

## DIABETES PLAN OF CARE FOR SCHOOLS

	Student's Name: _____ Grade: _____ School Year: _____
<b>TASK</b>	<b>ACTION(S)</b>
<b>Blood Glucose Testing</b>	<input type="checkbox"/> For signs/symptoms of low blood glucose (accompanied by a buddy)
	<input type="checkbox"/> For signs/symptoms of High Blood glucose
	<input type="checkbox"/> Times/week before lunch (specify days) Mon., Tues., Wed., Thurs. and Fri.
	<input type="checkbox"/> Other (specify) _____
	<input type="checkbox"/> Not applicable
	<input type="checkbox"/> Notify Parents immediatley for blood glucose < _____ mg/dl and / or > _____ mg/dl
	<input type="checkbox"/> Notify parents (specify) Daily / Weekly / Monthly of any results done at school.
<b>Urine Ketone Testing</b>	<input type="checkbox"/> For blood glucose > 240mg/dl
	<input type="checkbox"/> For acute illness, ie; vomiting, fever, etc.
	<input type="checkbox"/> Student should have unlimited access to restroom and drinking fountain/water bottle.
	<input type="checkbox"/> Notify parents immediatley for <u>moderate / large ketones</u> ( NOTE: if parents cannot be reached and the student has <u>moderate / large ketones</u> and is vomiting, contact paramedics for transport to ER.
	<input type="checkbox"/> Notify parents ( specify) Daily / Weekly / Monthly of results done at school.
	<input type="checkbox"/> Other (specify) _____
	<input type="checkbox"/> Not applicable
<input type="checkbox"/> Restrict gym / sports / etc. for <u>positive</u> ketones.	
<b>Meal Planning</b>	<input type="checkbox"/> Mid-morning snack at _____ am
	<input type="checkbox"/> Mid-afternoon snack at _____ pm
	<input type="checkbox"/> Other _____
	<input type="checkbox"/> Snacks should be taken (specify): Classroom _____ Nurse's office _____ Other: _____
<b>Activity</b>	<input type="checkbox"/> No restrictions generally
	<input type="checkbox"/> Restrict gym / sports etc for <u>positive</u> ketones.
	<input type="checkbox"/> Medical ID should be worn at all times including during gym / sports / etc.
	<input type="checkbox"/> May attend class / field trips / etc.

