



ALLERGY

Health Management Plan

SCHOOL YEAR: _____

STUDENT NAME:	DOB:
SCHOOL:	STUDENT ID:
Parent/Guardian	Parent/Guardian
Phone:	Phone:
Phone:	Phone:
Emergency Contact:	
Name:	Phone:
Physician:	Phone:
Hospital Preference:	

Allergic to: _____

Symptoms: _____

MILD/MINOR SYMPTOMS

Itchy, runny nose, sneezing

OR

Itchy Mouth

OR

Localized rash, a few hives

OR

Nausea, vomits 1 time

Give Antihistamine: _____ **Dose:** _____ (by mouth)

Stay with student and observe for worsening symptoms (if more than 1 symptom go to SEVERE)

Notify parent/guardian

SEVERE SYMPTOMS

Shortness of breath, coughing, wheezing

Pale, bluish, faint, weak pulse, dizzy

Hoarseness, tight throat, difficulty swallowing

Swelling of tongue &/or lips

Several hives &/or redness all over

Vomiting more than once

Impending doom, anxiety

Give epinephrine injection: (circle) EpiPen Auvi-Q Generic Dose: _____ (inject in the upper, outer thigh)

CALL 911 and notify parent/guardian****

OTHER (check if applicable): Give antihistamine _____ Dose _____

Give inhaler _____ Dose _____

OPTION 1 OR 2 NEEDS TO BE COMPLETED AND SIGNED BY A PHYSICIAN IF STUDENT IS TO CARRY AND/OR SELF-ADMINISTER EPINEPHRINE:

1. I have instructed student in the proper use and dosage of his/her epinephrine auto-injector. It is my professional opinion that this student should be allowed to carry and self-administer _____ (medication name and dose).

2. This student should be allowed to carry this epinephrine auto-injector while at school and on school bus. Student is not capable of administration of this medication _____ (medication name and dose).

Physician's Signature _____ **Date:** _____

School Clinic: Copy of plan to be provided to Transportation Supervisor

 PARENT/GUARDIAN SIGNATURE DATE CLUSTER NURSE SIGNATURE DATE