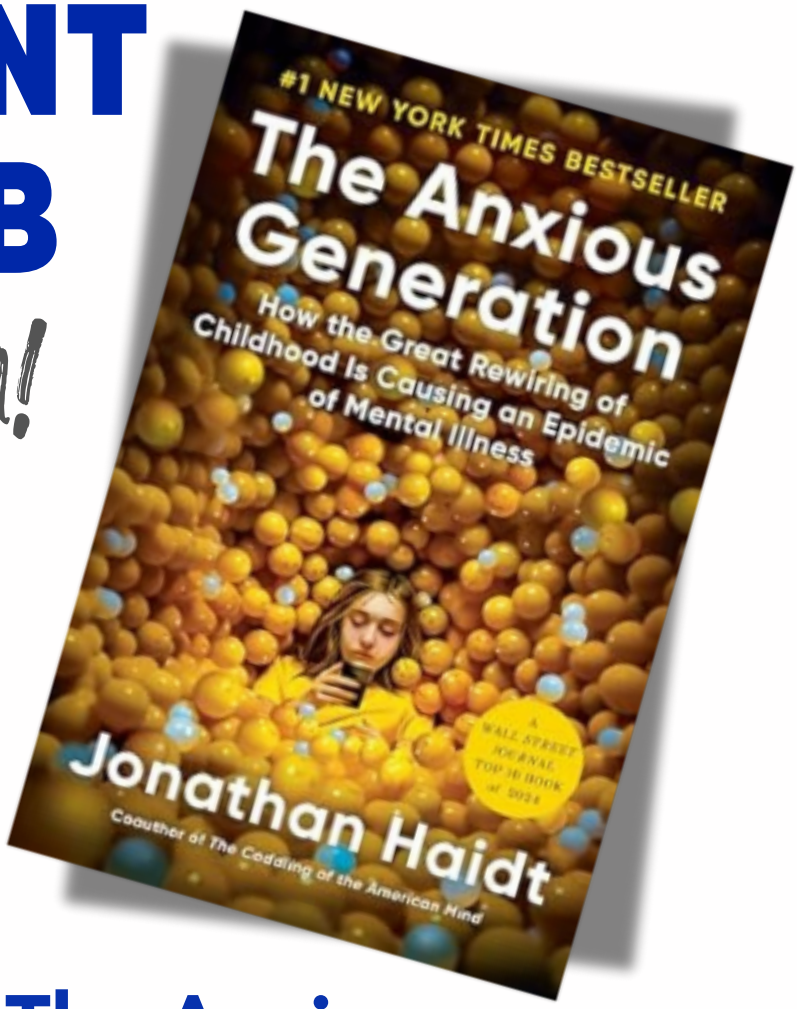
JCS PARENT BOOK CLUB

Coming Soon!



BOOK CLUB FOR PARENTS

The Anxious Generation

by Jonathan Haidt

A timely investigation into youth mental health in the era of smartphones, social media and big tech.

- Led by Abbie Vipperman, Licensed Professional Counselor.
- Offers practical ideas, support and a chance to connect with other families.
- All are welcome, whether you read the book fully, skim it or just want to listen.
- Meetings: Aug. 21, Sept. 4 & Sept. 18.

SCAN FOR MEETING INFO & TO LEARN MORE!