Duneland School Corporation

Community Resource Guide

219-983-3600



Duneland School Corporation is expanding its efforts to provide access to local resources that connect all people in need to the programs that serve them (with dignity and ease). This tool will make it easy for people facing social needs - and those who help others - to find programs and services for food, shelter, health care, work, financial assistance, and more. Check out the online resource guide from Findhelp.org.

Just enter your ZIP Code and you'll immediately see programs in our area.

Findhelp.org is a public service organization that creates social care networks to connect people and programs - making it easy for everyone to find and access services. Findhelp.org provides a centralized place for community agencies to coordinate their efforts for safer, healthier, and supported communities.



Welcome to Indiana Disability Resource FINDER

Explore our directory of services, programs and helpful articles for the disability community. Follow our step-by-step guide to find the right information. You can narrow your search by continuing to choose additional options as they are displayed. Learn more about using this website in our <u>video introduction</u>.

Let Us Guide You Step By Step.





Helping Hoosiers live better.

2-1-1 is a free and confidential service that helps Hoosiers across Indiana find the local resources they need.

Dial 2-1-1 to connect with a navigator. We're here for you 24 hours a day, 7 days a week.

This Resource Guide is not a comprehensive list of all community resources available. For more comprehensive information, contact 2-1-1 24 hours a day, 7 days a week or visit their database online at: <u>Indiana 2-1-1</u>.

In Porter County and surrounding counties, you can reach this service by dialing 2-1-1 or by dialing (866) 211-9966 and may also seek service referrals by texting your zip code to 898-2111 (available Monday-Friday, 8:00 a.m. - 5:00 p.m.)

MCH Moms Helpline

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988

If you or someone you know is currently experiencing thoughts of suicide, or a substance use crisis or mental health crisis, please call 988 to reach Suicide & Crisis Lifeline and speak with a trained crisis specialist 24/7.

Visit 988indiana.org

988 Crisis and Suicide Lifeline

988 is more than just an easy-to-remember number—it offers a direct connection to compassionate, accessible care and support for anyone experiencing mental health-related distress – whether that is thoughts of suicide, mental health crisis, substance use crisis, or any other kind of emotional distress. People can also dial 988 if they are worried about a loved one who may need crisis support.

988 is now live as the national three-digit dialing code for reaching The Suicide & Crisis Lifeline, formally the National Suicide Prevention Lifeline. The current long-form phone number of 800-273-TALK continues to be an option.

Adam Benjamin / Crown Point VA Clinic

9301 Madison St. Crown Point, IN 46307 219-662-5000

Website: <u>click here</u>

Hours of Operation: Monday - Friday 7:30 a.m. - 4:00 p.m.

Description: Our outpatient clinic provides primary care and specialty health services, including treatment for post-traumatic stress disorder (PTSD), women's health services, and more.

Adult Education - Chesterton

Westchester Library - Baugher Center 100 West Indiana Ave. Chesterton, IN 46304 219-335-2005

Website: click here

Hours of Operation: Varies

Description: Learning Centers offer a range of free classes from basic education, high school equivalency (HSE, formerly known as the GED) preparation, college entrance preparation, English Language Learning in addition to basic job entry certifications and online training for careers such as CNA, MedCerts, ParaPro and more.

Adult Education - Valparaiso

Trinity Lutheran Church 201 Washington St. Valparaiso, IN 46383 219-335-2041

Website: click here

Hours of Operation: Varies

Adult Education - Portage

219-850-4448

Description: Learning Centers offer a range of free classes from basic education, high school equivalency (HSE, formerly known as the GED) preparation, college entrance preparation, English Language Learning in addition to basic job entry certifications and online training for careers such as CNA, MedCerts, ParaPro and more.

Adult Protection Services

Porter County Prosecutor's Office 16 Lincolnway, Suite 546 Valparaiso, IN 46383 800-992-6978

Website: click here

Description: The Adult Protective Services program was established to receive and investigate reports regarding adults within the state of Indiana who may be endangered and, as appropriate, to coordinate a proper response to protect endangered adults who are victims of abuse, neglect, or exploitation.

Affordable Care Act

800-318-2596

Website: click here

The comprehensive health care reform law enacted in March 2010 Description: (sometimes known as ACA, PPACA, or "Obamacare").

Alzheimer's & Dementia Services of Northern Indiana, Inc.

111 Sunnybrook Ct. South Bend, IN 46637

574-232-4121

Website: click here

Hours of Operation: Monday - Friday, 8:00 a.m. - 12:00 p.m.; 1:00 p.m. - 4:30 p.m

Description: Alzheimer's & Dementia Services of Northern Indiana is a program of REAL Services Inc., dedicated to family support, education, advocacy, and raising community awareness of Alzheimer's Disease and related dementia.

American Cancer Society

800-227-2345

Website: click here

Description: Cancer information, answers, and hope. Available every minute of every day.

American Red Cross

Northwest Chapter 791 E. 83rd Ave. Merrillville, IN 46410 219-756-5360

Website: <u>click here</u>

Description: The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

Anxiety & OCD Behavioral Health Center

1100 S. Calumet, Suite 3B Chesterton, IN 46304 219-228-7630

Fax: 219-928-1083 Website: click here

Description: Treatment of anxiety and trauma based disorders, emotional regulation, executive functioning, parent and family functioning.

Aspire Counseling Services

2803 Boilermaker Ct., Ste. 1C Valparaiso, IN 46383 219-286-7043

Fax: 219-246-4655 Website: <u>click here</u>

Description: At Aspire Counseling Services we provide a number of valuable options to those who are looking to improve their lives. Our therapists provide a large array of services to those in need. We have a great deal of experience working with a large number of issues. We provide individual, couple and family counseling to all age groups.

Autism Society of Indiana

800-609-8449

Website: <u>click here</u>

Description: The Autism Society of Indiana (ASI) exists to ensure that every individual and every family affected by autism in the State of Indiana receives the high-quality services they deserve.

Banta Senior Center

605 Beech St. Valparaiso, IN 46383 219-462-1301

Website: <u>click here</u>

Hours of Operation: Monday - Friday, 9:00 a.m. - 3:00 p.m.

Description: Banta is an enrichment center where adults aged 50 and older can participate in a variety of activities, hot meals, and a connection to education on community resources and make friends!

Behavior Specialists of Indiana

2101 Comeford Rd. Valparaiso, IN 46383 219-462-6705

Website: click here

Description: Behavior Specialists of Indiana, LLC (BSI) specializes in the treatment of individuals diagnosed with autism spectrum disorders, developmental disabilities, anxiety, attention deficits and conduct disorders. At BSI, we are committed to providing quality services that promote mental, social and physical health for each individual we serve.

Blachly, Tabor, Bozik & Hartman

56 Washington St., Ste. 401 Valparaiso, IN 46383 219-464-1041 800-921-2824

FAX: 219-464-0927

Website: click here

Description: Personal Injury. Trusts & Estates. Elder Law. Workers' Compensation. Family Law and Marriage Dissolution. Civil Litigation. Municipal/Local Government. Social Security Disability. Business & Corporate Law. Employment Claims. Veteran Disability. Real Estate. Medical Malpractice. Criminal Defense.

Bonner Senior Center

3590 Willowcreek Rd., Ste. B Portage, IN 46368 219-762-1623

Fax: 219-763-9658 Website: click here

Description: The Bonner Senior Center serves several vital roles in the Portage Township Community. As a nutrition site, the senior center provides lunch five days a week to seniors 60 years and older. Transportation is another vital community service offered to Portage Township seniors who depend on the center's buses for rides to and from the center, doctor's appointments, the grocery store and pharmacy. Social and health & wellness programs bring seniors together for an enhanced quality of life.

Boone Township Call A Ride

PO Box 478 Hebron, IN 46341 219-996-RIDE 219-996-7433

Website: <u>click here</u>

Hours of Operation: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Description: The purpose of Call a Ride is to provide transportation for the elderly and needy in Boone Township, Porter County, Indiana. Rides are limited to a 20 mile radius of Hebron.

Boys & Girls Club - Duneland

521 W. 1100 N. Chesterton, IN 46304

219-926-9770

Website: <u>click here</u>

Hours of operation: After School

Monday - Thursday until 7:00 pm

Fridays until 6:00 pm

Summer is generally 7:00 am - 6:00 pm

Description: Providing youth with a safe, constructive, supportive environment when they are not at home or at school, where they can have fun with peers and be guided by trained youth development professionals.

Cafe Manna

St. Teresa of Avila 1511 Laporte Ave. Valparaiso, IN 46383 Valparaiso University 219-464-4042

Website: click here

Description: Cafe Manna is our community outreach program that began in December 2001. Every Thursday evening (except Thanksgiving and Holy Thursday) with the help of many volunteers, a hot nourishing meal is served to as many as 300 guests. Anyone is welcome to attend whether they are physically hungry, in need of companionship or trying to stretch their food budget.

The Caring Place Domestic Violence Victim Assistance

24 Hour Crisis Line:

219-464-2128 and 800-933-0466

Website: <u>click here</u>

Description: The Caring Place is a non-profit social service organization, serving the needs of domestic violence and sexual assault victims. Our organization primarily serves victims in Lake, Porter and Starke counties in Northwest Indiana, but may include victims across the country. In addition to safe shelter, The Caring Place provides community education, support groups, legal counseling and case management, independent living planning.

Catholic Charities

219-886-3549

Website: click here

Description: Catholic Charities provides and advocates for the physical, emotional, and social needs of the poor and vulnerable in Northwest Indiana, meeting them right where they are with the help they need, and creating hope for a brighter future regardless of their religious or ethnic background.

Chesterton Food Pantry

Located behind Chesterton Northshore Health 801 Broadway (8th & Indiana) Chesterton, IN 46304 219-929-5480 219-921-3929

Website: click here

Hours of Operation: Tuesdays 8:30 a.m. - 11:00 a.m.

Description: Since 1982, Westchester Neighbors Food Pantry has been providing food and supplies to those in need throughout the Duneland community.

Center for Christian Counseling

204 E. Lincolnway Valparaiso, IN 46383 219-465-1991

Website: click here

Description: The Center For Christian Counseling is a non-denominational organization dedicated to serving Jesus Christ by serving the community. The Center has been located in Valparaiso since 1984. The founders, Elsie Norem and Mary Ann Carter believe that counseling which addresses the spiritual, as well as the psychological part of our being, enables a person to establish their own God-given identity. Christian counseling encourages the freedom to fully love God, ourselves, and others. The Center's approach emphasizes reality as defined by Holy Scripture; a commitment to change; and a vital relationship to Christ as Savior and Lord. Rather than a problem-oriented emphasis, the Center promotes hope in God-centered solutions. A solution-oriented attitude helps each client develop responsibility for their own actions, feelings, and thoughts.

Crisis Center

101 N. Montgomery St. Gary, IN 46403 219-938-7070

Website: click here

Hours of Operation: 24 hours a day / 7 days a week

Description: Strengthening communities and empowering families with emphasis on children in need of shelter, safety and support.

Crisis Contact Hotline

800-519-0469 Text "MHFA" to 741741

Description: Available 24/7, 365 days a year, this organization helps people with mental health challenges by connecting callers with trained crisis volunteers who will provide confidential advice, support, and referrals if needed.

Crossroad Child & Family Services

1825 Beacon St. Fort Wayne, IN 46805-4750 800-976-2306 260-484-4153

Fax: 260-484-2337 Website: <u>click here</u>

Description: Crossroad Child & Family Services is a faith-based, nonprofit treatment provider serving troubled children and their families. Behind that simple description is a long list of therapy, education, and family support services provided both to children who live on our campus and those living in the community.

Department of Child Services

19 E. Lincolnway Valparaiso, IN 46383-5514 800-800-5556 (Child Abuse & Neglect Hotline - 24 hours) 219-462-2112

Fax: 317-232-1554

Website: click here

Hours of Operation: Monday - Friday, 8:00 a.m. - 4:30 p.m.

Description: The Indiana Department of Child Services leads the state's response to allegations of child abuse and neglect and facilitates child support payments. We consider the needs and values of all we serve in our efforts to protect children while keeping families together whenever possible.

Disabled American Veterans

317-916-3615

Website: click here

Description: We are dedicated to a single purpose: empowering veterans to lead high-quality lives with respect and dignity. We accomplish this by ensuring that veterans and their families can access the full range of benefits available to them; fighting for the interests of America's injured heroes on Capitol Hill; and educating the public about the great sacrifices and needs of veterans transitioning back to civilian life.

Duneland Counseling Center

215 W. Indiana Ave. Chesterton, IN 46304 219-921-0705

Website: click here

Hours of Operation: Monday - Friday, 8:00 a.m. - 9:00 p.m.

Saturday 8:00 a.m. - 4:00 p.m.

Description: We offer a variety of counseling services for children, teens, adults, and seniors. Our mission is to enhance relational capacities within and among individuals and to empower people to utilize their resources more effectively to meet life's demands. To this end, we offer services that restore hope and provide options for individuals, couples, and families that are facing an intimidating array of challenges.

Duneland Early Learning HUB

601 W. Morgan Ave. Enter Door 9 Chesterton, IN 46304 219-983-3743

Website: click here

James Moore Julie Roytan Amy Snyder

Hours of Operation: varies

Description: The HUB is available to all families within Duneland School boundaries. The Early Learning HUB is a place for caregivers and children, newborns through age 5 (not yet enrolled in kindergarten), to come and learn and play together.

Duneland School Corporation - School Counselors / Social Workers

Bailly Elementary	Brummitt Elementary	<u>Jackson Elementary</u>
219-983-3670	219-983-3660	219-983-3680
Heather Kellogg	Lindsay Moskalick	Michelle Bruss

<u>Liberty Elementary</u>	Yost Elementary	<u>Liberty Intermediate</u>
219-983-3650	219-983-3640	219-983-3690
Lindsey Stainko	Sue Harmison	Sarah Smenyak

Westchester Intermediate	<u>Liberty Middle School</u>	Westchester Middle School
219-983-3710	219-983-3740	219-983-3780
Maureen Hurst	Laura Herrod	Darcy Lamb

Chesterton High School	NW Indiana Online School
219-983-3730	219-983-3743
Gretchen Arthur	Doug Adams
Tuzdae Bartow	
Johanna Hess	

Early Learning Connections

8400 Louisiana St. Merrillville, IN 46410 219-685-1500

Hours of Operation: Monday - Thursday, 8:00 a.m. - 5:00 p.m.

Friday, 8:00 a.m. - 4:30 p.m.

Description: Application Assistance. Making a difference in the lives of our neighbors - it's what we do to make significant strides to address the growing needs of Northern Indiana. We partner with community-based health care providers, social service organizations and early childhood education programs to help increase Hoosiers' access to high-quality, affordable services that support whole-person care and build resilient communities.

Empowering Student Success

114 N. Calumet Chesterton IN 46304 219-728-8255

Website: click here

Description: Academic coaching, literacy specialists, and tutoring services. Specializes in working with students who struggle academically.

Exceptional Equestrians

5699 E. 73rd Ave. Merrillville, IN 46410 219-945-0726

Website: click here

Description: Providing educational and therapeutic riding instruction with special needs of all ages.

Family & Youth Service Bureau

253 W. Lincolnway Valparaiso, IN 46383 219-464-9585

Website: click here

Hours of Operation: Monday, 8:00 a.m. - 7:00 p.m.

Tuesday - Friday, 8:00 a.m. - 5:00 p.m.

Description: The mission of the Family & Youth Services Bureau is to assist youth and families through supportive services that create a positive change for Porter County.

Family Concern Counseling

2004 Valparaiso St. Valparaiso, IN 46383 219-477-5646

Fax: 219-728-4765

Email: info@familycounsel.org

Website: <u>click here</u>

Description: Family Concern Counseling is committed to offering comfort and hope through counseling, consultation and education. These services are provided by professionally trained clinicians and educators who strive to integrate Biblical truth and principles of psychological health.

Family Focus

660 W. Morthland Dr., Ste. A Valparaiso, IN 46385 219-462-9200 800-582-4198

Website: click here

Description: To strengthen families by helping to create safe, loving, nurturing homes.

First Contact

219-462-8332

2702 E. Glendale Blvd. Valparaiso, IN 46383

3484 Airport Rd. Portage, IN 46368

First Contact Portage

219-764-7322

Hours of Operation: Monday - Friday, 9:00 a.m. - 12:30 p.m.

Description: Provide vouchers to resale shops for clothing; Assist with rent, utilities, occasionally medicine; Must have trustee paperwork before being considered for assistance

Food Bank of Northwest Indiana

6490 Broadway Merrillville, IN 46410 219-980-1777

Fax: 219-525-4043 Website: click here

To feed people today, and end hunger tomorrow by inspiring and Description: collaborating with our community.

Franciscan Behavioral Health (Dyer)

24 Joliet St. Dyer, IN 46311 800-783-7667 219-322-5747

Website: click here

Description: The Franciscan Health Behavioral Health Dyer outpatient services provide the first step in regaining a healthy lifestyle. We offer a range of services to meet the behavioral health needs of children, adolescents and adults. Services are provided by an interdisciplinary group of behavioral health professionals including board-certified child/adolescent and adult psychiatrists, and advanced practice nurse, psychologists and licensed clinical social workers.

Fresh Start Counseling

1552 W. Lincolnway Valparaiso, IN 46385 219-548-9400 3490 W. 81st Ave. Merrillville, IN 46410 219-736-5990

Website: <u>click here</u>

Description: We are a community that cares, we take our time to provide professional outpatient services and use a dual behavioral, psycho-educational approach. We offer services in both English and Spanish, while creating groups of appropriate size to foster individualized attention and group interaction.

Frontline Foundations

801 Broadway Chesterton, IN 46304 219-728-1638

Website: click here

Hours of Operation: Varies

Description: NorthShore Health Centers offer substance abuse solutions that combine medical treatment with counseling as the best approach to long-term success and recovery. Utilizing a variety of individual and group counseling efforts, this unique program previously developed by Frontline Foundations addresses both the physical and spiritual aspects of substance abuse. By working through a series of non-denominational faith-base3d principles, the program offers those struggling with substance abuse a way to process and understand their substance abuse in an effort to lead to healing and recovery.

Gabriel's Horn Homeless Shelter for Women & Children

PO Box 943 Portage, IN 46368 219-364-8018

Website: click here

Description: Gabriel's Horn helps homeless women and children rebuild their lives and return to independence with dignity by providing shelter, education, counseling and referrals to community connections.

Geminus Community Partners Program

8400 Louisiana St., #200 Merrillville, IN 46410 219-757-1800

Website: <u>click here</u>

Description: Making a difference in the lives of our neighbors - it's what we do to make significant strides to address the growing needs of Northern Indiana. We partner with community-based health care providers, social service organizations and early childhood education programs to help increase Hoosiers' access to high-quality, affordable services that support whole-person care and build resilient communities. We also provide administrative and support services for community mental health centers, community health centers, behavioral and primary health care providers, prevention programs, social service providers and early childhood education programs in Northern Indiana.

Goodwill

2109 N. Calumet Ave. Valparaiso, IN 46383 219-548-1314

Website: click here

Hours of Operation: Monday - Saturday, 10:00 a.m. - 6:00 p.m.

Sunday, 12:00 p.m. - 5:00 p.m.

Description: Providing retail experiences and community programming across the Northern Indiana, Southwest Michigan and Southeast Chicagoland area.

Growing Kids Learning Centers

1828 South 11th Street Chesterton, IN 46304 219-929-5559

Website: <u>click here</u>

Description: Provides child care and helps children learn new skills, develop and grow. They create programs to help your young child develop new skills and prepare them for the next years of their life.

Habitat for Humanity of Porter County

2411 Beech St., Suite L Valparaiso, IN 46383 219-531-0359

Website: click here

Office Hours: Tuesday & Wednesday 9am - 3pm

Description: Habitat for Humanity of Porter County is dedicated to building affordable housing in Porter County Indiana. We work in partnership with volunteers, local businesses, and organizations to build up families and build community together! With your help we can make the dream of home ownership a reality for families in need of affordable housing in Porter County.

Hazelden Betty Ford Ford Foundation

11505 36th Ave., North 867 N. Dearborn St. Plymouth, MN 55441 Chicago, IL 60610

877-857-5979

Website: click here

Hours of Operation: 24 hours a day, 7 days a week

Description: Harnessing science, love and the wisdom of lived experience, the Hazelden Betty Ford Foundation is a force of healing and hope for families and communities affected by substance use and mental health conditions. As the nation's foremost nonprofit provider of comprehensive behavioral health care, Hazelden Betty Ford leads the way in helping society rise above stigma and overcome addiction.

HealthLinc

1001 N. Sturdy Rd. Valparaiso, IN 46385 219-462-7173

888-580-1060

Fax: 219-462-7504 Website: click here

Hours of Operation: <u>Medical</u>

Monday - Thursday, 8:00 a.m. - 8:00 p.m.

Friday, 8:00 a.m. - 5:00 p.m. Saturday, 9:00 a.m. - 1:00 p.m.

<u>Dental</u>

Monday, Tuesday & Thursday, 8:00 a.m. - 6:00 p.m.

Wednesday, 8:00 a.m. - 8:00 p.m.

Friday, 8:00 a.m. - 4:00 p.m.

Description: We make a difference to every patient, every time. We deliver exceptional care, without fail, by developing networks of integrated partners, highly trained staff, and diverse services to those in our communities. We cultivate our value by working through our organization to improve populations while managing the individual needs of each patient. As barriers are presented, we find a way to overcome through innovation and creativity. HealthLinc celebrates the vibrance and individuality of every community and culture. We quickly adapt to meet each situation with determination and strength of character. We are recognized as a servant leader in the communities we serve through both word and action. HealthLinc makes health care better.

Healthy Families

253 W. Lincolnway Valparaiso, IN 46385 219-464-9585

Website: <u>click here</u>

Hours of Operation: Varies

Description: The mission of the Family & Youth Services Bureau is to assist youth and families through supportive services that create a positive change for Porter County.

Healthy Indiana Plan

877-438-4479

Website: click here

Description: The Healthy Indiana Plan is a health-insurance program for qualified adults. The plan is offered by the State of Indiana. It pays for medical costs for members and could even provide vision and dental coverage. It also rewards members for taking better care of their health.

Heartland Recovery

2068 Lucas Parkway Lowell, IN 46356 219-690-7025

Website: click here

Hours of Operation: Monday - Thursday, 8:00 a.m. - 8:00 p.m.

Friday, 8:00 a.m. - 4:00 p.m. Saturday, 8:00 a.m. - 12:00 p.m.

Description: Wellness Center - a guided, holistic approach, to help you meet your wellness goals. Recovery Center - focused healing for those struggling with the pain and suffering of addition. Behavioral Health - mental and emotional wellbeing when life becomes overwhelming.

Hebron Country Pantry

202 W. Church St. PO Box 96 Hebron, IN 46341 219-252-9007

Website: click here

Hours of Operation: Varies

Hilltop Neighborhood House

460 S. College Ave. Valparaiso, IN 46383 219-477-4222

Website: <u>click here</u>

Description: Hilltop Neighborhood House has offered valuable resources for children and families throughout the Valparaiso community since 1995. The focus of hilltop is to empower families to learn, grow and belong. We serve as a community center providing early childhood education, a food pantry, after school care and a learning garden.

HoosierRx

866-267-4679

Website: <u>click here</u>

Description: HoosierRx is a program that can help you pay for your monthly medications. Individuals can receive up to \$70 per month to help pay monthly Medicare Part D premiums.

Housing Opportunities

2001 Calumet Ave. Valparaiso, IN 46383 219-548-2800

Website: click here

Description: Housing Opportunities is a community-sustained nonprofit that resolves and prevents homelessness for adults, children, and seniors in Porter and LaPorte counties. Above all, we provide hope to clients experiencing homelessness and its effects.

HUB Coalition Porter County

57 S. Michigan Ave., Suite 203 Valparaiso, IN 46383 219-280-5252

Website: click here

Description: The Porter County Substance Abuse Council is a community resource and referral nucleus that provides support to any public and private non-profit agencies, as

well as federal, state, local and tribal governments working to prevent and reduce substance abuse in our community.

Parents can get \$5 Home Urine Drug Tests and \$5 DetectaChemtest pouches to identify unknown substances. Free Narcan (opioid reversal nasal spray) and Fentanyl test strips upon request.

Immanuel Lutheran Church

1700 Monticello Park Dr. Valparaiso, IN 46383 219-462-8207

Website: <u>click here</u>

Hours of Operation: Food Pantry, Tuesday & Thursday, 1:00 p.m. - 3:00 p.m.

Description: Our care for the poor and the hurting in our community is rooted in the love of Jesus for the last, the least, and the lost. We affirm the dignity and inherent worth of every human being, made in the image of God, and we seek to show Chrisitan love in tangible, helpful, life-giving ways to those in need. Prayer Requests. Food Pantry. Need Help Paying Bills. Men's Homeless Shelter. Pastoral Counseling. GriefShare. Stephen Ministry.

Indiana Legal Services (ILS)

7863 Broadway St., Suite 205 Merrillville, IN 46410 219-738-6040

Fax: 219-738-6050 Website: click here

Hours of Operation: Monday - Friday 8:30am to 4:30pm

Counties Served: Jasper, Lake, Newton, & Porter.

Description: Indiana Legal Services, Inc. is a nonprofit law firm and the largest provider of free civil legal assistance to eligible low-income people throughout the state of Indiana. ILS helps clients who are faced with legal problems that harm their ability to have such basics as food, shelter, income, medical care or personal safety. Most of the cases ILS handles are cases such as family law where there is domestic violence, housing, consumer law, access to health care, and access to government benefits. ILS does not handle any criminal matters.

Indiana Treatment

1150 W. Lincolnway, Suite 7 Valparaiso, IN 46383 219-243-0192

Indiana Warm Line

Warmline - KEYS Consumer Organization

800-933-5397

Website: click here

Monday - Friday, 8:00 a.m. - 5:00 p.m. Hours of Operation:

Talk to each individual for fifteen minutes each day.

Description: A warmline is a phone number you call to have a conversation with someone who can provide support during hard times. Whether you're in crisis or just need someone to talk to, a warmline can help. Warmlines are staffed by trained peers who have been through their own mental health struggles and know what it's like to need help.

Innovative Counseling Solutions "ICS"

8 Morgan Blvd. Valparaiso, IN 46383 219-525-1737

Website: click here

Hours of Operation: Monday - Friday, 8:00 a.m. - 10:00 p.m.

Saturday - Sunday, by appointment

To provide quality mental health services by utilization of innovative assessment tools and therapeutic methods proven to be effective.

Jacob's Ladder Pediatric Rehabilitation Center

1595 S. Calumet Rd., Ste. 3 Chesterton, IN 46304 219-764-4888

Website: click here

Hours of Operation: Monday - Thursday, 8:00 a.m. - 6:00 p.m. Friday, 8:00 a.m. - 12:00 p.m.

Description: Jacob's Ladder Pediatric Rehabilitation is a nonprofit organization providing comprehensive therapy and supplemental care for children in need. We partner with families, communities, and health care providers to help children reach their full potential. We are accountable to our patients, donors, and partners - treating everyone with integrity and respect.

Life Strategies, LLC

442 Sand Creek Dr., N, #101 Chesterton, IN 46304 219-359-3272

Fax: 219-359-3089 Website: <u>click here</u>

Description: Autism ABA, Child & Family therapy services in the Michiana region and

Northwest Indiana.

Lifeline Crisis Chat

Website: click here

Description: visit the website to chat online with crisis centers around the United States.

MDwise Medicaid Consultant

800-356-1204

Website: click here

Hours of Operation: Monday-Friday, 8:00 a.m. - 8:00 p.m.

Description: MDwise is your local, Indiana-based nonprofit health care company. We were founded in 1994 to help vulnerable populations needing health coverage in Indiana. Our parent organization, McLaren Health Care, is a nonprofit integrated health system who believes all Indiana families should have access to high quality health care regardless of income. Our mission is to provide high quality health care. We only take care of families in Indiana. MDwise works with the State of Indiana and Centers for Medicare and Medicaid Services to bring you the Hoosier Healthwise and Healthy Indiana Plan health insurance programs.

Meals On Wheels VNA

501 Marquette St. Valparaiso, IN 46383 219-462-5195

Website: click here

Description: Delivering up to two warm, nutritious meals per day, VNA Meals on Wheels helps homebound seniors maintain their independence and their nutritional well-being.

Medicaid, TANF, SNAP - Family and Social Services Administration

800-403-0864

Website: click here

Description: FSSA's mission is to compassionately serve Hoosiers of all ages and connect them with social services, health care and their communities.

Medical Supplies Loan Closet

801 Broadway Chesterton, IN 46304 219-926-1586

Website: click here

Hours of Operation: Tuesday, 1:00 - 3:45 p.m., Saturday, 9:30 a.m. - 11:45 a.m.

Description: The Duneland Medical Equipment Loan Closet is a wonderful resource for those residents who are in temporary need of medical equipment and reside in the Townships of Duneland, Pine, Jackson & Liberty.

Memorial Epworth Center (South Bend)

420 N. Niles Ave. South Bend, IN 46617 574-647-8400

Website: <u>click here</u>

Hours of Operation: 24 hours a day, 7 days a week

Description: Memorial Epworth Center makes up the inpatient psychiatric care division of Memorial Hospital. We provide care for adolescents (ages 13 to 17) and adults age 18 and older. Our care, directed by board-certified psychiatrists, includes the diagnosis and treatment of conditions such as depression, anxiety disorders, bipolar disorders, schizophrenia and others.

Mental Health America

402 E. Indiana Ave. Valparaiso, IN 46383 219-937-7733

Website: click here

Hours of Operation: Monday - Friday, 9:00 a.m. - 4:00 p.m.

Description: Mental Health America of Northwest Indiana is a non-profit organization dedicated to overall wellness through personal and family support, while remaining committed to our core principle of advocating on behalf of those experiencing emotional challenges. We lead from a foundation built on prevention and empowerment of vulnerable adults and children through education, referral, and advocacy.

Methodist Resale Shop

7 E. Chicago St. Valparaiso, IN 46383 219-465-0207

Hours of Operation: Sunday, 9:00 a.m. - 2:00 p.m.

Tuesday & Thursday, 9:00 a.m. - 3:00 p.m.

Description: A clean, organized shop accepting and selling the high quality women's, men's, and children's clothing, and household goods of our community. All proceeds benefit local, national, and international missions determined by the United Methodist Women of Valparaiso, Indiana.

Michiana Behavioral Health

1800 North Oak Dr. Plymouth, IN 46563 574-936-3784 800-795-6252

Website: <u>click here</u>

Hours of Operation: 24 hours a day, 7 days a week

Description: Michiana Behavioral Health is committed to delivering quality mental health care in collaboration with patients, families, employees, physicians and the community. We treat every patient and family in our care with the utmost dignity and respect, no

matter what challenges they're facing or what they've been through. Our treatment is built upon clear communication with patients and families so we can provide targeted, personalized care. This level of communication at every stage of treatment ensures that our team remains responsive to each patient's needs during difficult times. Our team of professionals is comprised of board-certified and child-trained physicians, psychiatrists, masters-level clinicians and more. That multidisciplinary team enables us to offer a wide array of behavioral health services and programming to address the complex individual needs of our patient population.

Mid America Mental Health, LLC

9335 Calumet Ave., Suite C Munster, IN 46321 219-836-9200

Hours of Operation: Monday - Thursday, 9:00 a.m. - 7:00 p.m.

Friday, 9:00 a.m. - 5:00 p.m. Saturday, 9:00 a.m. - 3:00 p.m.

Description: Whether you're looking for a psychiatrist because you've recently been diagnosed with a mental health condition or you simply wish to discuss a personal problem with a professional, the practitioner at Mid America Mental Health, LLC would be pleased to provide you with counseling. If you want therapy in Munster, IN, turn to us.

Midwest Center for Youth & Families

1012 W. Indiana St. Kouts, IN 46347 888-629-3471

Website: <u>click here</u>

Description: offering a full-immersion residential Dialectical Behavior Therapy (DBT) program for youth. We work with males 12-18 and females 10-18 who struggle with emotional, behavioral and mental health challenges; providing high-quality care to patients from across the country in our locked and therapeutic facility.

Moraine House

353 Lincolnway Valparaiso, IN 46383 219-464-9983

Fax: 219-531-4809 Website: <u>click here</u>

Hours of Operation: Every day, 7:00 a.m. - 10:15 p.m.

Description: To engage in educational, structured and social welfare activities connected with the rehabilitation of individuals suffering from alcohol addiction and substance abuse. To maintain, operate, and enhance a halfway house as a nonprofit organization.

National Suicide & Crisis Lifeline

Dial: 988

Website: click here

Description: The 988 Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States. We're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.

Neighbors Educational Opportunities

454 College Ave. Valparaiso, IN 46383 219-850-4448

Website: <u>click here</u>

Description: NEO's mission is to provide quality and accessible adult and secondary education programs that foster success in a diverse community of adult and high school students in an environment founded on: a commitment to success, support of personal goals and celebration of growth, accountability to one's self, peers and community, and respect.

New Creations Men's Center

2102 Calumet Ave. Valparaiso, IN 46383 219-548-3548

Website: click here

Hours of Operation: Monday - Friday, 8:00 a.m. - 4:00 p.m.

Saturday - Sunday, 7:00 a.m. - 10:00 a.m.

Description: New Creation Men's Center creates a strong safety net for men over the age of 18 who are in need of direction in their lives. New Creation wants to help men get back on their feet so they can strive in life. Programs are meant to encourage the men at our facility to improve their lives in a positive manner. We strive everyday to make a difference in these men's lives and the community.

Northshore Health Center

801 Broadway Chesterton, IN 46304 219-763-8112

Website: click here

Hours of Operation: Monday - Friday 8:00 am - 6:00 pm

Description: Northshore Health Centers is a non-profit organization dedicated to providing quality, affordable healthcare to everyone, including the uninsured and underinsured in Porter, Lake, La Porte and Jasper Counties.

Northwest Health - Porter

85 E US Hwy 6 Valparaiso, IN 46383 219-983-8300

Website: <u>click here</u>

Hours of Operation: 24 hours a day, 7 days a week

Description: Northwest Health - Porter includes two hospital campuses as well as outpatient facilities serving Northwest Indiana. We endeavor to provide you and your family appropriate and safe care in a friendly, welcoming environment.

Northwest Indiana Crisis Center Inc.

101 N. Montgomery St.Gary, IN 46403219-938-7070

Website: <u>click here</u>

Description: Strengthening communities and empowering families with emphasis on children in need of shelter, safety and support.

Northwest Indiana First Steps

11045 Broadway, Suite F Crown Point, IN 46307 219-662-7790 800-387-7837

Fax: 219-662-7510 Website: click here

Hours of Operation: Monday - Friday, 8:00 a.m. - 4:30 p.m.

Description: The goal of First Steps is to help Hoosier families make sure their infants and toddlers receive services now to help them in the future. Services through First Steps are designed to meet the developmental needs of the child; except in limited circumstances, First Steps does not provide services to meet medical needs.

NWI Volunteer Attorneys

651 E. Third St. Hobart, IN 46342 866-945-1799

Website: click here

Hours of Operation: Monday - Friday, 9:00 a.m. - 4:00 p.m.

Description: To support Access to Justice for All by recruiting volunteer lawyers to provide legal information, advice, and representation in civil legal matters to low-income persons who are residents of Lake, Porter, Jasper, & Newton Counties.

Opportunity Enterprises

2801 Evans Ave. Valparaiso, IN 46383 219-464-9621

Fax: 219-464-9635 Website: <u>click here</u>

Hours of Operation: Monday - Friday, 7:30 a.m. - 4:30 p.m.

Description: It is the vision of Opportunity Enterprises to create a fully integrated community where life for persons with developmental disabilities is valuable, purposeful and fulfilling.

Our Greater Good

3701 Murvihill Rd. PO Box 44 Valparaiso, IN 46384 219-628-2922

Website: click here

Description: Our initiatives are focused on strengthening families and do whatever it takes to see that every child has great opportunities to reach their full potential leading to a fulfilling adult life. With this mission implanted deeply in our convictions, Our Greater Good has found or developed programs to come alongside our schools and families to accomplish these goals.

Pets N Vets Training Program

110 N. Main St. PO Box 380 Hebron, IN 46341 219-996-4770

Website: click here

Description: Our Pets N Vets Program is open to Veterans with PTSD/TBI who wish to train a dog for their service dog. This program is at "no cost" to the Veteran, due to donations and grants our organization receives. If the Veteran has a dog he/she feels may be a good service dog candidate, we can evaluate the dog or if a dog is needed, we work with shelters and rescues to find a suitable candidate.

Portage Resale Shop

6450 Evergreen Ave. Portage, IN 46368 219-764-3375

Website: click here

Hours of Operation: Monday, Tuesday, Thursday, Friday, Saturday, 12:00 p.m. - 4:00 p.m.

Description: Our business is multifaceted. We do have a storefront resale shop that carries clothing, household items, books, toys, jewelry, home decor, and accessories. We sell these items at very reasonable rates to help fund our ministry. We help furnish all of the homeless shelters in Porter County, and assist individuals transitioning out of homelessness with home furnishings, housewares, and clothing to assist them on their journey. We fulfill referrals from social service agencies helping to enrich the quality of life for those in need.

Portage Township Food Pantry

3590 Willowcreek Rd. PO Box 1582 Portage, IN 46368 219-762-1623

Hours of Operation: Thursday, 10:00 a.m. - 12:00 p.m.

Description: The Portage Township Food Pantry provides food assistance to approximately 600 Portage Township residents every month. To do so, we utilize 30-40 volunteers each week to purchase and pick up commodities at the region's food bank and local retailers, stock shelves, work community events, collect food donations, and operate the pantry.

Porter County Aging & Community Service

1005 Campbell St. Valparaiso, IN 46383 219-464-9736

Fax: 219-462-6993 Website: <u>click here</u>

Hours of Operation: Monday - Friday, 8:00 a.m. - 4:30 p.m.

Description: PCACS extends a helping hand to seniors, the disabled, and the low income by providing compassionate services to improve their quality of life while maintaining their dignity and independence.

Porter County Animal Shelter

3355 Bertholet Blvd. Valparaiso, IN 46383 219-465-3550

Website: click here

Hours of Operation: Every day, 12:00 p.m. - 4:00 p.m.

Description: It is our mission to reduce animal homelessness and pet overpopulation by caring for and sheltering homeless animals, providing education to the public about responsible ownership, practicing vetted and thorough adoption services and advocating spay & neuter programs.

Porter County Association for Handicapped Children and Adults

219-464-7382

Description: PCAHCA provides financial aid for handicapped children and adults residing in Porter County to help improve daily living in times of economic hardship.

Porter County Drug Task Force (report drug use or dealing)

219-465-3629

Porter County Career & Technical Education

1005 N. Franklin St. Valparaiso, IN 46383 219-531-3170

Fax: 219-531-3173 Website: click here

Description: Porter County Career & Technical Education is open to high school students, offering technical, academic and employability skills that prepare our students for the future.

Porter County Education Services

750 Ransom Rd. Valparaiso, IN 46385 219-464-9607

Website: click here

Description: Porter County Education Services (PCES) is a Special Education Interlocal in Porter County, Indiana. We provide premier special education services to all the school districts in Porter County including: Duneland, East Porter County, MSD Boone Township (Hebron), Portage Township, Porter Township, Union Township, and Valparaiso. We serve approximately 5,000 students across 55 schools. At PCES we believe in a team approach with parents, teachers, therapists, and students to create the best Individual Education Plan (IEP). PCES employs teachers, speech and language pathologists, paraprofessionals, therapists, occupational and physical therapists, social workers, behaviorists, school psychologists, educational diagnosticians, administrators and clerical staff.

Porter County Family Concern Counseling

2004 Valparaiso St. Valparaiso, IN 46383 219-477-5646

Fax: 219-728-4765 Website: click here

Description: Family Concern Counseling is committed to offering comfort and hope through counseling, consultation and education. These services are provided by professionally trained clinicians and educators who strive to integrate Biblical truth and principles of psychological health.

Porter County Health Department - Valparaiso

155 Indiana Ave., Suite 104 Valparaiso IN 46383 219-465-3525

Fax: 219-465-3531 Website: click here

Hours of Operation: Monday - Friday, 8:30 a.m. - 4:30 p.m.

Description: The Porter County Health Department promotes and protects the health and well being of our community.

Porter County Health Department - Portage

3590 Willowcreek Rd., Suite C Portage, IN 46368 219-759-8239

Website: click here

Hours of Operation: Monday - Friday, 8:30 a.m. - 4:30 p.m.

Description: The Porter County Health Department promotes and protects the health and well being of our community.

Porter County Recorder

155 Indiana Ave., Suite 210 Valparaiso, IN 46383 219-465-3465

Website: click here

Hours of Operation: Monday - Friday, 8:30 a.m. - 4:30 p.m.

Description: Our goal is to provide you with the information required for recording documents and searching for information.

Porter County Veteran Service Office

155 Indiana Ave., Suite 103 Valparaiso, IN 46383 219-465-3587

Fax: 219-465-3345 Website: click here

Hours of Operation: Monday - Friday, 8:30 a.m. - 4:30 p.m.

Description: Indiana Department of Veterans Affairs

Porter Starke Services

601 Wall St. 3176 Lancer St. 704 S. State Road 2 Valparaiso, IN 46383 Portage, IN 46368 Hebron, IN 46341 219-531-3500 219-762-9557 219-996-2641

Website: <u>click here</u>

Description: Porter-Starke Services is a community-focused, mental health services provider with offices in Valparaiso, Portage, Knox, LaPorte, Gary & Hebron.

Presbyterian Resale Shop

7 Lincolnway Valparaiso, IN 46383 219-462-4281

Website: click here

Hours of Operation: Tuesday - Saturday, 11:00 a.m. - 3:00 p.m.

Prevent Child Abuse Hotline

800-422-4453

Website: click here

Rebuilding Together - Duneland

PO Box 644 Chesterton, IN 46304 219-926-3233

Website: click here

Description: Rebuilding Together Duneland is an affiliate of Rebuilding Together (headquartered in Washington D.C.), the nation's largest nonprofit volunteer organization dedicated to rehabilitation communities and homes of neighbors in need, focusing strongly on older people, persons with disabilities and those with children.

Recovery Connection Porter County

505 Don Hovey Dr. Valparaiso, IN 46383 219-510-6501

Website: <u>click here</u>

Hours of Operation: Monday - Friday, 12:00 p.m. - 8:00 p.m.

Description: We exist to provide resources and support for addicted persons or persons in recovery from addiction, as well as their families, friends and support members free of charge.

Regional Mental Health

1441 E. 84th Place Merrillville, IN 46410 219-769-4005

Website: click here

Hours of Operation: Monday - Thursday, 8:00 a.m. - 8:00 p.m.

Friday, 8:00 a.m. - 5:00 p.m.

Description: We are committed to serving the needs of our Northwest Indiana communities. As a non-profit, community mental health center and federally qualified health center, our purpose is to provide affordable care to all people, regardless of age, income or circumstance.

Resource Treatment Center (ages 10-21)

1404 S. State Ave. Indianapolis, IN 46203 833-984-0423

Website: click here

Description: Resource Treatment Center is a leading treatment center for adolescents, teens, and young adults struggling with mood and behavioral health concerns.

Rosecrance Lakeview

3701 N. Ashland Ave. Chicago, IL 60616 866-330-8729

Website: <u>click here</u>

Description: Adult & young adult substance abuse treatment in Chicago; outpatient, short and long-term recovery living.

Salvation Army Porter County

799 Capitol Rd. Valparaiso, IN 46385 219-762-9191

Website: click here

Description: The Salvation Army, an international movement, is an evangelical part of the universal Christian church. Its message is based on the bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

Samaritan Counseling Centers

340 Commerce Square 5877 Central Ave. 7 Chicago St.

Michigan City, IN 46360 Portage, IN 46368 Valparaiso, IN 46383

219-879-3283 219-762-9995 219-464-1760

Website: click here

Hours of Operation: Monday - Friday, 9:00 a.m. - 6:00 p.m., Saturday by appointment

Description: Samaritan Counseling Centers, Inc. has serviced Northwest Indiana since 1981, and continues to assist individuals and families with counseling tailored to their individual challenges and needs.

Section 8 Housing

Porter County Aging & Community Service Inc. 1005 Campbell St. Valparaiso, IN 46385

219-464-9736

Fax: 219-462-6993 Website: click here

Hours of Operation: Monday - Friday, 8:00 a.m. - 4:30 p.m. (closed 12-1 for lunch)

Description: Section 8 Housing allows low-income families to acquire adequate housing.

Senior Health Insurance Assistance Program

Porter County Aging & Community Service Inc. 1005 Campbell St.

Valparaiso, IN 46385

219-464-9736

Fax: 219-462-6993

Hours of Operation: Monday - Friday, 8:00 a.m. - 4:30 p.m. (closed 12-1 for lunch)

Description: The State Health Insurance Assistance Program (SHIP) is a free and impartial counseling program for people with Medicare.

Social Security Administration

3810 Calumet Ave Valparaiso, IN 46383 888-472-6120

Fax: 833-950-2493

Website: <u>click here</u>

Hours of Operation: Monday - Friday, 9:00 a.m. - 4:00 p.m.

Description: Social Security provides financial protection for our nation's people, supporting Americans through all of life's journeys.

South Shore Academy

2301 Cumberland Dr. Valparaiso, IN 46383 888-629-3471

Website: click here

Description: offering a full-immersion residential Dialectical Behavior Therapy (DBT) program for youth. We work with females 12-20 who struggle with emotional, behavioral and mental health challenges.

St. Agnes

1859 Harrison Blvd. Valparaiso, IN 46385 219-477-5433

Fax: 219-462-9553 Website: click here

Hours of Operation: Monday, Tuesday, Wednesday, Friday, 8:00 a.m. - 5:00 p.m.

Description: St. Agnes Adult Day Service Center is an Adult Day Care Center in Valparaiso, Indiana founded in 1997. St. Agnes is a friendly and nurturing place where trained staff provide meaningful activities, safety, healthcare and personal care for adults who cannot stay home by themselves during the day. St. Agnes allows a participant's family to work,

run errands, or simply take a break. Participants arrive in the morning and go home in the evening.

St. Paul Clothing Center

1855 W. Harrison Blvd. Valparaiso, IN 46383 219-462-0074

Website: click here

Description: The Saint Paul Clothing Center provides free clothing to people in need.

The Trevor Project

866-488-7386

Text "START" to 678678 Website: <u>click here</u>

Description: Trained counselors available 24/7 to support youth who are in crisis, feeling suicidal, or in need of a safe and judgement free place to talk. Specializing in supporting the LGBTQI+ community.

Township Trustees

Boone	Center	Jackson	Liberty	Morgan
219-996-7121	219-462-0810	219-926-8270	219-242-8347	219-733-2415
Pine	Pleasant	Portage	Porter	Union
219-874-6531	219-766-3216	219-762-1623	219-988-4445	219-759-1482
Washington	Westchester			
219-531-0050	219-926-1405			

Tradewinds Deaf Services

3198 E. 83rd Place Merrillville, IN 46410 219-945-0100

213 3 13 0100

email: info@tr4adewindsnwi.org

Website: <u>click here</u>

Description: Providing a vital link between people who are deaf, hard-of-hearing and hearing in Northwest Indiana.

United Way Free Tax Prep Services

(available February 1 through April 15) 951 Eastport Centre Drive Valparaiso, IN 46383 219-464-3583

Website: click here

Description: The Volunteer Income Tax Assistance (VITA) program offers free tax

preparation services to taxpayers with an adjusted gross income of \$60,000 or less.

Hours of operation: Tuesday & Thursday - 10a - 4p; Wednesday - 12-7p

Select Saturdays

US Department of Veterans Affairs

844-698-2411 219-736-5633

Website: click here

Description: Access and manage your VA benefits and health care.

V-Line Valpo Transit

166 Lincolnway Valparaiso, IN 46383 219-476-9393

Website: click here

Hours of operation: Monday - Friday, 8:30 a.m. - 4:30 p.m.

Description: The V-Line is a deviated fixed route bus service for the citizens and visitors of Valparaiso, Indiana.

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VNA Support Services

501 Marquette Street Valparaiso, IN 46383 219-462-5195

Fax: 219-548-0945 Website: <u>click here</u>

Description: The VNA Hospice of Northwest Indiana preserves dignity in aging by helping seniors remain in their homes and in charge of their healthcare decisions for as long as possible. Services provided include: hospice care, palliative care, Meals on Wheels, Medical Guardian alert system, grief support, and We Honor Veterans Program.

Vocational Rehabilitation Division

2602 E. Chicago St. Valparaiso, IN 46383 219-462-0521

Website: click here

Description: Vocational Rehabilitation Services such as employment services, supported employment, assistive technology, transition services or the Independent Living Program.

White's Residential & Family Services - ages 12-18 (Wabash)

5233 S. 50 East Wabash, IN 46992 260-563-1158

email: Wabash@whitesrfs.org

Foster Care 8915 Broadway Merrillville, IN 46410 219-663-8640

Website: <u>click here</u>

Description: Josiah White's is a Christ centered organization committed to enriching the lives of children and families through emotional healing, personal development and spiritual growth.

WIC Office

502 Wall St., #102 Valparaiso, IN 46383 219-464-9220

Website: click here

Hours of operation: Monday: 10:30 a.m. - 7:00 p.m.

Tues, Wed, Thurs, Fri: 8:00 a.m. - 4:30 p.m.

Description: Supplemental Nutrition Assistance for Women, Infants & Children (WIC) is nationally recognized for improving access to nutritious foods and promoting healthier lifestyles. Women, infants, and children access nutrition and health screenings and assessments, nutrition education and counseling, breastfeeding support and promotion, referrals to other existing Indiana health, family and social services, and supplemental healthy foods designed to meet special nutritional needs.

Women's Care Center of Northwest Indiana

105 Lafayette St.Valparaiso, IN 46383219-477-4460

Website: click here

Hours of operation: Monday's: 9:00 a.m. - 2:00 p.m.

Description: STD testing, abortion screening ultrasound, medical abortion evaluation.

WorkOne Northwest Indiana

3484 Airport Road Portage, IN 46320 219-762-6592

Website: click here

Hours of operation: Monday - Friday: 8:00am - 4:30pm

Description: Job-seeking assistance.

YMCA - The Duneland Family YMCA

215 Roosevelt Street Chesterton, IN 46304 219-926-4204

Website: click here

Hours of Operation: Monday - Friday: 5:00 am - 9:00 pm

Saturday: 7:00 am - 3:00 pm Sunday: 10:00 am - 2:00 pm

Description: The Duneland Family YMCA is a nonprofit organization whose mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Youth Opportunity Center

3700 West Kilgore Avenue Muncie, IN 47303 765-289-5437

Website: click here

Description: Since the early 90's the YOC has provided a safe place for troubled children and families. The YOC is a premier outpatient and residential treatment facility located in Muncie Indiana which provides on-going programs and services to over two-thirds of Indiana counties.