

Memphis Area Legal Services Inc.

www.malsi.org

mals@malsi.org

- Memphis Service Office
 - 22 N. Front St., 11th Floor, Memphis, TN 38103
- (901) 523-8822
 - Toll Free (866) 361-9001
 - Memphis Fair Housing Center: (901) 432-4663
- Services: Other: Comprehensive legal services program with the aim of helping children, families, and individuals solve problems that affect their basic needs.

Crime Victims & Rape Crisis Center

<https://www.shelbycountyttn.gov/737/Crime-Victims-Rape-Crisis-Center>

- (901) 222-3950
- 1060 Madison Avenue, Memphis, TN 38104
- Services: Emergency care/crisis, Education: Community and professional Other: Individual counseling and support groups, Legal advocacy, Forensic examinations
- The Memphis Sexual Assault Resource Center (MSARC) is a City of Memphis agency committed to empowering victims of sexual assault and abuse. MSARC is committed to providing the best and most comprehensive services possible following an assault.

Disability Law and Advocacy Center of Tennessee

www.dlactn.org/

- (901) 458-6013
- 1407 Union Avenue, Suite 1015 Memphis, TN 38104
- Services: Other: Training and technical assistance regarding disabilities in the areas of abuse and neglect, discrimination access to programs and vocational rehabilitation services.
- Mission: Disability Law and Advocacy Center of Tennessee (DLAC) advocates for the rights of Tennesseans with disabilities to ensure they have an equal opportunity to be productive and respected

Memphis and Shelby County Juvenile Court

www.shelbycountyttn.gov

- (901) 405-8400
- 616 Adams Ave., Memphis, TN 38105
- Services: Other: Custody petitions, parental right termination, school attendance exemption, Jurisdiction over cases involving the correction and protection of children, Detention Center, Clinical Services

Victim/Witness Unit, TN Office of the District Attorney General

<https://www.tndagc.org/district/30>

- (901) 222-1300
- 201 Poplar Ave., Ste. 301, Memphis, TN 38103
- Services: Coordinate the appearance of victims/witnesses at trials/ hearings; Coordinate pre-trial conferences accompany victims and witnesses to trial & hearings; Provide notification to victims of the times of arraignments/ preliminary hearings, bond hearings, probation hearings, indictments, case dispositions, and other times upon request.

Domestic Violence

Memphis Police Department Domestic Violence Unit

<https://memphispolice.org/personal.asp>

- 201 Poplar Ave., Memphis, TN 38103
- (901) 636-3741
- Services: Men and Women of domestic violence

Moriah House

<https://www.memphisunionmission.org/womens-programs>

- (901) 526-8434
- Address: PO Box 330, Memphis, TN 38103
- Services: Substance abuse, Shelter/Housing: Safe house and discipleship program for women and their children whose lives have been wrecked by domestic violence, substance abuse, crisis pregnancy, prostitution and clinical depression; Program provided through Memphis Union Mission, Religious/Spiritual

Shelby County Citizen Dispute

<https://www.shelbycountyttn.gov/Directory.aspx?did=521>

- (901) 222-4013
- 1750 Madison Ave. Ste. 102, Memphis, TN 38104
- Services: helps victims of domestic violence by assisting with the paperwork surrounding Orders of Protection.

YWCA of Greater Memphis, Crisis Shelter

www.memphisywca.org

- (901) 323-2211
 - 766 S. Highland St., Memphis, TN 38111
 - 24-Hour Hotline: 901-725-4277
 - Services: Shelter/Housing: Emergency shelter to abused women and their children, Education: Community education on abuse, Emergency care/crisis: Shelter and Hotline, Vocational/Job Assistance, Other: Court advocacy, Immigrant women services, Childcare programs
-

Support Groups

Al-Anon/ALATEEN

www.memphisareaal-anon.org

- Phone: 901-323-0321

info@memphisareaal-anon.org

- Services: Substance Abuse,
- Other: Support groups
 - Al-Anon and ALATEEN Family Groups hold weekly meetings for the relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve problems associated with the family disease of alcoholism. We believe the disease affects all members of the family, and that changed attitudes can aid recovery.

The Arc Mid-South

<http://thearcmidsouth.org/>

- (901) 327-2473
- 3485 Poplar Ave, Suite, 210, Memphis, TN 38111
- Mission: Empowering people with intellectual disabilities to achieve their full potential. Services: Family support, respite, summer camps, career development and job placement, advocacy, and support groups

Bethany Christian Services

<http://www.bethany.org/memphis>

- (901) 818-9996
- 1255 Lynnfield Road, Suite 236, Memphis, TN 38119
- Services: Outreach, Education, HIV/STD Prevention: Provides abstinence and STD education, Pregnancy-related, Shelter/ Housing: Can assist with finding housing for pregnant females, Religious/Spiritual, provides counseling to men and women who are expecting around adoption and foster care issues; Assistance with finding a home for children in foster care in and out of state; Support group.

CAAP Inc. (Cocaine and Alcohol Awareness Program)

www.caapincorporated.com

- (901) 360-0442

caapinc@bellsouth.net

- 4041 Knight Arnold Rd., Memphis, TN 38118
- Services: Substance abuse: Residential and outpatient treatment, provides time flexible programs with treatment; ranging from 6 months to 2 years

Camp BraveHearts

<http://www.methodisthealth.org/campbravehearts/>

- (901) 818-2100
- 6416 Quince Rd. Memphis, TN 38119
- Services: Camp BraveHearts is a family grief day camp to help children ages 6-16 cope with the death of a family member or friend. This three-day camp, held annually in June, is a safe place where feelings of grief can be expressed. Trained professionals and volunteers explore issues related to grief with the children and their families. By sharing their grief with others, children and adults can begin to let go. Camp BraveHearts is provided free of charge thanks to generous contributions from the community

Center for Good Grief

<https://baptistgriefcenters.org/>

- (901) 861-5656
- 1520 West Poplar Ave, Collierville, TN 38017
- Individual support, Family Grief Support, Adult Grief support Groups, Camps, Holidays with Hope Workshop, and Community Education Crisis Intervention

Clovernook Center (For the blind and visually impaired)

www.clovernook.org

- (901) 523-9590
- 346 St. Paul Ave., Memphis, TN 38126
- Clovernook Center facilitates Low Vision Support Groups to introduce blind or visually impaired individuals to others in their community who face similar challenges. Friends and family are welcome to attend these Support Groups who meet the fourth Thursday of every month at 10 a.m. and are led by Clovernook Center's Vocational Habilitation Coordinator. The goal is to help individuals be self-sufficient and full participants in their communities.
- Mission: Our mission is to empower people who are blind and visually impaired to be self-sufficient and full participants in their communities.

Down Syndrome Association of the Mid-South

<http://dsamemphis.org/>

- (901) 547-7588
- 154 Timber Creek, Suite 5, Cordova, TN 38018
- Services: parent support, Brightsteps play and education group, resources for educators and medical professionals

Epilepsy Foundation of Middle and West TN - West TN Contact

www.epilepsytn.org

- Barbara Duddy-Memphis Area Contact-Educator2@epilepsytn.org
- Call or email for information or to set up an appointment or for information on support groups
- Foundation provides education, information, and referrals on epilepsy and other seizure disorders, assistance in applying to the national foundation for one-time prescription assistance and funding for transportation to medical appointments for patients who qualify, information about national summer camp for people with epilepsy, health-related support groups for patients and caregivers, and a speaker's bureau.
- There is no physical address for the Foundation; contacts will meet clients in the community to help them apply for assistance or for other referrals. New support group for adults - Memphis Area Epilepsy Support at Cordova Library, 2nd Thursday of the month 6:30 pm - 8:00 pm (Cordova Library, 8457 Trinity Rd, 38018)
- Eligibility: Anyone with epilepsy or seizure disorders and their families living in West TN; prescription and medical appointment assistance has income and other eligibility requirements

The Kindred Place

<https://kindred-place.org/>

- (901) 276-2200

info@kindred-place.org

- 2180 Union Ave., Memphis, TN 38104
- Services: Professional Mental Health Care, Outreach, Youth Development/Leadership, Vocational/Job Assistance, Emergency care/crisis Domestic violence programs for children 4-18 and adults, Group and individual counseling, Psychological assessments, Other: Anger management, parenting education and life skills classes
- **COVID Update:** For the safety of our clients, staff, and visitors, all in-person sessions and classes are suspended until further notice as part of the public health response to COVID-19. Our counselors are available by phone Monday-Thursday, 9-5 and Fridays 9-noon. We have tele-health options available and an online co-parenting class. Please call 901-276-2200 for more information or send an email to info@kindred-place.org.

Friends for Life

www.fflmemphis.org

- (901) 272-0855
- 43 N. Cleveland St., Memphis, TN 38104
- Support-groups and coffee shops in the community to reduce isolation among those infected with HIV, Summer picnics at Overton Park to encourage support systems and reduce isolation.

Memphis Area Intergroup Alcoholics Anonymous (AA)

www.memphis-aa.org

- (901) 454-1414

memphisarea@bellsouth.net

- 3540 Summer Ave, Ste 104, Memphis, TN 38122
- Call for locations and times

Memphis Center for Independent Living

www.mcil.org

- (901) 726-6404

info@mcil.org

- Support Group-Youth in Preparation for Independence PALs and Rockers and Rollers, is designed to bring together youth with disabilities to share important concerns about day-to-day issues and coping strategies, Peer education, Advocacy for people with disabilities. Computer skills and travel training, Information and Referrals

Mid-South Parkinson's Disease Support Group

www.midsouthpdsupport.com

- Provides education and support to Parkinson's patients, their families, and caregivers; hosts an annual symposium, monthly support meetings

Overeaters Anonymous

<https://oa.org/>

- Support group for those who suffer from compulsive overeating

Puzzled Parents Network of Collierville

www.puzzledparents.net/

- (901) 647-4566
- 501 Poplar View Parkway Collierville, TN 38017
- Support for families and caregivers of individuals with autism, PDD, ADHD, and other neurological disorders. Monthly support group meeting at the Collierville Library

Shelby County Relative Caregiver Program

<http://www.uthsc.edu/bcdd/services/demonstration/rcp/index.php>

- (901) 448-3133
- 711 Jefferson Ave., Memphis, TN 38105
- Services: Education: Support services, Case management, Emergency care/crisis, Food/Clothing, Youth development/ Leadership, Other: Recreation, Support groups for caregivers and youth
- Whitehaven
 - Whitehaven Branch Library, 4120 Millbranch, Memphis, TN, 38116
 - First Thursday each month, 11:00 am - 12:30 pm
- Westwood
 - Mount Vernon Baptist Church, 620 Parkrose, Memphis
 - Second Thursday each month 11:00 am - 12:30 pm
- Midtown
 - Center for Developmental Disabilities, 711 Jefferson Ave. Memphis
 - Third Thursday each month 11:00 am - 12:30 pm

SRVS Kids and Families

www.srvs.org

- (901) 869-7787

information@srvs.org

- 3971 Knight Arnold Rd., Memphis, TN 38118
- Family centered early intervention team serving the needs of families and children birth-3 years of age. Offering pre-school programs, individual therapy, family training,

Suicide Anonymous

<http://tspn.org/suicide-anonymous>

- (901) 383-1924

info@suicideanonymous.org

- A fellowship of men and women in which we share our experience, strength, and hope with each other, that we may solve our common problem and help others to recover from suicidal ideation and behavior.
- Memphis Area Meetings:
 - Sunday: Hope Presbyterian Church, Room 223,
 - 8500 Walnut Grove Road, Cordova, TN, 38018, 6:30 PM
 - Thursday: The Psychological Trauma and Wellness Center,
 - 5158 Stage Road, Suite 120, Memphis, TN 38134, 5:30 PM
- Online:
 - Rise Above – Tuesdays, 6:30 pm-7:30pm (Eastern) To join this meeting go to <https://zoom.us/j/844809626> and enter any contact information required by Zoom or call 1-646-558-8656 to join by phone.
 - Stay Afloat- Thursdays, 7:00pm-8:00pm (Eastern) To join this meeting go to <https://zoom.us/j/970452317> and enter any contact information required by Zoom or call 1-646-558-8656 to join by phone.

West Cancer Center

- Multiple Locations
- (901) 683-0055

<https://westcancercenter.org/specialties/integrative-oncology/support-groups/>

- Individual, group, and family support for the patients, families, and caregivers through the cancer journey. Nutrition counseling, pastoral, care, loan boutique, clinical research.

COVID-19 Resource List provided by Shelby County Health Department

Shelby County Community Services

Aging Commission of the Mid-South

<https://shelbycountyttn.gov/Aging-Commission-of-the-Mid-South>

- 901-222-4111
- Meals, CHOICES, Public Guardianship, SHIP, SNAP, Family Caregiver Services. Each call is handled on a case-by-case basis with care.

Shelby County Community Services Agency

www.shelbycountycsa.org

- 901-222-4212
- Utility Assistance, Rent/Mortgage Assistance, Prescription Assistance; Apply by email or mail.

Crime Victims and Rape Crisis Center

<https://shelbycountyttn.gov/Crime-Victims-Rape-Crisis-Center>

- 901-222-3950 (Sexual Assault Hotline: 901-222-4350)
- For trauma counseling, victim compensation, orders of protection, support groups. 24/7 Sexual Assault Forensic Exams will still be provided in partnership with law enforcement.

Office of Community Engagement and Outreach

<https://shelbycountyttn.gov/249/Office-of-Community-Engagement-and-Outreach>

- 901-222-3991
- Available for phone and web outreach.

Office of Justice Initiatives

<https://shelbycountyttn.gov/Justice-Initiatives>

- 901-222-4000
- Pretrial Services and Behavioral Health are available.

Veterans Services Office

<https://shelbycountyttn.gov/220/Veterans-Services>

- 901-222-4237
- Appointments still available by phone.

Financial and Emergency Assistance

TANF

<https://www.tn.gov/humanservices/for-families/families-first-tanf.html>

- 615-743-2000
- Emergency Cash is now available through TANF (Temporary Assistance for Needy Families). If you were employed as of March 11 but lost your job or suffered a loss of 50% of your income due to the Coronavirus, have children at home, and meet the income guidelines, you are eligible.

Metropolitan Inner-Faith Association

<http://www.mifa.org/applyonline>

- 901-527-0226
- Emergency Services, Food Pantry Assistance, Emergency Shelter Placement, Homeless Hotline, Rapid Rehousing. Call or apply online.

Neighborhood Christian Center

<https://www.ncclife.org/>

- (901) 881-6013
- Provides emergency food, clothing, and housing items to families in crisis throughout Memphis. Someone seeking assistance should visit their website and fill out an application.

Crisis Assistance

Memphis Crisis Center

<https://memphiscrisiscenter.org/>

- 901-274-7477
- Crisis intervention and emotional support services via crisis line 24/7/365.

Family Safety Center

<https://familysafetycenter.org/>

- (901)-222-4400
 - 24-Hour Crisis Line: (901)-249-7611
- Assistance with Orders of Protection in critical safety cases (screening via telephone). Their staff can help you via telephone or online. Safety Screening via telephone. Domestic Violence Emergency Shelter 24/7/365

YWCA Greater Memphis

<https://www.memphisywca.org/>

- (901)-274-2728
 - 24-Hour Domestic Violence Hotline: (901)-725-4277
- Limited Transportation, 24/7/365 for Domestic Violence Shelter and Services Shelter and Services (serving those fleeing domestic/ intimate partner violence & some fleeing family violence; accepts male children of all ages).

Memphis Child Advocacy Center

<https://www.memphiscac.org/>

- (901)-525-2377
 - To report child abuse: (877)-237-004
- Child Protection Investigation Teams' forensic interviews & forensic medical exams as needed. Limited business hours; no on-site services except for essential services

TN Adult Protective Services

<https://www.tn.gov/humanservices/adults/adult-protective-services.html>

- 1-888-277-8366
- Investigate reports of abuse, neglect (including self-neglect) or financial exploitation of adults who are unable to protect themselves due to a physical or mental limitation. APS staff assess the need for protective services.

[TN Department of Children's Services](#)

<https://www.tn.gov/dcs.html>

- 1-(877)-237-004
- DCS provides timely, appropriate services for children in state custody or at risk of entering state custody. Will remain open and continue their regular duties.

Family and Education

[Shelby County Schools](#)

<http://www.scsk12.org>

- 901-416-5300
- Learning resources. SCS teachers and District curriculum advisors are developing learning guides and videos with lessons, activities and resources aligned to the same standards and assignments students would normally be working on at this point in the school year. All of these resources are grade-specific, so just search the folder below for your child's grade

[Child Care Payment Assistance](#)

<https://www.tn.gov/humanservices/for-families/child-care-services/child-care-payment-assistance.html>

- 901-543-3651
- Eligible parents or guardians can receive payments for childcare. Visit the website to complete the application or apply online.

[ParentPlus](#)

<https://www.parentplus901.org/>

- 901-577-2500
- Family services through home visits for expecting mothers and families with young children ages 5 and younger. Home visits suspended but actively recruiting new participants and conducting work by phone and web platforms.

[Agape](#)

<http://www.agapemeanslove.org/>

- 901-323-3600
- Community-based support for families, homeless, and adoption and foster care services. All services provided with safe social distancing.

[Hope House](#)

<https://www.hopehousememphis.org/>

- 901-272-2702
- Social services, day care, preschool. Food pantry is open.

YMCA Emergency Day Care for Healthcare Workers

<https://www.ymcamemphis.org/covid-19/emergency-care/>

- 901-766-7677
- Providing support to families of essential workers by providing childcare at no cost to families. This service is only provided for school-age children 5 years of age or older.

Health

Shelby County Health Department

<https://insight.livestories.com/s/v2/covid-19-resource-center-%7C-shelby-county-tn/f8b36caa-950f-43b0-99bb-4ce4b39bbb41>

- 833-943-1658
- The Shelby County Health Department is committed to providing our community with the most accurate information about Coronavirus Disease 2019, known as COVID-19. Available to take calls 8:00am-4:30pm, Monday-Sunday.

Church Health

<https://churchhealth.org/>

- 901-272-0003
- Health care for underserved individuals and families including wellness, nutrition, dental, and vision services. No well visits or dental, eye, or rehab at the moment. Health coaches can speak by phone and dieticians will employ telehealth. Must call for an appointment. Walk-ins have been temporarily suspended.

Christ Community Health Services

<https://www.christcommunityhealth.org/>

- 901-842-3160
- Health care to underserved communities. COVID-19 testing by appointment only. No extra family members at health visits and only one caregiver with a child. Must call ahead. If you are experiencing symptoms such as shortness of breath, fever, cough, please text TEST2020 to 91999.

Le Bonheur Children's Hospital

<https://www.lebonheur.org/>

- 901-287-5437
- Pediatric and adolescent healthcare. Limits on elective surgeries and certain clinic appointments, along with selective tests and procedures. If your upcoming appointment, surgery, test or procedure needs to be canceled, you will be called directly.

A Step Ahead Foundation

<https://www.astepaheadfoundation.org/>

- 901-320-7837
- Offering women free contraception. Call Center remains open.

Athena Project (U of M)

<https://www.memphis.edu/athena/>

- 901-678-2579
- Telehealth mental health assistance Phone calls returned Mon – Fri, 9am – 5pm. Email Dr. Gayle Beck (jgbeck@memphis.edu) & she will call back to explain service options.

CareMore Health

<https://www.caremore.com/>

- 901-425-1880
- Healthcare provider to TennCare and Medicare members.

CMI Healthcare Services

<http://www.cmiofmemphis.org>

- 901-821-5600
- Clinics are open and operational.

OUT Memphis

<https://www.outmemphis.org/>

- 901-278-6422
- Food and hygiene kits available, walk up pick up for any LGBTQ individuals though nobody will be turned away as supplies last. Free HIV testing.

SisterReach

<https://www.sisterreach.org/>

- 901-614-9906
- Advocate for the reproductive autonomy of underserved and marginalized communities. Delivering local safe sex kits.

Jobs

American Job Centers

<https://www.jobs4tn.gov>

- Employment Services, Unemployment Claims, Limited staff onsite to assist customers by phone and email.
- Main Office number
 - Angelus St.: 901-707-8426
 - Walnut Grove: 901-543-7850
 - Hickory Hill: 901-365-3205.
- Staff available by phone or email 7am – 7pm.

Bartender Emergency Assistance Program

<https://www.usbgfoundation.org/beap>

- 901-543-3651
- Bartenders (including their spouse or children) are eligible to receive a grant

Edible Memphis Food Industry Worker Assistance

Survey

- Please complete this short survey to help Edible Memphis prioritize those food service workers in our community most at risk and in need. All information shared remains confidential. Funds will be dispersed to applicants through Venmo, CashApp, or Paypal. They will be transferred to the applicants as quickly as possible based on need expressed through the survey. Applicants can then use the funds for rent, utilities, food, transportations, or other expenses as their need dictates.

Dress for Success

<https://memphis.dressforsuccess.org/>

- Dress for Success Memphis is moving forward and is more committed than ever to meeting the unique needs of women despite COVID19 disruption by providing virtual career coaching, networking and workshops to help women ensure their economic stability in the coming months.

Transportation

Memphis Area Transit Authority

<http://www.matatransit.com/>

- 901-274-MATA (6282)
- Providing free transportation on all transit modes.

Memphis Area Transit Authority

<https://covid19.memphistn.gov/resources/covid-19-testing-sites-in-shelby-county/>

- Offering free MATA rides to your testing center. You must have a testing appointment and schedule your transportation through the testing site.

901RideChoice

<http://www.901ridechoice.com/>

- 901-743-3901
- A free phone service for older adults and people living with a disability who need local, reliable transportation options to get their destinations.

Miscellaneous

DHS COVID-19 Resources

- At Tennessee's Department of Human Service (DHS) our mission is to build strong families by connecting Tennesseans to employment, education and support services. As we face COVID-19 together, DHS has adjusted our operations to help keep our customers and community healthier by reducing practices that make it easy to spread COVID-19. **This includes limiting visits to our field offices to appointment-only in-person meetings and encouraging customers to use our [phone](#) and [online](#) resources.**
- The Tennessee Department of Human Services vision is to revolutionize the customer experience through innovation and a seamless network of services, even in the face of a pandemic like [COVID-19](#). This means using new tools and adjusting operations to serve our customers.