



**CARMEL MIDDLE SCHOOL
COUGARS**

Daily Bulletin

Friday, August 8th, 2025

Period 1	7:45 – 8:35
Period 2	8:40 – 9:30
Break	9:30 – 9:40
Period 3	9:45 – 10:35
Period 4	10:40 – 11:30
Lunch	11:30 – 12:00
Period 5	12:05 – 12:55
Period 6	1:00 – 1:50
Period 7	1:55 – 2:45



Today is our Cougar Pride Spirit Day! If you are showing your spirit by wearing LOTS of RED or Carmel gear, head over to the spirit table by the theater during lunch for a Cougar Buck and to be entered into a drawing for your chance to win awesome spirit gear. Today is also your chance to earn Cougar Bucks! Grab a partner and head to the main quad for our Fun Friday Activity and for your chance to earn Cougar Bucks. If you save up FOUR Cougar Bucks, head over to the student store to purchase a delicious frozen treat. Each participant receives one Cougar Buck, and the winners receive two!



7th & 8th Graders: You will have the option to check out a locker for the school year next Tuesday, August 12th during lunchtime, in front of the library. If you would like to check out a locker, you must bring your own lock and stop by the locker checkout table next Tuesday. While shopping for a lock, remember: Locks must be a DIAL or PADLOCK type. Key locks and fingerprint locks are NOT allowed, and you must register your lock combination with the office staff during the checkout process.



6th Graders: If you missed the BAC event on Tuesday, please stop by the office at lunch or break today to pick up your class t-shirt!



Fall Sports: Are you interested in playing a sport this school year? Fall Sports tryouts for volleyball, cross country, and soccer begin on Monday, August 19th! To participate in a sport, you must first have your parent register you on **SportsNet** by clicking on the ATHLETICS tab on our school website. Don't delay registering! Get ready to compete CMS!



PE Clothes: The first day for dressing out in your CMS PE uniform is Monday, August 18th. If you haven't already purchased your PE clothes, please stop the office before school, after school, at break, or at lunch. The cost is \$20 for shorts and \$15 for the shirt. PE sweatpants are optional for \$25.



Forget something at home? No worries! We have a Drop-off Shelf that is located in front of our school office that your parents can use to drop off any forgotten items. If you are expecting something from home - such as a lunch, book, or jacket, please check the drop-off shelf at break or lunch to see if it has been delivered. To create as little class distraction as possible, we will not be sending notes to class for forgotten items.



If you ride the bus home: Please get to your bus right after the 7th period bell rings. Do not stop to talk with friends. Do not stop at your locker. Do not pass Go! Head straight to the bus so you don't get left behind.



Today's Menus: **Breakfast:** Ham, Egg, and Cheese Croissant Sandwich, a Smoothie, or Cinnamon Toast Crunch.
Lunch: Domino's Hawaiian Pizza, Spicy Chicken Sandwich, Veggie Dumpling w/Chow Mein, or a Crispy Chicken Wrap.



Happy Birthday to _____ and _____ who are celebrating over the weekend!