	Cross Country		
ADDITIONAL INFORMATION	*SPECIAL SCHEDULE WEEK OF Aug 11*		
	Mon Aug, 11: 3:25-5:25 PM @GHS track		
	Tues, Aug 12: 3:25-5:25 @GHS track Wed, Aug 13: 1:55-3:55 PM @GHS track		
	Thurs, Aug 14: 3:25-5:25 PM @GHS track		
	Fri, Aug 15: 3:25-5:25 PM @GHS track		
	Sat, Aug 16: 8:00-10:00AM @See's to run trail		
PRACTICE SCHEDULE	Location: M-F Practices at GHS Track, Sat. Practice location changes		
	Monday: 3:25 - 5:25 PM		
	Tuesday: 3:25 - 5:25 PM		
	Wednesday: 3:25 - 5:25 PM		
	Thursday: 3:25 - 5:25 PM		
	Friday: 3:25 - 5:25 PM		
	Saturday: 8:00 - 10:00 AM		
Sport	JV DANCE	VARSITY DANCE	
Oport			
TRYOUT	Wednesday, August 27th and Thursday August 28th from 3: 30-5:30pm.		
INFORMATION	Pre-tryout meeting- Tuesday, August 19th 6pm-8pm in		
	Athletic Classroom	Already held in May	
ADDITIONAL	Practices starting September 9th through February 6th		
INFORMATION	Choreography - Saturday, September 13th from 9am-1pm. New Team Meeting - Tuesday, September 2nd from, 6-8pm	Practices starting August 14 through February 7	
	Location: Dance Room	Location: Dance Room	
DRIOTIOF COMPRIS	Tuesday: 5:30 to 7:00 PM	Tuesday: 3:30 to 5:30 PM	
PRACTICE SCHEDULE	-	Thursday: 8:00 to 10:00 PM	
Sport	JV & VARSITY GIRLS GOLF		
TRYOUT	Monday, Aug. 11- Friday. Aug. 15th at Las Positas Golf		
INFORMATION	Course @ 4:00 PM	1	
	Location: At Las Positas Golf Course Monday: 4:00 PM	+	
PRACTICE SCHEDULE	-		
	Tuesday: 4:00 PM Wednesday: 4:00 PM		
	Thursday: 4:00 PM		
	Friday: 4:00 PM		
	-	VADCITY FLAG FOOTBALL	
Sport	JV FLAG FOOTBALL	VARSITY FLAG FOOTBALL	
TRYOUT	Wed., Aug. 13th, Thurs. Aug. 14th and Fri. Aug. 15th 6:00 -	Monday, Aug. 11st and Tuesday Aug. 12th 6:00 - 8:00	
INFORMATION	8:00 PM on the Football Field	PM on the Football Field	
	Location: GHS Football Field	Location: GHS Football Field	
	Monday: 6:30 to 8:30PM	Monday: 6:30 to 8:30PM	
TRYOUT/PRACTICE	Tuesday: 6:30 to 8:30PM	Tuesday: 6:30 to 8:30PM	
SCHEDULE	Wednesday: 6:30 to 8:30PM	Wednesday: 6:30 to 8:30PM	
	Thursday: 6:30 to 8:30PM	Thursday: 6:30 to 8:30PM	
	·	·	
	Friday: 6:30 to 8:30PM	Friday: 6:30 to 8:30PM	
Sport	·	·	VARSITY FOOTBALL
	Friday: 6:30 to 8:30PM	Friday: 6:30 to 8:30PM	VARSITY FOOTBALL
Sport	Friday: 6:30 to 8:30PM	Friday: 6:30 to 8:30PM	VARSITY FOOTBALL First Day of Practice: Aug. 11st
Sport Additional	Friday: 6:30 to 8:30PM FROSH FOOTBALL	Friday: 6:30 to 8:30PM JV FOOTBALL	
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	Thursday: 3:30 to 5:30 PM	Thursday: 5:30 to 7:30 PM	
	Friday: 3:30 to 5:30 PM	Friday: 5:30 to 7:30 PM	
Sport	TENNIS		
TRYOUT INFORMATION	Aug 18 - Aug 22 from 4:00 to 7:00 PM		
	Location: GHS Tennis Courts		
	Monday: 4:00 - 6:00 PM		
TRYOUT/PRACTICE	Tuesday: 4:00 - 6:00 PM		
SCHEDULE	Wednesday: 4:00 - 6:00 PM		
	Thursday: 4:00 - 6:00 PM		