



# MY STUDENT IS INTERESTED IN SPORTS, WHAT DO I NEED TO DO?



## Step 1: Katy ISD Physical

Before any 7<sup>th</sup> or 8<sup>th</sup> grade student can participate in any sport related activity with MCJH, they MUST have a completed physical from a Doctor, on a Katy ISD form dated **AFTER May 1, 2025** for the 25-26 school year.

\*Upload your physical to Rank One (24-25 physicals expire August 1st, email: michaelasspicer@katyisd.org for physical questions)

## Step 2: Rank One Online Forms

<https://katyisd.rankone.com/New/NewAddAthlete.aspx>

Before your student can participate in any sport related activity with MCJH, they MUST also complete the following online participation forms:

- 1) Handbook Acknowledgement
- 2) Consent to Treat
- 3) UIL Forms Signature Page
- 4) Upload physical AND medical history forms
- 5) Upload birth certificate



## Step 3: Download SportsYou



You will need to download the SportsYou app from your app store on your phone. Open the app and enter the code to join the group!

**Girls SportsYou: LWPQVWC**    **Boys SportsYou: T7QG5YG2**

## Step 4: Tryouts signup



You will need to fill out the Tryout form by scanning the QR code on the Tryout Poster.



# TRYOUTS

**Girls SportsYou: LWPQVWC**

**Boys SportsYou: T7QG5YG2**

Before you can participate in any activity you will need:

- Physical Dated after May 1, 2025
- Online forms submitted in RankOne

Come ready to impress! Be on time, & wear proper athletic attire

Tryout results will be given after school once tryouts have completed

You are required to attend ALL dates below for your desired sport and grade level

### VOLLEYBALL

Aug. 14th  
8th Grade @ 6-8 am  
7th Grade @ 4-6 pm

Aug. 15th  
7th & 8th @ 6-8 am

### FOOTBALL

Aug. 14th  
7th & 8th Grade  
@ 6:30 am

### CROSS COUNTRY

Aug. 18th  
7th & 8th Grade  
@ 7am

Tryout Sign up Form



Katy ISD Physical Form



RankOne Sports

