



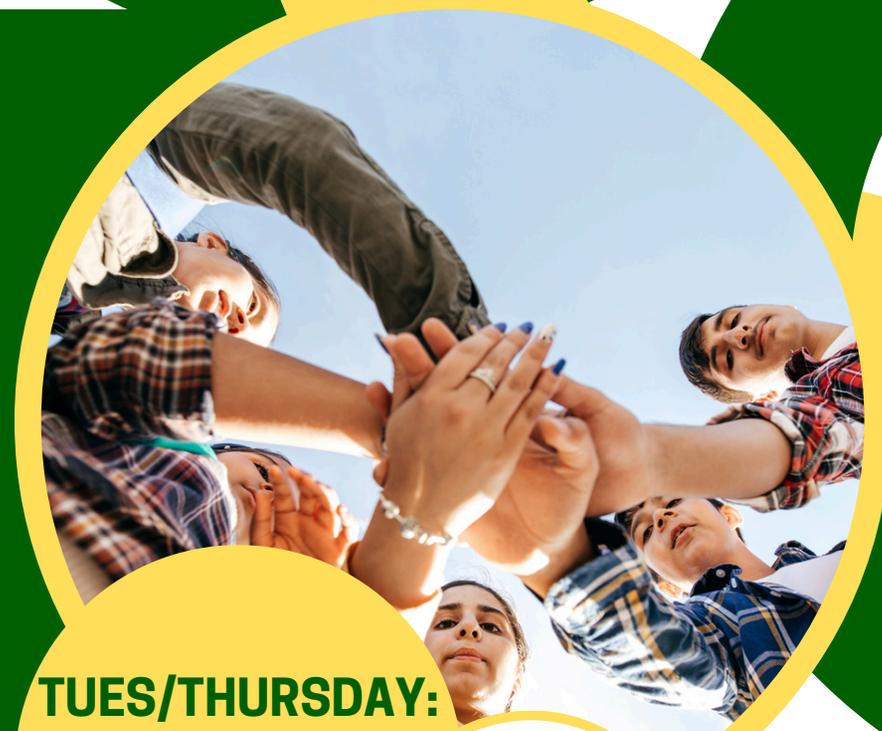
LOS ALAMOS
where discoveries are made

Los Alamos
PUBLIC SCHOOLS

LOS ALAMOS HIGH SCHOOL

SMART RECOVERY

SMART Recovery (Self-Management and Recovery Training) is an evidence-based, self-help program that provides a supportive environment where teens can come together to explore and change behaviors that may be harmful to themselves or others. This includes challenges like smoking, drinking, fighting, and using drugs. The program focuses on building self-empowerment and self-reliance while offering tools and techniques to foster positive behavior change and improve overall well-being.



**TUES/THURSDAY:
WIN TIME
12 WEEKS**

**STARTS
SEPT
23RD**

REFERRALS



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