



ASTHMA Health Management Plan SCHOOL YEAR _____

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|----------------------|--------------------|
| STUDENT NAME: | DOB: |
| SCHOOL: | STUDENT ID: |

| | |
|-----------------------------|------------------------|
| Parent/Guardian | Parent/Guardian |
| Phone: | Phone: |
| Phone: | Phone: |
| Emergency Contact: | |
| Name: | Phone: |
| Physician: | Phone: |
| Hospital Preference: | |

| Medication Name (include those taken at home): | Dose: | Time: |
|--|-------|-------|
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| SCHOOL MANAGEMENT OF ASTHMA: | | |
|--|---|---|
| <p style="text-align: center;">GREEN ZONE- GOOD</p> <p>If student has ALL of these:</p> <ul style="list-style-type: none"> Breathing is easy No Cough or wheeze Can play and work <p>NO TREATMENT NEEDED</p> <hr/> <p>**If medication is required before EXERCISE**</p> <p><input type="checkbox"/> Use _____ (name of medication) _____ puffs _____ minutes before exercise.</p> | <p style="text-align: center;">YELLOW ZONE- CAUTION</p> <p>If student has ANY of these:</p> <ul style="list-style-type: none"> First sign of a cold Cough or mild wheeze Tight chest Problems with work or play <p><input type="checkbox"/> Use _____ (name of medication) _____ puffs inhaled every _____ hours as needed.</p> <p style="text-align: center;">OR</p> <p><input type="checkbox"/> Use _____ (name of medication) _____ nebulizer treatment every _____ hours as needed.</p> | <p style="text-align: center;">RED ZONE-DANGER</p> <p>If student has ANY of these:</p> <ul style="list-style-type: none"> Can't talk, eat, or walk well Medicine is not working Breathing hard and fast Blue lips and fingernails Tired or lethargic Skin around neck and ribs pulls in <p style="text-align: center;">Call 911 then contact parent.</p> |

This section is to be completed by a Physician IF student is to possess and self-administer medication in school, at a school sponsored activity; while under the supervision of school personnel; or before, during, or after school care on school operated property, (in compliance with SB 472, effective 7/01/02).

FOR INHALED MEDICATIONS: *(Please check one of the options below)*

- _____ I have instructed this student in the proper use and dosage of the inhaled medication. It is my opinion that this student may carry and self-administer the inhaled asthma medication.
- _____ This student is NOT approved to self-administer the inhaled asthma medication.

Physician Signature

Date

School Clinic: Copy of this plan should be provided to Transportation Supervisor.

PARENT/GUARDIAN SIGNATURE DATE CLUSTER NURSE SIGNATURE DATE

Information about students and family is strictly confidential.