



FALL 2025

LET'S GET STARTED!

REGISTRATION BEGINS

August 11th for Residents | August 18th for Non-Residents



ONLINE

tiny.cc/RegisterSCS

Log in or create an account to register.



IN PERSON

Community Services Hub

Mon - Fri, 8am - 4pm



BY PHONE

(207) 730-4150

Mon - Fri, 8am - 4pm



CONTACT US



(207) 730-4150



comserv@scarboroughmaine.org



418 Payne Road, Scarborough, ME



www.scarboroughmaine.org

- We accept all major credit and debit cards, cash, check, and money orders. A service charge of 2.49% will be applied to all card transactions.
- Non-residents may incur additional fees for some programs.
- Refunds (minus processing fee) will be issued for any cancellation or change made by an individual. For youth and adult programs, the processing fee is \$15.
- Those who do not attend the program or do not cancel at least 7 days prior to the start of a program are subject to no refund.
- Full refunds will be issued if Community Services cancels a program.
- Refunds are processed through our Finance Department and mailed to recipients in the form of a check. Please allow up to two weeks to process refund.



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ACTIVE ADULT PROGRAMS

WEEKLY ACTIVITIES

Community Lunches

Come enjoy a delicious lunch with friends! All lunches include coffee, a roll, and dessert.

- AGES:** 55+
- LOCATION:** SCS Hub, 418 Payne Road
- DATE:** Wednesdays
- TIME:** Doors open | 11:00 am
Lunch | 11:30 am
- FEE:** \$9 suggested donation (**paid at door**)
- DEADLINE:** Monday prior by 12:00 pm



DATE

MEAL

September 3

Pot Roast
Scarborough Land Trust

September 10

Chicken Dinner
Town Updates w/ SCS Director

September 17

Lasagna
Clutter Helpers

September 24

Italian Sandwiches
Short BINGO

October 1

Chicken Pot Pie
Fiddle Music by Don Roy

October 8

Chop Suey
Medicare Info

October 15

Beef Stroganoff
School Board Updates

October 22

Roast Pork
Teri Anderholm, author of Inn Mates

October 29

Hamburgers, Hot Dogs, Chicken
Short BINGO

November 5

Shepherds Pie
Short BINGO

November 12

Chicken Alfredo
Barber Shop Quartet

November 19

Turkey Dinner
Pie Raffle sponsored by Orlando Insurance

November 26

Closed

Party Bridge

Strategize, compete, and make new connections with fellow participants every Monday at Party Bridge! Games start promptly at 9:30 am. **No registration required.**

LOCATION: SCS Hub, 418 Payne Road
DATE: Mondays
TIME: 9:30 am - 12:30 pm
FEE: \$1 (*paid at door*)
CLOSED ON: Sep 1, Oct 13

BINGO

Join us for coffee and socializing beginning at noon. Bingo starts promptly at 12:30 pm. **No registration required.**

LOCATION: SCS Hub, 418 Payne Road
DATE: Mondays
TIME: 12:00 - 2:00 pm
FEE: \$2 (*paid at door*)
CLOSED ON: Sep 1, Oct 13

Games & Gather

Enjoy coffee, snacks, and friendly competition with a variety of card and table games. Favorites include Hand & Foot, Spite & Malice, Golf, and Dominoes. Come for the games, stay for the comradery! **No registration required.**

LOCATION: SCS Hub, 418 Payne Road
DATE: Tuesdays & Fridays
TIME: 9:00 am - 12:00 pm
FEE: FREE
CLOSED ON: Nov 11, Nov 28

Chair Yoga

Join Anne Esguerra, a C-IAYT certified Yoga Therapist, for in-person chair yoga sessions every week. She offers a practice that leans into the curiosity of self study filled with avenues of accessibility, permission and exploration. Thanks to a partnership with Martin's Point Health Care, we are able to offer these weekly classes for FREE!

No registration is required but if you would like to be added to our email list, please give us a call at 207-730-4150.

LOCATION: SCS Hub, 418 Payne Road
DATE: Wednesdays
TIME: 9:00 - 10:00 am
FEE: FREE

Musicians Circle

Do you play a musical instrument or like to sing? Are you looking for someone to jam with? Join Ron and Sheri Aube for a musicians circle! All levels are welcome. **Bring your own instruments, music, and stands. No registration required.**

LOCATION: SCS Hub, 418 Payne Road
DATE: Wednesdays
TIME: 3:00 - 5:00 pm
FEE: FREE

HEALTH & SAFETY

Vaccine Clinic

A Walgreen's pharmacist will be on-site at the Hub administering any vaccines you may need, including the COVID-19 Booster (65+), MMR (Measles Booster), Shingles, Pneumonia, Whooping Cough/Tetanus, RSV (60+).

LOCATION: SCS Hub, 418 Payne Road
DATE: Sep 8 | Monday
TIME: 9:00 am - 1:00 pm
FEE: **Please bring insurance card.** Vaccines are covered by Medicare and commercial plans.

Hands-Only CPR

The Hands-Only CPR course is designed to teach the basics of performing CPR, with a primary focus on chest compressions to assist someone experiencing sudden cardiac arrest. This class is intended for the general public, including those with no prior CPR experience. Participants will learn how to recognize cardiac arrest, perform effective chest compressions, and use an AED.

The hands-only CPR classes do not include a course completion card. You must register for a Heartsaver CPR course to receive a card.

AGES: 14+
LOCATION: Public Safety Building, 275 U.S. Route 1
DATE: Oct 15 | Wednesday
TIME: 6:00 pm - 8:00 pm
FEE: FREE (*registration required*)
MIN / MAX: 6 / 50
DEADLINE: Friday, Oct 10



Happiness Habits

Discover how small changes can lead to a happier, more fulfilling life. This science-based, six-week course combines expert-led insights, practical exercises, and supportive group discussions to help you build lasting well-being.

Each week, you'll:

- Explore one of six key themes tied to daily happiness and mental wellness.
- Participate in guided activities and meaningful conversations.
- Connect with a supportive group of like-minded individuals.
- Learn how to integrate positive habits into your routine for long-term change.

Whether you're looking to boost your mood, reduce stress, or feel more connected, Happiness Habits offers the tools and support to help you thrive.

AGES:	55+
LOCATION:	SCS Hub, 418 Payne Road
DATE:	Oct 20 - Nov 24 Mondays
TIME:	9:30 am - 10:30 am
FEE:	FREE (registration required)
MIN / MAX	6 / 20
DEADLINE:	One week prior



Active Living Every Day

Active Living Every Day is an evidence-based program designed for older adults who want to increase their physical activity levels. This 12-week program focuses on learning to be more active but is **not** an exercise program. Each week, participants will engage in hour-long sessions that emphasize goal setting, habit-building, and peer support. You'll discover how to overcome personal barriers to physical activity, set realistic goals, and stay motivated to lead a more active lifestyle.

AGES:	55+
LOCATION:	SCS Hub, 418 Payne Road
DATE:	Oct 20 - Jan 5 Mondays
TIME:	10:30 am - 11:30 am
FEE:	FREE (registration required)
DEADLINE:	One week prior

AARP Driver Safety Class

Did you know? Maine law requires auto insurance companies to offer a discount on liability and collision coverage to drivers age 55 and older who complete an approved motor vehicle accident prevention course. SCS and Age-Friendly Scarborough are partnering with AARP to offer the Smart Driver Safety Course, a program that may help you lower your vehicle insurance costs.

This four-hour course is the nation's first and largest classroom refresher designed specifically for mature and experienced drivers. It covers defensive driving techniques, updates on new traffic laws and road rules, and much more. Participants will also learn how to adjust their driving habits to account for age-related changes in vision, hearing, and reaction time.

AARP members get a \$5 discount. Fee will be paid directly to the instructor on the day of class.

AGES:	55+
LOCATION:	SCS Hub, 418 Payne Road
DATE:	Oct 29 Wednesday
TIME:	10:00 am - 2:00 pm
FEE:	\$25
MIN / MAX:	6 / 20
DEADLINE:	Friday, Oct 24

Heartsaver CPR & AED

Based on the latest science and education from the American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (ECC), this course is designed for individuals with limited or no medical training who need a CPR and AED course completion card to meet job, regulatory, or other requirements.

Participants will learn how high-quality CPR improves survival, the concepts of the Chain of Survival, how to recognize when someone needs CPR, and how to perform high-quality CPR for adults, children, and infants. The course also covers performing CPR with assistance, providing effective breaths using mouth-to-mouth or a mask for all age groups, using an AED on adults and children, and recognizing and responding to choking in adults, children, and infants.

AGES:	14+
LOCATION:	Public Safety Building, 275 U.S. Route 1
DATE:	Nov 19 Wednesday
TIME:	6:00 pm - 9:00 pm
FEE:	\$60
MIN / MAX:	6 / 25
DEADLINE:	Friday, Nov 14



Basic Life Support for Healthcare Professionals

Based on the latest science and education from the American Heart Association's Guidelines Update for CPR and Emergency Cardiovascular Care (ECC), this course is designed for healthcare professionals and other personnel who need to perform CPR and basic cardiovascular life support skills in a variety of in-facility and prehospital settings.

Participants will learn high-quality CPR for adults, children, and infants; the AHA Chain of Survival with a focus on the Basic Life Support components; the importance of early AED use; effective ventilations using a barrier device; the role of teamwork in multi-rescuer resuscitation; how to perform as an effective team member during multi-rescuer CPR; and how to relieve foreign-body airway obstruction (choking) in adults and infants.

AGES:	14+
LOCATION:	Public Safety Building, 275 U.S. Route 1
DATE:	Dec 17 Wednesday
TIME:	6:00 pm - 9:00 pm
FEE:	\$65
MIN / MAX:	6 / 25
DEADLINE:	Friday, Dec 12

TRIPS



These boots were made for walkin' and that's just what you'll do if you see this symbol next to a trip.

Poland Spring Museums

Join us for a visit to the Poland Spring Museums and learn about the history of this Maine resort and bottling company. Explore the Maine State Building from the 1893 World's Fair, the hand-painted All Souls Chapel, and the original bottling facility, now home to the Poland Spring Bottling Museum.

Bring a picnic lunch to sit and enjoy at one of the outdoor tables, or grab a bite at Mel's Hilltop Restaurant. We can make a visit to the gift shop before heading home.

There may be some walking on uneven ground. The Maine State Building has stairs, but a video of the upper level is available on the first floor. Restaurant seating is on the second floor.

AGES:	55+
LOCATION:	Poland, ME
DATE:	Sep 4 Thursday
TIME:	9:00 am - 4:00 pm
FEE:	\$15
	<i>Lunch cost on your own.</i>
MIN/MAX:	6 / 13
DEADLINE:	Thursday, Aug 28

Yarn Shop Hop

Join us for a Yarn Shop Hop to explore some of the yarns, tools, and fibers available at locally-owned fiber businesses in the Southern Maine area. We will visit 3-4 area yarn shops and will find lunch while on our journey.

AGES:	55+
LOCATION:	Southern Maine
DATE:	Sep 12 Friday
TIME:	9:30 am - 3:30 pm
FEE:	\$10
	<i>Lunch cost on your own.</i>
MIN/MAX:	6 / 13
DEADLINE:	Friday, Nov 5

ONCE at Hackmatack Playhouse

Join us for a matinee performance of *ONCE* at the Hackmatack Theater in Berwick. This Tony Award-winning musical tells the story of an Irish street musician ready to give up on his dreams, until a chance meeting with a Czech pianist changes everything. Over one powerful week, their unexpected connection turns into a deeply moving love story, brought to life through beautiful, emotionally charged music.

Bring a brown bag lunch for a picnic on the grounds before the show and visit the American bison and other farm animals. The theater is located on the historic Guptill homestead and has been running summer stock performances since 1972.

The theater is in a barn and does not have air conditioning.

AGES: 55+
LOCATION: Berwick, ME
DATE: Sep 18 | Thursday
TIME: 12:00 - 5:30 pm
FEE: \$40
Included: *Transportation and ticket.*

MIN/MAX: 6 / 12
DEADLINE: Thursday, Sep 11



Common Ground Country Fair

Experience the best of Maine at the Common Ground Fair. As with most Maine agricultural fairs, you will find live music, draft horses, and exhibit halls with giant pumpkins and farm animals; but this fair is also a celebration of sustainable, organic agriculture. Learn from a variety of educational sessions, see fiber demonstrations, watch sheep dogs at work, learn from Maine Native American artisans about their culture and craftsmanship, and indulge in delicious foods!

AGES: 55+
LOCATION: Unity, ME
DATE: Sep 19 | Friday
TIME: 9:00 am - 4:00 pm
FEE: \$20
Included: *Transportation and ticket.*

MIN/MAX: 6 / 13
DEADLINE: Friday, Sep 12



Ogunquit Art Museum

Explore the Ogunquit Museum of American Art (OMAA) on a docent-led tour. Discover the museum's rich history, its connection to Ogunquit, and gain insight into the current exhibitions. The collection features over 3,000 works of American art, with a focus on modern and contemporary pieces including paintings, graphics, ceramics, and a three-acre sculpture garden overlooking the ocean. We will find lunch in the area before returning.

While the museum has accessible entrances, there are a few stairs required to access one of the galleries.

AGES: 55+
LOCATION: Ogunquit, ME
DATE: Sep 23 | Tuesday
TIME: 9:15 am - 3:30 pm
FEE: \$20
Lunch cost is on your own.

MIN/MAX: 6 / 13
DEADLINE: Tuesday, Sep 16

Tastes of Maine

Discover Maine's diverse wine scene with a guided tasting experience at the Maine Tasting Center in Wiscasset. Sample six unique wines and meads from producers across the state while learning about the local ingredients, innovative techniques, and inspiring stories behind each bottle. This 45-minute exploration is the perfect introduction to Maine's thriving wine and mead landscape.

We will stop for lunch along the way at Taste of Maine, a family-owned and operated restaurant in Woolwich that serves fresh and delicious seafood, as well as chicken, burgers, and salads.

AGES: 55+
LOCATION: Wiscasset, ME
DATE: Sep 26 | Friday
TIME: 9:15 am - 3:30 pm
FEE: \$25
Wine tasting included. Lunch cost is on your own.

MIN/MAX: 6 / 10
DEADLINE: Tuesday, Sep 16

Fryeburg Fair



The Fryeburg Fair is Maine's largest agricultural fair, featuring livestock, harness racing, displays and demonstrations, live music, amusement rides, and plenty of traditional fair food. Leave the driving to us. We will drop you off right at the gate!

AGES: 55+
LOCATION: Fryeburg, ME
DATE: Sep 30 | Tuesday
TIME: 9:00 am - 3:00 pm
FEE: \$10

Included: Transportation and ticket.

MIN/MAX: 6 / 13
DEADLINE: Tuesday, Sep 23

Joshua L. Chamberlain Museum



Join us for a guided tour of the Joshua L. Chamberlain Museum and explore the fascinating life of this American Civil War general, Bowdoin College president, and Maine governor. We will learn about Chamberlain, his family, and the building's history within the context of state and national events. The museum features a compelling collection of memorabilia, including the bullet that nearly ended Chamberlain's life at Petersburg, his original Medal of Honor, and Don Troiani's painting of the charge at Little Round Top. We will find lunch in the area before returning.

The tour involves standing, walking, and stairs. Visitors with limited mobility will be able to enjoy the accessible first floor of the house and the surrounding grounds.

AGES: 55+
LOCATION: Brunswick, ME
DATE: Oct 3 | Friday
TIME: 9:30 am - 3:30 pm
FEE: \$20

Lunch cost is on your own.

MIN/MAX: 6 / 13
DEADLINE: Friday, Sep 26



Mystery Lunch

Are you ready for a little adventure? Join us for a lunchcapade. We won't tell you where we are going, but we will tell you that we will travel up to 60 minutes to a mystery lunch destination and you will find entrees for \$20 or less. Bring your appetite and an open mind on this lunch trip at a top secret location!

AGES: 55+
LOCATION: Top Secret, ME
DATE: Oct 7 | Tuesday
Nov 14 | Friday
TIME: 11:00 am - 3:30 pm
FEE: \$10

Lunch cost on your own.

MIN/MAX: 6 / 13
DEADLINE: Friday prior



Remick Country Doctor Museum



Journey through time on a docent-led walking tour of the Remick Country Doctor Museum, located in the heart of Tamworth, New Hampshire. Delve into over two centuries of rural history and learn about two country doctors: Dr. Edwin Remick (1866–1935) and Dr. Edwin Crafts Remick (1903–1993), who dedicated their lives to serving their community. Together, they provided 99 years of continual medical care to the residents of Tamworth and the surrounding towns.

After our museum visit, we will head to Hart's Turkey Farm Restaurant in Meredith, NH where it's Thanksgiving every day! While turkey is their signature offering, you can also enjoy a variety of beef, pasta, and seafood selections.

The guided walking tour is 60 to 90 minutes long and may include stairs and uneven ground.

AGES: 55+
LOCATION: Tamworth, NH
DATE: Oct 23 | Thursday
TIME: 9:00 am - 4:30 pm
FEE: \$25

Lunch cost on your own.

MIN/MAX: 6 / 13
DEADLINE: Thursday, Oct 16



Biddeford Mills Museum



Come with us to explore Biddeford's textile industry with a visit to the Biddeford Mills Museum. Located in the heart of the historic district, the museum tells the story of Biddeford's largest industry. Learn about the machinery that once drove the local economy and gain a deeper understanding of the people who dedicated their lives to this thriving trade.

Our visit will also include a guided walking tour of the old mill and the underground canals that once powered the historic textile mills using the Saco River. Following our museum visit, we will find lunch in the area before returning.

The guided walking tour includes navigating a few stairs.

AGES: 55+
LOCATION: Biddeford, ME
DATE: Oct 30 | Thursday
TIME: 10:00 am - 3:30 pm
FEE: \$32
Included: Museum and tour. Lunch cost on your own.

MIN/MAX: 6 / 13
DEADLINE: Thursday, Oct 23

The Brook Casino

Join us as we check out the Brook Casino in Seabrook, NH. First time players receive a \$20 Free Play. Before heading back home, we will be stopping at Red's Kitchen & Tavern for a bite to eat.

AGES: 55+
LOCATION: Seabrook, NH
DATE: Nov 6 | Thursday
TIME: 9:00 am - 3:30 pm
FEE: \$10
Included: Transportation. Lunch cost is on your own.

MIN/MAX: 6 / 13
DEADLINE: Thursday, Oct 30

Battle of the Towns Trivia

Get ready for an afternoon of food, fun, and friendly competition at the Battle of the Towns Trivia event! We'll visit South Portland Community Center and join participants from neighboring recreation departments to test our knowledge on a variety of topics and see which town earns bragging rights. **Lunch, snacks, and beverages are included.**

AGES: 55+
LOCATION: South Portland, ME
DATE: Nov 20 | Thursday
TIME: 10:30 am - 1:30 pm
FEE: \$10
MIN/MAX: 6 / 13
DEADLINE: Thursday, Nov 13

Magic of Christmas

With its delightful combination of nostalgic traditions, wondrous surprises, and an array of holiday favorites, Magic of Christmas promises to be a memorable celebration of joy, wonder, and the spirit of the season. Featuring exceptional musical performances from your Portland Symphony Orchestra, the Magic of Christmas Chorus, the PSO Children's Chorus, and special guests, it's no wonder this has been one of Maine's favorite holiday traditions for over 40 years.

AGES: 55+
LOCATION: Portland, ME
DATE: Dec 19 | Friday
TIME: 12:30 pm - 5:30 pm
FEE: \$45
MIN/MAX: 10 / 22
DEADLINE: Tuesday, Sep 30



TRIP REFUND POLICY

Due to the nature of trips (pre-purchase of admission, required minimum headcount, etc.), trips are not refundable after the advertised deadline date UNLESS we have a waitlist and can fill your spot in a timely manner.

ACTIVE

Introduction to Archery

Perfect for adults who are new to archery, this program offers a structured introduction to range safety, shooting mechanics, and archery fundamentals in a welcoming environment. **Instructor: Maine School of Archery.**

AGES:	18+
LOCATION:	SCS Hub, 418 Payne Road
DATE:	Session 1 Sept 8 - 29 Mondays Session 2 Oct 6 - 27 Mondays Session 3 Nov 3 - 24 Mondays
TIME:	6:30 pm - 7:30 pm
FEE:	\$135
MIN/MAX:	8 / 12
DEADLINE:	One week prior



Disc Golf League

Join this beginner-friendly program to explore the fun and relaxed sport of disc golf! Rounds are played once per week at your convenience, beginning Monday at 8:00 am, and scores must be submitted by the following Sunday at 6:00 pm.

Participants must have a UDisc account, as all scoring and league tracking will be done through the app. The league runs for 6 weeks and uses gross scoring (no handicaps).

AGES:	18+
LOCATION:	Pleasant Hill Disc Golf
DATE:	Sept 29 - Nov 9
TIME:	Time varies
FEE:	\$10 + weekly green fee
MIN/MAX:	6 / 20
DEADLINE:	Friday, Sep 19

TRAVEL

British Landscapes: Scotland, England & Wales

Experience an adventure fit for a Shakespearean tale. Explore Edinburgh's historic ambiance along the Royal Mile, visit the majestic Edinburgh Castle, and see the ruins of a Roman Fort during a visit to Hadrian's Wall. Enjoy the medieval charm of York and see the imposing castle of Caernarfon in Wales. Walk in the footsteps of the Bard in Stratford-upon-Avon while visiting the childhood home of William Shakespeare. See the quintessential sights of London with a local guide.

From sleepy villages and grassy slopes to mountainside lakes and cities layered with history, this trip showcases the best of Britain's enchanting landscapes. Feel the vibrant energy of England, hear the unique sounds of Scotland, and see the rolling countryside of Wales on this unforgettable journey through dramatic history and natural beauty.

This trip includes transportation to and from airport, round-trip airfare, air taxes/fees/surcharges, hotel transfers, and 12 meals (8 breakfasts, 4 dinners).

Join us at the SCS Hub on Wednesday, Sep 3 at 3:30 pm for a presentation and Q&A session with our Collette rep. For more information, contact Gail Platts at 207-730-4173 or gplatts@scarboroughmaine.org.

DATE:	May 3 - May 12, 2026 Sun - Tues
FEE:	Double Room \$3,999 (per person) Single Room \$4,999
DEADLINE:	Tuesday, Nov 4



Niagara Falls & Toronto

Join us for a guided tour of the awe-inspiring Niagara Falls and the vibrant city of Toronto, Canada. Highlights of the trip include an up-close view of the Horseshoe and Bridal Veil Falls aboard a Niagara cruise boat and a visit to the Erie Canal Museum. Enjoy a guided tour of Niagara-on-the-Lake, a picturesque town on the shore of Lake Ontario known for its gardens, art galleries, and shops. Explore the 98-room Casa Loma castle estate, designed by architect E. J. Lennox, featuring secret passageways and elaborately decorated rooms with authentic period furnishings. Try your luck at Fallsview Casino, the largest and most elegant gaming resort facility in Canada, with an impressive 200,000 square-foot gaming floor. Stroll through Queen Victoria Park, known for its beautifully maintained gardens and spectacular views of the American and Canadian Horseshoe Falls.

This trip includes coach bus transportation, 6 nights of hotel accommodations (4 in Niagra Falls and 2 at en-route locations), admission fees, and 10 meals (6 breakfasts, 4 dinners).

For more information, contact Gail Platts at 207-730-4173 or gplatts@scarboroughmaine.org.

DATE: Jun 14 - Jun 20, 2026 | Sun - Sat
FEE: **Double Room** | \$1,135 (per person)
Single Room | \$1,389
DEADLINE: Tuesday, April 7



Canyon Country

Experience the breathtaking beauty and iconic landscapes of the American West on this unforgettable journey through Canyon Country with Collette Tours.

Soak in the colorful sandstone vistas while browsing the many arts-and-crafts shops in Sedona. Witness the awe-inspiring South Rim of the Grand Canyon. Embark on a guided rafting adventure at Horseshoe Bend to experience the peaceful grandeur of the Colorado River. Discover the unique landscapes and stunning blue waters of Lake Powell. Experience Bryce Canyon National Park, famous for its ethereal spires known as hoodoos, which are rock formations created over thousands of years by wind and water. Explore the beautiful sandstone cliffs of Zion, Utah's first national park, aboard an open-air tram. End your journey with a visit to Las Vegas to experience all the neon-lit, around-the-clock excitement the city has to offer.

This trip includes transportation to and from airport, round-trip airfare, air taxes/fees/surcharges, hotel transfers, and 11 meals (6 breakfasts, 2 lunches, 3 dinners).

Join us at the SCS Hub on Monday, Nov 10 at 2:00 pm for a presentation and Q&A session with our Collette rep. For more information, contact Gail Platts at 207-730-4173 or gplatts@scarboroughmaine.org.

DATE: Oct 2 - Oct 9, 2026 | Fri - Fri
FEE: **Double Room** | \$4,299 (per person)
Single Room | \$5,299
DEADLINE: Thursday, April 2



TEEN PROGRAMS

EARLY RELEASE TRIPS

- Trips are open to Scarborough students in Grades 6-8.
- SCS will pick up and depart from the Middle School at 1:00 pm.
- Students must be picked up at the specified return time at the SCS Hub, 418 Payne Road.

Maine Wildlife Park

Spend the afternoon at Maine Wildlife Park, where you are guaranteed to see a moose and more animals in a day than you could ever spot in the wild! **Bring money for the food at the park or snack stop.**

GRADES:	6-8
LOCATION:	Maine Wildlife Park Gray, ME
DATE:	Sep 10 Wednesday
TIME:	1:00 pm - 4:00 pm
FEE:	\$25
MIN/MAX	5 / 12
DEADLINE:	Wednesday, Sep 5 by 4:00 pm

Corn Maze

How fast can you navigate through a corn maze? Spend the afternoon with friends at Pineland Farms for this autumnal activity and test your skills! We will also have time to visit the animal barns. **Bring money to purchase food at the market.**

GRADES:	6-8
LOCATION:	Pineland Farms New Gloucester, ME
DATE:	Oct 15 Wednesday
TIME:	1:00 pm - 4:30 pm
FEE:	\$25
MIN/MAX	5 / 12
DEADLINE:	Wednesday, Oct 10 by 4:00 pm

Game Zone & Laser Tag

You will get two games of laser tag and a \$10 Game Zone card to spend on your choice of arcade games. **Bring money for additional games and food.**

GRADES:	6-8
LOCATION:	Sparetime Portland, ME
DATE:	Nov 19 Wednesday
TIME:	1:00 pm - 4:00 pm
FEE:	\$30
MIN/MAX	5 / 12
DEADLINE:	Wednesday, Nov 14 by 4:00 pm

ACTIVE

Tennis in the Parks

This tennis program is perfect for first-time or beginner tennis players. Led by approved USTA tennis coaches, this program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play! **Instructor: USTA tennis coaches.**

Participants will receive a new age-appropriate racket and ball to keep.

GRADES:	6-8
LOCATION:	High School Tennis Courts
DATE:	Sep 6 - Oct 11 Saturdays
TIME:	4:00 pm - 5:00 pm
FEE:	\$90
MIN/MAX:	7 / 8
DEADLINE:	Friday, Sep 5

Introduction to Archery

This beginner-friendly program is designed for those looking to learn archery in a fun and supportive environment. Participants will learn range safety, proper shooting mechanics, and foundational archery skills while also developing focus, confidence, and coordination. No prior experience is required, just a willingness to learn and have fun! **Instructor: Maine School of Archery.**

AGES:	10-17
LOCATION:	SCS Hub, 418 Payne Road
DATE:	Session 1 Sep 8 - 29 Mondays Session 2 Oct 6 - 27 Mondays Session 3 Nov 3 - 24 Mondays
TIME:	5:00 pm - 6:00 pm
FEE:	\$135
MIN/MAX:	8 / 12
DEADLINE:	One week prior

Teen Pickleball

Join this four-week Pickleball Instructional Program for middle school students, led by certified RSPA and PPR pickleball pro Dave Cousins. Participants will learn rules, scoring, techniques, and strategy through fun drills, games, and match play. Whether new to the sport or looking to improve, students will gain confidence and skills in a supportive environment. **Instructor: Dave Cousins.**

AGES:	12-17
LOCATION:	Memorial Park
DATE:	Sep 8 - 29 Mondays
TIME:	3:00 pm - 4:00 pm
FEE:	\$100
MIN/MAX:	8 / 10
DEADLINE:	Monday, Sep 1



Disc Golf 101

This 3-week beginner clinic covers the fundamentals of disc golf, including disc types (drivers, mid-ranges, putters), flight characteristics, and key throwing techniques like backhand, forehand, hyzer, and anhyzer. The final session takes place at Pleasant Hill Disc Golf for an 18-hole, two-person “best shot” scramble, putting new skills into action. **Instructor: SCS Staff.**

AGES:	12-17
LOCATION:	Memorial Park
DATE:	Oct 6, Oct 20, Oct 27 Mondays
TIME:	3:00 pm - 4:15 pm
FEE:	\$60
MIN/MAX:	4 / 12
DEADLINE:	Friday, Sep 26



YOUTH PROGRAMS

ACTIVE

Tennis in the Parks

This tennis program is perfect for first-time or beginner tennis players. Led by approved USTA tennis coaches, this program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play! **Instructor: USTA tennis coaches.**

Participants will receive a new age-appropriate racket and ball to keep.

- GRADES:** 1-8
- LOCATION:** High School Tennis Courts
- DATE:** Sept 6 - Oct 11 | Saturdays
- TIME:** **Grades 1-2** | 2:00 pm - 3:00 pm
Grades 3-5 | 3:00 pm - 4:00 pm
Grades 6-8 | 4:00 pm - 5:00 pm
- FEE:** \$90
- MIN/MAX:** 7 / 8
- DEADLINE:** Friday, Sept 5



Field Hockey Clinic

Come learn the basic skills required to play field hockey at these weekly sessions. Children will be grouped by grade level to work on individual and team skills. **Instructor: Varsity Field Hockey Coach Kyla Wigant.**

Participants are required to bring a stick, mouth guard and shin guards. Goggles are recommended but not required. Limited sticks available for use.

- GRADES:** K-6
- LOCATION:** High School Grass Fields
- DATE:** Sept 7 - Oct 19 | Sundays
- TIME:** 8:30 am - 10:30 am
- FEE:** \$115
- MIN/MAX:** 8 / 40
- DEADLINE:** Thursday, Sept 4

Cross Country

This program involves learning the proper technique used in running on different terrain such as woods, fields, and walking paths. Practices are held Mondays and Fridays, with optional cross-country meets on Wednesday afternoons at various locations. Meets will begin at the end of September. Transportation is not provided. **Instructor: TBD.**

- GRADES:** 1-6
- LOCATION:** Memorial Park
- DATE:** Start Date TBD | Mon & Fri
(Optional meets on Wed)
- TIME:** 5:00 pm - 6:00 pm
- FEE:** \$75
- MIN/MAX:** 10 / 75
- DEADLINE:** Monday, Sept 8

Mini Kicks

A fall soccer program but for the little ones! During this program, participants will learn the basic skills of soccer by playing fun games while interacting and socializing with other children their own age. Parent involvement is highly encouraged. **Instructor: SCS Staff.**

AGES: 3-5
LOCATION: High School Grass Fields
DATE: Sept 13 - Oct 4 | Saturdays
TIME: 9:00 am - 9:45 am
FEE: \$60
MIN/MAX: 10 / 25
DEADLINE: Wednesday, Aug 27



Introduction to Archery

This beginner-friendly program is designed for those looking to learn archery in a fun and supportive environment. Participants will learn range safety, proper shooting mechanics, and foundational archery skills while also developing focus, confidence, and coordination. No prior experience is required, just a willingness to learn and have fun! **Instructor: Maine School of Archery.**

AGES: 10-17
LOCATION: SCS Hub, 418 Payne Road
DATE: **Session 1** | Sept 8 - 29 | Mondays
Session 2 | Oct 6 - 27 | Mondays
Session 3 | Nov 3 - 24 | Mondays
TIME: 5:00 pm - 6:00 pm
FEE: \$135
MIN/MAX: 8 / 12
DEADLINE: One week prior



2025 FALL SOCCER

Missed the deadline for the 2025 Fall soccer season? Add your child's name to our waitlist! Once we assess headcounts and coaching needs, we will enroll children from the waitlist and follow up for payment.

Call our office at (207)730-4150 or email comserv@scarboroughmaine.org to join the waitlist.

Get Active Clinic

Bring the little ones out for a fun-filled active session! Each session will feature a designated event, sport, or activity for participants to try out and enjoy. Our staff will help keep things on track, but parents are encouraged to stay involved since these sessions are all about promoting fun physical activity and quality time together. **Instructor: SCS Staff.**

AGES: 2-5
LOCATION: Memorial Park
DATE: Oct 7, Oct 14, Oct 21 | Tuesdays
TIME: 4:00 pm - 4:45 pm
FEE: \$30
MIN/MAX: 4 / 15
DEADLINE: Friday, Sep 26

CREATIVE ARTS

Fall Theatre

Explore the world of theater arts in a fun, safe, and creative environment! Participants will learn different skills such as voice projection, animation, character building and teamwork through improvisational games and skits. The program will conclude with a short performance for parents and friends. **Instructor: Pat Reagan.**

AGES:	7-11
LOCATION:	SCS Hub, 418 Payne Road
DATE:	Sep 20 - Oct 18 Saturdays
TIME:	9:00 am - 10:30 am
FEE:	\$175
MIN/MAX:	8 / 25
DEADLINE:	Monday, Sept 29



Crafty Art Nights

Each session will feature a specific art medium for participants to explore, like coloring, painting, or clay. Staff will be on hand to help guide the activities, but these sessions are designed for parents to stay involved and enjoy the creative process alongside their kiddos. The goal is to encourage open-ended creativity and quality time together!

All supplies are provided, and any projects completed during the session are yours to take home. **Instructor: SCS Staff.**

AGES:	2-5
LOCATION:	SCS Hub, 418 Payne Road
DATE:	Oct 24, Nov 20 Thursday
TIME:	4:00 pm - 4:45 pm
FEE:	\$10 per session
MIN/MAX:	6 / 30
DEADLINE:	One week prior

SPECIAL EVENTS

Scarborough Farmers' Market

Stop by the Scarborough Farmers' Market to purchase fresh vegetables, fruits, baked goods, plants, handcrafts, and more while supporting your local farmers and artisans.

For more information, visit the Scarborough Farmers' Market Facebook page.

LOCATION: Municipal Building Parking Lot
DATE: June - October | Sundays
TIME: 9:00 am - 1:00 pm

Summerfest 2025

Come celebrate the end of a great summer with your friends, family, and neighbors at our annual Summerfest event on Friday, August 15! Festivities begin at 5:00 pm on the Clifford Mitchell Sports Complex by the high school and end with a spectacular fireworks display at 9:15 pm.

Here are some of the exciting offerings at the event:

- Kids' Bounce Zone
- Train & Pony Rides
- Food Trucks & Local Vendors
- NEW! Children's Entrepreneur Market
- Maine POPS Concert Band Performance
- Music from Slane, Maine's Premier U2 Tribute Band
- Fireworks Show

LOCATION: High School Sports Complex
DATE: Aug 15 | Friday
TIME: 5:00 pm - 10:00 pm

SCARBOROUGH COMMUNITY SERVICES
PRESENTS

Summerfest

AUG 15 @ 5 PM
HS SPORTS COMPLEX

LIVE MUSIC WITH SLANE U2 TRIBUTE

FOOD TRUCKS • LOCAL VENDORS • BOUNCE ZONE
CHILDREN'S MARKET • FIREWORKS • & MORE!

SCARBOROUGH empeople CREDIT UNION THE Little Gym Town & Country FEDERAL CREDIT UNION
Martin's Point SACO & BIDDEFORD SERVICES portside Optima DERMATOLOGY & SKIN SERVICES
n Hannaford State Farm Mee's Original PORTLAND PIE CASHAMER



Sustainable Scarborough Day

Celebrate being green in your community! The Town of Scarborough is hosting its third annual Sustainable Scarborough Day, bringing together everyone from the environmentally conscious to the eco-curious for a day of learning and fun.

Enjoy the live music, hands-on activities, food trucks, and ideas for living more eco-friendly. More than 30 local groups and businesses will be at the event with information about topics ranging from sustainable recreation, transportation, homes, and more! This family-friendly event is free to attend and includes activities for all ages.

LOCATION: Wentworth School
DATE: Oct 5 | Sunday
TIME: 10:00 am - 2:00 pm

Pumpkin Carving Night

Show off your pumpkin carving skills and leave the clean up to us! Get in the spooky spirit by joining us for a night of games, treats and pumpkin guts. This event is perfect for families and friends of all ages to enjoy. Carving supplies provided. Costumes encouraged. **Keep an eye on our Facebook page for more information!**

LOCATION: SCS Hub, 418 Payne Road
DATE: Oct 24 | Friday
TIME: 6:00 pm - 8:00 pm
FEE: \$8 per pumpkin



Passport Day

Planning your next trip? Scarborough Community Services is hosting a Passport Acceptance Fair to assist individuals and families with the acceptance of U.S. passport applications.

No appointment needed for this event. We will have all necessary forms available for your convenience, but we HIGHLY recommend checking all requirements and fees prior to the event. **For more information about passports, please see Page 21.**

LOCATION: SCS Hub, 418 Payne Road
DATE: Nov 26 | Wednesday
TIME: 9:00 am - 2:00 pm



COMMUNITY INFO

EMPLOYMENT OPPORTUNITIES

Interested in working for us? We are always on the look out for dedicated individuals interested in the parks and rec world.

Whether it's child care, parks maintenance, beaches, cable tv, or recreation, we would love for you to join our team!



To view job openings in our department and all others from the Town of Scarborough, visit:
tiny.cc/ApplySCS

STAY CONNECTED

Scarborough Community TV

SCTV is Scarborough's local programming station that airs official town meetings, a bulletin board slideshow, and public access shows, such as sporting events and concerts.

We offer extensive training and studio equipment use at no charge to our residents. We encourage new producers to take a tour of our facilities and to become active station members!

Tune into Channels 1301 and 1302 or view live and archived videos on the Scarborough Maine Public Meetings Youtube page.

E-Newsletter

Stay in the loop with local programs, events, trips, and resources! Sign up for the Community Services newsletter to get updates sent right to your inbox.

Visit tiny.cc/ScarboroughCommServ to subscribe.

FOLLOW US ON SOCIAL MEDIA

to stay up to date with the latest news, events & updates.



@ScarboroughComServ

PASSPORTS



Planning international travel? For your convenience, Scarborough Community Services accepts passport applications on behalf of the U.S. Department of State.

Passport Acceptance Hours

TUES	9:00 am - 11:00 am
WED	9:00 am - 5:00 pm
THUR	9:00 am - 11:00 am

Appointments are scheduled throughout the day in 30-minute intervals, which is usually plenty of time to process applications for individuals as well as families. All appointments take place at the Scarborough Community Services Hub, located at 417 Payne Road. Call 207-730-4150 to schedule.



For printable applications, information on documentation, required fees, and other passport and international travel information, please visit [Travel.State.Gov](https://travel.state.gov) or call us at 207-730-4150.

What You Need to Bring

→ APPLICANT

Anyone applying for a passport, including newborn babies, must be present for the passport acceptance.

→ MINORS AGE 15 & UNDER

It is REQUIRED that minors apply in person with both parents listed on their birth certificates. If both parents cannot be present, additional documentation must be completed or presented.

→ ADULTS AGE 16 & 17

It is recommended that one parent be present at the appointment to show parental awareness. This can also be done by writing the check for the passport or putting a parent down as the emergency contact on the form.

→ PROOF OF U.S. CITIZENSHIP

Certified U.S. birth certificate OR previous U.S. Passport.

→ PHOTO IDENTIFICATION

Maine driver's license or Maine ID (If you only have an out-of-state driver's license, you must bring additional photo ID).

→ PASSPORT PHOTO

This service is provided by area businesses. We do not provide this service.

→ COMPLETED FORMS

We recommend planning ahead and completing the necessary forms prior to your appointment to make the process faster.



FACILITIES & RENTALS

Blue Point Park

241 Pine Point Road

- Tennis court
- Pickleball court (uses existing tennis nets)
- Basketball court

Black Point Park

160 Black Point Road

- Multi-use field
- Playground with toddler swings

Memorial Park

5 Durant Drive

- Walking trail
- Fountains and gazebo
- Multi-use field
- Skateboard park
- Pickleball courts
- Cornhole boards and chess tables
- Concession stand with restrooms

Peterson Sports Complex

138 Old Blue Point Road

- Multi-use fields
- Walking trail
- Playground
- Little League baseball field
- Little League softball field
- Softball field

Scarborough Middle School Sports Complex

21 Quentin Drive

- Multi-use fields
- Baseball field
- Softball field

Scarborough High School Sports Complex

11 Municipal Drive

- Turf field
- Track
- Baseball field
- Softball fields
- Multi-use fields
- Basketball courts
- Tennis courts
- Pickleball courts (must bring own nets)
- Ice rink
- Concession stand with restrooms

Scarborough River Wildlife Sanctuary

206 Pine Point Road

- Marked walking trails
- Scenic overlook

Springbrook Sports Complex

11 Longmeadow Road

- Softball field
- Little League softball field
- Walking path
- Playground
- Concession stand with restrooms

Willey Sports Complex

42 Tenney Lane

- Baseball field
- Little League baseball field
- Multi-use field
- Walking path
- Playground
- Concession stand with restrooms

BEACHES

Pine Point Beach

Public parking on Avenue 5

- A long sandy beach on Saco Bay that extends from the jetty at Pine Point to Old Orchard Beach.

Ferry Beach

Public parking at 50 Ferry Road

- A sandy beach along the Scarborough River channel known for its calm waves shallower waters at low tide.

Higgins Beach

Public parking at 41 Ocean Avenue

- A sandy beach located within a quaint residential neighborhood that dates back to the late 1800s.

Each municipal parking lot has public restrooms and showers open during the summer season.

DOGS ON BEACH REMINDER

Furry friends are welcome at the beaches all hours of the day after Labor Day, but please keep in mind the leash rules for the time of day.

For detailed information about our beaches, including the Animal Control Ordinance, please refer to scarboroughmaine.org.

Labor Day through May 14



Dawn - 1pm 3pm - Dusk

Dogs may be off leash if **under voice and sight control**.



1pm - 3pm

Dogs must be **on leash** at all Town beaches.



Scoop the Poop

Help keep our beaches beautiful and **clean up after your dog**.

RENTALS & RESERVATIONS

Field & Facility Reservations

Community Services has made booking a field or facility simpler by allowing online reservation requests! Using your organization's username and password, you are able to log onto our online reservation system on our website and access the following features:

- Update your organization's contact information. We ask that each group or organization only maintain one primary contact person to keep communications consistent throughout the reservation process.
- Check field and facility availability in real-time.
- Request a field or facility.
- Print request confirmation for your records.
- Make a payment for reservation online using a debit or credit card.

To access your group's username and password, or to create a new account, please call our office at 207-730-4150, or email us at reservations@scarboroughmaine.org.

OUTDOOR AMENITIES

Outdoor Lighting Management

The following courts and fields have outdoor lights that can be schedule through the Community Services Department:

- Basketball Courts
- McFarland Baseball Field
- Tennis Courts
- Track
- Turf Field
- Rt. 114 Multi-Use Field
- Varsity Softball Field

RATES

Basketball and Tennis Courts.....	\$15 per hour
Track.....	\$15 per hour
Turf, Baseball and Softball Fields.....	\$70 per hour

Scarborough Trails

When you tour this great town of Scarborough by foot or bicycle, we hope you enjoy the scenery, the rocky coast, the beaches, the park system, and most of all, the wonderful trail system that we are creating for your enjoyment.

For maps and more information, visit the trails section on our website.



SPONSORSHIPS

Sponsorship Opportunities

Scarborough Community Services works with businesses of all sizes, as well as individuals, to form partnerships through sponsorship and advertising opportunities. With you by our side, we can meet the needs of our growing community in new and engaging ways. Your partnership with us demonstrates that you share our dedication to enhancing the quality of life for all residents and want to make a positive impact on the Town of Scarborough.

Interested in growing your business while supporting your community? Check out our updated Sponsorship Opportunities Brochure on our website for established event and program partnership possibilities.

If you have something else in mind, maybe a special skill, product, or needed service you would like to contribute, or if you would like to customize a sponsorship package, please contact us at comserv@scarboroughmaine.org.

Why Sponsor?

- Make a lasting impact in the Scarborough community.
 - Help provide great programs & events for all ages.
 - Promote your business in front of 1,000's of people.
- Connect with your audience face-to-face.
- Gain greater recognition & good will in Scarborough.
 - Give back to the community you call home!

SPONSORSHIP OPPORTUNITIES
2024-2025



SCARBOROUGH COMMUNITY SERVICES SCARBOROUGHMAINE.ORG

THANK YOU TO OUR CURRENT SPONSORS!

 Martin's Point

