Project Title: Goal Setting & Vision Board

Project Category: Independent Professional Growth

Objective: Reflect on your short-term and long-term goals and create a personal vision board to help you stay focused and motivated. This project encourages self-awareness, intentionality, and visual goal tracking.

Step-by-Step Instructions:

Step 1: Reflect on Your Goals - Think about what you want to achieve personally, academically, and professionally. - Use these prompts to guide your thoughts: - What are 3 things I want to accomplish in the next year? - What kind of job or career do I want in the future? - What skills or habits do I need to develop to get there?

Step 2: Write SMART Goals - Create at least 3–5 SMART goals: - **S**pecific – What exactly do you want to achieve? - **M**easurable – How will you track progress? - **A**chievable – Is it realistic? - **R**elevant – Does it match your values? - **T**ime-bound – When will you complete it?

Step 3: Create Your Vision Board - Choose a format: - Digital (Google Slides, Canva, or Pinterest) - Physical (magazine cutouts, drawings, printed images) - Include: - Images or words that represent your goals - Quotes or affirmations that inspire you - Your name and graduation year

Step 4: Add a Written Reflection - Write a short paragraph explaining your board: - What themes do you see? - How does your vision board represent who you want to become? - How will you stay motivated when things get hard?

Step 5: Share and Store - Submit your goals and vision board to your teacher or supervisor. - Hang it somewhere visible or save it as your phone/desktop background.

Deliverables: - 3–5 SMART Goals (written) - Completed Vision Board (digital or physical) - 1 Paragraph Reflection

Estimated Timeline: 1–2 weeks

Skills Practiced: - Goal setting and planning - Creativity and self-expression - Personal motivation - Self-reflection