

RUN
 **FLORENCE FALCON CROSS COUNTRY**
FLO 2025 RACE SCHEDULE

DATE	MEET	LOCATION	RACE TIMES
8/9	Nike Twilight Kick-off Two Mile 2025	John Hunt Running Park, Huntsville, AL	Races begin at 8 p.m. Schedule depends on number of registrants.
8/23	Tennessee River Classic, hosted by Brooks High School	McFarland Park, Florence, AL	8:00 a.m. VG 1-4A - 5k 8:30 a.m. VB 1-4A - 5k 9:00 a.m. VG 5-7A - 5k 9:30 a.m. VB 5-7A - 5k 10:00 a.m. JVG 1-7A - 2 mile 10:30 a.m. JVB 1-7A - 2 mile
9/6	Chickasaw Trails Invitational, hosted by Jesse Owens Runners Club	Oakville Indian Mounds, Danville, AL	8:30 a.m. VG 1-4A - 5k 8:55 a.m. VB 5-7A - 5k 10:00 a.m. JVG 1-7A - 5k 9:35 a.m. VB 1-4A - 5k 9:55 a.m. VG 5-7A - 5k 10:10 a.m. JVB 1-7A - 5k 10:40 a.m. JH Girls (grades 7-9) - 2.1 mile 10:55 a.m. JH Boys (grades 7-9) - 2.1 mile
9/19	Oak Mountain XC Middle School Invite (middle school only)	Heardmont Park Oak Mountain, AL	4:00 p.m. MS Girls A 3200m Race (TOP 15) 4:30 p.m. MS Boys A 3200m Race (TOP 15) 4:50 p.m. MS Girls B 3200m Race (unlimited) 5:15 p.m. MS Boys B 3200m Race (unlimited) 5:40 p.m. Awards School awards
9/20	Black & Gold Classic (varsity/jv only)	Scottsboro HS, Scottsboro, AL	8:30 a.m. VB 5-7A - 5k 9:00 a.m. VG 5-7A - 5k 9:30 a.m. JVB - 2.1 Mile 9:50 a.m. JVG - 2.1 Mile
9/27	Twilight at PR'ville (schedule is tentative and subject to change)	John Hunt Running Park, Huntsville, AL	6:00 p.m. JH/JVG - 2 Mile 6:25 p.m. JH/JVB - 2 Mile 6:50 p.m. OpenJVG - 5k 7:20 p.m. OpenJVB - 5k 7:55 p.m. RatedVG - 5k 8:20 p.m. RatedVB - 5k 8:45 p.m. ChampionshipVG - 5K 9:15 p.m. ChampionshipVB - 5K
10/3-4	Nike XC Town Twilight (Top 7-10 varsity at coaches' discretion.)	LaVern Gibson Championship XC Course Terre Haute, IN	College Races on Friday night, 10/3 Partial schedule for Saturday night, 10/4 8:00 p.m. – Open VG Blue Race (Limit 10) 8:30 p.m. – Open VB Blue Race (Limit 10) 9:00 p.m. – Race of Champions VG (Limit 10) 9:30 p.m. – Race of Champions VB (Limit 10)
10/4	Jesse Owens Classic, hosted by Jesse	Oakville Indian Mounds, Danville,	8:15 a.m. 5K Silver Div Boys (6A-7A) 8:30 5K Bronze Div Girls (4A-5A)

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	Owens Runners Club (Possible races for those not competing at Nike XC Town Twilight) Participation in this race depends on availability of extra coaching staff	AL	8:55 5K Gold Div Boys (Championship Div) 9:10 5K Silver Div Girls (6A-7A) 9:30 5K Green Div Boys (1A-3A) 9:55 5K Gold Div Girls (Championship Div) 10:10 5K Bronze Div Boys (4A-5A Alabama) 10:30 5K Green Div Girls (1A-3A Alabama) 10:50 5K Red Div Boys (6A-7A "B" Teams) 11:05 5K Red Div Girls (6A-7A "B" Teams) 11:35 2.1 mi Jr High Div Boys (7-9 Grades) 11:55 2.1 mi Jr High Div Girls(7-9 Grades)
10/11	Dew It on the Trails Invitational hosted by Decatur High School	Point Mallard Park, Decatur, AL	8:30 a.m. VG 5K (5A-7A) 9:00 a.m. A Team - VB 5K (5A-7A - Top 10) 9:30 a.m. B Team - VB 5K (5A-7A) 10:00 a.m. VG 5K (1A-4A) 10:30 a.m. VB 5K (1A-4A) 11:00 a.m. JVG 2 miles 11:30 a.m. JVB 2 miles
10/23	Oakville XC Invitational	Oakville Indian Mounds, Danville, AL	3:00 pm: VG - 5k 3:30 pm: VB - 5k
10/30	7A, Section 4 Championship, hosted by Huntsville High	John Hunt Running Park, Huntsville, AL	TBA
11/8	AHSAA State Championship XC Meet	Oakville Indian Mounds, Danville, AL	TBA

***ALL TEAM MEMBERS WILL NOT RUN AT EVERY MEET. THE COACHES RESERVE THE RIGHT TO ENTER RUNNERS IN THE RACES BEST SUITED FOR THE INDIVIDUAL AND THE TEAM.**