

GHCHS 9~12 Daily Breakfast Menu



Daily Nutrition Selections

WG Chicken Nuggets w/tater tots

WG Bean and Cheese Burrito/sweet potato tots

WG Breakfast Sandwich w/tater tots

WG Strawberry Bagel w/Fruit

WG Bagel and Cream Cheese

A Variety of WG Cereals and fruit

WG Chocolate Croissant w/Fruit

WG Pop Tarts w/Fruit

WG Donut Meal w/Fruit

WG Mini Cinnamon Roll Meal w/Fruit

WG Donut Holes w/Fruit

WG Muffins & Fruit

WG Coffeecake and Fruit

Strawberry or Blueberry Parfaits

All meals include

100% Fruit Juice

1% Milk or Nonfat Chocolate milk

A Variety of Whole Fresh Fruit