

# Silverlake Elementary

## Counselor Guidance Lessons 2025-2026

Each class will have a monthly guidance lesson based on the following topics:

LESSON TOPIC	MONTH
 <p>Kindness is acting with understanding, generosity, and care</p>	<p>Counselor Introduction &amp; Kindness (Mean – Rude – Bullying)</p> <p>August</p>
 <p>RESPECT is seeing value in all people and things &amp; treating them with care</p>	<p>Respect</p> <p>September Start with Hello Week Sept. 15<sup>th</sup>- 18<sup>th</sup></p>
 <p>RESPONSIBILITY is taking action and understanding the impact of our choices</p>	<p>Responsibility &amp; Anti-Victimization</p> <p>October Career Day- Oct. 9<sup>th</sup> Character Week Oct. 20<sup>th</sup> 24<sup>th</sup> Unity Day- Oct. 22<sup>nd</sup> Red Ribbon Week- Oct. 27-31</p>
 <p>GRATITUDE is choosing to appreciate the people and things in our lives</p>	<p>Gratitude</p> <p>November College Week Nov. 17<sup>th</sup> – 21<sup>st</sup> Food Drive World Kindness Day Nov. 13<sup>th</sup></p>
 <p>EMPATHY is understanding and connecting to other people's feelings</p>	<p>Empathy</p> <p>December</p>
 <p>PERSEVERANCE is pushing yourself to work through challenges and obstacles</p>	<p>Perseverance</p> <p>January</p>
 <p>HONESTY is being truthful in what you say and do</p>	<p>Honesty</p> <p>February Kindness Week- Feb. 16<sup>th</sup>-20<sup>th</sup></p>
 <p>COOPERATION is working together to reach shared goals</p>	<p>Cooperation</p> <p>March Career Week March 2<sup>nd</sup> -6<sup>th</sup></p>
 <p>COURAGE is choosing what is helpful, right, and kind - even when it's hard or scary</p>	<p>Courage</p> <p>April</p>
 <p>Creativity is using your imagination to create something new or solve a problem</p>	<p>Creativity</p> <p>May</p>