



## Pleasant Valley School District - Monroe County

**Your Workers' Compensation Insurance Carrier is:**

**Encova Insurance**

**PO Box 3151 Charleston, WV 25332**

**Phone: 1-866-452-7425**

### NOTICE TO EMPLOYEES IN CASE OF WORK-RELATED INJURIES

1. If you suffer a work-related injury, your employer or its insurance company must pay for reasonable surgical and medical services and supplies, orthopedic appliances and prosthesis, including training in their use.
2. In order to ensure that your medical treatment will be paid for by your employer or its insurance company, you must select from one of the following health care providers. You must continue to visit one of the providers listed below, if you need treatment, for ninety (90) days from the date of your first visit.
3. If one of the providers below refers you to another licensed specialist, your employer or their insurer will pay the bill for these services.
4. After this ninety- (90) day period, if you still need treatment and your employer has provided a list as set forth above, you may choose to go to another health care provider for treatment. You should notify your employer of this action within five days of your visit to said provider.
5. If a physician on the list prescribes invasive surgery, you may obtain a second opinion from any physician of your choice. If the second opinion is different than the listed physician's opinion, you may determine which course of treatment to follow; however, the second opinion must contain a specific and detailed treatment plan. If you choose the second opinion, the procedures in that opinion must be performed by one of the physicians on the list for the first ninety- (90) days. Therefore, in this situation, the employee may be required to treat with an employer designated provider for up to 180 days.
6. If you are faced with a medical emergency, you may secure assistance from a hospital, physician, or health care provider of your choice for your work related injury. However, when the emergency is resolved, you must seek treatment from a provider listed below.

<u>Name</u>	<u>Address</u>	<u>Phone</u>	<u>Area of Specialty</u>
Lehigh Valley Physician Group for Occupational Medicine-Tannersville	2838 Route 611 Tannersville Plaza Tannersville, PA 18372	570-476-3336	Occupational Medicine
St. Luke's Care Now (Multiple Locations)	111 Route 715, Suite 102 Brodheads ville, PA 18322	272-212-0420	Urgent Care/Occupational Medicine
St. Luke's Spine & Pain Associates (Multiple Locations)	3 Parkinsons Road East Stroudsburg, PA 18301	484-526-7246	Pain Management
St. Luke's Orthopedic Care (Multiple Locations)	200 St. Luke's Lane, Suite 200 Stroudsburg, PA 18360	484-526-1735	Orthopedics
LVPG General, Bariatric and Trauma Surgery	447 Plaza Court, Building 500 East Stroudsburg, PA 18301	570-424-1424	General Surgery
Lehigh Valley Health Network - General Surgery	447 Office Plaza Building 500, Suite D East Stroudsburg, PA 18301	570-420-9720	General Surgery
St. Luke's General Surgery (Multiple Locations)	3565 PA Route 611 Bartonsville, PA 18321	484-526-2200	General Surgery
St. Luke's Neurology (Multiple Locations)	3 Parkinson's Road East Stroudsburg, PA 18301	272-212-0553	Neurology
Pocono Eye Associates Inc (Multiple Locations)	100 Community Drive, Suite 204A Tobyhanna, PA 18466	570-895-4550	Ophthalmology

#### CONVENIENT NETWORK LOCATIONS LISTED BELOW

PCS PT Network	Call Toll Free for Closest Location	1-888-594-4001	Physical Therapy
PCS Diagnostic Network	Call Toll Free for Closest Location	1-888-594-4001	Diagnostic Testing
Mitchell ScriptAdvisor	Call Toll Free for Closest Location	1-866-846-9279	Pharmacy

**Panel Date: 7/14/2025**