



# SACRED HEART CHURCH

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536  
[sacredheart.org](http://sacredheart.org)

## AUGUST 10, 2025

### LITURGY SCHEDULE

#### Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

#### Saturday Vigil Mass

5:00 PM (Live-streamed)

#### Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

#### Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday in Summer

8:15 AM

#### Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

#### Rosary Group

Monday 7:00 PM

#### Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

#### Sacrament Preparation

425-454-9536

#### OFFICE HOURS

##### Parish

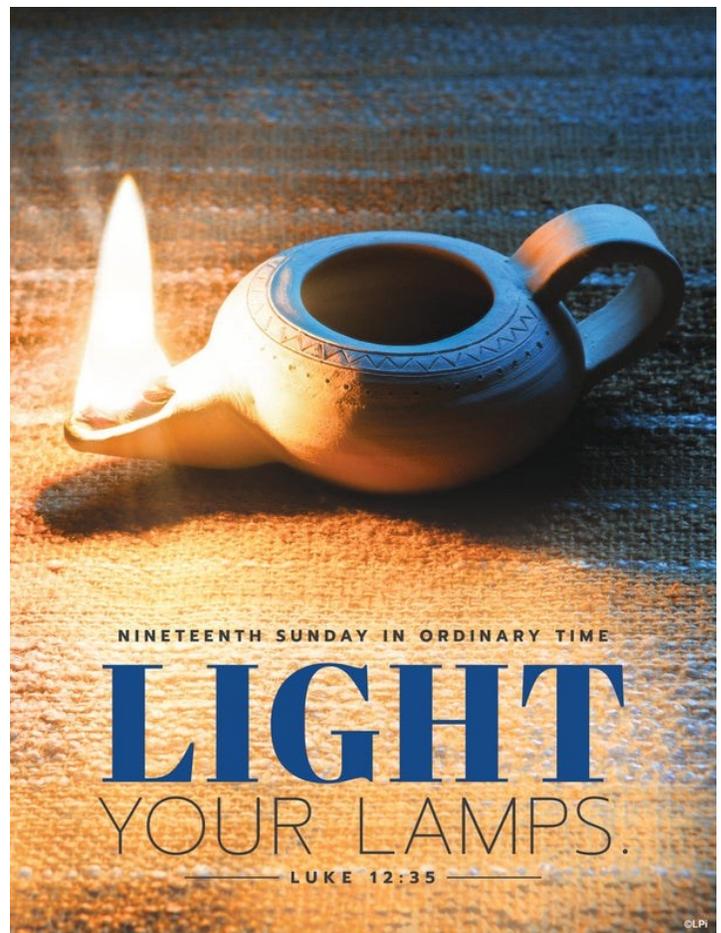
8:30 AM - 4:00 PM Mon - Fri

##### School

8:00 AM - 4:00 PM Mon - Fri

## OUR MISSION STATEMENT

Sacred Heart Parish  
 is a welcoming Catholic community,  
 which inspires faith in God,  
 through prayer, sacraments, and service,  
 while living Gospel values,  
 as faithful followers of Jesus Christ.



NINETEENTH SUNDAY IN ORDINARY TIME

# LIGHT YOUR LAMPS.

LUKE 12:35

## PARISH CALENDAR

### Sunday August 10

*NINETEENTH SUNDAY IN ORDINARY TIME*

*St. Vincent de Paul Brown Bag Sunday*

9:00 AM **Mass**

11:00 AM **Mass**

5:00 PM **Mass**

### Monday August 11

*Saint Clare, Virgin*

8:15 AM Rosary

8:45 AM **Mass**

7:00 PM Rosary Group

### Tuesday August 12

*Saint Janes Frances de Chantal, Religious*

10:00 AM Stitchers with Heart Group

### Wednesday August 13

*Saints Pontian, Pope, and Hippolytus, Priest, Martyrs*

8:15 AM Rosary

8:15 AM Confessions

8:45 AM **Mass**

### Thursday August 14

*Saint Maximilian Kolbe, Priest, Martyr*

8:15 AM Rosary

8:45 AM **Mass**

2:00 PM - 4:00 PM Eucharistic Adoration

6:30 PM The Assumption of the Blessed Virgin Mary, Vigil **Mass**

### Friday August 15

*THE ASSUMPTION OF THE BLESSED VIRGIN MARY*

*(Holy Day of Obligation)*

8:15 AM Rosary

8:45 AM The Assumption of the Blessed Virgin Mary, **Mass**

Youth Ministry Feast of the Assumption Hike and Mass

### Saturday August 16

*Saint Stephen of Hungary*

8:00 AM Women's Group

8:00 AM Men's Group

3:00 PM Confessions - Reconciliation Chapel

5:00 PM Vigil **Mass**

6:00 PM Eastside Youth Ministry Olympics at St. Monica Church

### Sunday August 17

*TWENTIETH SUNDAY IN ORDINARY TIME*

*St. Vincent de Paul Brown Bag Sunday Collection*

9:00 AM **Mass**

11:00 AM **Mass**

5:00 PM **Mass**  
Youth Ministry Mass and Dinner

## PARISH STAFF

### PARISH OFFICE

**425-454-9536**

**Rev. Kurt Nagel, Pastor** ext. 10109  
frnagel@sacredheart.org

**Rev. Joseph L. Akor, Parochial Vicar** ext. 10113  
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation  
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant  
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration  
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor  
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care  
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry  
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy  
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music  
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records  
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry  
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship  
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration  
nsnyder@sacredheart.org ext. 10100

### PARISH SCHOOL

**425-451-1773**

David Burroughs, Principal  
Erica Pierson, Vice-Principal

### PARISH LEADERSHIP

•Pastoral Council:  
*Charlie Herb*

•Finance Council:  
*Douglas Withers*

•School Commission:  
*Charlie Herb*

•Community Outreach Commission:  
*Diana Schiro & Jackie Weeks*

•Worship Commission:  
*Phoebe Kwan*

**Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)**



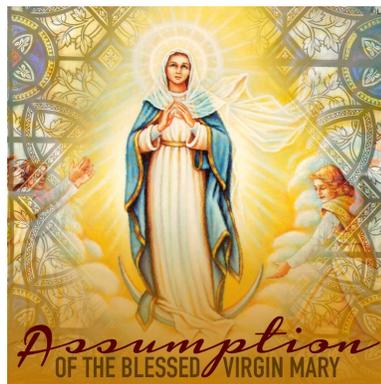
### Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy

In the *Penitential Act* we “prepare ourselves to celebrate the sacred mysteries.” The very act of recalling our sins and bearing them before our Heavenly Father reveals to us the sacredness of the mysteries we are about to participate in. Here, we stand in the tangible presence of God. We literally stand on holy ground. From Moses and the burning bush to Isaiah to St. John swept up in a heavenly vision, we see this response of begging His mercy. It is as if they (and we) are so overwhelmed by the perfection and holiness of God that they fail to stand before Him. While this act reveals to us how unfit we are to stand before God—much less receive Him into our bodies—it also reveals to us the awesome and good power of God’s grace and His desire to forgive. In these instances, God does not leave them in fear and trembling, but raises them up, cleanses them and sends them out to do His will, giving them all the graces necessary and so He does with us.

After we have called to mind our sins and confessed them to our Heavenly Father, we implore his mercy in the *Kyrie, Eleison, Christe, Eleison, Kyrie, Eleison* (Lord, have mercy, Christ, have mercy, Lord, have mercy). This is the last remnant of Greek remaining from when the early Church celebrated the entire Liturgy in Greek, even in Western Europe. In these ancient words, we cry out with the whole Church—past and present manifested in the mystical Body of Christ—as beloved children entreating the merciful love of our Father. This cry is not born out of fear of punishment, but from reverence—a holy “fear of the Lord” that springs from deep adoration. In hope, we trust that God’s mercy is greater than our sin and weakness. This is an invitation into a deeper relationship, not with some distant figure, but with our Redeemer, the One who knows us intimately, loves us deeply and desires to heal us.

### The Assumption of the Blessed Virgin Mary

Thursday, August 14<sup>th</sup>  
Vigil Mass at 6:30 PM  
Friday, August 15<sup>th</sup>  
Mass at 8:45 AM  
(Holy Day of Obligation)



#### Missed a Sacrament?

It is never too late! If you or someone in your family has missed celebrating a sacrament such as Baptism, First Communion or Confirmation, please contact the parish office at 425-454-9536. We are here to assist and guide your family in sacramental preparation.

*You're invited  
to Carpe Diem's 50+*

## Summer BBQ Luncheon

catered by  **3 PIGS**  
BAR B Q  
vegetarian option by pre-order

**Thurs., August 21<sup>st</sup>**  
**11:30am** in the Narthex

*plus Presentation by Cathleen Adams on  
"Balancing Body & Mind"*

\$25/person in advance only

**Sales: Sat/Sun July 26-27 & Aug. 2-3**

Info: Linda Geere 425-450-3908 or  
lgeere@sacredheart.org

## ADMINISTRATION & STEWARDSHIP

# Annual Catholic Appeal 2025 TOGETHER <sup>IN</sup> FAITH

THANK YOU to everyone who has generously responded to the needs of our regional Church by supporting the 2025 Annual Catholic Appeal! We greatly appreciate that we have exceeded our Archdiocesan goal of \$197,500 by over 136%. Additionally, more than 260 parish families have participated with gifts and pledges. Your contributions to the Annual Catholic Appeal help our parish and the archdiocese carry on the ministries and mission of the Catholic Church in Western Washington. If you are still considering making a gift, please visit [archseattle.org/GiveACA](https://archseattle.org/GiveACA), or scan the QR code. Any additional donations will help support our parish project with the replacement of the roof of the original parish offices along 14th Street.



### Join the 9:00 AM Sacred Heart Choir

Consider sharing your time and talent with the Sacred Heart 9:00 AM choir. Sopranos, tenors and basses are most needed. Your experience and ability to read music and follow a conductor is a plus if you are thinking about singing with this four part SATB group. Contact Susan Olmos, Music Director at [solmos@sacredheart.org](mailto:solmos@sacredheart.org) or come up and meet us after one of the summer Masses on Sunday morning. Rehearsals begin in September

### Matching Gifts

Don't forget to review if there are matching funds available with your employer, in conjunction with your giving. If you have questions about matching funds, please email Lucy Paulsen at [lpaulsen@sacredheart.org](mailto:lpaulsen@sacredheart.org).



### Pre-Kindergarten Aide Job Position Available for 2025-2026 School Year

Sacred Heart School is seeking an instructional aide to join our Pre-Kindergarten team. The instructional aide will work together with the classroom teacher and as a member of the Pre-K Team. The ideal candidate will be an active Catholic who is MERIT certified and is current with STARS training. Applicants should be flexible, creative, experienced in working with children, interested in working as part of an educational team, comfortable using educational technology to enhance instruction and able to differentiate instruction to meet the needs of all students. This position is a full-time position (8 am to 3:30 pm and most Wednesdays until 4:30 pm for staff meetings).

Please contact David Burroughs, Principal at [dburroughs@sacredheart.org](mailto:dburroughs@sacredheart.org) or Erica Pierson, Vice-Principal at [epierson@sacredheart.org](mailto:epierson@sacredheart.org) with any questions.

Scan the QR code to view the job posting.



Scan the QR Code for Online Giving to Sacred Heart Parish.



### Stewardship of Treasure Sunday collection totals

July 2024 to April 2025 Budget	\$1,408,458
July 2024 to April 2025 Actual	\$1,357,508
Under budget	(\$50,950)
Prior year actual (July 2023–Apr 2024)	\$1,400,865

*Stewardship recognizes that all we have, all we are, is a gift from God.*

## WEEKLY READINGS

### Sunday 8/10

Wisdom 18:6-9  
Psalm 33:1,12,18-22  
Hebrews 11:1-2,8-19  
Luke 12:32-48

### Monday 8/11

Deuteronomy 10:12-22  
Psalm 147:12-15,19-20  
Matthew 17:22-27

### Tuesday 8/12

Deuteronomy 31:1-8  
(Psalm) Deuteronomy  
32:3-4b,7-9,12  
Matthew 18:1-5,10,12-14

### Wednesday 8/13

Deuteronomy 34:1-12  
Psalm 66:1-3a,5,8,16-17  
Matthew 18:15-20

### Thursday 8/14

Joshua 3:7-10a,11,13-17  
Psalm 114:1-6  
Matthew 18:21—19:1

### Friday 8/15

Revelation 11:19a;  
12:1-6a,10ab  
Psalm 45:10bc,11-12ab,16  
1 Corinthians 15:20-27  
Luke 1:39-56

### Saturday 8/16

Joshua 24:14-29  
Psalm 16:1-2a,5,7-8,11  
Matthew 19:13-15

### Sunday 8/17

Jeremiah 38:4-6,8-10  
Psalm 40:2-4,18  
Hebrews 12:1-4  
Luke 12:49-53

## MASS INTENTIONS

### Sunday 8/10

9:00 AM Mass: RIP PHILLIP LEISING by Anita Leising  
11:00 AM Mass: RIP NENITA FLOIRENDO  
by Nicole Marshall  
5:00 PM Mass: PRIEST PRIVATE INTENTION

### Monday 8/11

RIP MILDRED DOUTHIT by Sacred Heart Parish Staff

### Wednesday 8/13

RIP GUSTAVO MAURICIO TROCONIS GARCIA  
by Christine Kerr

### Thursday 8/14

INT THE PARISHIONERS OF SACRED HEART  
*The Assumption of the Blessed Virgin Mary, Vigil Mass*

### Friday 8/15

INT THE PARISHIONERS OF SACRED HEART  
*The Assumption of the Blessed Virgin Mary, Mass*

### Saturday 8/16

INT THE PARISHIONERS OF SACRED HEART

### Sunday 8/17

9:00 AM Mass: RIP MOLLY BAKER  
by Gemma & Jerome Thielges  
11:00 AM Mass: RIP CINDY OREB  
by Larry & Marge Bartle  
5:00 PM Mass: PRIEST PRIVATE INTENTION

## PLEASE PRAY FOR:

### The Sick

Ardeth Hollo

### The Deceased

Larry Kring (father of Michael, Edward and Danielle)

## ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

### Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

## POPE'S PRAYER INTENTION - AUGUST

### For Mutual Coexistence

Let us pray that societies where coexistence seems more difficult might not succumb to the temptation of confrontation for ethnic, political, religious or ideological reasons.

### EMERGENCY HELPLINE NUMBERS

**988: Suicide and Crisis Lifeline**  
**Narcotics Anonymous: 206-790-8888**  
**Alcoholics Anonymous: 206-587-2838**  
**Suicide Crisis Hotline: 206-461-3222**  
**WA State Domestic Violence: 1-844-762-8483**  
**National Domestic Violence: 1-800-799-safe**  
**Teen Link: 1-866-833-6546**  
**Al-Anon: 206-625-1000**

## CHILDREN'S FAITH FORMATION



**Sunday School Resumes**  
**Sunday, September 14<sup>th</sup>, 2025**  
**Grades K—5<sup>th</sup>**  
**12:30 to 1:30 PM**

Scan the QR code for  
 registration or visit  
[sacredheart.org/Parish/](https://sacredheart.org/Parish/)



## SACRED HEART SCHOOL



We are deeply grateful to our parish community for your ongoing support of Sacred Heart School. Your generosity helps us nurture faith and inspire learning. If you would like to make a gift and

continue supporting Catholic education, please visit [sacredheartgiving.org/sacredheart-annual-fund](https://sacredheartgiving.org/sacredheart-annual-fund).

For questions, please contact [craney@sacredheart.org](mailto:craney@sacredheart.org).



**Register Now - Infant Baptism Class**  
**Saturday, August 30<sup>th</sup>**



Registration is now open for the upcoming infant Baptism preparation class on Saturday, August 30<sup>th</sup>, from 10:00 AM - 12:00 PM in the Parish Hall. The class provides Baptism preparation for newborn infants to six years old. Email [sacraments@sacredheart.org](mailto:sacraments@sacredheart.org) to register for the class.

CALLING ALL MIDDLE AND HIGH SCHOOLERS

**EMMAUS YOUTH MINISTRY**  
 PRESENTS

**LAST CALL**  
*Before Fall*

JOIN OUR LAST CALL OF EVENTS FOR THE SUMMER SEASON!

**FRI AUG 15 FEAST OF THE ASSUMPTION HIKE + MASS**

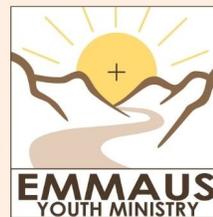
**SAT AUG 16 EASTSIDE YOUTH MINISTRY OLYMPICS**

**SUN AUG 17 MASS + DINNER**  
**MEET YOUR YOUTH MINISTERS!**

WANT TO JOIN? HAVE ANY QUESTIONS?  
 CONTACT [SPHILLIPS@SACREDHEART.ORG](mailto:SPHILLIPS@SACREDHEART.ORG)  
 FOR MORE INFO!

EMMAUS IS THE YOUTH MINISTRY PROGRAM AT  
 THE PARISH FAMILY OF SACRED HEART AND ST. MONICA

**ATTENTION ALL MIDDLE AND  
 HIGH SCHOOLERS!**



**Join our  
 Flocknote!**

TEXT THE CORRECT KEYWORD BELOW  
 TO 84576 TO JOIN OUR MIDDLE OR  
 HIGH SCHOOL FLOCKNOTE!!

FOR MIDDLE SCHOOL:  
**JWALKERS**  
 FOR HIGH SCHOOL:  
**EMMAUS635**

TO:  
**84576**



REGISTRATION FOR YOUTH GROUP  
 AND CONFIRMATION OPENS

**AUGUST 15<sup>TH</sup>, 2025**

**YOUTH MINISTRY  
 OLYMPICS 2025**

**SAT AUGUST 16<sup>TH</sup> 6:00 - 9:00PM**  
**SAINT MONICA CHURCH MERCER ISLAND**

## COMMUNITY OUTREACH—COMMUNITY EVENTS



**St. Vincent de Paul**

**Brown Bag Sunday**

**This Weekend - August 9<sup>th</sup> - 10<sup>th</sup>**

Please pick up a brown grocery bag after Masses this weekend for the monthly Brown Bag collection to support *Hopelink*. You can return the grocery bags next weekend on August 16<sup>th</sup> and 17<sup>th</sup> filled with non-perishable grocery items and household paper products. Please place them in the bin in the Narthex. Thank you for supporting our local community in need!



### St. Vincent de Paul-Monthly Collection

A friendly reminder that St. Vincent de Paul has a monthly collection to support our parish conference. You can contribute by using the SVDP envelope located in the Narthex or by donating through online giving by scanning the QR code. Thank you for your generosity in supporting our local neighbors in need of assistance!



Check out the August/September issue

# A mission to serve all

Parish families at one year  
Cathedral's longtime pastor retires  
The power of invitation

**READ**

**NORTHWEST CATHOLIC**  
AUGUST/SEPTEMBER 2020 | VOL. 18 | NO. 1 | PAGES 10-11

**Options for everyone**  
High school program built for mission to be real!

The power of invitation 8 | A pastor's legacy 16 | Parish families at one year 22

Visit: [nwcatholic.org/magazine](http://nwcatholic.org/magazine)

### Rachel's Corner

**Project Rachel Post Abortion Healing Retreats**

**Please call or email for information regarding our next English/Spanish Healing Retreats.**

**English: (206) 920-6413 (leave a confidential message)**

**Español: (206)-450-7814 (deje un mensaje confidencial)**

Email [projectrachel@ccsww.org](mailto:projectrachel@ccsww.org). Visit us at [www.ccsww.org/projectrachel](http://www.ccsww.org/projectrachel) or [www.facebook.com/projectrachelww](https://www.facebook.com/projectrachelww).

*Project Rachel is a program of Catholic Community Services.*

***You are loved with an everlasting Love!***



### Groceries for Families Program

Join the Sacred Heart community to help with groceries for the GFF Program. Over 200 bags needed every week! Scan the QR code to sign up!

When delivering to Jubilee Reach, please make sure to write "SHC" on your bag. Thank you for supporting these families in our local community!

The shopping list for a grocery bag donation remains the same each week, except for the hygiene item. A complete full bag is so appreciated as they continue to be provided to families at our Wednesday market.

### Grocery List

Chips, 1 bag 7-12 oz.

Bread, 1 loaf (white/wheat)

Chocolate, 1-3 bars, no nuts-

Cereal, 1 box

Flour tortillas, 10 pack

Corn tortillas, 20-30 pack

Toilet paper, 2 rolls, wrapped in a plastic bag

Milk, 1 gallon of Whole or 2%

Hygiene: 2 toothpaste



Operation Nightwatch is a non-profit dedicated to loving and serving the poor and homeless of Seattle.

Led by Deacon Frank DiGirolamo, this ecumenical group has touched the hearts of St. Monica community members. A group of parishioners has committed to cooking and serving meals at

Nightwatch on the fourth Saturday of every even month. Their first meal was served on June 28,

bringing joy to both guests and volunteers. The next meal is scheduled for August 23 and more cooks and servers are needed! Parishioners from Sacred Heart

and St. Monica, ages 18 and up, are invited to volunteer. For more information, visit

[stmonicami.org/nightwatch](http://stmonicami.org/nightwatch).

**TEAM SKALLY IS YOUR SACRED HEART HOME TEAM**

"Matt & Christina are highly professional, take ownership of the complicated process and remember the stress and emotions that run high during the sale of a beloved home. They are highly skilled and infinitely kind. They got me top dollar in volatile market conditions!"



Parishoners Matt & Christina with Client Julie

- Julie Nelson



**Matt**  
206-661-8624

**Christina**  
612-987-0755



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